



# NEZ PERCE TRIBAL HOUSING AUTHORITY

FOURTH QUARTER 2022

## Lapwai Office:

PO Box 188  
Lapwai, ID 83540  
208-843-2229  
888-334-5167  
Fax 208-843-2973

## Kamiah Office:

105 Riverview Ave  
Kamiah, ID 83536  
208-935-2144  
Fax 208-935-2845

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## KAMIAH NEIGHBORHOOD BBQ

The Nez Perce Tribal Housing Authority hosted a modest Kamiah Neighborhood BBQ on September 26th at the Riverview Playground. Kamiah tenants and community members enjoyed the summer sun with food and door prizes. The community members heard about updates and had an opportunity to meet some of our newest Housing staff.



## GOAL SETTING

accomplished  
 action  
 attainable  
 complete  
 determined  
 focus  
 future  
 goal  
 habits  
 helpful  
 meaningful  
 measurable  
 motivated  
 objective  
 organized  
 persistent  
 plan  
 resources  
 results  
 routine  
 savings  
 smart  
 specific  
 standards  
 success  
 sustainable  
 timely

A A D I S N K R N A D U I H E N R K Q T R M  
 R C H E R U E A W X Z P D E D V T W I L E X  
 P T Q T N S C B E R R E I L E W X M M A S E  
 U I G X U I R C E A Z Y A P G W E T N P O V  
 E O H L R Z M Q E I F T Q F U L J I J U U I  
 O N T Y L A T R N S T M X U Y S N E B F R T  
 V S Q U P T C A E A S D V L S G R I R L C C  
 A X K R N V G C I T W H O L F U V I A R E E  
 D Y I D I R D N O X E Q H U T Y Y T E T S J  
 Y E Q L O C A G S M N D L U L W R V R R P B  
 P W T M L B F C C T P O F O X S V B V A S O  
 C P R A L G U I Q F E L B A R U S A E M U U  
 X O T E V J F W L G U D I F O C L X F S S B  
 S O H N Q I T E W V O J K S M O F I M W T L  
 T G C A C S T A N D A R D S H F D M E S A K  
 S M N E B Y N O P E R S I S T E N T P A I R  
 V W P I M I H R M T M C G I T M D T I L N C  
 F S V D V G T S S E N G N I L L I W R B A M  
 E J Q C B A G S E N I T U O R O J N N J B N  
 R L F B K T S H S D E J B L W N D R S E L D  
 M L P G X Z K V G O A L E L H T D R P D E H  
 E T E L P M O C C Q W P B N Q K C P V T M Q

# Annual Amerind Poster Safety Contest

## Kindergarten - 8th Graders

Come to the housing office and design a safety poster. We will have the supplies and snacks.

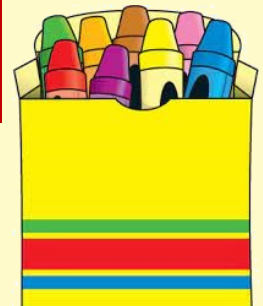
### LAPWAI

**Wednesday, December 28**  
**11 am to 1 pm**  
**Lapwai Housing Office**

### KAMIAH

**Thursday, December 29**  
**11 am to 1 pm**  
**Kamiah Housing Office**

Every year the Nez Perce Tribal Housing Authority hosts a poster contest for children from kindergarten to 8th grade. Our first place winners will advance to the regional contest. Posters that take first place at regionals advance to Nationals where they compete for the prize of a \$1000.







## 2023 HBE and FINANCIAL EDUCATION CLASS SCHEDULE

### Homebuyer Education (HBE)

Learn the process and benefits to purchasing a home as well as the responsibilities of owning & maintenance. Various subjects covered are: importance of budgeting and savings, improving credit, calculating affordability, tribal land issues, program/loan options, the steps of loan & construction process, tips to home improvements and upkeep after purchasing.

### Money Basics

Get a fresh start and take control of your money. Learn the basics and benefits of checking and savings accounts, credit and improving your credit report, as well as understanding loan rates, terms and fees, predatory lenders and how we all can help our local economy. Get motivated to track, assess, and save money.

### Financial Skills for Teens & Young Adults curriculum (Ages 16-25)

Grow from simply understanding how money works and how to spend it, to honing important life skills like budgeting, developing a spending plan, savings, paying bills, building a nest egg, paying for an education, buying a home, and investing.

DATES:	DAYS:	TIME:	PLACE:	CLASS:
Feb 7-9	TUES- THURS	1:00 – 5:00 pm	Lapwai	Homebuyer Education
Feb 27-28	MON & TUES	1:00 p - 7:00 pm 1:00 p - 5:00pm	Lapwai	Money Basics
March 14-16	TUES - THURS	3:00 - 7:00 pm	Kamiah	Homebuyer Education
April 24- 26	MON- WED	4:00 - 7:00 pm	Kamiah	Money Basics
June 8	THURS	10:00 a - 3:00 pm	Lapwai	Home Fair
June 20	TUES	1:00 pm– 4:00 pm	Kamiah	Youth Money Basics 3rd - 8th Grade
June 21	WED	1:00 pm– 4:00 pm	Orofino	Youth Money Basics 3rd - 8th Grade
June 22	THURS	1:00 pm– 4:00 pm	Lapwai	Youth Money Basics 3rd - 8th Grade
July 11-13	TUES- THURS	5:00 pm - 9:00 pm	Lapwai	Financial Skills for Teens & Young Adults
July 25-27	TUES - THURS	5:00 - 9:00 pm	Lapwai	Homebuyer Education
Aug 15-17	TUES - THURS	5:00 - 8:00 pm	Lapwai	Money Basics
Sept 11-13	MON - WED	5:00 - 9:00 pm	Lapwai	Homebuyer Education
Oct 24-26	TUES - THURS	5:00 - 9:00 pm	Lapwai	Homebuyer Education
Dec 5–7	TUES - THURS	5:00 - 9:00 pm	Lapwai	Homebuyer Education

Please call  
843-2229 or  
1-888-334-5167  
Or e-mail  
sonyas@  
nezperce.org  
to reserve a seat  
with Sonya  
Samuels-Allen

**Education is  
key to prepa-  
ration and fu-  
ture success  
in attaining  
your goals.**

**DOOR PRIZES  
& FOOD  
AVAILABLE**

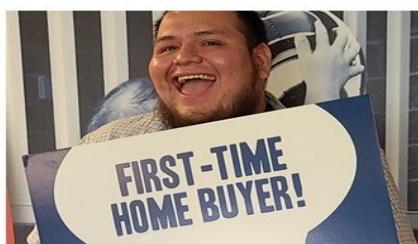
\* Classes subject  
to change or can-  
celled due to  
health and safety  
concerns

\* Certificates will be  
issued to those  
participants who  
have attended 100%  
of the multiple day  
classes.

\* RSVP one week prior  
due to limited

\* Please arrange for your  
own child care.

Each set of dates is one complete class





## 2023 New Years Resolution YEARLY HOME MAINTENANCE CHECKLIST

### JANUARY

- Change furnace filters
- Check for ice dams & icicles
- Clean range hood fan
- Vacuum refrigerator coils
- Run water & flush toilets in unused spaces

### FEBRUARY

- Clean & vacuum curtains
- Check caulking around showers & bathtubs
- Check for ice dams & icicles
- Clean garbage disposal

### MARCH

- Change furnace filters
- Test carbon monoxide/ smoke detectors
- Change batteries in smoke detectors
- Inspect roofing for damage
- Check interior drainage
- Get A/C serviced
- Flush hot water heater & remove sediment

### APRIL

- Run water & flush toilets in unused spaces
- Clear dead plants/shrubs
- Clean out window wells of debris

### MAY

- Clean garbage disposal
- Pump & inspect septic tank
- Oil garage door tracks
- Maintain yard growth
- Fertilize lawn
- Clean/repair window screens

### JUNE

- Change furnace filters
- Maintain yard growth
- Remove lint from dryer exhaust
- Power wash windows & siding
- Clean garage
- Inspect plumbing for leaks

### JULY

- Change furnace filters
- Clean range hood fan
- Vacuum refrigerator coils
- Run water & flush toilets in unused spaces
- Maintain yard growth

### AUGUST

- Clean garbage disposal
- Maintain yard growth
- Check for signs of ants & destructive insects

### SEPTEMBER

- Test carbon monoxide/ smoke detectors
- Inspect roofing for damage
- Get heater serviced
- Flush hot water heater & remove sediment
- Fertilize lawn
- Check weatherstripping

### OCTOBER

- Run water & flush toilets in unused spaces
- Clean gutters & downspouts
- Clean & inspect chimney
- Remove outside water hoses from faucets

### NOVEMBER

- Clean garbage disposal
- Change batteries in smoke detectors
- Remove lint from dryer exhaust
- Clean kitchen exhaust hood
- Clean carpets
- Check fire extinguisher

### DECEMBER

- Check for ice dams & icicles
- Inspect appliance hoses
- Check sinks & toilets for leaks



# Christmas Budget Planner

## GIFTS

Spouse  
Kids  
Family  
Friends  
Others  
Tips  
Gift Wrap  
Shipping  
Other  
SUBTOTAL

## CARDS

Cards  
Postage  
Photo  
Other  
SUBTOTAL

## FOOD

Holiday Meal  
Dining Out  
Baking  
Other  
SUBTOTAL

## TRAVEL

Travel Expenses  
Hosting Expenses  
Entertainment  
Holiday Outfits  
SUBTOTAL

## DECORATIONS

Tree  
Lights  
Ornaments  
Outdoor Decor  
Indoor Decor  
Other  
SUBTOTAL

## OTHER

SUBTOTAL

## SUBTOTALS

GIFTS  
CARDS  
FOOD  
TRAVEL  
DECORATIONS  
Other

TOTAL



Only burn firewood that has been stored - out of the weather - for more than

**6-12** months.

Properly dried wood has cracks on the end and sounds hollow when knocked against another piece of wood.



### 3 Steps for Efficient Heating



STEP 1  
**START IT HOT\***



STEP 2  
**ADJUST AIRFLOW SLOWLY**



STEP 3  
**CREATE DRAFT TO REFUEL**

## CHIMNEY SAFETY

HAVE YOUR CHIMNEY INSPECTED ANNUALLY EVEN IF YOU DON'T USE YOUR CHIMNEY OFTEN.

HAVE YOUR CHIMNEY CLEANED ANNUALLY



EVIDENCE OF SMOKE ESCAPING THROUGH MORTAR JOINTS MAY INDICATE DAMAGE.



IF YOU HEAR A LOUD CRACKING OR POPPING NOISES, SEE DENSE SMOKE, OR NOTICE AN INTENSE, HOT SMELL COMING FROM YOUR CHIMNEY, CALL 911 IMMEDIATELY!

Pay on Time Contest  
will resume this year!

How can you win \$200 towards your rent?

If you pay your rent on time for at least 9 months from December 2022 to November 2023, you will be automatically entered in the drawing. If you pay all 12 months on time, you will be automatically entered twice!

The drawing is held during the first week of December each year just in time to offset some of those holiday expenses!

# A LIST OF NEW YEARS RESOLUTIONS TO HELP YOU AIM FOR YOUR GOALS

## CAREER GOALS

- ⇒ Get a promotion
- ⇒ Change careers
- ⇒ Start your own business
- ⇒ Monetize your hobby

## PERSONAL GOALS

- ⇒ Become more organized
- ⇒ Start a journal
- ⇒ Use a daily planner
- ⇒ Try meal planning

## FINANCIAL GOALS

- ⇒ Create a budget
- ⇒ Save money
- ⇒ Invest your money
- ⇒ Spend less money
- ⇒ Pay off your debts

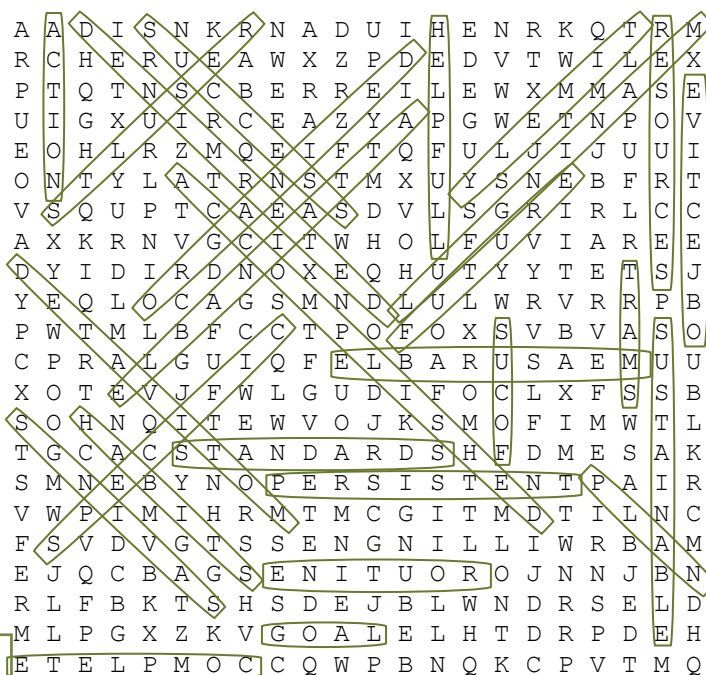
## HEALTH GOALS

- ⇒ Start an exercise program
- ⇒ Maintain a healthy diet
- ⇒ Do more meditation/ other stress reliever
- ⇒ Write in a gratitude journal

## HOUSEHOLD GOALS

- ⇒ Create a cleaning schedule
- ⇒ Create a household maintenance schedule
- ⇒ Attend more NPTHA classes

## GOAL SETTING



## Natural Way to Keep Mice Away



Mice dislike the smell of peppermint. Put a few drops of essential oil peppermint (available at your local health food store) on cotton balls and place them wherever you think a mouse has visited or entered your home.





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