# DBERIS ESTIC VIOLENCE



#### Nimiipuu Model Cheree LeCornu Hits the Runway in New York City



Cheree LeCornu walking the runway, modeling Mylk and Honey by top DMV designer, Tiffany Rice. (Photo courtesy of Cheree LeCornu).

since Ever LeCornu was young, it was her dream to model in New York City. She knew she wanted to be a model and walk journey has been a great sucthe runway in the big city.

She always admired the camera and loved to dress up and feel pretty. However, with captivating smaller models, LeCornu felt somewhat discouraged when it came to her being a model. She had never seen a model showcased that looked like her. LeCornu stayed invested but at the same time she believed that she would never be accepted in the modeling industry.

It wasn't until plus size models started to become more accepted and designers began making collections for plus-size women only, that she felt she might have a chance. LeCornu started following those designers and plus size models on social media and watched their journey for about a year, until she decided to pursue her own dream.

LeCornu reached out to a plus size model from Seattle, WA. They talked and then she sent LeCornu a flyer for a local modeling show that was taking submissions. LeCornu entered and caught the eve of one designer that was showcasing. The designer believed in LeCornu and selected her to walk as one of her models. Everything changed after that.

Cheree LeCornu's confidence began to build so she applied for another show and was selected again.

> LeCornu's modelling cess. She stands for self-love and body positivity. "I want girls and young women to understand, there is nothing wrong with your body, but there's a lot wrong with messages which try to convince you otherwise," she said. "I always tell myself 'I am allowed to look sexy, feel sexy and be in love'. I am worthy of all those things, and so are you! Beauty has no size, is what I was once told".

When LeCornu was just a little one, her aunt Helen Goodteacher, would fix her up and take pictures of her. Her aunt is an artist and would create big, beautiful portraits of LeCornu, that made her feel beautiful. "My aunt is a full figured woman as well, but I've always seen her be the most confident in the room and that's always been so inspiring to me," said LeCornu. Her aunt would also do positive affirmations with her such as "I am worthy", "I am beautiful", "My body deserves kindness", "I am valued". That helped LeCornu while she was growing up. "She continues to help me stay confident and is supportive through all of this," LeCornu confirmed.

All of the beautiful mod-

Continue Reading LeCornu on Page 4

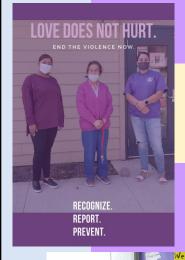
# October is Domestic Violence Awareness Month



Nez Perce Tribe 'Úuyit Kímti Program invites all Nez Perce Tribe departments, entities & local businesses to designate a day before October 21, 2021 to **wear purple** and show support for survivors of domestic violence.

#### Most likes by 10/27/2021 will win a PIZZA party!

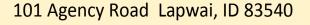
Please tag Nez Perce Tribe 'Úuyit Kímti Program Facebook page or submit pictures to AntoinetteP@nezperce.org



#### Thank you to all our annual supporters!



Nez Perce Tribe 'Úuyit Kímti Program (208) 621-4777

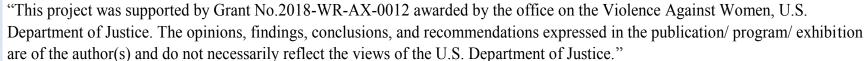












# VIRTUAL LUNCH & LEARN



#### OCTOBER 18, 2021

Join 'Úuyit Kímti Program Safety & Wellness Advocate Rick Hernandez as he shares "How to Create a Safety Plan in Unsafe Homes."

#### OCTOBER 25, 2021

Join YWCA Rural Advocate Joan Renshaw in "Filing a Protection Order in Lewis/ Idaho County".

These tool are important for survivors of violence as well as supportive family, friends, & colleagues.

Please call 621-4778 to receive link or email AntoinetteP@nezperce.org









Nez Perce Tribe 'Úuyit Kímti Program (208) 621-4778 101 Agency Road Lapwai, ID 83540

# Virtual Scavenger Hunt

Participate for a Nez Perce Tribe 'Úuyit Kímti Program Domestic Violence Awareness 2021 T-shirt!









#### Submit pictures completing 3 of the following tasks

- Physical task; walking, dancing, swimming, running.
- Cultural task; sewing, gathering, dancing, preparing sweat.
- Community task; football or volleyball game, local event, pick up trash.
- Educational task; Pledge anti-violence, attend Lunch & Learn, share what you can do to end violence on our reservation.

Tag Nez Perce Tribe 'Úuyit Kímti Program Facebook page or email pictures AntoinetteP@nezperce.org and pick up a free domestic violence awareness t-shirt!

*Nez Perce Tribe 'Úuyit Kímti Program* (208) 621-4778





#### COMMUNITY



After walking the runway, LeCornu and the other models sat poolside for a photoshoot. (Photo courtesy of Cheree LeCornu)

#### LeCornu Continued from Front Page

els and designers LeCornu has ever worked with inspire her to this today. They all had similar background stories, and like LeCornu, believed they wouldn't walk the runways. "I'm also very inspired by Lizzo. She loves herself and her body so much. She's not just an artist, she's a model who enjoys making others uncomfortable by loving herself, that to me is very inspiring," she said.

"My boyfriend and I flew into JFK at night, which was so beautiful seeing all the city lights from above," LeCornu shared. "I honestly spent most of everyday just soaking in the city life."

The morning of her fashion show, LeCornu was up by 6:00 a.m. to go to hair and makeup. She arrived at the venue and was sent to her room. Each model had separate rooms to put on their garments and practice momentarily. The coordinators were stern with the time and line up. If a model was late one minute, they were out. "The director was very snappy, literally snapping his fingers. It was very strict; once you were in line, there was no more looking in the mirror, no more practic-

ing your walk," said LeCornu.

Putting her fears aside, on September 12, 2021 LeCornu walked down the runway in New York City, in front of the largest crowd she had ever modelled for. "I got to the top of the stairs and my excitement turned into nerves. I was so nervous once I saw all of the people," she said.

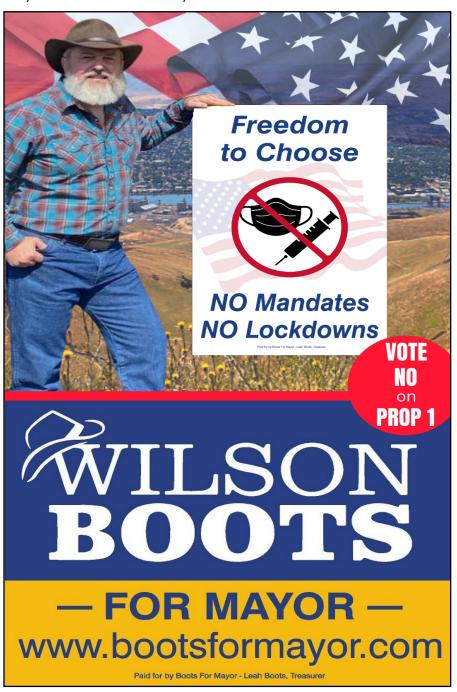
Once the show was over, LeCornu's designer and the other models travelled to New Jersey where the designer had reserved a pool for a photoshoot. They did a four-hour photoshoot and had lunch and dinner together. "I had a lot of fun that day connecting with all those beautiful women," LeCornu said.

"I thought New York Fashion Week was just a silly dream because I tend to dream big with no direction. I never expected to actually walk the runway at the largest fashion show. So to be able to accomplish that at my age, I'm extremely happy and very proud of myself." LeCornu will continue applying for more fashion shows and creating more connections in the industry. She also plans on continuing to build her portfolio for her modelling career. "My next big dream is to model across seas in Milan, Italy so we'll see how that goes," she added.
Looking back, if LeCornu were to change anything about her modelling career, it would have been to start earlier. "I waited until I was 23 to start because that's when I accepted myself and started loving me for me, but I believe the late start gave me more drive and I've made it pretty far within the four years I've been modelling," she noted.

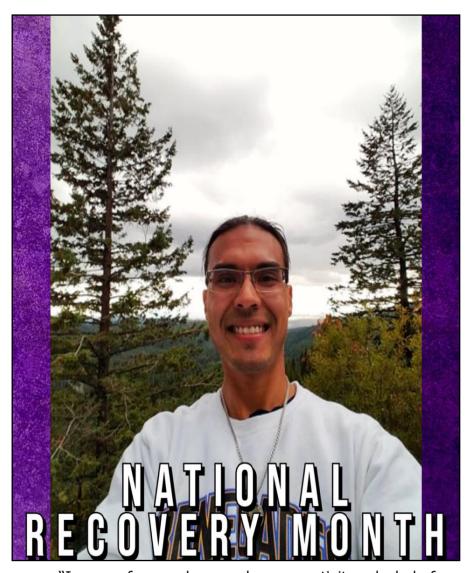
LeCornu would like to thank God, "God is the author of every good gift we experience in life," she said. She'd like to also thank her grandma Ethel Greene, her parents Yvonne LeCornu and Robert and Jewel Mason, her great Grandpa Ron Halfmoon, Kerma Greene, Scherri Greene, Chantel Greene, Lori and Bill Picard, Teresa and Jim Oatman, Ron and Lois Oatman, Grandma Jeannie, Helen Goodteacher, Lo-

rilynn Parrish, Beverly Winn, Janine Winn, Starr Oatman, Renee Holt, and Stacia Greene for all of their support and generous donations. She would also like to send out a message to her little sister Autumn, and to her nieces Tyanne, Inez and Ari, "I want you to know you're beautiful, intelligent, fun and full of life. You're creative, strong, powerful, and brave. You're perfect just the way you are and there is nothing you need to change about yourself to be accepted and loved. You're supported in all you do in life and there is absolutely nothing out of your reach. Lastly, I love you."

"I just wrapped up New York Fashion Week and I have already applied for a couple other shows; I'm crossing my fingers I'll be selected for Las Vegas Fashion Week!" she concluded.



#### **Brandon Metoxen's Testimony**



"I come from a home where negativity, alcohol, fear, abuse and torment fractured the beginning of my existence. My parents, who eventually divorced, exposed me to all their addictions and undealt issues, that eventually became mine. As a child I was very happy, full of joy and creative ideas. I remember wanting to be an inventor when I grew up. I could laugh all day because I felt the purity in life and the innocence in love. The light that once illuminated from my eyes disappeared after the beating I received from my father and darkness replaced it. My childhood was over and the greatest battle of my mind began. Trying to continue living with lost identity, purpose and hope; I felt invisible and would day dream constantly to feel safe. "No one cares about me or will even know I'm gone" I thought one day. So I listened to the voice in my head. With that rope around my neck and the light starting to fade, I knew then I didn't want to leave this way and chose life. But struggled with suicide later on as an adult. After years of hell on earth and constant overwhelming fear I was experiencing; I chose to numb my world with alcohol. I found myself laughing again, feeling happy, joyful and in a way free. Not knowing it would be a slow fade to my own destruction. As a young teen I thought all my problems were over when I began drinking because of the intoxicating courage it gave me. Good times became better, better times became great. I was empowered, drove better when I was drunk and I was nothing like my father, so I thought. Over time the good feeling that I would get from drinking was becoming more difficult to find. I was needing more of it and more often until I didn't go a day without it. Alcohol had a hold on me like a salmon on the end of a gaff hook. In this time of my life I desperately needed the guidance and love of my father and mother but he abandoned me and she smothered me. I think

this is why subconsciously I could never trust people and would self sabotage every relationship in my life. It wasn't till many years later I set myself free from them through forgiveness. Time went on and I became bitter and my criminal activities began. Having close calls to prison, death from others and my lifestyle, I didn't see the inevitable calamity, distress and suffering my choices were causing me. Unable to come out of the darkness, I drank myself broke, friendless and no hope for a future.

As a young adult I moved West, started over and I thought things would change for me when that summer I fell in love with a beautiful woman who showed me a life of purity, family and God. That is when I really tried to change and started my journey towards freedom. Making a choice to stop drinking was only a part of this new life called sobriety. Even though I accomplished over three years of it, I was still miserable and not understanding why. But when I thought things were starting to get better, I was forced to accept the agonizing truth that I failed to win her heart and my world collapsed. Though working through the distraught months staying sober and the feeling of rejection, I closed my heart and eventually started drinking again. More isolated than ever and not learning from my past, I hated myself and looked at love as only a burden. Still wanting more in life I started to look within by taking therapy sessions and couseling, It helped but I never got to the source of my dysfunctions. I struggled to care about anyone or anything and didn't realize my experiences and adversities were here to strengthen me. When I started dating again I couldn't see past my pain and failed to see the woman in front of me. Blinded from a closed heart immersed in alcohol, when I finally realized what I had, It was too late, I let another beautiful heart slip away. Now determined more than ever, I was willing to take responsibility for all my actions and become a better man. I was able to get to the root causes of emotions, pains and traumas. Though I saw the roots, I didn't know how to pull them out and I would drink out of frustration. Never giving up I would get back on the red road, forgiving myself and I would keep moving forward. Till one day I realized "I have to love myself", and joyful tears were affirmations of the truth as they flowed down my face like the flowing waters of Multnomah Falls. The problem wasn't alcohol, no where I went wrong is when I used it to mask my problems, playing the victim or feeling some type of way. Though I had a significant breakthrough I couldn't get over my last ex girlfriend and after failing to get her back, returned to what was familiar, drinking. After accepting the outcome, that was it. I was done. Tired of running. I faced myself. It was in that moment I was lead to the closed door of my heart, I opened it with love and set free a lifetime of wounds that never healed. I became a new man that day and I learned to live my life with a heart wide open.

Now I live every day with my heart wide open. It was a weird and strange concept at first, but its working for me. When I feel some type of way now. I allow myself to feel it and not numb it with alcohol, breathe and let it be on it's way. I wish I had this understanding long ago. But then, I wouldn't be the man I am today. No matter how bad the past was. I'm so great full for who I am right now. Problems still arise but I don't let them build up and I deal with them in a healthy way. So when I get mad or sad I let the process take place instead of resisting it and move on. I live my life now knowing I don't need alcohol and look at every mistake I've made as lessons because I know now the worst mistake I can make is the one I don't learn from."

#### **Roxanne Reed's Testimony**



"My name is Roxanne Reed, I am an enrolled member of the Nez Perce Tribe and grateful to be an addict in recovery since 9/29/19. Prior to that date, I was a homeless, seemingly hopeless meth addict- lost, confused, and going nowhere with my life. I signed custody of my daughter over to my aunt, lost my career as a pharmacy technician, all together just gave up on life. I used and abused meth until 2017 when I checked into the mental health ward of St Joseph's Hospital and was diagnosed with meth psychosis. Being an addict still resistant to change, I got out three days later and went right back to using.

Two years passed in a blur, then one day I realize, everyone else is growing up but me. All my friends are getting locked up or covered up, and I was well on my way to either one.

With my daughter nearing her teen years and my grandmother turning 83, I knew it was time for me to clean up and be a part of their lives. I made the decision to attend inpatient treatment at Moonlight Mountain Recovery in September 2019, thanks to the Nimiipuu Health Clinic, I've been in recovery ever since. Special thanks to Tami Everson and Brenda Axtell for their help.

I will always be an addict, but every day I make the choice to be an addict in recovery. I'm now able to heal my wounds, make amends to those I've hurt, and be present for myself and for my daughter. I was so grateful I was able to make my late grandmother proud of me, give her peace of mind, and be there for her in her final moment. I am so grateful I had these last two years with her to make her proud and truly appreciate her presence. I now have countless precious memories I will forever cherish.

Today, I'm a responsible, productive member of society, happily walking the red road of recovery. I use my experience, strength, and hope to help the next suffering addict find their way home. I went from homeless, hopeless addict to independent woman and sober mom who just started her own cleaning business. Recovery is such a beautiful journey, and it works when we work it. Today, I can get mad or sad without self destructing. Recovery is like my superpower: with it, I can carry a message instead of being a mess, be a blessing instead of a burden, and turn my wounds to wisdom and my pain to purpose.

If you desire positive change in your life and are ready to get sober, please reach out! Call someone... Call me. 208-553-2560 I will do what I can to help support your recovery. It works when you work it, and you're worth it."

#### Vicki Jack's Testimony

This is Vicki Jack's journey in her own words. Thank you Vicki for opening yourself up and sharing. "Hi I'm Vickie and I am a drug addict. I started smoking weed at 13 and at 16 I was smoking weed, doing speed and drinking, and at 18 I was smoking weed, doing pills and acid and drinking. Then my license was taken at 18 for a DUI and I just let it go, busy partying. At 22 I had my first son then a year later I had my second son but I continued to drink and smoke weed. At 25 I lost my sons, my dad took them because I was too busy drinking to take proper care of them. At 27 I started a 13 year love affair with cocaine and during this time I had four sons and had to go to treatment for every pregnancy.

My parents took two and my sister-n-law took the two youngest while their father and I continued to drink, smoke weed and crack cocaine. I still don't know the two youngest. I made a geographical change to Idaho still smoking weed and drinking you have probably figured out by now I didn't raise one of my children something I regret to this very day, a lot of guilt and shame.

At 43 still drinking and smoking weed I started doing Vicodin and at 47 I started to smoke meth and two years ago at the age of 52 my husband went to jail and said he was going to remain clean and sober when he got out so I followed suit and went to a clean and sober house completed outpatient treatment and have been clean and sober since.

The truth of the matter is if I knew then what I know now that I wasted my entire life drinking and doing drugs I would have done things differently. I don't know my kids but by the grace of our Creator they have forgiven me but our contact is very limited except for one son that I talk to about twice a week. But the generational curse of addiction has continued through my sons. I have more regrets than anything, but being clean and sober has changed my life and the day I got down on my knees and surrendered myself to our Creator telling him I couldn't go on like this anymore, I was tired of being sick and tired turned out to be the best day of the rest of my life. My clean date is December 22, 2019."



#### **Dominique Arthur's Testimony**



"My name is Domin and I am a strong woman in recovery since my surrender date of 9/5/2017. I have been an addict since age 11 and on and off since then. My 1st attempt to get clean and sober was in 2013 at a treatment center called EOAF in Pendleton Oregon where I was able to get my 3 children (Kallie, Justin, & Nevaeh) placed with me because I had lost them to Child Protection Services from my addiction to alcohol. After three months of intense treatment and parenting classes, we graduated as a family and we left there with reunification and my CPS case was closed for completion.

After 1 year of sobriety, I relapsed and got addicted to Meth and started smoking weed and drinking again right back into my full addictions of where I once was before I started. I then started to lie to my S/O about my using and would hide using meth by smoking weed to cover it this lasted up until my S/O started using himself and then our relationship was bumpy. We were always fighting and leaving our kids with each-other. I then started to take off to my hometown over to Yakima just to continue my addiction. I ended up getting pregnant and he was born with meth in his system because I struggled to get sober on my own let alone ask for help.

It got to the point I just moved home and then my mom would step in a help me with my kids. Right before we moved from Pendleton, my youngest daughter got burned by an iron that was on an ironing board right behind the couch. When she sat down the cord was on the back of the couch and the iron fell on her back and burned her. We moved back to lapwai

and my mom ended up bringing her to the doctor and I got my kids taken by CPS for the second time. This time, my three kids stayed with my uncle Bert and my youngest was at the children's home and then a little bit after, Greg and Bahi took care of him.

I was still running back and forth from Mission, Oregon to Lapwai, Idaho and one time I ended up getting pulled over in Pomeroy, Washington and then went to jail and got out. When I got out, my CPS case worker came and picked me up. Then we found out that I had warrants in Oregon, Idaho and then later on in Pomeroy because I ended up missing court. We came back to lapwai and made a case plan because I haven't seen my kids in awhile, let alone was sober to do so.

My caseworker let me see my kids the same day she got me back to Lapwai. That was uplifting and changed my mind and by then I told my caseworker 'I am done, and I am willing to do what they ask me to do'. This was my surrender. We called around and I was able to go detox for one week in Coeur d'Alene at the Port of Hope. After that week my caseworker drove me to inpatient treatment in Portland Oregon at NARA. After one month, my youngest son got placed with me.

My son lived with his foster parents, then lived with me. I graduated after being there for five months with my son living with me. Then the time came of what to do? Come home or stay and continue outpatient treatment in Portland. We lived in a all women's house and then my youngest daughter came to live with us.

After I reached my two years of sobriety we ended up moving home, I was pregnant with my youngest baby who is now 2. I felt that if I was having another child it was not fair to my other kids that were still in lapwai. We ended up living with my uncle Bert who had my other two children and then I had baby in Jan. 2019 and I started working at the casino hotel. I then started paying off an old bill with housing and later got a loan to pay them off so we can move into our own home. The only housing that became available was in Kamiah so we took it. I was commuting from Kamiah to Lewiston for work until I got a job with the tribe to work in Kamiah this job was with Social Services CPS/ TANF as an admin specialist III.

Today, me and my five kids live under one roof and I still work for the tribe and I also work at the Itsee Ye Ye Casino as a cashier to make sure my kids' needs are met along with mine. I just celebrated four years of sobriety and continue to keep busy and stay strong. Wellbriety has always been with us since we started going in Portland. They are our home group and proud to say we have one on our rez.

Thank you for the opportunity to share my story and I pray and hope whoever needed to see or hear that it gives you hope. We do recover."

### **September was National Recovery Month**

Recovery is for EVERYONE: every person, every family, every community

WWW.NATIONALRECOVERYMONTH.ORG

#### Cecelia Alvarez's Testimony

This is Cecelia Alvarez's story. We'd like to thank her for sharing, with hopes that it may reach someone in their time of need.

"It was like I saw a storm coming but I just stood there and watched it come towards me and hit me like a ton of bricks. It is true what they say about your addiction doing push ups just waiting to re-enter your life at the drop of a hat.

The rewards I received from recovery were abundant. I accumulated a car, a home, the love of my family, fellowship in the rooms, and once in a life-time experiences. I had everything I needed and more. But for some reason I needed an escape. I knew I was becoming overwhelmed with my new lifestyle. I can't stress self care enough... as much as possible. Every day if you can.

I started out drinking. No biggie, I can handle it. Inevitably it leads to drugging without a doubt in my mind. My plate was full and overflowing quickly. It was act now or go back to what I knew best, drinking and drugging. Afraid of the unknown and low self esteem was a disaster waiting to happen. I fell hard with a needle in my arm.

Heroin was my new drug of choice. I overdosed on July 19th, 2021. Only by the grace of God am I alive today. Looking back now it gives me humility and strength. I've been sober off of drugs and alcohol since July 26th, 2021. I surrendered and God delivered. I have hope for my future. I'm beginning to believe in myself again. I had forgotten what it was like to be happy and sober. I find fulfillment in each day passing. I enjoy the little things. I have walked out of the dark and into the light, with The Creator guiding my path. I am blessed to be alive another day."



#### **Solo Greene's Testimony**

Big thank you to Solo Greene for sharing his story. Here are his words. "My name is Solo Greene. I am an enrolled member of the Nez Perce Nation, and I am a coach and an educator. I've been in the education field for over 30 years, and I have coached for over 30 years. Ever since I was nine (9) years old, I knew I wanted to go into the education field, and I knew I wanted to coach. Going through school, I was an exceptional student/athlete, and I received recognition and acknowledgement on and off the field and court. I was recruited for football, basketball and baseball, and as you can probably guess, I was pretty popular, had a lot of friends and was fun to hang out with.

From the outside looking in, it looked like I had everything going on, but on the inside, there was some pains and hurts that I was dealing with. I was blessed and fortunate enough to come from a two-parent household, and my parents loved me, cared for me, provided for me and were there for me. But, as good as things looked, there were issues. My parents weren't perfect. We had to deal with alcoholism, domestic violence and other things. My mom wasn't a drinker but my dad was, and at times when he would become intoxicated, he would become abusive towards my mom, my siblings and I. For that, I had anger issues, trust issues and felt ashamed. I was confused, self-conscious and unsure of things. Being a good student, an athlete and popular, I had girlfriends and got to hang out with upper classmen, including friends of my older brother and sister. Well, while hanging out with my older friends at the end of my sophomore year, I took my first drink of beer when I was 16. I probably drank two or three beers, and it made me feel different. I liked it. It made me feel happy, and I liked having fun. I continued to drink through my high school years.

As a senior, everything was going the way it should. I

had an awesome football season. I was "Defensive Player of the Year", I was 1st Team All-Conference and 1st Team All-State for the second year in a row. We won the State Idaho Boys Basketball Tournament Championship (A goal we set for ourselves as elementary kids), and I was the starting point guard. We had an awesome year of baseball. We would win league and districts, at the same time, beating the A-2 State Champions four (4) times throughout the year, and coming up one run short against the A-1 State Champions. Having a pretty successful senior year provided many opportunities, as well as tough decisions to be made. Receiving letters and offers in football, basketball and baseball was exciting, and one of my lifelong goals was to play football for the University of Nebraska Cornhuskers. Football was always my #1 sport. I loved it, but in the Spring of my senior year, I was presented with another decision or choice. My girlfriend was pregnant, and she was only a junior. Now, I was faced with a decision that would change or alter my life. Instead of going off to school to play football, I stayed home and attended Lewis-Clark State College, which was a local college, but also, the home of one of the best baseball programs in the nation. In the Fall, I enrolled into school and was trying out for the Lewis-Clark State College Warriors Baseball Team. On November 29, 1984, a note was left on my truck saying that my girlfriend was at the hospital having our baby. After practice, I went over to the hospital and welcomed Stacia Larrae Greene into the world. I was so happy and excited.

Unfortunately, I was presented with another decision that had to be made. My girlfriend was a senior in high school. We didn't want her to drop out or quit so I made a decision with two

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Solo's Testimony Continued from Page 8

weeks left in the Fall semester to withdrawal from school, quit playing baseball and stay home and watch our baby until my girlfriend graduated. It was a tough decision because I already made one decision to not go to school to play football. Now, I was making another decision to withdrawal from school and stay home. I was angry and upset so when my girlfriend didn't have school I would go out and drink with my friends. As with my dad when I was growing up, anger, drinking and intoxication wasn't good. I started becoming verbally and physically abusive, and when my girlfriend graduated from high school, she made a decision to go live with her auntie and uncle in Alaska.

Things weren't good for me, but fortunately, I was still getting letters from Eastern Oregon University to play baseball. At that time, it was still Eastern Oregon State College (EOSC). In the Fall, I ended up enrolling into school and going to EOSC in LaGrande, Oregon, to play baseball. After a couple of quarters of being at EOSC, my girlfriend and I end up getting back together. It was a BIG relief for me because I loved and missed them, especially my baby. Things were ok for a while, but I still had trust issues, and I blamed my girlfriend for ruining my dreams and my goals. The drinking, blaming and abuse continued, and finally after being with me at EOSC for about a year, she had enough and left again. I played baseball at EOSC for two years and did pretty well. During my second year at EOSC, I pitched against Lewis-Clark State College (LCSC) four (4) times, and I had a couple of good games but still lost. While at home in Lapwai, Idaho, in the Summer of 1987, I get a call from LCSC to see if I would be willing to transfer back to LCSC to play baseball. In the Fall of 1987-88, I enrolled into classes at LCSC, I was playing baseball and my girlfriend and I were back together. Things were looking up and it seemed like I was given another chance. And I was given another chance, but I didn't take full advantage of the opportunity. I was still drinking and going out. Sometimes, I wouldn't come home. I was unfaithful, and I wasn't a very good person. Despite all of this, on December 28 1988, my girlfriend and I end up having our second baby, and she was such a blessing.

Unfortunately, things didn't change for me. I was still blaming and pointing my fingers at my girlfriend for ruining my dreams and my goals after all of this time. I was still going out and doing my own thing. I end-up playing on the 1990 NAIA World Series National Championship Team, and while having the opportunity to do my Student Teaching at Lapwai High School in 1990, I was able to do some coaching (girls basketball and baseball). After graduating from LCSC with honors in 1991, I ended up teaching and coaching for the Lapwai School District.

Oh man, what a story ending, huh? No, not even close. A few years later, my girlfriend would leave me for good, and I would lose my dad. Although things seemed ok for me, I was hurting and I was lost. I was teaching, coaching and doing everything I have ever wanted to do, but I wasn't fulfilled and I wasn't ok. I was going out and drinking more than I ever have in my life. After a few more years, I would get into another relationship and have a son, but things didn't change. I was a mess, and I was mad, angry and upset at the world. I lost my dad, my uncle, a few friends and my family, and I wasn't even all here.

In 1994, after drinking and feeling sorry for myself, I was at home by myself. I was thinking about my previous relationship and the last ten (10) with my girls mom. I was thinking about my life and where I was, and all the things I've done, the things I said and the things I thought. The drinking, the cheating, abuse, the finger pointing and blaming, and it came to me

out of nowhere. For ten (10) years, you blamed her for ruining your dreams, your hopes and your goals, but what about hers? I sat there, shook my head and cried, and after I prayed and asked for forgiveness. I called her up, and asked if she could to talk.

As we started talking, I said, "I'm sorry." She said, "Sorry, for what?" I said, "For everything." As I was crying and talking to her, I said, "I wasn't a very good man. I blamed you for everything and I hurt you." She said, "Solo, it is ok. It is over now." I said, "For ten (10) years I blamed you and pointed my fingers at you for ruining my dreams and my goals, but I forgot about yours." I was at the National Indian Education Association Conference in Billings, Montana, in the early 1990's and Howard Rainer, my mentor and good friend, said, "Solo, don't ever tell anybody to do something that you aren't willing to do your own self." At the time he told me that, I didn't quite see or understand what he was talking about, but as I continued to go through my own stuff, the words he shared with me were becoming truer and real. After seeing my uncle take his last breath, losing a couple of close friends and going through all of my stuff, on the morning of October 22, 1999, after being out and about, I woke up, went to the bathroom and looked at myself in the mirror. As I looked at myself in the mirror, my eyes started getting watery and I started crying. I just stood there, looking at myself and crying, and I asked myself, "What are you doing? This isn't who you are, and it isn't who you planned on being." I stood in the bathroom for 15-20 minutes, looking at myself, talking to myself and crying. Finally, after 15-20 minutes, I pointed my finger at myself and I said, "No more." I haven't drank since.

Things don't change or go away just like that. I still have my battles and struggles. A lot of people think that things go away or stop, but they don't. You still go through things, and although your past is in the past, some people don't forget. They still bring things up and try to throw them in your face, and maybe, I'm not who I completely want to be yet, at least, I'm not who I used to be. We are always a work in progress. Things could always be better, and it starts with us."



#### Sandra Islas's Testimony

"Hello friends, family, and community! My name is Sandra Islas and I'm an alcoholic/addict. My sobriety date is September 16, 2019. When I think about my "recovery story", it's hard to know where to begin because its something I've been dealing with since picking up and taking my first drink during freshman year of high school. My story is still being written every day and the truth is I'll always be an addict. The difference now is that I am in active recovery and not in active addiction.

I deal with anxiety and depression, so it's hard to tell how I'll feel throughout the days. I have experienced some typical tough life events and I also have had some things happen that were out of my control that should have never happened to me. These are the things I have hidden away thinking they would eventually go away. In recovery, I've learned nothing truly goes away until it's processed and dealt with.

When I was in my active addiction, I was self-destructing with everything because I never felt worthy of being happy. That's something I deal with on a daily basis. I still question why my Creator gave me the chance to feel hopeful and let me live a completely sober life.

Today my life isn't perfect. Today I pray for those who are in addiction to return to us. Today I am thankful I am not living in a false happiness. Today I feel everything, good and bad.

They say in recovery that you need to do it for yourself and not anyone else. On September 15, 2019 I saw and felt what hurt I was causing my mother. That day changed my life. I don't understand how I was so accepting of the disappointment I was causing. But from that moment forward, I knew I didn't want to live like

that anymore. I do believe she is the reason I got and stay sober. I finally asked for help. Behavioral health at Nimiipuu

Health helped me take the first step. They sent me to detox at Tristate where I was in a "blackout" for 4 days. I couldn't talk to anyone and I needed to get through those days to realize I needed even more help. My mother helped me get in contact with Jasmine Higheagle who helped me get into NARA. I was there 4 months. I am blessed to not know relapse. I have worked through inpatient and outpatient. I still attend self-help groups, counseling, and Wellbriety meetings. This is a never-ending battle and I can't let my guard down.

When I think about staying sober for any longer than just for today, I am overwhelmed. All I have is right now. So, I try to be thankful for this moment, this sober breath. I also hear that recovery isn't easy. If it was, then everyone would be doing it. One thing I try to remember is that our people lived long before alcohol and drugs were introduced to us. We have those ways, those teachings, in us, with us, whether we know it or not. We are stronger than we know. We haven't survived all this time alone; we need to learn how to come together again. We are a community. I have hope for our people.

I am available any time of the day. I am ready to help anyone who needs or wants help. I didn't know how or where to start, but here I am. We can figure it out together. I'm around the community so stop me whenever or you can call or email. 208-791-1422, sandraislas11@gmail.com. Thanks for reading. It feels good to remember where I came from and what I live for."

#### **Nicole Higheagle's Testimony**

found my strength. My name is Nicole Higheagle I am an addict, alcoholic and a grateful member of Wellbriety and AA. My clean date is January 27, 2018 i have over 3 years sober. I got clean when I was tired of Running away from me and my childhood past. I grew up in a dysfunctional home with alcohol, drugs, violence, sexual abuse. I hated everything about myself, I was full of guilt shame, sadness and depression. I grew up not having a voice. I was introduced to drugs an alcohol when I was 11. Throughout those years was just a Rollercoaster ride. I had charges in Idaho an in Oregon, I got a DUI in Oregon, I remember getting pulled over but don't remember what happened after that, all I remember was waking up in a jail cell not knowing, I am very grateful that I didn't hurt myself or anyone around me. I got in a car wreck, totaled my car falling asleep behind the wheel, from being on a binge. Super grateful that i didn't hurt myself my passenger or anyone around me. The list just goes on an on. I lost my Mom when I was 28, Didn't want to mourn her in the right way. I can always hear her words, the promise, that if anything were to happen to her to not turn to drinking or drugging. I did the total opposite. I let myself go for 5 years after she passed from July 8, 2013 to January 27, 2018. In an out of jail, off to prison, hurting the people I love, and just full blown numb of no feelings or emotions and didn't care whether I lived or died. I let myself learn the hard way. Until I hit my rock bottom.

I remember trying my hardest to get into treatment, I knew I wanted change an all I had to do was ask for help, even that was hard. But when I did things on my own an thought I was in control I was out of control. Treatment didn't work out because I had to many charges, the judge ended up sending me on a rider an ended up going to down to Pocatello. While

"I am Grateful for my struggles because from it I have I was in prison an what gave me a hope was hearing that my cousin who is like a big sister to me go to treatment. I wanted to go to where she was when I got out. But what I did when I got out was went right back out. Back on the run, I didn't know no tools whatsoever to help me live the life I was hoping for. I had bad anxiety being out. I was at that point to where I wanted to go back to prison just to not feel so anxious, I had that fear of failure. So I went back to jail, hoping to go back to prison. Then I got the nudge from the judge, he recommended drug court. The lady who did the interview with me said 4 words to me "I believe in you" All it took is for one person to say that to me in order to start believing in myself. I got signed up for outpatient treatment at change point in Lewiston Idaho. They let me do a week of treatment release while still in jail. My first day of treatment release I was sent to an AA meeting. I can remember feeling anxiety, scared, had tears flowing down my face. I had another class right after an in that class they gave me a paper with some questions on it, and it said My Story.

> I went an checked myself in at NPC and started digging deep into my childhood an brought out so much bad memories I had tucked away,, emotions, sadness, an overflowed with tears, I hated it, I didn't want to deal with it, but I had nowhere to run, no drugs to numb, nothing but me and my own thoughts and memories some good but mostly bad. I knew in my heart it was that time, I had face it. I think the My Story helped nudge me along my recovery and helped me start a journey of forgiveness an healing. In drug court when you first start out they make you do 30/30. 30 meeting in 30 days. I was more like 60/30 because my sobriety was what I was fighting for. And the first

**Continue Reading Nicole's Testimony** 

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**Nicole's Testimony Continued** from Page 10

month was the hardest, but after each meeting it got easier. I knew that I wasn't alone, I seen alot of similarities with others around me. Drug Court also wanted me to get a sponsor and work the steps of AA, so I went out and found me a sponsor and started to work the steps of AA, first thing my sponsor asked me if I have been in touch with God as my understanding, which I haven't because I been so distant an angry at God for alot that has happened throughout my life. I got in touch with God and that Man has never left my side. He's been waiting for me all along. I started to work on my steps an realized I was a prisoner of my past. I finally realized what amends meant, I remember when my Mom was trying to make amends with me, I laughed at her, I thought she was just bringing up the past but really she was cleaning up her side of the street. I understood when it was my time to make amends. I wish I understood than. I graduated treatment, than graduated drug court. Kept going to meetings. Taking it minute by minute, hour by hour and day by day. I knew that my story didn't end right there it only had just begun. We have to give away what's been freely been Givin to us. I continue to work on myself everyday, i get to live a life free from guilt, shame and depression. I am aware of my emotions don't have to run from my feelings, I can actually feel my feeling without running from them. I can start my day over an over as many times as I want. I don't have to numb or hide from the pain of my past. I have always wanted to just shut the door on my past after I did the steps. But the promises in the big book were right. "We will not regret the past nor wish to shut the door on it." My sponsor explained to me that my story will help the next suffering brother or sister that walks through those doors an it's true because I was that suffering addict alcoholic that walked through those doors. Listening to what everyone in the meeting had to say has helped me. I didn't feel Alone. Later on down the road I was introduced to Wellbriety. Wellbriety I love so much because it got me back in touch with my culture. Smudging, singing songs, going to Long House, sweat, doing prayer ties an being surrounded by family who is also on the red road with me.

I fought extra hard for my recovery separated myself from family an friends for 7 months while I worked on myself.



I thought getting sober at home would be hard. All I did was meetings, change point, Sponsors house an the sober living house, I am grateful for the people God put in my life to help me along the way, without them an the God shots I probably would of fell short. I been lost for the majority of my life, got clean an sober when I was 33. My motivation was I wanted different in my life. I didn't want to die an addict, I want break the intergenerational cycle for my family. I want to live a long happy life clean an sober be a positive role model for my nieces an nephews, my community. Rebuild the relationships I've broken with my close family. It's ok to ask for help, there is no shame in that. Go to a meeting get a phone list, Get a sponsor work the steps. An most important of all get in touch with God. God will do for you what you cannot do four yourself. I believe in you, your are loved, welcome wanted and needed. Thank You for Reading"

#### **Demographic Survey & Drawing**

**Greetings Tribal Members** & Households,

This is a friendly reminder for those who have not completed their survey sent out in June of this year, to please complete this important Tribal Demographic Survey, preferably online (see link below). If you still have the hard copy from June, please mail in your completed survey at your earliest convenience if you have not done so.

It is very important that all Tribal families (including single individuals over 18 years old) be included and

the necessary information gathered for each person in the household. We estimate it will take approximately 15-25 minutes per survey depending on household size.

At this time, if you are capable, please use the link below (preferably) otherwise, please email nataliac@ nezperce.org or anthonyb@ nezperce.org if you need another hard copy sent to you. Please send any completed surveys to either fax (208) 843-7319, mail to Finance Department, Attn: Anthony Broncheau, P.O. Box 365, Lapwai, ID 83540, or scan and

email to the addresses above.

https://www. questionpro.com/t/ABJNTZlrx0

We are currently conducting this survey with the goal of reaching at least 1,000 households by November 30, hundred surveys with about 500 individuals included. We will hold the first live drawing via Facebook October 15 for items 7-12 on the enclosed flyer that will hopefully inspire remaining participants to submit the survey. Afterwards, we will conduct another live drawing on Facebook Live via Nez Perce Tribe Facebook account for the remaining big ticket items 1-6 shown on flyer, on Monday, December 6. You could only win one prize. Once someone wins that name will be taken out of the entries.

Your effort will ensure 2021. We have received a few your name as well as others on the survey is entered for great prizes to be raffled as a thank you for having participated. Please watch Nez Perce Tribe Communications newsletter, newspaper, and Facebook page to stay up to date for announcements pertaining to this project.

#### 2021 Bear Paw Commemoration Cancelled Due to COVID-19

A trip to the Bear Paw Commemoration is nearly a sixhour drive, totaling close to 355 miles. It would take an individual around 118 hours to walk the same distance, traveling for five days non-stop on foot. Not to mention the cold weather and bitter snow on the ground this time of year. That is the history of the Nez Perce people and what they endured as they fled north toward the Canadian border after the battle at Big Hole. The group consisted of 800 Nimiipuu, including elders and children.

The Nez Perce hoped to find refuge in Canada. They traveled 1,170 miles in a matter of 51 days. When they arrived at C'ynnim Alikinwaaspa (Place of the Manure Fire), just 40 miles short of the Canadian Border, they decided to rest. They had no idea

that the next five days would be a battle that would end in siege.

Upon arrival at the Bear Paw Battlefield in October, the beautiful hillsides and rolling plains are quite the sight to see. At times there's a dusting of snow on the ground with the beautiful mountains in the backdrop.

There are several dug-out pits in the ground along the trails that visitors can walk. The pits are where the Nez Perce laid to take coverage. There are a number of rocks and areas where visitors leave offerings. At the top of one hillside there is a placard marking where Ollokot, the leader of young men, fell on September 30, 1877. Near the end of the trail is the burial area of the fallen soldiers. The final point is marked to be near the site where Chief Joseph met with Colonel Miles to surren-

der his rifle where the well-known surrender speech took place.

"Tell General Howard I know his heart. What he told me before, I have in my heart. I am tired of fighting. Our Chiefs are killed. Looking Glass is dead. Toohul-hul-sote is dead. The old men are all dead. It is the young men who say yes or no. He who leads the voung men is dead. It is cold and we have no blankets. The little children are freezing to death. My people, some of them have run away to the hills and have no blankets, no food; no one knows where they are, perhaps freezing to death. I want time to look for my children and see how many I can find. Maybe I shall find them among the dead. Hear me my chiefs, I am tired; my heart is sick and sad. From where the sun now stands, I will fight no

more forever." The words Chief Joseph spoke have been labeled as his surrender speech, but it was in fact, his way to ensure survival of the Nez Perce people.

The Battlefield is located on the Fort Belknap reservation, whose people have a deep appreciation for the Nez Perce and the battle they fought. Every fall, Nez Perce tribal members among other friendly visitors return to the battlefield to commemorate the final battle of the flight of 1877. Unfortunately, this year the commemoration was cancelled due to the increased number of COVID-19 cases in the Chinook area and out of respect for the surrounding tribes.

Regardless, the battle of Bear Paw and the warriors who gave their lives, will never be forgotten.

#### Notice to Nez Perce Tribal Members on Fish Buy Initiative

Rebuilding salmon and steelhead runs are essential to rebuilding our way of life and fishing economy. It is about supplying our communities with our foods that have always sustained us.

The Nez Perce Tribe (Tribe) will be using funding from the American Rescue Plan Act to fund an employment initiative through the purchase of fish from tribal fisherman. The program will provide an economic incentive and benefit to tribal fishers and tribal communities by promoting the catch of the fall Chinook, Coho salmon and steelhead above Lower Granite Dam.

This initiative will allow for the Tribe to provide additional assistance to tribal members by increasing jobs/revenue and providing supplemental, healthy and high-quality food to tribal members in need. Both aspects have been impacted by the pandemic which is apparent from the various food shortages and increased cost of foods and goods.

The benefits this initiative will provide are as follows:

• Tribal fishers will be paid for catching and providing salmon and steelhead, in either whole or filleted and vacuum-sealed forms; which will be provided to the tribal membership;

• Get more tribal fishers out fishing during the fall season and to catch more salmon and steelhead;

• Achieving as much of our harvest share as we can for fall Chinook, Coho salmon and steelhead, while ensuring we meet hatchery broodstock needs and support natural spawning objectives; Increasing food security and traditional diet by providing a high-quality protein food source to those tribal members and families who need it the most; Lend support for a Nez fishing-based Perce livelihood and economy; The Tribe produces the salmon and steelhead that are coming back this fall and we expect to realize more benefit from this decades-long effort to restore fish and tribal fisheries; and This can improve and expand our capacity to catch and process larger volumes of fish than what the Tribe or tribal members have been able to do until now.

While not every tribal member may want to go fish or receive the fish that are caught, this initiative will bring value back to our people and communities. We believe this effort will improve the health and economic wellbeing of Nez Perce tribal members.

Nez Perce harvest shares for hatchery fish and wild fish impact limits will determine how many salmon and steelhead we will be able to harvest during the 2021 fall fishery. The intent of the program will be to support tribal fisherman during a time when fish quality is likely the highest (skin color and flesh color is likely better for fall Chinook and Coho primarily September to October). It is expected that A-run steelhead will be a small run and it is too early to tell what harvest B-run fish can support.

Through this program, the Tribe will only be purchasing fish from tribal members participating in the Snake River Basin fall season fishery targeting Snake River salmon and steelhead. Tribal fishers can either sell fish directly to the Tribe as fresh whole fish, or as filleted and vacuum-sealed. It is likely that these purchases will be made as follows by species caught in Snake Basin: 1) up to October 15th for fall Chinook, 2) up to November 19th for Coho salmon, and 3) up to December 31st for steelhead. Fish caught from mainstem Columbia fall season fisheries or previous Snake Basin spring/summer Chinook will not be purchased.

The fish purchased through this program will be distributed fresh or be processed for placement in the Tribal/Fish and Wildlife Commission freezers to be used for food distributions to tribal members as needed. Distributions to Tribal members would include fresh and frozen fish (fish processed and vacuum

sealed for distributions). Because we are providing these fish for tribal members to eat we will accept only fish that are of highest quality. Any fish in poor quality for food will be declined. Tribal members are responsible to use any fish that are not bought.

For those tribal members who would like to participate in the gillnet portion of the fishery, you will need to submit an application to the Nez Perce Tribe Fish and Wildlife Commission. A permit is not needed if tribal members are fishing by scaffold, hook-and-line or other traditional fishing gear types.

However, all Tribal members participating in this program must be HACCP certified for this effort. It is important that all fish are handled and processed in a safe and sanitary way and they are safe for consumption.

Fish buys, as well as fish distributions will be scheduled and periodic updates will be provided in as much advance time as possible. Stay tuned.

For additional information on Nez Perce Tribal gillnet permit applications, please contact the Nez Perce Tribe Fish and Wildlife Commission office at 208-843-9376. For any questions on the Fish Buy Initiative you can contact Joseph Oatman (208)843-7320 or Samuel Greene at (208)413-4226.

#### **END THE VIOLENCE!**

The Spokane Regional Domestic Violence Coalition (SRDVC), in partnership with Nimiipuu Protecting the Environment, is launching billboards as part of a campaign to raise awareness of domestic violence in the Lewiston-Clarkston Valley with an emphasis on the Missing and Murdered Indigenous Women (MMIW) initiative. Lexi Hanway (local, indigenous artist) photographed ten local indigenous women from around the area, including Cheree LeCornu of the Nez Perce Tribe. The billboards are a way to increase awareness about MMIW as it intersects so closely with the impacts of domestic violence. This campaign is not only highlighting domestic violence and MMIW, but we recognize it is finally time for indigenous voices to be heard and a larger space is needed to emphasize that women are scared. Regional statistics suggest one in three women, and one in ten men, will endure domestic violence. However, because many cases of domestic violence go unreported, and because victims face greater risk in the midst of the COVID-19 pandemic, those numbers are likely even higher than anticipated. In light of these factors, SRDVC is partnering with Nimiipuu Protecting the Environment, a local tribal nonprofit dedicated to fa-

cilitating and organizing tribal youth and adults in activities for the protection, enhancement, and promotion of Mother Earth and the Nimiipuu culture.

The Inland Northwest is home to one of the largest urban Indian populations in the country. For our Coalition, we recognize the importance of acknowledging and addressing the impact domestic violence has within the American Indian communities, as well as how it intersects with other related issues of sex trafficking, kidnapping, abductions by strangers, and the MMIW initiative. Nationally, homicide is the third leading cause of death for Native Americans 10 to 24 years old. Of the 103 missing Native American persons identified by the Washington State Patrol as of April 2021, half of these cases (52) originate in Eastern Washington. In Spokane, five of the nine cases are children between the ages of 14 and 17. In addition, the rate of intimate partner homicide for American Indian and Alaska Native women in Washington State is 2.8 times higher than for White, Non-Hispanic women (based on the Washington State Domestic Violence Fatality Review). Again, these figures tend to be underreported, which means they do not capture the full magnitude of the crisis facing Tribal and



#### DOMESTIC VIOLENCE BY THE NUMBERS

**Spokane County** 

#### 3,900

Number of reported victims of domestic violence each year, and many more who are unseen and unheard.

#### 14,500

Number of calls to law enforcement annually reporting an incident of domestic violence.

#### 3,300

Number of criminal cases a year.

#### 2,000

More than 2,000 children are documented as victims or witness of violence.

THE SPOKAESMAN REVIEW

Urban Indian communities.

It is important to remember that domestic violence is not just physical abuse between you and your partner or family member. There are many forms of domestic violence, including: emotional abuse, economic abuse, minimizing, denying, blaming, establishing dominance, isolation, intimidation, coercion and threats, and so on. Recognizing domestic violence internally

can look like this: use of violence is occuring, monitoring of phone or social media, taking or withholding money, acting possessive and insecure, and acts in a jealous manner. Some external warning signs are: frequent and unexplained injuries, always on the phone, anxious or on edge, loss of interest in activities, and overly apologetic. There are many resources available and please help us End the Violence.

#### Larry "Idaho" Greene & Audrick "Hector" Chapman 10th Annual Memorial Horseshoe Tournament

"The tournament was held at Lapwai City Park on September 4, 2021. We would like to thank all family, friends, and players who have been participating over the past 10 years. Cooks were preparing a full meal for players and spectators to celebrate the 10th Anniversary but had to make to go meals due to the Tribe reverting to Stage 3 protocols. We would like to thank these individuals for their help and donations. Vivian Henry, Arleen Henry, Alene Powaukee, Marsan Lawyer, Aqua Greene,

Bridgette & Tyra Greene, Vega Greene, Wook Powaukee, Simone Wilson, Dara & Jesse Curry, Vina Harrison, Roxanne Pierre, Zanette Waites

, Debbie & Handy Briceno, Hailey & Beau Etsitty, Cara Wilson & Raya, Areez Montelongo, AJ Eagle, Pistol Pete, and Mitch Wilson." This year's winners are:

1st Place – Kris Powaukee & Mark Wilson

Mike Flett & Sean Eli

2nd Place –

Punkin Carson & Cal Wakan 3rd Place –



Mark Wilson recognized for his dedication to keeping the tournament going.

(Photo courtesy of Michelle Wilson)

#### Health Advisory Issued for Dworshak Reservoir

LEWISTON, IDAHO — In cooperation with the Army Corp of Engineers and Idaho Department of Environmental Quality (DEQ), Public Health – Idaho North Central District is issuing a health advisory due to the presence of a harmful algal bloom at the upper end of Dworshak Reservoir located in Clearwater County. Recent samples taken indicate concentrations of toxin-producing blue-green (cyanobacteria) algae present that may cause illness humans and animals.

Cyanobacteria occur naturally. Under certain conditions, some types of algae can release toxins into the water that are harmful to people, pets, and livestock. Recent tests indicate that algae that produce these toxins are present. The blooms are generally green, or bluegreen, and may form thick mats along shorelines. These may look like a surface scum, resemblingpeasoupandcanhave an unpleasant odor or stench.

Public Health – Idaho North Central District, the Army Corp of Engineers and DEQ advise the following precautions be taken where harmful algal blooms are known to be present:

- Humans, pets, and livestock should not drink the affected water.
- Humans and animals should stay out of the affected water.
   Swimming, wading, or other activities with full body contact of water should be avoided.
- Fish should be cleaned and rinsed with clean water. Only the fillet portion should be consumed. All other parts should

be discarded.

- Pets and livestock are vulnerable to cyanobacteria and their toxins and should stay out of water where blooms are visible. Pets and livestock can be exposed to cyanobacteria
- be exposed to cyanobacteria and their toxins through drinking, swimming, or selfgrooming by licking their wet coat or paws. A reaction will likely require immediate veterinary attention.
- Do not allow pets to eat dried algae.
- If affected water contacts skin or pet fur, wash with clean potable water as soon as possible.
- Areas of visible algae accumulation should be avoided.

Samples taken indicate unsafe algae cell counts, so everyone should heed these precautions and avoid contact with the water in the impacted area.

Symptoms of Exposure People who are exposed to water with high concentrations of cyanobacteria or cyanotoxins may experience nausea, diarrhea, difficulty vomiting, breathing, skin irritation, allergic responses, liver damage, or neurotoxic reactions such as tingling fingers and toes. Anyone with symptoms should seek medical attention. Boiling or filtering the water will not remove cyanotoxins.

For more information about harmful algal blooms, including a map of advisories currently in effect throughout Idaho, visit DEQ's website at https://www.deq.idaho.gov/water-quality/surface-water/cyanobacteria-harmful-algal-blooms/

#### Salmon Orca Project Goes Live

On September 22, 2021, The Nez Perce Tribe announced the launch of the Salmon Orca Project (Project). A result of the worsening Snake River salmon extinction crisis, the Project directly calls on President Biden's Administration to take swift and unequivocal action to support the replacement of the four Lower Snake River dams along the Snake River.

"We are battling for the future of a sacred way of life for many in our region. The United States and native nations signed treaties - treaties that were to ensure the existence and protection of salmon in perpetuity. But, our salmon are going extinct. Treaties have not been honored. As a result, our people and our culture and our very way of life face extinction. That's why we stand united as Tribal Nations and call on the Biden Administration to honor the treaties made between our sovereign nations. We call on this Administration to work with us to replace the Lower Snake River Dams. And we call on the Administration to do so now, not tomorrow or two years from now. The time to act is now," said Nez Perce Tribal Executive Committee Chairman, Samuel Penney.

In the face of a precipitous decline of salmon populations in the Columbia-Snake River Basin, Northwest Tribes have taken unprecedented action, coming together, urging action to replace Snake River Dams and to continue working toward protection of their way of life. These actions include the convening of the historic Salmon Orca Summit on the Squaxin Island Reservation in July 2021 and the issuance of resolutions by the Affiliated Tribes of Northwest Indians and the National Congress of American Indians.

If no action is taken, it is not a question of IF, but WHEN salmon will die out; a species that has been in existence for millennia but is now hovering on extinction because of failed decision making and inaction. "As we face several challenges -- an aging energy infrastructure, depressed local economies, climate change, and everdeclining fish runs -- we have an opportunity now to address all of these issues and to take a new course of action to provide a stronger future for our region," said Chairman Penney.

In addition to providing relief for Columbia and Snake River salmon and steelhead and the Tribal nations that rely upon those fish for their culture and survival, replacing the four Lower Snake River dams would also benefit the Southern Resident Orca whales that call Puget Sound home. A major food source for these orcas are the Chinook salmon that live and migrate from the inland rivers of central Idaho out to the ocean. Restoring the Lower Snake River and the salmon that grace those rivers will have tremendous benefits for the Southern Resident orcas. In fact, Governor Jay Inslee's Puget Sound Orca Task Force listed removal of these four dams in the top

10 actions necessary to save these starving killer whales.

The Salmon Orca Project will be based at the website domain www.salmonorcaproject. com, and will also have an active presence on social media channels such as Facebook, Twitter and Instagram. A call to action has been created providing individuals an opportunity to "Tell the White House & Dept. of Interior: Replace the Lower Snake River Dams and Save Our Salmon!". Sign the letter today and help support the Northwest Tribes, Southern Resident Orcas and the Salmon.

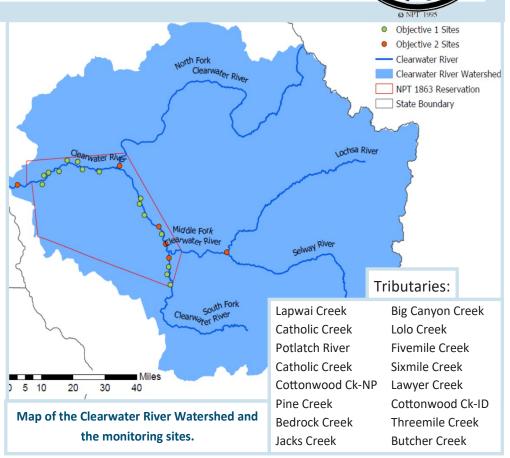


#### NONPOINT SOURCE POLLUTION PREVENTION PROGRAM

#### **NEWSLETTER**

Nez Perce Tribe Water Resources Division (NPT WRD) awarded EPA funds to administer the <u>Clearwater River</u> <u>watershed baseline monitoring and toxics assessment project!</u>

The NPT WRD partnered with the Idaho State Department of Agriculture (ISDA), the University of Idaho, and the U.S. Fish and Wildlife Service (FWS) to implement toxin, metal, and nutrient monitoring in the Clearwater River watershed. This project will monitor current conditions of the Clearwater River watershed for several toxics and pollutants, including Tier I and Tier II priority toxics under EPA's Toxic Release Inventory (TRI) Program, through sampling and analyzing surface water, sediment, and biotic tissue samples. This project will supplement data from other projects in the watershed, helping to fill gaps for the middle and upper Columbia Basin and providing baseline data to inform future monitoring and trends.



The Clearwater River watershed baseline monitoring and toxics assessment project builds on past monitoring efforts made by the ISDA Surface Water Program to track pesticide residues in 22 Clearwater River tributaries. In addition to ISDA pesticide monitoring, the WRD is collecting water and sediment samples for the analyses of DDT (pesticides), total mercury, nutrients, and other metals from 15 of the 22 ISDA monitored tributaries (green sites). In collaboration with the USFWS, NPT WRD will also collect and analyze water, sediment, and fish, mussel, and lamprey ammocete tissue samples from the Clearwater River for several EPA Tier I and Tier II priority toxics, including organochlorine pesticides (including DDT), total mercury, methylmercury, PCBs, and PBDEs, as well as nutrients and other selected metals (red sites). NPT WRD will also conduct a small study in collaboration with the University of Idaho to look for the presence of microplastics in sediment and fish tissue samples from the Clearwater River. This study will establish a baseline for whether microplastics are present in the Clearwater River watershed.







Sixmile Creek

**Clearwater River** 

**Threemile Creek** 

Please contact the NPT WRD at 208-843-7368, if you are interested in decreasing nonpoint source pollution, need help learning about nonpoint sources, or would like to set up a site visit so we can work together to solve any problems and most importantly improve water quality! Keep up to date with the latest news. Subscribe on our website: Nptwaterresources.org

September 2021

On August 12th during the Council for Tribal Employment Rights 2021 National TERO Convention our very own Lita Federico was honored with "TERO Staff of the Year 2021"





Lita Federico was given this award for outstanding leadership and commitment for her 24 years with the Nez Perce Tribe TERO Program. Lita has been such a great team player and one hard worker since day one. Her TERO co-workers have nothing but good things to say about her and don't want her to ever leave the program. Lita still has a lot of knowledge to give and learn from.

"Lita is a one hitter quitter and the boss of the program."

- Calvin Allen, Compliance Officer

"Lita has always been a hard worker & Dependable."

- Melvin Wheeler, TERO Director

"Lita is a very funny person. She is always making jokes and we are always laughing so it doesn't feel like work sometimes."
- Laatis Lawrence, TERO Client Advocate

"Lita has always been the boss in the office and the glue that holds us together."

- Virgil Holt S.R., TOSHA Officer

"Lita has helped so many people since she has been with the TERO Program she is the BEST!"

- TERO Client-General Labor

TERO PROGRAM NEEDS:

WELDER CDL DRIVERS

JOURNEYMEN LEVEL CARPENTERS

> GENERAL LABORERS HEO'S

UPCOMING TRAINING: LIVE 10 HR OSHA SAFETY (OCTOBER)

TRIBAL
EMPLOYMENT
RIGHTS OFFICE
P.O. Box 365
Lapwai, ID 83540
(208) 843-621-4856
laatisl@nezperce.org
litaf@nezperce.org

#### **NPT TERO Program Update:**

- 1. TERO Clients- it's time to update your Skills Bank Application with complete work history.
- 2. TERO Clients- if you are looking for work you need to be checking in with the TERO PROGRAM once a week. You can call into the office, Facebook message our TERO Program page, email any of us or stop by and sign in on the board that is right outside our office.
- 3. Work- we have up-coming projects right now and we are always looking for clients who want to go to work and learn new trades/skills. Some projects require you to travel so you must have a dependable vehicle.
- 4. Services- the TERO Program will help current clients with support services as needed to make it to work/training this will be done on a case by case basis.
- 5. Training-clients are you done working? Have you thought about training? Make an appointment today with the TERO Client Advocate to talk about the different trades and what area you are interested in (208) 621-4856. Can't wait to hear from you!

## StrongHearts Native Helpline Statement for 2021 Domestic Violence Awareness Month

During Domestic Violence Awareness Month in October, StrongHearts Native Helpline joins advocates, sister organizations and communities throughout Indian Country to raise awareness about domestic violence and to support and honor survivors and victims. This year, StrongHearts calls on everyone — advocates, tribal leaders, reservation and urban Indian community members, service providers and Native organizations — to support and strengthen the movement to prevent and end domestic violence.

According to the National Institute of Justice, domestic violence disproportionately impacts Native Americans and Alaska Natives, with more than 1.5 million Native women and 1.4 million Native men experiencing violence during their lifetime, often by non-Native perpetrators. Domestic violence has several faces: physical, sexual, emotional, cultural, financial and digital. Children, elders and LGBTQ2S+ individuals can experience domestic violence.



Domestic violence among Native Americans is not natural or traditional. The domination and subjugation of Native Americans began with colonization and continues today. Colonization was responsible for the theft, occupation, pollution and exploitation of Indigenous lands. Today, Native Americans who are living in tribal communities on or near lands that are exploited by extractive industries face the highest rates of

domestic and sexual violence.

"There is a viable connection between the violence that has been inflicted on the land through colonization and violence brought on Native peoples," says Lori Jump (Sault Ste. Marie Tribe of Chippewa Indians), director, StrongHearts Native Helpline. "When the value of the land is lost, the value of Indigenous peoples of the land is lost and violence follows."

"StrongHearts Native

Helpline is doing its part to raise awareness about this critical issue in our Native communities and to promote healing," says Jump. "No matter where Native Americans live in the U.S. — on a reservation, in a small town, a rural area, or in a major U.S. city — we are here for you. Please ioin StrongHearts in believing survivors and victims. Let's bring our voices together, and take action. Let's collectively put an end to domestic violence once and for all."

StrongHearts **Native** Helpline is a 24/7 culturallyappropriate domestic, dating and sexual violence helpline for Native Americans and Alaska Natives, available by calling or texting 1-844-762-8483 or clicking on the chat icon at stronheartshelpline. org. Advocates offer peer support, crisis intervention, safety planning and referrals to Native-centered services. Strong-Hearts Native Helpline is a proud partner of the National Domestic Violence Hotline and the National Indigenous Women's Resource Center.





#### Mary Jane "Tootsie" Souther, 85, Lapwai, ID



Mary Jane (Walker) Souther, 85, of Lapwai, went home to her Lord and Savior on Saturday, Sept. 11, 2021.

She was born May 29, 1936, to Lynus and Isabelle (Moody) Walker at their home in Kamiah — the first born to the family. She was a member of the Nez Perce Tribe and was proud to be one of the few remaining full-blood (4/4) members. She was fluent in speaking the Nimiipuutimpt (Nez Perce language) and Spanish. She was honored to be selected as the 2020 female Nez Perce Elder of the Year.

Our mom was better known to everyone as Tootsie. As a child, she attended classes at one of the last one-room school houses in the Winona area before continuing her education at Kamiah Elementary and high schools, graduating with the class of 1955. She is a 1956 graduate of Lewiston Business School and a 1975 graduate of North Seattle Community College with the Community Health Advocate Program. Later in the 1980s, she attended three years at the University of Washington before moving back to Kamiah.

She and Raymond Leroy Souther Sr. were married Sept. 22, 1956, at the Second Indian Presbyterian Church in Kamiah. They remained in Kamiah until 1958 when the government relocated the family to Palo Alto, Calif., through the Indian Relocation Act of 1956. They returned to Kamiah and remained there until about 1965, when they again were relocat-

ed to Seattle. They remained in Seattle for a few years, returning to Kamiah in 1972.

Our mom was an advocate for children and elders for much of her adult life. Growing up in the civil rights era, she had a passion for fighting injustices against anyone, but especially for children. Her civil rights passion extended beyond the United States when she traveled with a group in 1970 to Cuba to help with humanitarian aid. She was honored to make a speech to the Castro regime, advocating for human rights.

Throughout her career working for the Nez Perce Tribe, she held positions as an advocate for families and senior citizens, a Community Health Representative, and was one of the committee members who established the children's home in Lapwai. As the recreation director for the Wa-a'yas Community Center, she would remain open late into the night for youth to have a place to go. They would play basketball and she would set up card tables for kids to learn to play pinnacle.

She was a member of the Tribal Employment Rights Commission (TERC) served as the chairperson. She traveled throughout the United States to other reservations to assist with tribal employment rights issues. As the chairwoman for TERC, she addressed the Idaho State Legislature and the governor and was known by many in the political arena. At Nimiipuu Health Clinic in Lapwai, she was the benefits coordinator, assisting mostly senior citizens in signing up for Medicare and obtaining health insurance for others. After she left this position, people would still seek her advice and help to obtain benefits.

While in Seattle, she worked at a homeless shelter, often cooking pots of food to make sure everyone had something to eat. She was proud to be asked to join the Circle of Elders with the Nez Perce Tribe

and served as their chairwoman. She was passionate and dedicated to every position and committee she served.

She was a lifelong member of the Second Indian Presbyterian Church in Kamiah and was elected by the congregation to serve as a Ruling Elder. Our mom loved the Lord, Jesus Christ, with all her being. She was one to show true Christian love to everyone she met. People often comment to us that Mom gave the best hugs and her smile would make them know everything would be OK. For many years, she served on local and national Presbyterian Women's Committees, attended Presbytery meetings in Spokane, and was a member of the Talmaks Presbyterian Church Camp. Her work for the Lord went beyond committees she served, but was taken to the streets to win people for Christ. She would cook food for the homeless, and when she delivered it, she would also read scripture and preach. Her example as a Christian woman has touched many lives.

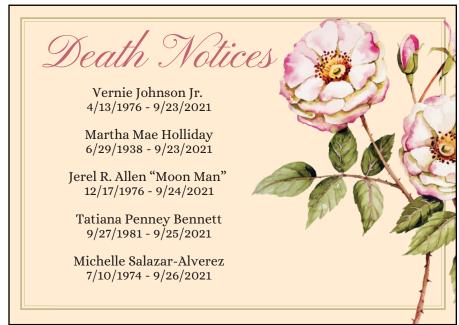
She was preceded in death by her parents, Lynus and Isabelle Walker; brothers Jerry, John "Judd," Larry "Bibo" and Alan "Peewee"; and grandson Franklyn Taylor. She is survived by her sisters, Connie (Steve) Evans and Chris Walker, of Lapwai, and Shirley Guzman, of Kamiah; her children, Kathy (Phillip) Taylor, of Lapwai, Raymond "Spike"

(Denise) Souther, of Kooskia, Maple (Steve) Stuivenga and Edward "EJ" (Chere) Souther, of Kamiah, and Wanda Souther, of Lapwai; son-in-laws Tim Mendenhall, of Lapwai, and Bob Kirtland, of Kamiah; grandchildren Tanya Taylor, of Toppenish, Wash.; Chantelle Souther and Jennifer (Cody) Konen, of Lewiston; Rachel Kirtland, of Spokane; Joseph Simler, of Spokane Valley, Wash.; Matthew, Aidan, and Abigail Souther, all of Kamiah; Roxanne Reed, of Lewiston; Whitney Reed, of Post Falls; and Austin Mendenall, of Kamiah. There are many cousins, nieces, nephews, grandchildren, Puux (great-grandchildren) and friends who loved her.

Services were held at the Second Indian Presbyterian Church in Kamiah. A livestream of the services will be provided on the Nez Perce Tribe Facebook page. A private burial will take place at a later date.

We want to extend our heartfelt gratitude to the many relatives and friends who reached out to us throughout our mom's illness. And a special thank you to the caring nurses and doctors of the PCU at St. Joseph Regional Medical Center. Our Mom, Grandma, Puuk, Auntie, Cousin, Sister is now at peace with the Lord.

Services were under the direction of Malcom's Brower-Wann Funeral Home. The Rev. Dr. Mary Jane Miles officiated the service.



#### Susan Simone Broncheau, 69, Orofino, ID



Susan Simone Broncheau, 69, of Orofino, entered eternal rest Tuesday, Sept. 7, 2021, at Eastern Idaho Regional Medical Center in Idaho Falls.

Susan was born Aug. 13, 1952, to Milton James Broncheau Sr. and Elizabeth Moody-Broncheau in Orofino. She was one of 19 children. Susan was a proud enrolled member of the Nez Perce Tribe.

When Susan was a very young girl, she had memories of going camping with her dad and family up at the Chinese hanging site near Weippe. Susan's dad didn't like the family being around town during big events like Fourth of July, so they would all go camping. They would take all the kids, Susan's brothers' kids, and their family would caravan to the mountains on all dirt roads. Back then, it took

what seemed like a very long time to travel from Ahsahka to Weippe. It seemed like they were somewhere way in Montana by the time they reached their destination. On Sundays, Susan's dad would sometimes take the kids for another outing somewhere, maybe to Zans or to Greer, and he would buy all the kids ice cream cones and then come back home.

Growing up, Susan and her family always had plenty of fish and meat, like deer or elk. Susan remembered one time they were fishing and her sister Eula caught the most fish (as usual), but this one time Susan threw her cast out and it wrapped around this log and Susan couldn't reel it in, so her brother JR had to go out there and unwrap her line, and she actually caught a fish. It just so happened her line was wrapped around a log, on that day Susan actually caught the biggest fish, a big trout they cooked up right there at camp. Susan had many fond memories of going to the mountains hunting, fishing, gathering huckleberries, mountain tea and cous cous.

Susan enjoyed spending time with her family, especially her grandchildren, who she would do anything for. They enjoyed trips to the riv-

er to swim, camping, playing UNO, Yahtzee, card games, board games, movie nights, makeup parties and dress up, sleepovers, playing the guitar and piano, and listening to music. Susan attended all of the kids' sporting events and activities, often showing up and honking from her car loud and proud letting them know she was there. The kids would often visit their Qaaca (Katsa) after school or during the day, going over for a snack or fresh, hot fry bread. They never came home empty-handed. She would watch the kids get on and off the school bus every day.

Susan enjoyed attending powwows, memorials, General Council and often went to the Clearwater River and It'se Ye-Ye casinos. She enjoyed traveling to Elder Day events on several reservations; she was often asked to make pies and fry bread for dinners. Susan was a member of the Talmaks Church, a lifelong member of the North Fork Presbyterian Church, previous member of the Nez Perce Tribal Senior Advisory Board.

Susan is survived by her daughter, Michelle (Pedro) Salazar, of Mexico; her son William Steven (Alexis) Coomer Jr., of Orofino; one sister, Dor-

othy (Sam) Hudson, of Peck; 11 grandchildren in order from oldest to youngest: Axel and Mikhail Mattson, of Michigan, Sebastian and Stefan Hiebert, of Orofino, Issiah (Spongebob) Coomer, Jaiden Coomer, of Orofino, Selena Salazar-Alvarez, of Mexico, Makhila Coomer, Benjamin Salazar-Alvarez, of Mexico, Ellainna and Malakhi Coomer, of Orofino; two great-grandchildren, Karsen and Rylee Hiebert, and one great-grandchild on the way.

Susan was preceded in death by her parents, siblings Walter Broncheau, Eugene L. Broncheau, William A. Broncheau, Milton J. Broncheau Jr., Donald Broncheau Sr., James B. Broncheau, Richard R. Broncheau, Kenneth Broncheau, Verle Broncheau, Janice Broncheau-Sundayman, Eula J. Broncheau-Plummer, Eleanor E. Broncheau Marks, Bessie C. Broncheau, Virginia Broncheau, and one set of twins. Susan was also preceded in death by one son, Michael Mattson.

Funeral services will be at 10 a.m. Monday, Sept. 13, at North Fork Presbyterian Church in Ahsahka. Burial to follow at Ahsahka Cemetery. Masks will be required during services. To-go meals will be provided at Teeweepuu Community Center in Orofino.

#### Melanie Rae Ellenwood, 66, Lapwai, ID



Melanie Rae Ellenwood, 66, of Lapwai, died Monday, Sept. 13, 2021, at Clearwater Valley Hospital in Orofino. She was a member of the Nez Perce Tribe.

She was born Nov. 23, 1954, in Lewiston to Rachel Carmen Jackson and Stephen Alvin Ellenwood. Melanie earned her GED from Skadron College and worked as a legal secretary. She resided in Pierce. Melanie worked at a casino in Laughlin, Nev.; Norm's Cafe in Twin Falls; as a painter apprentice in Utah; and a paramedic in California. Melanie married Bill Hart and they were later divorced.

She enjoyed bead work, drawing, pottery and

loved her dog, Scooter, and many past pets. Melanie loved to travel and explore nature. She had many friends who loved her and will miss her.

Melanie is survived by daughter Pauline Leda Ellenwood, of Utah; son Stephen Phillip Ellenwood, of Utah; daughter Simone Rachel Hart, of Spokane; brothers Kub (Susie) Ellenwood, Corb Ellenwood and Jeff Ellenwood, all of Lapwai, and Chaz Webb, of Pendleton, Ore.; sisters Stephanie Evans, of Lewiston, and Esther Jean Victor, of Toppenish, Wash.; grand-

children JaMechia, DaVontae, Thye and Thomas, all of Spokane; and great-grandchildren Dustin and Kylo, of Spokane.

She was preceded in death by her father, Stephen Ellenwood; mothers Rachel Jackson Ellenwood and Ethel Kipp; brother Steven Ellenwood Jr.; sisters Patricia Matheny and Beverly Burnett; grandsons Shaun Bradley Davis and Eddie Lewis Daniels III.

A viewing was held on Sep. 21 at Malcom's Brower-Wann Funeral Home in Lewiston. A service is set for Sep.22 at the Church of God in Lapwai.

#### **HACCP Training**

Hazzard Analysis Critical Control Point (HACCP)
Training offered by the Nez
Perce Fish and Wildlife Commission (FWC), in coordination with the Columbia River
Inter-Tribal Fish Commission (CRITFC). October 13 and 14,
2021. Time and location for participants to be announced.

Instructors Via
Zoom: Barbara Rasco BSE,
PhD, JD & Gleyn Bledsoe, Engr. MBA, CPA, PhD.
Training will be both
days for the HACCP certification and a half-day for the
refresher course, which will
include the additional requirement of the Food and Drug Administration (FDA), Food Safety Modernization Act (FSMA).

HACCP – pronounced "hassip" – is a technology designed system to ensure safe food and prevent hazards that could cause food-borne illnesses by applying science-based controls from raw materials to finished products. HACCP is required for enrolled Nez Perce that chose to sell fish, and is open to other Nez Perce for general food safety at no charge. This is a means to better protect health by strengthening the food safety system of fish and fish products through tribal self-regulation.

HACCP training is also open to the CRITFC Tribes (CTUIR, Warm Springs and Yakama Tribes) at no charge; however, there is a fee for other participants to cover costs.

HACCP training requirement will provide fishers knowledge to prioritize and control hazards that are reasonably likely to occur in fish and fish products. Fishers that follow their HACCP Plan and Sanitation Standard Operating Procedures can better assure consumers that their fish and fish products are as safe as good science and technology allows.

FEDERAL REGULATORY **OVERSIGHT** U.S. Food and Drug Administration (FDA) has the primary Federal responsibility for the safety of seafood products in the U.S. In December 1997, the FDA adopted a regulation (21 CFR Part 123) that requires all seafood processors to utilize the preventative systems of food safety controls known as HACCP. HACCP plans identify hazards that may be associated with products and formulate control strategies for those hazards.

FDA Food Safety Modernization Act (FSMA) (PL111-353) transformed the nation's food safety system by shifting the focus to preventing contamination of the food supply, rather than responding to it. President Obama signed FSMA into law on January 4, 2011. Schedule for training is as follows: Day 1: Targeting individuals that have not had HACCP training. Day 2: Refresher Course for individuals that had HACCP, this will also cover the added requirement of the FSMA.

Registration is not required, but helpful to have enough books for all participants. For more information, please contact Nancy McAllaster at the FWC Office at 208-84-9376 or email nancymac@nezperce.org.

#### **Americorps Recruitment**

Full & Half Time AMERICORPS MEMBERS wanted!
Serve your community. Earn money for your education.
Be a positive role model. Get. Things. Done.
Living Allowance, Flexible Schedule, Professional Development
Full Time (11 months): \$15,100
Half Time (8 months): \$6,800
+ Education Award. APPLY TODAY:
https://app.smartsheet.com/b/form/
ac0fa73a0b6c478e9e5338d7cd63d49d
Questions please call 208-454-7614
or email ntienhaara@uidaho.edu

#### **Nez Perce Tribe 2021 Fall General Council Election Totals and Results** General Council Chair: Julia Davis-Wheeler 97 Jennifer Oatman 76 98 Allen Slickpoo Jr. **General Council Secretary:** 50 Nicole Two Moon Jasmine Higheagle 147 Lindy Warden 72 **Resolutions Committee:** Margarita BullTail 160 Paulette Smith 135 Alice Spaulding 203 106 **Loraine Harris** 113 Adeline Nahsonhoya 148 Kayla Warden 71 Lucinda Simpson 66 Louis Harris **Election Judges:** 195 Melissa King Melissa Guzman 148 Ashton Picard 91 89 DelRae Kipp Loretta Spaulding 117 July Tess Greene 47 99 Harry Slickpoo Jr. **Enterprise Board:** Margarita BullTail 21 Mary Beth Frank-Clark 36 Valda Pennev 13 Sergio Islas 60 Daniel Spaulding Jr. 53 Scott Moffett 37 29 Gloria Greene Stacia Greene 59 17 Scherri Greene 11 Lucinda Simpson George Moody 81 Carmalita Bohnee 16 35 Etta Axtell Mary TallBull 51 Fish & Wildlife Commission (1 Year): Michael McFarland DelRae Kipp 52 81 Macklin Rinehart 79 Larry Greene Jr. Jack Yearout 155 Fish & Wildlife Commission (2 Year): Michael Tuell 79 26 James R. Spencer Nick-les Two Moons 52 Thomas TallBull 63 Scherri Greene 32 Housing Board (3 Year): Stacey Kash Kash 203 64 Scherri Greene Housing Board (4 Year): Aqua Greene 59 Taricia Moliga 169 Richard Arthur 88 Lucinda Simpson 33 69 Mary TallBull Mary Johnson 87 **Louis Harris** 25

#### Qeci'yew'yew

Mike McFarland would like to thank everyone that voted for him for a one year position on the Fish and Wildlife Commission. He looks forward to serving another year. Thank you.

#### **Job Announcement**

Prairie River Library District Job Announcements
Craigmont Library manager needed
(18-20 hours per week)
Nezperce Library
(24 hours per week)

Basic tech and customer service needed.

Applications available at any PRLD branch or online at prld.org.

#### **Public Notice**

The DEPARTMENT OF DEFENSE IRT, in partnership with Nimiipuu Health (NMPH), will provide access to no-cost dental, vision, health screenings, examinations and services to the residents in and around the Nez Perce Indian Reservation in fiscal year 2022. The proposed assistance will take place at the Nimiipuu Health Clinic (to include Lapwai and Kamiah, ID sites), Clearwater River Casino Events Center, Pi-Nee-Waus Community Center (Lapwai), and the Wa-A'Yas Community Center (Kamiah) beginning in November 2021. The partnership with the DoD to provide the above-mentioned services will run from October 2021 - September 2022. Questions, concerns, comments or those who wish to voice opposition to military assistance for this project may contact Cara Wilson, NMPH Communications Specialist at 208-843-2271 or caraw@nimiipuu.org no later than October 27, 2021. Failure to file comments within the timeframe noted, will be considered an effective waiver of objection to military assistance for this project.

#### **Public Notice**

The DEPARTMENT OF DEFENSE IRT, in partnership with Nimiipuu Health (NMPH), will provide access to no-cost dental, vision, health screenings, examinations and services to the residents in and around the Nez Perce Indian Reservation in fiscal year 2023. The proposed assistance will take place at the Nimiipuu Health Clinic (to include Lapwai and Kamiah, ID sites), Clearwater River Casino Events Center, Pi-Nee-Waus Community Center (Lapwai), and the Wa-A'Yas Community Center (Kamiah) beginning in October 2022. The partnership with the DoD to provide the abovementioned services will run from October 2022 - September 2023. Questions, concerns, comments or those who wish to voice opposition to military assistance for this project may contact Cara Wilson, NMPH Communications Specialist at 208-843-2271 or caraw@nimiipuu.org no later than October 24, 2021. Failure to file comments within the timeframe noted, will be considered an effective waiver of objection to military assistance for this project.

#### Fall 2021 General Council Update

Due to the rise in COVID-19 cases and the prevalence of the Delta variant, the Fall General Council is being postponed until November 18-20, 2021. Fall Meeting Options: At the beginning of November, the COVID-19 status will be reevaluated and it will then be determined if General Council can be conducted in-person. If not, a Virtual General Council will be held following previously established protocols.

#### Nimiipuu Health Flu Shots

Nimiipuu Health will begin offering Flu Vaccinations
October 18, 2021. Nimiipuu Health also continues to offer
COVID-19 vaccinations to anyone 12 years and older,
which is strongly recommended to reduce your risk
of hospitalization and keep our community safe.
If you haven't had your COVID-19 vaccination, and would like
to schedule an appointment for one please call:
Lapwai 208-843-2271, Kamiah 208-935-0733

#### **Upcoming Event**

#### Lilóyniin' nacóx

Help us welcome back salmon, lamprey, tule, camas and other wetland relatives to the land and waters of the Nez Perce Wallowa Homeland. Please join us at the Tamkaliks grounds in Wallowa to celebrate the completion of the Wallowa River side channel restoration project by Nez Perce Tribal Fisheries.

#### Saturday October 9th, 2021

10:00 a.m. - Welcome, Presentations & Aide Channeling Blessing.

12:00 p.m. (noon) – Salmon Lunch Served Outside. 2:00 p.m. to 6:00 p.m. – Social Dancing at the Arbor.

• Men's & Women's 18+ Open Category

Specials – 1st, 2nd, 3rd place prize money starts at \$300. Drums are Welcome (limit of 6 will be paid)

 No dancer registration necessary This is a COVID safe event.

Only fully vaccinated people are invited unless too young or medically exempted. Please plan to mask up.

#### **Emergency Operations Center Announcement**

\*In quarantine/isolation needing assistance with resources?

\* Questions or safety concerns?

\* Need safety recommendations for your event/activity?

#### Contact us! 208-790-7343 or NPTemergencyoperations@nezperce.org

Tribal families- we know how challenging quarantine/isolation can be for you and your loved ones. If you find yourself in need of essential items please contact us. We will respond to your needs the nest we can and as quickly as we can (dependent on time and volunteer availability). We do prefer you have a designated person to do your shopping for you, as they will know your preferences best. However, we hope to have volunteers to assist if a person cannot be designated.

#### Monday – Friday, 9:00 a.m. – 4:00 p.m. (Holidays/NPT Closures will vary).

Deliveries may occur evenings and weekends, depending on the volunteer availability. All requests require NMPH Healthcare Professional or designated Healthcare Professional verification. Your call/email will be received by the Nez Perce Tribe Emergency Operations Center (EOC) Team. Emails will be responded to in the order they are received and every effort will be made to respond to questions or concerns as quickly as possible.

#### **Behavioral Health Announcement**

We all have been touched by the tremendous losses we have experienced lately. We would like to find out who may be interested in joining a Grief Group to help process the tragedy that has hit the Reservation. If you are interested in joining our group, please contact us: 208-843-7244 or email: karenh@ nimiipuu.org, 8:00 a.m. - 4:30 p.m. Monday - Friday

#### **Certified Indian Businesses**

**Boss Heating & Air Conditioning, LLC** 

Phone: 208-743-9484

Email: oscar@bossheatingandac.com Chantelle Souther, Realtor

Phone: 208-935-0043

Email: chantellesouther81@gmail.com **D-Flagging & Traffic Control, LLC** 

Phone: 208-451-4915

Email: dianalwarden@msn.com **D-3 Native Wood Works, LLC** 

Phone: 509-547-0349 Email: braddr@hotmail.com Falcon Construction

Phone: 208-791 3882 / 208-843-2341 Email: montie.phillips@yahoo.com **Hipeexnu kii U Nuun Wisiix, Inc.** 

Phone: 208-816-6552 Email: www.hipeexnu.org **Intertribal Terrestrial Services, LLC** 

Phone: 208-791-6552

Email: its.teressa@nezpercesystems.com

Jason Hendren
Phone: 208-413-1831
Email: jasonh@gmail.com
J. Marek Construction
Phone: 208-791-9056

Kamiakin Systems Integration

Phone: 509-494-4474

**L & R General Contracting** Phone: 208-848-6828/208-790-8948

Email: levijholt@gmail.com

MB Plumbing Phone: 509-751-6018 McFarland Enterprises

Phone: 208-843-2353/208-816-2657 Email: michaelmcfarland566@gmail.com **Nez Perce Tourism, LLC**Phone: 208-790-8873
Web Site: nezpercetourism.com

Tiny Tots Learning Center Phone: 208-935-8587

Tribal Headway Construction, LLC

Phone: 208-935-8959

**Tribal Risk and Insurance Solutions** 

Phone: 800-274-1379 Web Site: www.trisllc.com

Verge

Phone: 208-790-0022

Email: onthevergesince1855.com

**White Shield, Inc.**Phone: 509-547-0100
Email: sfricke@whiteshield.com

**WW Transport, LLC.** Phone: 208-962-5926

#### **Nez Perce Tribal Directory, Updated Aug. 2021**

Appaloosa Express Transit 208-621-4691 Bio-Control 208-843-9374, Fax 843-9373

Career Center Lapwai 208-843-7316, Fax 843-7387 Child Protection Services 208-843-7302, Fax 843-9401 Child Support Enforcement 208-843-7362, Fax 843-7388 Clearwater River Casino 208-746-0723, Fax 746-5715 Commodity Foods Kamiah 208-935-4115, Fax 935-4125 Commodity Foods Lapwai 208-843-7305, Fax 843-7401

Communications 208-621-4808

Conservation Enforcement 208-843-7143, Fax 208-843-7148

Construction Office 208-621-4871 Court Kamiah 208-935-2525

Cultural Language Kamiah/Orofino 208-935-2525 Cultural Resources 208-843-7313, Fax 843-7419

Day Labor Program 208-621-3673

Distance Learning Center Kamiah 208-935-4106, Fax 935-4126

Distance Learning Center Lapwai 208-843-7336 Dworshak Fish Hatchery 208-476-4591, Fax 476-3252

Economic Development 208-621-3710 Education Department 208-621-4610 Enrollment Clerk 208-621-3678

Enterprise Executive Office 208-843-7407, Fax 743-3291

ERWM 208-843-7375, Fax 843-7378

Executive Direction 208-843-7324, Fax 843-7343 Finance 208-843-7317, Fax 208-843-7319

Financial Assistance 208-621-4665

Fire Management 208-843-2827, Fax 843-2834

Fish & Wildlife Commission 208-843-9376, Fax 843-7381 Fisheries Administration 208-843-7320, Fax 843-7322 Fisheries Enforcement 208-843-7143, Fax 843-7148

Forestry 208-843-7328, Fax 843-7329

Gaming Commission 208-621-2254, Fax 743-3291 Harvest Division 208-621-4634, Fax 208-843-7322 Housekeeping Lapwai 208-843-7415, Fax 843-7379

Housekeeping Kamiah 208-621-3628

Human Resources 208-843-7332, Fax 208-843-7414 Information Systems 208-843-7307, Fax 843-7309

It'se Ye-Ye Casino 208-935-7955

Joseph Fisheries Field Office 541-432-2500 Judicial Services 208-843-7338, Fax 843-7337 Kooskia Fish Hatchery 208-926-4272, Fax 926-4574

KIYE 88.7 & 105.5 FM Office: 208-935-9142, Toll Free: 877-304-4320

Land Services 208-843-7392, Fax 843-7391

Lapwai Boys & Girls Club 208-843-9371, Fax 843-9370 Law and Justice Department 208-843-7338, Fax 843-7337 Maintenance Lapwai 208-843-7405, Fax 843-7379

Maintenance Kamiah 208-621-3639

Mamáy'asnim Hitéemenwees Kamiah 208-935-2888, Fax 935-2882 Mamáy'asnim Hitéemenwees Lapwai 208-843-7330, Fax 843-7383

McCall Fisheries Field Office 208-634-5290 Natural Resources 208-843-7400, Fax 843-7418 Nez Perce Camas Express 208-924-6992

Nez Perce County Dispatch 208-799-3131

Nez Perce Express 208-746-6225

Nez Perce Language Program 208-843-7402, Fax 843-7308

Nez Perce Tribal Hatchery 208-621-3508

Nez Perce Tribe National Historical Park 208-843-7001, Fax 843-7003 Nimiipuu Community Development Fund 208-621-3729, Fax 621-3748

Nimiipuu Health Kamiah 208-935-0733, Fax 935-1005

Nimiipuu Health Lapwai 208-843-2253 NMPH Community Health 208-843-9375 NMPH Behavioral Health 208-843-7244 NMPH Human Resources 208-621-4950 NMPH Optometry 208-621-4965 NMPH Patient Advocate 208-621-5009 NMPH Pharmacy 208-621-4963

NPT Housing Kamiah 208-935-2144, Fax 935-5167 NPT Housing Lapwai 208-843-2229, Fax 843-2973

NPT Transportation Program 208-621-3682 NPTEC 208-843-7342 Fax 843-7354

NPTEC Support Staff 843-2253 Fax 843-7354
Office of Legal Council 208-843-7355, Fax 843-7377

Orofino Fisheries Field Office 208-476-7417

Páyniwaas Café 208-790-6358

Páyniwaas Center 208-843-7360, Fax 843-7354

Probation 208-621-3518

Production Division 208-621-4634, Fax 208-843-2351

Prosecutor 208-843-7361, Fax 843-5083 Qemes Cafe (Kamiah) 208-935-7873 Red Wolf Golf Club 509-758-2547 Research Division 208-621-3556

Senior Citizens 208-843-7311, Fax 843-7410 Social Services 208-843-2463, Fax 843-7364

Students For Success Kamiah 208-935-4109, Fax 935-4120 Students For Success Lapwai 208-843-7303, Fax 843-7387

TANF 208-843-2464, Fax 843-7137 TERO Kamiah 208-935-4703, Fax 935-4120 TERO Lapwai 208-843-7363, Fax 843-7365 Tewéepuu Center 208-476-7407, Fax 476-5578

Tribal Police Law Enforcement Kamiah 208-935-4107, Fax 935-7897 Tribal Police Law Enforcement Lapwai 208-843-7141, Fax 843-5337

U of I Extension 208-791-4087

Uuyit Kimti (New Beginnings) 208-621-4778

Veterans Program 208-621-4738

Vocational Rehabilitation Kamiah 208-621-4817, Fax 935-0540 Vocational Rehabilitation Lapwai 208-843-9395, Fax 843-9396

Water Resources 208-843-7368, Fax 843-7371 Watershed Division 208-621-3525, Fax 843-9192 Wéeyes Center 208-935-2525, Fax 935-4100 Wildlife-Lapwai 208-843-2162, Fax 843-2427

Wireless Department 208-621-3590 Zims Hot Springs 208-347-2686





SUNDAY - THURSDAY 8am-12am FRIDAY - SATURDAY 8am-2am

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#### TYSELYELYE Clearwater River 7 CASH PRIZES OF 20 CASH PRIZES OF Monday \$250 \$500 OCTOBER 11TH 12PM - 6PM 10AM - 7:30PM Drawings Every Hour Drawings Every Half Hour

## Baking for Rewards





Ottober 3rd-Apple

October Will-Recan

October Will-Chocolate Reppermint

October 24th-Granberry Pear

October 31st-Pumpkin

Earn & redeem 300 points to receive a 6" x 1.5" Pie Plate paired with a Popular Pie Recipe!

> Participate every Sunday to receive entire collection of all five Rie Plates.













SUNDAY - THURSDAY 9am-10pm FRIDAY - SATURDAY 9am-12am

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