Sally Springs Returns to her Homelands and Finds Long Lost Sister Evelyn Higheagle

Sally Springs was adopted from Pierce County Hospital in Tacoma, Washington by Richard and Clara-belle Titus. She was raised in Castle Rock, Washington, a small town south of Seattle. She grew up the youngest of two brothers and one sister. "I've had a wonderful life and I have always felt special and loved," said Springs.

Spring’s father worked for the Cowlitz County Road Department in Castle Rock while her mother was a beautician and had her own beauty shop next door to their home. Her parents retired and lived in Apache Junction, Arizona as “snow-birds,” until they passed away.

Springs was aware she was adopted from a very young age. "Before I went into grade school I was told ‘the special day I was chosen and brought home,’” she said. "That story always brought me comfort growing up, I still remember crawling up on my mother's lap asking her to tell me ‘the story,’ and she would say, ‘it was haying season when we went to pick you up and we stopped on the way home and had a picnic to celebrate and then we stopped at the haying field to show you off to your grandpa.

Sally Springs (right) stands with sister Evelyn Higheagle after a DNA test result confirmed they are full blooded sisters. (Photo courtesy of Sally Springs).

Clearwater River Casino Cancels Upcoming Events

The Clearwater River Casino & Lodge made the difficult decision to cancel the upcoming Tyga concert scheduled for October 2nd, 2021, as well as the Casino Pow-Wow planned for October 15th, 16th & 17th, 2021.

The Clearwater River Casino Box Office has begun issuing cash refunds for concert tickets purchased at the Casino. Concert goers will need to bring in their purchased tickets for a full ticket refund. For those tickets purchased online at TicketsWest.com, a refund will be issued to their credit or debit card directly by TicketsWest.

Both casinos have returned to a mask mandate inside the facilities and on the gaming floor as of September 11th for the safety of employees and customers. Masks are available at the entrances for all customers free of charge. It is our sincere hope that these precautions will help reduce infections in our area.

The Clearwater River Casino & Lodge would like to encourage everyone to get the Covid-19 vaccine and to stay vigilant with safety protocols. We thank the public for their cooperation while onsite at our facilities.

Continue Reading Springs on Page 3
As humans, we share our environment with a host of parasitic bacteria and various viruses, microorganisms that are foreign to us. The body does its best to handle these invaders with a complex process that relies on a number of factors. How we can help is by supporting our immune system.

As cold and flu season approaches, and COVID-19 remains a threat, you should be thinking about how to boost and maintain a healthy immune system for yourself and for your family. In addition to known immunity regulators, such as getting enough physical activity and eating a healthy diet, these are the few foods and supplements out there that can help support the immune system.

Taking vitamins and other nutraceuticals, a food containing health-giving additives and having medicinal benefit, for age-old conditions and illnesses, are extremely effective in boosting the immune system.

Zinc, Vitamin C, Vitamin D, Probiotics, Elderberry, Food Grade Hydrogen Peroxide, Colloidal Silver and other supplements have been commonly prescribed by homeopathic doctors from the earliest days of the pandemic.

While science can show whether a drug is efficacious or not, the general public may not always fully understand how. When antibiotics were first discovered in the 1920s, there was limited understanding of the biology involved, but lacking an explanation for their benefit did not discourage doctors from recommending these highly effective treatments. Now antibiotic resistant bacteria are thriving and learning how to beat these same antibiotics, so science must change and adapt when new research becomes available.

So, what suggests that Vitamin C, Vitamin D, Zinc, and nebulized Hydrogen Peroxide provide a therapeutic effect to any virus?

Vitamin C is an essential antioxidant that has a long history of benefiting immune health and countless studies proving its effectiveness. Vitamin D might be the single greatest vitamin you can take for immune health. Research shows Vitamin D deficiency is prevalent in patients with COVID-19 as well as other viral and bacterial infections. Zinc has antiviral activity, whether by improving immune cell function that counters viral infections or by reducing the ability of viruses to multiply.

Some evidence suggests that combining Vitamin C and Zinc may limit the duration and severity of cold or flu like symptoms. There is also evidence that using Food Grade Hydrogen Peroxide in a nebulizer, provides an almost immediate effect of reducing symptoms from viral respiratory infections. Many COVID-19 patients report their lungs became more open providing instant relief, while their cardiorespiratory system vastly improved.

COVID-19 is definitely frightening due to the limited amount of information on the virus and due to the impacts it has on individuals, especially those with underlying health conditions. The demand for a safe and effective treatment is undeniable. I personally prefer the homeopathy and supplementation to help boost my immune system, reduce symptoms of illnesses and possibly prevent COVID-19 from ever reaching my household.

I am not a medical expert. The Publisher’s Posts are created for informational purposes only and is not intended to be perceived as professional advice. These are my opinions and methods I have used to encourage my own health and wellness over the years. A few sources are listed below for your convenience.

**Vitamin C source:** [http://orthomolecular.org/resources/omns/v16n04.shtml](http://orthomolecular.org/resources/omns/v16n04.shtml)


**Peroxide source:** [http://orthomolecular.org/resources/omns/v16n43.shtml](http://orthomolecular.org/resources/omns/v16n43.shtml)
Springs Continued from Front Page

Don and then stopped at the grocery store to show your Aunt Baba and she bawled her eyes out and stroked your hair, that stuck out all over.”

However, the only thing Springs learned about the Nez Perce tribe was from her school days. She still remembers learning about Chief Joseph and proudly thinking that's where she came from, and someday she was going to go back, to see where it was that she came from; someday.

First, Springs made a phone call to a private detective to open her birth records because they were closed. The detective told her not to get her hopes up. She said with Native American reservations it’s difficult to obtain all the paperwork and she could still be denied. Spring's thoughts were, Well they are known to be the friendliest tribe, and I've prayed about it and the Lord can do miracles.

Within minutes Springs had a copy of her original birth certificate, with her mother's name, and another piece of paper with her parent's name with what appeared to be census numbers. The private detective was amazed and blessed Springs with no fees for what appeared to be a sister, we need a DNA test...Springs received the DNA test on June 13, 2018 it showed 99.9% match on both her and her sister's DNA test. Within days the Nez Perce Tribal Enrollment Office called Springs and gave her Evie High eagale's phone number and said, “she is wanting you to call her whenever you are ready.”

Springs called her and they talked once a month for a year. Then Springs began to pray. She wanted to visit her sister, but then again she wanted to move there and see where she came from and to truly meet her sister, in person. She said, “Lord the only way I’ll move up there is if I get a job in my field, a massage therapist,” and it happened exactly that way. Springs received a job offer and she took it. She packed her van and drove 1,154 miles and with much excitement, and slight nervousness, knocked on her sister’s door on December 21, 2019.

She was greeted by High eagale’s granddaughter, Micahlay Hayes, then a big hug from her sister. “A nice tight hug, I’ll never forget. I moved in with my sister for 6 months, before moving into town into my own place. I love my sister and am so blessed to have her in my life. I’ve been here for a year and a half now as a massage therapist at the Nimipuu Health Clinic,” said Springs.

“Where do I begin? Meeting my Grandma Evie’s long lost sister was an amazing, unique, and unforgettable experience. I remember the phone call from my Grandma Evie telling me that she was going to get a DNA test because someone had submitted an enrollment application and that she was her full-blooded sister. We were all flustered but of course, optimistic that our Grandma would get to meet her family and have additional support throughout her retirement journey. Once it was confirmed that my grandma did have a younger full-blooded sister from Arizona, we were ecstatic. Regardless of the 30+ years where neither of them met or knew of each other, we grew up in a culture of love and hospitality and I knew my grandma would not hesitate to extend that to her younger sister. I had no idea that would mean her younger sister would be so brave enough to pack up her life, move to Lapwai, Idaho and fully thrust herself into our family dynamic. I admire my Grandma Sally's courage and spontaneity. She has fit right into our family and she has healed pieces of my Grandma’s heart that words cannot explain. My grandma’s companion passed away in 2013 and she has been alone since. Grandma Sally moved right in with my Grandma and their sisterly love radiates as if they never skipped a beat. Indigenous peoples have lived through many decades of forced adoptions, abuse, trauma and displacement of their children. It’s a heart breaking history but moments like the reunion between my grandma and her sister leaves us all with hope for the change to come,” shared Winter Hayes, High eagale's granddaughter.

Springs continued to have the support of all her family along the way. “I’ve always felt blessed to have you as a sister. I am happy you’ve had this chance to connect with your biological family and meet your sister,” her brother Don told her.

“I have known you since you were 6 years old, we’ve been through a lot together. I always wanted you to have the chance to find your biological family but was nervous because I didn’t know how you would be received. Now I am very happy for you and so happy to know you have a sister! You are a kind, loving person and someone I am proud to call my sister-in-law,” added her sister-in-law.

“I give all the glory to God, He opened all the doors and it truly is a miracle. I would like to thank my family and friends and my home church, Desert Cove Assembly, for the encouragement, prayers and support,” said Springs. “I would also like to thank my new family here and the Nez Perce Tribal members, as I share my story with them whenever I can, for their first response is always the same, ‘welcome home.’ I have found the missing piece in my life.”
LC State to Celebrate Multicultural Awareness Month in September

Previously just a week-long celebration, Lewis-Clark State College will now hold a Multicultural Awareness Month with 14 events planned throughout September.

The variety of events, which will take place both in person and on Zoom, feature presentations, food, trivia, a panel discussion and an exhibit to celebrate the different cultures throughout the world. A talk about the media by Sueann Ramella, “Morning Edition” host, producer and interim program director at Northwest Public Broadcasting, is one of the highlights of Multicultural Awareness Month.

All events are free and open to the public, and the college’s COVID-19 protocols will be followed. Face coverings are required indoors. This and other protocols may be found on the college’s Coronavirus Resource web page.

All online events, except for the Thursday night trivia, will use the Zoom link https://lcsc.zoom.us/j/84852964983. Thursday night trivia will use the Zoom link: https://lcsc.zoom.us/j/96344830984 and the password is trivia.

Ramella is the keynote speaker for the month and will discuss “Your Attention and Representation: Examining Your Relationship with the Media” on Sept. 7 at 7 p.m. in the Williams Conference Center and on Zoom. Ramella will discuss how to evaluate images and information that are expressed on social media and through traditional media.

Ramella began working at Northwest Public Radio in 1997. In 2000, she became the host of “All Things Considered” and through traditional media. A talk about the media by Sueann Ramella, “Morning Edition” host, producer and interim program director at Northwest Public Broadcasting, is one of the highlights of Multicultural Awareness Month.

The garden will host a display of Persepolis” will open at the Pik’unma’ayq’áal Center and on Zoom. Allison leads the college’s Ecuador Field School program and teaches the undergraduate Social Sciences Division courses, including “Ecuador Field School” and “Introducing Persia: The Land of Persepolis” which will run through December.

Multicultural Awareness Month concludes on Sept. 30 with a variety of cultural tables and presentations by LC State international students and others. This will run at noon-2 p.m. in Room 143 of the SUB/CSL.

Also during the month, the LC radio station, KLCZ, will play music from around the world. The LC Garden, located at 816 7th St. in Lewiston, will feature “Culture in the Garden.” The garden will host a display related to nature, place and food from around the world.

The annual event is sponsored by the college’s Multicultural Awareness Month Committee with support from the Office of the President; LC State Anthropology Club; Center for Teaching and Learning; Humanities Division; International Programs; Native American, Minority & Veterans’ Services; Native American Club; Social Sciences Division; Multicultural Student Organization; and the Spanish Club.

Members of the Multicultural Awareness Month committee are Allison, Galeano, Holly Daugherty, Rebecca Snodgrass, Maneé Moua, Bob Sobotta, Ian Tippets and Sam White Temple.

For more information on the week, contact Allison at klallison@lcsc.edu or 208-792-2348.

Pik’unma’ayq’áal | September
Spokane City Council Votes to Rename Ft. George Wright Drive

SPOKANE, Wash. — The Spokane City Council approved a name change for Ft. George Wright Drive at their last meeting for 2020 on Monday. The street will now be named Whistalks Way after a woman warrior of the Spokane Tribe who fought against Col. Wright.

A street and an Army post in Spokane are named after Colonel George Wright, who led a campaign of genocide against the Native peoples of Spokane.

According to the Spokane Historical Society, Wright was sent on a “merciless punitive expedition” throughout Eastern Washington and into North Idaho in 1858. He fought native forces at the Battle of Four Lakes near present-day Medical Lake and killed over 600 captured horses near the Idaho border. This led to the destruction of the tribe’s economy, causing food shortages and starvation, the historical society says.

Wright burned native crops and food stores. He also hanged any Native American he suspected of having fought against him following a mock “trial.” Wright had no authority to conduct a trial under military law, according to the historical society.

Some of Wright’s enemies were invited to a camp on Latah Creek to make peace. Instead, Wright arrested and executed at least 16 natives, according to the historical society. This area is known as Hangman’s Creek.

In August, several groups rallied in another attempt to get the name of West Fort George Wright Drive changed. According to the historical society, there was an unsuccessful effort to re-name the street to a more culturally sensitive Native American name.

This trending topic went across the United States as many southern states have begun to remove monuments honoring Confederate Civil War leaders and Christopher Columbus.
Qe’ciyew’yew’

THANK YOU TO OUR HORSE RIDERS, WRANGLERS, PARENTS AND SPONSORS AT THE WETXUUWÍITIN’ EVENT

Nez Perce Appaloosa Horse Club:
Jack Yearout
Kellen Lewis
Sandi McFarland
Jalessa Oyenque
Chanelle Five Thunders
Abby Whitman
DaviJo Whitman
Taya Yearout

Nez Perce Horse Registry (NPT):
Jake Whiteplume
A.J. Whiteplume
J.J. Meninick
Temi Meninick
Nani Meninick
Candice Whiteplume
Tyra Greene
Lynn Pinkham

Chief Joseph Foundation:
Chief Joseph Foundation Royalty Court
Queen Mya Dammon Marsh
Princess Benae Wright
Princess Alicia Reuben

Other Riders:
Nakia Williamson-Cloud
Nakia Cloud

Presbytery of the Inland Northwest
Edward Jones
Avista
Nez Perce Students for Success Holds Gathering of Native American Youth

On August 3rd and 4th, the Students for Success Program (SFS) held an event at the Clearwater River Casino called Gathering of Native Americans (GONA), a culturally-based planning process where community members gather to address community-identified issues. This was the first GONA ever held on the Nez Perce Indian reservation.

The SFS’ GONA was for youth ages 12 to young adults, however all community members were welcome to attend. GONA used an interactive approach that empowered and supported American Indian/Alaskan Native tribes. The GONA approach reflected American Indian /Alaskan Native cultural values, traditions, and spiritual practices. It typically focuses on the following four themes: “belonging”—GONA ensures that everyone feels welcomed in an inclusive, open, safe, and trusting environment; “mastery”—GONA allows participants to take stock of how historical trauma impacts their communities and what fosters their resilience and holds them together; “interdependence”—GONA initiates the planning process to evaluate resources and relationships, and to experience and strengthen interconnectedness; and “generosity”—GONA’s exercise of creating gifts to share with other participants symbolizes each participant’s larger gift to their families and communities in helping to address and prevent mental and substance use disorders, prevent suicide, and promote mental health.

Students participated in an event called the Medicine Wheel Activity and were provided an overview on the four main dimensions of the medicine wheel. This included the reasons for why it is important for each student to take care of themselves, as the four dimensions describe. Students were then asked to break into groups and conduct an inventory, or identify, on what they do that contributes to their wellness within each of the four dimensions of the medicine wheel; including what they currently do that improves their physical, emotional, mental, and spiritual wellness. After they were finished, each group reported and were validated by their peers.

Another activity was the Trauma Tree exercise. The youth answered questions that pertained to the growth of a tree. Starting with the roots and what has happened historically that still affects them as a community to this day. Then they went to the trunk of the tree and discussed what they have lost or what was stolen or taken away from them after these events occurred. They ended with the branches and what they see today in the community because of the events that had occurred in the past.

The Healing Tree activity was a part of the interdependence section of GONA. The youth were asked to answer questions and report their answers to their peers. Again, starting with the roots of a tree, and what their strong values are in their community; culture, spiritual, family, or individual values that they live by such as honor, love, ceremonies, education, respect, etc. They then moved onto the trunk of the tree, and what their values provide for them. Then they discussed the tree’s branches and what they hope to see true in their community, based on their positive values and what outcomes they want to see.

Big shout out to Gerry Crowshoe and Rebecca Lyn, the GONA facilitators, they did an awesome job with the program. Both have facilitated many GONAs and it showed as the youth were really engaged the entire time. Most of the youth asked for more GONAs, one even asked for SFS to do the GONA experience once a month.

“Our NAHOVA [Native America Hear Our Voices Arise] youth board really went above and beyond for this great event,” said Abe Broncheau, SFS Director. “Many of them have been an integral part of the planning of this event since last winter and each of them contributed a lot to the success of this event.” Preston Amerman and Graciela Broncheau did the welcome address. Joseph Payne, Sayagic Broncheau and Ayanna Oatman led the icebreaker sessions. Markus Ellenwood and Remy Reeder were a huge help with a little bit of everything. All of the NAHOVA members, including those who were unable to attend, put a lot of hard work and hours into the GONA event and the SFS staff thank them for all their work and commitment.

The NAHOVA youth board and the SFS Program would also like to thank all of our sponsors for their support, our facilitators Jerry and Rebecca, Nimipuu Behavioral Health and the programs that came in and did presentations (Nimipuu Community Development Fund and Nez Perce Language Program.) They would also like to thank the Nez Perce Tribal Executive Committee (NPTEC) Chairman, Samuel Penney and NPTEC member, Ryan Oatman for the opening prayer. We would also like to thank the Clearwater River Casino, Mr. Dan Kane and Rachel Ellenwood for all of their help and sponsorship of this event and to everyone else who helped make the 1st ever, Nez Perce Youth Gathering of Native Americans event a success!
Nez Perce Tribe Recycling Program Newsletter—Sept. 2021

’apaqa’ánno ’ee kaa ’epaqíicxnu’ wéetesne
- Respect and take care of the earth.

Furoshiki

In Japan, the art of furoshiki helps many people avoid using plastic bags and wrapping paper by wrapping everything from sandwiches to wedding gifts in fabric. The word *furoshiki* refers to both the fabric itself and the practice of wrapping items in cloth. In Japan, using furoshiki today is as much about respect for the environment as it is about tradition. There are many traditional tying patterns and historical rules about which fabrics to use for specific occasions. Traditional, reusable furoshiki come in a wide variety of prints and fabrics and are available online (for example: https://www.etsy.com/market/furoshiki). These fancy furoshiki are great for wrapping gifts, but, for everyday use, you don’t have to spend a fortune. Any square or slightly rectangular piece of fabric that looks nice on both sides can be used as furoshiki. You can stock up on bandannas and scarves at the thrift store. Whether thrifed or new, the fabric should be thick enough to support the weight of the object you want to wrap, but not too thick for tying in knots. Learning furoshiki takes some practice, but once you get the hang of it (see below or search on YouTube), you may never need to use a plastic bag or wrapping paper again! Give it a try! See instructions below!

Earth911.com

Glass Recycling

The Nez Perce Tribe Recycling Program Cannot Take Glass

However, here are some local free Glass Recycling Options in Lewiston:

- Rosauers—322 Thain Rd., behind store
- A&B Family Foods—1234 8th St, back parking lot
- Lewiston Transfer Station 560 Down River Rd

Earth911.com

Lapwai Recycling Schedule

**Community Recycling**
September 9 & 23
Pineewaus Parking Lot 11 am - 1 pm

**Office Collections**
September 2, 16 & 30

Qe’ciyéw’yew’ - We appreciate your recycling efforts!
The Idaho Department of Health and Welfare (DHW) has activated Crisis Standards of Care (CSC) in accordance with IDAPA 16.02.09 – Crisis Standards of Care For Healthcare Entities. CSC is activated in the Panhandle Health District and the North Central Health District (Public Health Districts 1 and 2) because of a severe shortage of staffing and available beds in the northern area of the state caused by a massive increase in patients with COVID-19 who require hospitalization.

Kootenai Health in Coeur d’Alene requested that CSC be activated. The CSC Activation Advisory Committee convened virtually on Sept. 6 and recommended that CSC be activated in the Panhandle and North Central Health Districts. Although DHW has activated CSC in North Idaho, hospitals will implement as needed and according to their own CSC policies.

Hospitals and healthcare systems impacted are:
- Panhandle (PHD1)
  * Benewah Community Hospital
  * Bonner General Hospital
  * Boundary Community Hospital
  * Kootenai Health
  * Shoshone Medical Center
  * Clearwater Valley Hospital and Clinics
  * Gritman Medical Center
  * St. Joseph Regional Medical Center
  * St. Mary’s Hospitals & Clinics
  * Syringa Hospital & Clinics

Crisis standards of care are guidelines that help healthcare providers and systems decide how to deliver the best care possible under the extraordinary circumstances of an overwhelming disaster or public health emergency. The guidelines may be used when there are not enough healthcare resources to provide the usual standard of care to people who need it. The goal of crisis standards of care is to extend care to as many patients as possible and save as many lives as possible.

“We have reached an unprecedented and unwanted point in the history of our state. We have taken so many steps to avoid getting here, but yet again we need to ask more Idahoans to choose to receive the COVID-19 vaccine. More Idahoans need to choose to receive the vaccine so we can minimize the spread of the disease and reduce the number of COVID-19 hospitalizations, many of which involve younger Idahoans and are preventable with safe and effective vaccines,” Governor Brad Little said.

When crisis standards of care are in effect, people who need medical care may experience care that is different from what they expect. For example, patients admitted to the hospital may find that hospital beds are not available or are in repurposed rooms (such as a conference room) or that needed equipment is not available.

“Crisis standards of care is a last resort. It means we have exhausted our resources to the point that our healthcare systems are unable to provide the treatment and care we expect,” said DHW Director Dave Jeppesen. “This is a decision I was fervently hoping to avoid. The best tools we have to turn this around is for more people to get vaccinated and to wear masks indoors and in outdoor crowded public places. Please choose to get vaccinated as soon as possible – it is your very best protection against being hospitalized from COVID-19.”

“The process to initiate crisis standards of care began when resources were limited to the point of affecting medical care. The director of DHW convened the Crisis Standards of Care Activation Advisory Committee on Sept. 6, 2021, to review all the measures that were taken to address the staffing and bed shortages. The committee determined that the ability of northern Idaho hospitals and healthcare systems to deliver the usual standard of care has been severely affected by the staffing shortages, and all contingency measures to address these shortages had been exhausted. The committee recommended to the director that crisis standards of care be activated. Director Jeppesen issued his decision on Sept. 6, 2021, under the authority vested in him through the temporary rule.

Efforts will continue with earnest to alleviate the staffing and any other resource constraints in North Idaho. The crisis standards of care will remain in effect until there are sufficient resources to provide the usual standard of care to all patients.

Learn more about crisis standards of care and see an FAQ at https://coronavirus.idaho.gov/idaho-resources/Idaho Activates Crisis Standards of Care in North Idaho Due to Surge in COVID-19 Patients Requiring Hospitalization
HEALTH

Nimiipuu Health Looking Towards Pharmacy Remodel

Nimiipuu Health’s (NMPH) pharmacy remodel is officially underway. The past year had everyone on their toes, thinking of how to better serve the community in a safe way. The pharmacy in Lapwai implemented a temporary drive thru service for people to pick up their medications without entering the clinic to reduce risk of COVID-19. Our staff worked out of a tent, coming to the patients so they could stay in the comfort of their own vehicles. This change in service to the community was so well received, the NMPH Clinic in Lapwai is remodeling the building to incorporate a permanent drive thru window. Patients will still have a pharmacist available to ask questions about their medications by coming inside the building. The remodel is projected to last approximately seven months.

Additional changes to the building will include a larger workspace for the Optometry Department as well as an update to the entrance for our Community Health side of the building. All changes are needed and will greatly improve the experience of our patients.

September 1, 2021, the entire pharmacy was moved into a modular building where it will be for the duration of the construction. There will be several changes to the way NMPH operates within the next seven months. Our hope is that the patients and community bear with us and remain patient as we navigate this unknown territory. NMPH is pleased to be able to offer this new addition. "It was a small miracle that we were able to move the pharmacy in one day and be operational the next. It would have been impossible without the maintenance, IT, and pharmacy departments working together! The counseling room has been closed since March 30, 2020! Once the ramp in front of the modular is complete, patients can speak with a pharmacist in the counseling room. One of the most fulfilling aspects of pharmacy is getting to know your patients and helping with all your medication needs. We are excited to see you again! Even though being in the modular for seven months will be challenging, the remodel will provide more cohesion between Community Health and Medical, more space for Pharmacy and Optometry and a Pharmacy drive-thru!” – Heather Weddle, Chief Pharmacist

Please be aware of changes to traffic flow and/or patient processes when visiting the NMPH Lapwai Clinic. The main changes will be for Pharmacy and Community Health, due to construction and access points of the clinic. For now, the pickup process for prescriptions has been updated. Pick up process for prescriptions: Patients will park in designated spots by modular building. Signs are posted on each parking spot with two phone numbers to call: (208) 791-6775 or (208) 790-1841. Please call one of the numbers when you are parked, and a Pharmacy Runner will answer. The Pharmacy Runner will ask for your birthdate and bring your medication to you. Since parking spaces are limited, it’s crucial that you call for your refills IN ADVANCE before you come to the clinic. Please call seven days in advance for your refills, especially if you don’t have any refills left. If a pharmacist must send a refill request to a provider, please allow 48 hours for the provider to review your chart and authorize refills.

If you request a call back or text message when your prescriptions are ready, please wait for Pharmacy to contact you before coming to the clinic. If you have not received a response, please call Pharmacy at (208) 621-4963. If you are starting on a new medication, or have a complicated dose change, a pharmacist will talk with you in the counseling room located in the modular. Just go up the wheelchair ramp to the counseling room. NMPH is pleased to see this project come to fruition. As always, we look forward to serving you!

COMING SOON!
• Pharmacy & Optometry Remodel
• Groundbreaking August 2021

Pik’unma’ayq’áal | September
COUNTERFEIT PILLS

An opioid crisis is among us. Counterfeit pills are a danger to be aware of.

They give the appearance of a regular prescription medication like Adderall or Oxycodone, but can contain different ingredients and are oftentimes laced with additional deadly drugs such as fentanyl or methamphetamine.

If you would like to report suspicious drug activity or if you would like more information please contact the Nez Perce Tribal Police Department Criminal Investigation Division.

(208) 621–3653 or (208) 621–3619

If you or a loved one need help, please reach out. Nimiipuu Behavioral Health is here to assist. Our office hours are 8:00-4:30 Monday–Friday and have walk in crisis service available during these hours. If you need help after hours, please go to the local emergency room or call 911.

Nimiipuu Behavioral Health
208–843–7244
National Suicide Hotline
800–273–8255
Idaho Suicide Hotline
208–398–4357

Sources: getsmartaboutdrugs.gov &dea.gov
Nez Perce Tribe Resolves Litigation with Oregon  
Over Hells Canyon Complex Water Quality Certification

The Nez Perce Tribe (Tribe) recently reached a settlement agreement with the state of Oregon resolving the Tribe’s lawsuit alleging that Oregon’s 2019 Clean Water Act section 401 water quality certification for the relicensing of the Hells Canyon Complex violated federal and state law. The Tribe claimed that the certification failed to adequately address toxic pollution, temperature, and fish passage in the Complex, which is located within the Tribe’s exclusive territory. The Hells Canyon Complex, owned and operated by Idaho Power Company, consists of three dams and reservoirs on the Snake River that straddle the Oregon/Idaho border.

“The Tribe and Oregon have been close partners for years in advancing shared natural resource goals including re-storing the lower Snake River and its salmon and steelhead runs by replacing the four federal dams on the lower Snake River,” said Samuel Penney, Chairman of the Nez Perce Tribe. “Despite our previous challenges in reaching an agreement on the water quality certification for the Hells Canyon Complex, I thank Governor Brown for her leadership, perseverance, and demonstrated commitment in resolving the Tribe’s concerns.”

Since time immemorial, the Tribe has relied on the Snake River and its resources for cultural, subsistence, spiritual, ceremonial, and economic purposes. To continue its way of life, the Nez Perce, or Nimipuu, entered into a treaty with the United States in 1855 in which it reserved, and the United States secured, the right to fish, hunt, gather, pasture, and travel throughout its aboriginal territory. The Snake River is home to many of the Tribe’s treaty-reserved aquatic resources, including salmon, steelhead, Pacific lamprey, bull trout, and white sturgeon.

The Hells Canyon Complex blocks passage for many of the Tribe’s culturally-significant species and has changed the Snake River’s temperature regime and other important habitat conditions. Testing confirms that several aquatic species within and downstream of the Complex contain very high levels of methylmercury, a toxic form of mercury that can bio-accumulate in aquatic and terrestrial food chains. People who ingest fish with unsafe levels of methylmercury can experience severe health effects. Young children are especially vulnerable to methylmercury poisoning.

The extremely high levels of methylmercury found in fish within and downstream of the Hells Canyon Complex, pose a serious threat to the health of Nez Perce Tribal members who exercise their treaty-reserved fishing rights in the Snake River. For this reason, the Tribe took unprecedented action in 2016 when it instituted a consumption moratorium on certain types of white sturgeon and a fish consumption advisory for bull trout and smallmouth bass in the Hells Canyon reach of the Snake River. Under the federal Clean Water Act, federally-licensed hydroelectric dams must obtain a water quality certification, known as a 401 certification, from the state in which the dams discharge. Through 401 certifications, states are required to ensure hydroelectric dams comply with state water quality standards.

The Tribe’s 2019 lawsuit asserted that the conditions in Oregon’s 401 certification imposed on the Hells Canyon Complex’s operations were inadequate to ensure the Complex came into compliance with the state’s water quality standards for mercury and methylmercury concentrations in fish tissue, which were set to protect human health. The Tribe also asserted that Oregon’s 401 certification should have included fish passage at the Complex and more stringent safeguards to protect migrating salmonids from lethal water temperatures that may occur below the Hells Canyon Complex during the fall spawning season. Pacific Rivers and Idaho Rivers United filed a similar lawsuit in 2019, which was subsequently consolidated with the Tribe’s case.

The settlement agreement reached by the Tribe, Pacific Rivers, and Idaho Rivers United with Oregon, includes measures that Oregon will undertake to address mercury and methylmercury in the Hells Canyon reach of the Snake River. One significant measure Oregon has agreed to undertake, in collaboration with the Tribe, is the development of a pollution budget, known as Total Maximum Daily Load (TMDL), as required by the Clean Water Act. Oregon and Idaho Power Company will provide $1.5 million to fund this effort. Oregon has also agreed to take additional steps to better protect migrating Chinook salmon from extreme Snake River temperatures in the fall, to include the Tribe in the research program evaluating placement of adult spring chinook and steelhead and out-migration of their offspring from Pine Creek, an Oregon tributary located upstream of Hells Canyon Dam, and to fund a collaborative pilot research project between the Tribe and Oregon to reintroduce sockeye salmon into Wallowa Lake in eastern Oregon.

“I also appreciate Idaho Power Company’s support of Oregon’s efforts to promulgate, without further delay, the mercury and methyl mercury TMDL for the Snake River and to address extreme fall temperatures in the Snake River,” Chairman Penney added. “The agreement reached between the Tribe and Oregon also honors the Tribe’s connection to sockeye salmon and to the restoration of that fishery in Hells Canyon. The Tribe and Oregon will implement this historic agreement we’ve reached to improve water quality in the Snake River, the health of Tribal members and Oregonians, and Nez Perce Tribal member access to treaty-reserved resources,” Chairman Penney concluded.

The Tribe has a consumption moratorium on white sturgeon (greater than 4 feet in length) caught in Snake River in areas upstream of Lower Granite Dam. This means that sturgeon are unsafe to catch and eat due to sturgeon having levels of methylmercury that is 10 times above what is considered safe to eat (based on its known toxic chemical concentration and fish consumption rates). There is a fish consumption advisory for white sturgeon (less than 4 feet in length) in this same area and meals should be restricted to 3 fish per month.
On September 20, 2021, thirteen Idaho public school students from across the state, including Lapwai ninth grader Emma Paddlety, will gather in Boise for the first meeting of Superintendent of Public Instruction Sherri Ybarra’s new Student Advisory Council.

Paddlety and the other twelve students, ranging from grades 4-12, were selected from nearly 60 applicants. Each of the thirteen students selected has a parent or guardian willing to accompany them to the quarterly meetings.

Key issues voiced by advisory council members in their applications range from school funding to eliminating cliques and also include time management, mental and emotional health, social issues, STEM options and meeting the needs of students with disabilities.

“Some of the best and most inspiring moments in my seven years as superintendent have come from meeting and hearing from students,” said Sherri Ybarra, Idaho State Board of Education Superintendent. “Their perspective and insights on Idaho’s public education experience are invaluable, especially as we work to recover from the pandemic’s impacts on schools. So I put out a call for advisory council members last spring, hoping to tap into this amazing resource.”

“The response was remarkable – nearly 60 strong applications,” the superintendent said. “It was so hard to narrow it down that I ended up with 13 students instead of the planned 12.”

“I’m excited by their diversity – seven girls and six boys, from districts large and small in all regions of the state, with a wide range of priorities and interests – and especially excited by their ideas and passion for education,” Superintendent Ybarra said. “Each has a parent or guardian willing to accompany the student to our quarterly meetings, and I’m grateful to those adults for their commitment.”
It’s a simple step that can help protect your family’s future. Here’s what you need to know.

Here’s a shocker: Roughly, two out of every three Americans don’t have a will—including over half of those 55 and older, according to a 2020 Caring.com survey.1 One possible reason: “People don’t like to plan for their own mortality,” says Jean Kim-Wall, a managing director and wealth strategist at Merrill.

A will is simply a legal document that ensures that your assets are distributed in accordance with your wishes when you die. You may also want to consider implementing on a larger scale an estate plan (including a will) that also addresses incapacity planning. Estate plans are less about allocating who gets what and more about protecting your family—from discord, avoidable taxes and legal fees. Most important, creating your own estate plan gives you control.

"If you don’t have one, the state will decide how your estate is handled,” Kim-Wall says. “Whether you’re nearing retirement or just starting a family, it’s a good idea to put your wishes down in writing,” she adds. Start by assessing your net worth and considering your short- and long-term goals. "Think about how you want to pass on your legacy,” she suggests. "An estate planning attorney can help you fine-tune your initial thoughts and make everything official by drafting the necessary documents.” And bring your family into the conversation as well, to make sure they understand your wishes and how you’d like them carried out.

According to Kim-Wall, every estate plan should address these three things: Your heirs—and their inheritance. Naming who inherits what from your estate is the first step. And while dividing up your financial assets is important, also think about whether you have any personal belongings that you’d like specific people to have. These may be heirlooms of sentimental value or a beloved collection. Don’t forget that estate planning in a digital world means that you might have things like videos and photos on your personal computer or mobile phone that your family might like to have—so be sure to determine who will get access to your passwords.

You’ll also have to consider the ways in which your assets are passed on, whether it’s directly to your heirs or via a trust. Any assets you leave directly to heirs can be used or spent at their discretion, whenever they choose. A trust, on the other hand, allows you to set rules for how and when any assets you leave might be disbursed. This is particularly useful if you’re leaving assets to minors or to someone who is not able to manage their own finances, perhaps because of a disability.

Another situation where a trust could help is if you’ve remarried later in life and are wondering about how to care for your current spouse while also leaving enough for children from an earlier relationship. Trusts can be drafted to be very flexible; for example, you may allow your current spouse to receive an income while protecting what’s left for your children.

Who will make sure your wishes are carried out? The executor will act as a sort of administrator for everything you leave behind. "The executor will take inventory of your assets, pay any outstanding bills, settle your affairs, make sure your mandatory filings are done and pay any taxes that may be due,” says Kim-Wall—so select someone you trust who would be good at those things. "People will often name a family member or a trusted friend,” she adds, “but if you have complex assets or family dynamics, it makes sense to consider a corporate fiduciary to handle these matters.”

If you have minor children, you’ll also need to name a guardian or guardians—the person who would look after them if you and their other legal parent were both to die. Even though it’s a remote possibility, you’ll want to check with this person first, because while it is an extraordinary honor, it’s a significant responsibility.

What happens if things change? Wills can become outdated quickly, so try to make sure yours spells out how you want to account for major life events like births, deaths, marriages and divorces. But whatever you do, don’t let the complexity of thinking through multiple hypothetical events discourage you from making a will in the first place. A will or an estate plan can always be updated as circumstances change, and it’s far better to have one that isn’t quite perfect than to have none at all. "This is one circumstance where ‘good enough’ is not so bad, because it’s still much better than having nothing in place,” Kim-Wall says. You’ll want to take a look at your will every few years anyway, to make sure it accurately reflects your wishes and the latest circumstances of your life.
When Should I Start Collecting Social Security Benefits?

You can start collecting your Social Security benefits at age 62. But at that age you’ll only receive approximately 70%-75% of what you’ll get if you wait until your “full retirement age,” or the age at which you’re eligible to receive your full benefit. (See chart below.)

Every year that you delay taking benefits beyond your full retirement age — up to age 70 — the larger your monthly benefit will be for the rest of your life.

There are many factors to consider when deciding when to file, such as whether you’ll be working during retirement or when your spouse may be collecting Social Security benefits. However, choosing when to collect your benefits is up to you. If you can wait until age 70 to claim Social Security, your monthly benefit can increase by as much as 32%Footnote 1 over the amount you’d collect if you’d begun withdrawing at your full retirement age. Those higher monthly benefits could add up to higher cumulative benefits over the course of your retirement. The potential for higher annual payouts could help with expenses that may increase with age, such as medical costs.

Bear in mind that if you claim benefits before your full retirement age and are still working, your benefits could be reduced. The timing of when you collect could also affect your spouse’s benefits if he or she outlives you. Collecting early could potentially result in a lower survivor benefit for him or her, while delaying could increase it.

Before you decide what timing is right for you, you need to consider your personal situation and weigh a number of factors. The best time to claim Social Security benefits depends on your marital status, health, family history, employment status and financial needs.

The longer your life expectancy, the more sense it may make to wait to collect Social Security benefits. For women, who typically live longer than men and may have saved less, waiting could be especially beneficial. If waiting increases payments, why would anyone take benefits sooner?

You may want to claim Social Security benefits earlier if your parents or grandparents didn’t live past 75, if you’re in poor health, or if you know you’ll need the money before you reach full retirement age. For married couples with similar earnings, it could be worthwhile for the higher earner to wait until age 70, while the lower earner begins claiming benefits as soon as he or she reaches full retirement age. That way the couple can have a source of additional income if they need it sooner, while still potentially maximizing the amount one of them receives later on.

There’s no one right answer for when to claim Social Security benefits. It all depends on your individual situation — and it really is one of the most important decisions you’ll make as you near retirement. Be sure to consult your legal and/or tax advisor when making decisions about when to start collecting Social Security benefits.

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<th>Full Retirement Age</th>
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<td>Age</td>
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Note: People who were born on January 1 of any year should refer to the previous year.

Source: https://www.ssa.gov/planners/retire/agereduction.html

Ask Dr. Per Cap - Family Matters

Dear Dr. Per Cap,

My cousin has a habit of not paying back loans, but just asked to borrow more money. How can I help without getting burned?

Signed,
 Twice Burned

Dear Twice Burned,

I’ve learned over the years that money lent to friends and family has a bad track record of not getting paid back in full, not getting paid back on time, or a combination of both. Let me share a little story that I hope offers a fair solution.

About ten years ago a really good friend was in a pinch and asked me for a loan. He wanted to borrow more money than I felt comfortable lending so I offered the following alternative. Rather than extend a personal loan I’d give him a lesser amount of money. That’s right. I offered to give him half the amount he wanted to borrow. He was grateful but said he didn’t want charity and would pay me back.

I made a quick detour down tough love highway. “Look!” I said in a respectful yet serious tone. “When you come to me and ask for a no interest, no collateral, nothing down loan without a formal agreement – just your word and a hand shake. I’m sorry, but in my book that’s charity.”

I then told him that I wouldn’t risk our friendship over a loan and that I’d sleep a whole lot better giving him money that I knew I’d never see again rather than lending money with so many uncertainties. I also said I’d only do it one time. He saw my point of view, accepted the gift, and we’ve remained great friends ever since.

I know this solution might not work for everyone. For starters you need to decide how much money you can afford to give rather than lend. 50%, 30%, or 10% of the ask are all fair offers, but that’s for you to decide.

I swear by this strategy and use it whenever the need arises. I really think offering a no strings attached cash gift while still requiring a friend or family member to take responsibility for securing the remaining money forces the person to think through their dilemma a little more thoroughly and consider other options – do I really need to borrow such a large amount, is it possible to earn some extra cash on my own?

Give this one a try and remember – no amount of money can buy a great friendship but a broken promise can destroy one.
Jaime Pinkham is accustomed to slow-moving change. It has taken since the inception of the Army of the Civil Works, nearly 200 years, to employ a Native person; Pinkham, Nez Perce, is the first Indigenous person ever to head the Army Corps of Engineers.

But Pinkham is hopeful that his appointment as acting assistant secretary of the Army Corps of Civil Works, as well as several other Indigenous non-traditional appointments in Congress, will lead to an opportunity of creating change. He was appointed to the position April 19.

The Army of the Civil Works provides policy guidance and direction to the Army Corps of Engineers. These are the folks on the ground on the civilian side, in charge of delivering the Civil Works’ mission around navigation, risk and flood management, environmental restoration and emergency management. Essentially, it is the civilian oversight provided to the military. Pinkham said he’s committed to finding how better relations and rebuilt trust can be instilled not just in Indigenous communities, but other communities that find themselves socially, economically and culturally in “the same positions that tribes are that have been living in the shadows of society.”

He reflects on his Nez Perce identity, his work, and the relationships between the federal government and Indian Country at large to see where the Army Corps of Civil Works can go from here.

Nancy Marie Spears: Can you talk about how your Indigenous heritage has impacted your career path? And are you proud to be an Indigenous person in the federal government, what does that mean to you?

Jaime A. Pinkham: Well, I’m not afraid to say, I’m Nez Perce. I don’t know if you know where Nez Perce is from the Pacific Northwest where the states of Idaho, Oregon and Washington come together. I would say, not so much that impacted my career path in natural resources, but certainly it’s impacted my service to Indian country, in the fact that you know, after college, I eventually made my way back to Nez Perce to work on the tribes natural resource program and from that I took the leap of faith into tribal politics and was elected with two terms and my career just kept expanding and growing from there. In terms of being an Indigenous person in the federal government. How could you not feel proud to work for an administration that really has laid out a pretty strong focus on Indian Country, climate change and environmental justice?

So to join this administration, with the priorities that they’re laying out, anybody would be proud to be a part of this administration, Native or not.

Q: I want to talk to you about your previous career path and your experience in natural resource conservation, preservation efforts, things like that. How is that work going to translate into what you’re doing in your new position when it comes to addressing infrastructure in Indian Country?

A: If you look at my work in natural resources, the work to me that that translated into is really the efforts of self determination, and tribal governance. So the focus has really been around tribal governance, and one of the programs of government is natural resources. So, what I feel that I bring into this position is on-the-ground, firsthand experience in how tribes govern themselves and properly as political institutions, so how that translates into delivering the civil works programs to Indian country, think is a unique perspective.

Q: What do you bring to the table to the position at the Corps’ Civil Works that a non-Indigenous appointment would not? And can you talk about whether traditional ecological knowledge from tribes plays into or intersects with your work at all?

A: Everybody who gets appointed to these positions, has their own unique history background and perspectives. And so when they come in, they’re looking at it through their lens. And if somebody comes in from the agriculture community they bring that perspective to this job or they come in from perhaps a navigation and shipping community, they bring that lens. So everybody brings a very unique perspective. And the perspective that I feel I bring to this work is an understanding of tribal societies, understanding of tribal laws, understanding that tribes do have these ... governments to protect their own citizens, to organize your own systems of laws. I bring in a lens of having been embedded in Indian country for the past two and a half decades.

Q: What do you see the tribes asking to be brought to the table regarding your work in civil works?

A: How can we support tribes in, kind of what their priorities are, in terms of developing our work plans, whether there are specific needs in support that are required to Congress. I think the other thing that you’re getting to is what are the expectations of Indian Country. When somebody like me, or, you know, Janie Hipp or Miss Haaland, Chuck Sams, when we get into these positions, what is Indian Country’s expectations of us? In my experiences here Indian Country
recognizes that ... while I’ve walked into this position, and while I bring years of history that all tribal leaders carry on their shoulders whenever they walk into the room. When I took the oath of office, I also now have been here to recover history. Histories, not just of the current administration but administrations past. And I think my job is how do I grade this path and previous decisions, laws that have been created over many generations, how do I bring that to this current time, with tribes currently, and their vision going forward. And to me it’s also how do we bridge the expectations of Indian country when an Indigenous person is put in a leadership position within the federal government. 

Q: What are your top three priorities as the new acting assistant and why? 
A: I’ll tell you, the things that really inspired me about this administration, and their priorities that we’re working on is, one is addressing climate change. Climate change is real, we need to bring the best science to it, we’ve got to figure out what the strategies are going forward, to adapt and to mitigate the challenges that climate change presents. So that’s one. The other one is issues around environmental justice that many decisions have been made, where there’s certain segments of society have not been as strong as a participant in decision making, or influencing decisions that are being made. So the other one is around environmental justice. And I guess if there’s a third area it is how do we strengthen relationships with tribes, going forward, recognize them as truly sovereign governments with rights of self rule, yet having this special relationship and trust relationship with the United States. So I would say it’s those three things that have inspired me to join the administration.

Q: What kind of systemic changes do you think can be made when folks include Indigenous voices in the conversation and at the table? 
A: When I joined the administration, I mean, the words of encouragement that I was getting was tremendous and let’s be honest that the United States Army’s history with Indian Country has not always been positive. And in my very first meeting with the Secretary of army ... around the office were these symbols and pictures and artifacts that were representative of the Army’s history. It made me think about, there was a time when people may have sat around the table and made decisions that affected the Nez Perce War in 1877. I thought about that moment. How does my two great grandfather’s who fought in that war against the United States Army in 1877, how do you get from there to me now sitting around this table? I just thought about the shoulders that I carried me this way and my grandfather, who was in France in World War One serving in the United States Army. And it made me think about his oldest son, my uncle, who was in the Army in World War Two at Normandy and served in France and Germany. Thinking about this transition that we made through this long history of the federal government and its relationship with Indian people and how we really came to this distance where I felt welcome to sit around this table within the United States Army, being given a chance to make a difference. I felt a sense of pride in having ridden on my grandfather and my uncle’s shoulders to get to where I am today. It took from 1877 to today to see that kind of change take place.

Pinkham concluded his interview with a story of healing: “In my office there is a flag, and it’s the US Army flag. Every morning I come in my office, I just walked right by and never noticed it. On the army flag are all these banners, these ribbons that represent all the conflicts the United States Army was engaged in. Including the Indian Wars.”

“And sure enough, I got up and I thumbed through it. And there’s this red banner that says, ‘Nez Perces, 1877’ and it’s hanging in here. So I approached Colonel Massey and I said, I’d like to hang an eagle feather off of that, just representing the history. And I got permission to hang, I’ve got three eagle feathers hanging off that Nez Perce War banner in my office.”

“When I was at Nez Perce we used to do these ceremonies around the Nez Perce War of 1877. Where the battles were in Idaho and Montana, and we always say ... we’re not coming here asking for an apology. We’re here to continue the healing. And so the ability to hang those eagle feathers up, it just shows that we are healing. Times have changed.”

**Build a Kit with Everyone in Mind**

National Preparedness Month is an observable each September to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time. 

This week’s theme for National Preparedness Month is 

**Build a Kit.**

When an emergency, you may need to rely on yourself and your household or community for several days. It’s important to have supplies set aside and ready to use, including water, non-perishable food, medications, first aid kit, copies of important paperwork, and additional items. 

When building a kit, make sure to have one wherever you spend much of the time (e.g. home, work, car). Don’t forget to consider the unique needs each person or pet may have, such as medications or medical equipment, in case you have to evacuate quickly.

**Basic Disaster Supplies Kit**

A basic emergency supplies kit could include the following items:

- **Water**
- **Food**
- **Battery-powered or hand crank radio**
- **Flashlight**
- **Extra batteries**
- **Whistle**
- **Cloth Face Coverings**
- **Hand Sanitizer**
- **Medications**
- **Whistle**
- **Important Paperwork**

Visit [FMAs.gov](https://www.femas.gov) for a complete list of recommended emergency supplies.

Put a checkmark next to each preparedness item on the checklist. Each item is worth 3 points. Once you’re done you can see your preparedness score at the bottom of the page. 

**Preparedness Kit Scorecard**

- **Water**
- **Food**
- **Battery-powered or hand crank radio**
- **Flashlight**
- **Extra batteries**
- **Whistle**
- **Cloth Face Coverings**
- **Hand Sanitizer**
- **Medications**
- **Whistle**
- **Important Paperwork**

**Additional Items**

- **Shelter Materials**
- **Garbage Bags**
- **Wrench or Pliers**
- **Can Opener**
- **Local Maps**
- **Pet Supplies**
- **Change of Clothes**
- **Fire Extinguisher**
- **Mess Kits**
- **Paper & Pencil**
- **Activities for Kids**

**Your Preparedness Score**

Sept. 7, 2021 1
Newton Wendell Bohanan Jr., 55, Kamiah, ID

Newton Wendell Bohanan Jr., Wewukye takanin, Elk Traveler, 55, has made his journey to the Spirit World.

He was born September 14, 1965, in Palo Alto, California, to Marian and Newton “Josh” Bohanan Sr. He was known as Junior to many relatives, and friends sometimes called him “Juice.”

Junior was an enrolled member of the Nez Perce Tribe and a descendant of Old Chief Lookinglass and Chief Timothy. He attended school in Kamiah and then boarding school at the Intermountain Intertribal Indian High School in Brigham City, Utah. He later earned his general education diploma. Junior was very smart, read a lot of books and was very knowledgeable about Nez Perce history. Later he attended Bible college in Joplin, Mo., and Missouri State for his studies in communication.

He worked at many different places. He worked at a TV studio, was a restaurant cook and a manager at a Wi-Fi coffee shop, the Nez Perce Tribe Fire Management and firework stands. Wherever he lived or worked, he had the love and support of the many friends he made during his excursions. Junior enjoyed fishing for salmon, drawing, stickgaming, making frybread for his nieces and spending time with his family. It was said that Junior had nine lives.

He is survived by his brother and sisters, Ron Pinkham, Renita (Pat Brien Sr.) Brien of San Jose, Calif., Carol Holt and Joanne Bohanan of Kamiah; aunts, Melva Major of Spokane and Melvina Kills Crow; uncle, Raymond (Fred) Major of Kamiah; nieces, Ayisha Bohanan (Shawn Wheeler) of Lewiston, Felicia (James) Kilbane of Avon, Ohio, Antoinette Picard (Matt Enick) of Lapwai; nephews, Patrick Brien, Jr. of San Jose, Robert Carbajal of Vancouver, Wash., and Shane, Ryan and Joel Holt of Oklahoma. Junior especially loved his grandchildren, William Kilbane, Kendrick Wheeler, David Wheeler Jr., Edmond “Baby Juice” Bohanan-Wheeler, Christopher “Bear” Carbajal, JayD Enick, Jo Enick, Katie Kilbane, Grace Kilbane, Marian Kilbane, Selin Bisbee and Jaylah Enick.

He was preceded in death by his parents, Marian and Newton Bohanan Sr.; maternal grandparents, Lilian Oatman-Major and Oswald Johnson; paternal grandmother, Selin Billy; brothers, Edmond Bohanan, Melvin Pinkham and Wayne Pinkham; aunt, Laura Major; nephew, Sun Enick; and Beaverslide Cousin, Uncle RC Oatman.

Services will be held at 2 p.m. Thursday, Sept. 2, at the Life Center in Kamiah with Kelly Lineberry officiating, followed by burial at the Nez Perce Tribal Cemetery on No Kid Road. To-go meals will be provided after the burial. Paula Moody is the head cook.
He attended Lewis-Clark State College and received his Bachelor of Science degree in business administration in May 1995. He worked with a couple of contractors with whom he was involved in constructing Whitman Hospital in Colfax and the Tri-Cinemas in Lewiston. He started his own businesses, LS Contractors (construction, roofing and doing remodels on houses for 22 years) and owned and operated LS Arms and Ammunition. He was known for his ethics and perfectionism in his work. He later dissolved both businesses to pursue an engineering degree.

He returned to LCSC and in April 2014 he received the Presidential Letter of Excellence and was promoted to Presidential Member status in The National Society of Leadership and Success and, in May 2016, received the National Engaged Leader Award for high achievement and success that stood out above others in the Society. He was a lifelong member of The National Society of Leadership and Success. He received his Associates of Science degree in engineering in May 2016. He was a member of the Ski Club and Engineering Club at LCSC.

He attended the University of Idaho and, in December 2018, received his Bachelor of Science degree in mechanical engineering. He then pursued a career in engineering. He worked various contracting jobs while seeking employment and to earn money to pay for his classes. He was pursuing his master’s degree and was to return to the U of I this fall for a degree in electrical engineering.

Larry was an avid outdoorsman. He loved hunting and fishing with his family, grandparents and friends. He also enjoyed skiing, snowboarding, snowmobiling, four-wheeling, sailing, rafting and many other outdoor activities. He enjoyed watching boxing and MMA competitions on television as well as attending live bouts.

He trained in martial arts, built his own workout space, collected some martial arts weaponry and participated in some competitions. He enjoyed learning and experiencing new things, one of which was learning how to do glass blowing. Rich had a lifelong love for aquatic creatures. He maintained several tanks of fish that included some exotic species. He said they were calming and peaceful. He enjoyed reading, music and video gaming.

Rich was family-oriented and helped family members as well as friends whenever asked. He never turned anyone down and at times spread his time thin. He said once that, “It’s family, and I feel we should help anyway we can.” He had a sense of right and fairness since he was a very small child. He had a good sense of humor and sometimes would play little tricks and use puns. He was up on world events and the political chaos. Rich made friends easily and was acquainted with foreign students. He was loved and respected by all who knew him. His father called him his best friend, as did Matthew Klein and Scott Cargill. He was an awesome son and a rock to his mother.

Larry is survived by his father, Larry (Sharron) Schwab, of Clarkston; mother Mary Schwab; sister Siwan Schwab; and companion Tyson Kernin, of Lewiston; nieces and their companions, Amber Elizondo and Forest Hamilton, of Clarkston, and Krystal Elizondo and Ryan Glasser, of Post Falls; six great-nieces and great-nephews; Uncle Art (Teresa) Schwab; and numerous cousins and friends.

Larry was preceded in death by grandparents Ray and Jane Ellen Schwab, Mary Jacobus and Phillip Smith; uncles James Wilcox, David Schwab, Gene Schwab and James Schwab; and great-grandmother Iva Betty Barber. Cremation at his request will take place and a memorial service and celebration of life and dinner will be held at 2 p.m. Oct. 2 at the VFW Hall in Lewiston.
**Fall 2021 General Council Update**

Due to the rise in COVID-19 cases and the prevalence of the Delta variant, the Fall General Council is being postponed until November 18-20, 2021.

**Fall Meeting Options:**
At the beginning of November, the COVID-19 status will be reevaluated and it will then be determined if General Council can be conducted in-person. If not, a Virtual General Council will be held following previously established protocols.

**Elections:**
Election Judges will be accepting electronic nominations for the Fall General Council elections. Elections for General Council Officers and Boards and Commissions will take place. The deadline to submit a nomination is September 15, 2021, by close of business. Late nominations will not be accepted. To make a nomination visit: https://www.surveysmonkey.com/r/21gnoms

**Voting:** Polling stations will be available at the Wéeeyes in Kamiah, the Tewéépuu in Orofino and the Páňiwísas in Lapwai on: September 23 & 24 from 7:00A.M. – 6:00P.M. and September 25 from 7:00A.M. – 12:00P.M.

The ballot count will take place in Kamiah September 25 at 1:00 p.m. and will be broadcast via Face Book Live (@NPT1855). Only nominees or a designee will be allowed on-site and is subject to change based on current Nez Perce Tribe Stage status. All polling stations will follow the active Nez Perce Tribe Stage protocols during that time.

Any enrolled member of the Nez Perce Tribe who is eighteen or over shall be entitled to vote in General Council Meetings or Elections.

**Seats/ Positions up for Election:**

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<thead>
<tr>
<th>FWC</th>
<th>Enterprise Board</th>
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<tr>
<td>Seat 1 One Year..................................Michael Tuell</td>
<td>Seat 1 Three year..................................Gloria Greene</td>
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<tr>
<td>Seat 2 One Year..................................Nickles TwoMoon</td>
<td>Seat 2 Three year..................................Sergio Islas</td>
</tr>
<tr>
<td>Seat 3 Two Year..................................Michael McFarland</td>
<td>Seat 3 Four year..................................Betty Kinzer</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Housing Board</th>
<th>Election Judges</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seat 1 Four Year..................................Betty Kinzer</td>
<td>Seat 1 One Year..................................Melissa Guzman</td>
</tr>
<tr>
<td>Seat 2 Four Year..................................Richard Arthur</td>
<td>Seat 2 One Year..................................Nicole Two Moons</td>
</tr>
<tr>
<td>Seat 3 Three years remaining...............Stacey Kash Kash</td>
<td>Seat 3 One Year..................................Melissa King</td>
</tr>
<tr>
<td>GC Chairman One Year...........................Julia Davis-Wheeler</td>
<td>Resolutions Committee</td>
</tr>
<tr>
<td>GC Secretary One Year...........................Jenny Oatman</td>
<td>Seat 1 One Year..................................Ciara Greene</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Resolution Committee</th>
<th>Seat 2 One Year..................................Alice Spaulding</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seat 1 One Year..................................Melissa Guzman</td>
<td>Seat 3 One Year..................................Margarita Bulltail</td>
</tr>
<tr>
<td>Seat 2 One Year..................................Alice Spaulding</td>
<td>Seat 4 One Year..................................Vacant</td>
</tr>
</tbody>
</table>

For regular updates and more information on seats/positions visit: https://www.nezperce.org/government/general-council/fall-general-council-2021/

**Water Resources Utilities Program**

Starting in September 2021, the Utilities Office will return to doing shut offs for nonpayment of Utilities bills for water/sewer. If your Utilities account is past due, please contact the Utilities office to make arrangements with Priscilla Arthur, Utilities Accountant. If you would like to make a payment over the phone please call the Finance office. Please do not wait until it’s too late!

Contact Information:
Utilities Office: 208-621-3899
Finance Office: 208-621-3838
Email: priscillaa@nezperce.org

**Americorps Recruitment**

Full & Half Time AMERICORPS MEMBERS

Serve your community. Earn money for your education. Be a positive role model. Get. Things. Done. Living Allowance - Flexible Schedule - Professional Development Full Time (11 months): $15,100 Half Time (8 months): $6,800 + Education Award. Work with an on-site supervisor to design a schedule that works for you and your community. Practice skills in leadership, teaching, STEM, and youth programming.

APPLY TODAY:
https://app.smartsheet.com/b/form/0ac0fa73a0b6c478e9e5338dcd63d49d
Questions please call 208-454-7614 or email ntienhaara@uidaho.edu

**SRBA Announcement**

The SRBA Individual Water & Sewer Systems Assistance Program funding has been expended for the 2021 Fiscal Year. Applications for service will continue to be accepted and processed with projects resuming at the beginning of the next fiscal year on October 1, 2021. If you have any questions regarding this matter or wish to learn more about the program, please contact Otta Belle Moody, SRBA Project Coordinator via email: ottam@nezperce.org or by phone: (208) 621-4771.

On behalf of our Henry/Sisto families and especially Isaac (Iceman) we would like to thank you all our Family, Friends, NPT Finance Staff for your generosity, prayers, love and support, you are all simply amazing. We are blessed to be a part of such a great community from the bottom of our hearts Himec’q’is Qe’cl’yew’yew’yew’ (Thank you).
NPTVRS Announcement

The Nez Perce Tribe is returning back to Stage 3 of Idaho Rebounds. With that being said, our Nez Perce Tribe Vocational Rehabilitation Services (NPTVRS) is offering you the current update.

NPTVRS current reminders:
• NPTVRS will continue to provide services by walk-ins, scheduled appointments and phone calls.
• We still require that you have your temperature checked and wear your mask when entering our NPTVRS office.
• We are still providing gloves and masks for your appointment.
• We also offer an orientation of our NPTVRS program for anyone who thinks they are interested and qualifies for our program, including transition students who are Juniors and Seniors in high school.

NPTVRS news stories:
• During the month of September our NPTVRS program is looking forward to completing our World of Work Inc. (WOWI) training level 3 with Dr. Niedhart from Arizona. Dr. Niedhart is the owner of the WOWI program and he assists many other tribes throughout the United States with implementing his WOWI system to better help anyone identify and achieve their career goals.
• Our NPTVRS staff will also like to introduce Mr. Gordon Bennett Jr, as our new NPTVRS Specialist. Our staff is happy to have his contributions as we look forward to achieving many great things within the program.
• Our NPTVRS program currently has five brand new CPUS for our training center. The CPUS are installed with the newest tools of Microsoft office and we encourage those who are participants in the program to stop by and use them to develop resumes, letters and job applications.
• Our NPTVRS program also has openings for any eligible NPTVRS participant who is interested in completing their 16-week apprenticeship carpentry training at the TERO Vocational Training Center that's located in Tulalip, WA. If anyone who meets our NPTVRS qualifications and is interested in the 16-week apprenticeship please feel free to contact us.
• Our NPTVRS program is still offering efficient assistance to those who qualify for our program with a diagnosed disability that want to sign up for labor work such as flagging, welding, truck driving, solar panels, the 9 pieces of equipment training, and much more within construction work. Our program also offers assistance in other work areas as well. For example, Massage Therapy and Vo-Tech school for those who are interested in that type of employment/workforce trainings. Another area of interest our program offers help in is medical coding and office support development skills through LSCC workforce trainings.
• We also keep close tabs on the recent job openings located within the Lewis-Clark Valley. The NPTVRS program encourages any participant who is currently enrolled in the program to stop by and we can help assist with employment opportunities.
• Our NPTVRS fiscal year ends on 9-30-2021 and our program seeks your recommendation on cultural activities that we can include for the new fiscal year starting on 10-1-2021.

NPTVRS contact info:
• Our new office location is at 271 B, St Lapwai, ID in the Nez Perce Tribe Education building. Please use the Voc. Rehab main entrance, which is located on the side of the building near the softball field.
• Our direct contact lines 208-843-9395 for any further assistance.
• You may also contact us via our NPTVRS Facebook page at https://www.facebook.com/Nez-Perce-Tribe-Vocational-Rehabilitation-Services-112076830710100. We consistently update our page with important and helpful information for the community, therefore swing on by and give our page a follow, we greatly appreciate the continued support.
• Our NPTVRS program also has our brand-new online Survey Monkey available for the community as well. Please follow the link at https://www.surveymonkey.com/r/3X6VTX. We would really appreciate your feedback.
• Our NPTVRS office hours are Monday-Friday 8:00 am to 4:30 pm and our staff will be happy to assist you.

October is Domestic Violence Awareness Month

Virtual Lunch & Learn

Join ‘Úuyit Kímti Program Safety & Wellness Advocate Rick Hernandez as he shares “How to Create a Safety Plan in Unsafe Homes.”
This tool is important for survivors of violence as well as supportive family, friends, & colleagues.

Please call 621-4778 to receive link or email AntoinetteP@nezperce.org

First 15 to sign up will receive a brown bag lunch provided by Nimiipuu Health Community Health.

Announce the Virtual Scavenger Hunt

Participate for a Nez Perce Tribe ‘Úuyit Kímti Program Domestic Violence Awareness 2021 T-shirt!

Submit pictures completing 3 of the following tasks:
• Physical task: walking, dancing, swimming, running.
• Cultural task: sewing, gathering, dancing, preparing sweat.
• Community task: football or volleyball game, local event, pick up trash.
• Educational task: Pledge anti-violence, attend Lunch & Learn, share what you can do to end violence on our reservation.

Tag Nez Perce Tribe ‘Úuyit Kímti Program Facebook page or email pictures AntoinetteP@nezperce.org and pick up a free domestic violence awareness t-shirt!

“This project was supported by Grant No.2018-IB-AX-0012 awarded by the office on the Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in the publication/program activities are of the author(s) and do not necessarily reflect the views of the U.S. Department of Justice.”

Pik’unma’aayq’áal | September
1. Boss Heating & Air Conditioning, LLC
Owner: Oscar Guzman Jr.  Enrollment: Nez Perce Tribe
3538 Hatwai Rd. Lewiston, ID 83501
Phone: 208-743-9484  Fax: 208-743-9629
Email: oscar@bossheatingandac.com

2. D-Flagging & Traffic Control LLC
Owner: Diana L. Warden  Enrollment: Nez Perce
3344 Hwy 12 W. Tr.B Kamiah, ID 83536
Phone: 208-451-4915  Fax: 208-935-1301
Email: dianalwarden@msn.com

3. D-3 Native Wood Works, LLC
Owner: Bradley C. Dreadfulwater  Enrollment: Cherokee
624 Washington Av. Grangeville, ID 83530
Phone: 509-547-0349
Email: braddr@hotmail.com

4. Falcon Construction
Owner: B. Nicole George  Enrollment: Nez Perce
2812 Meadowlark Dr. Lewiston, ID 83501
Phone: 208-791 3882 / 208-843-2341  Fax: 208-746-2035
Email: montie.phillips@yahoo.com

5. Hipeexnu kii U Nuun Wisix, Inc.
Owner: Bessie Walker  Enrollment: Nez Perce
P.O. Box 415, 128 Joseph St., N. Lapwai, ID 83540
Phone: 208-816-6552
Email: www.hipeexnu.org

6. Jason Hendren
Owner: Jason Hendren  Enrollment: Nez Perce
39946 US Highway 95 Spalding, ID 83540
Phone: 208-816-6552
Email: www.ripeexnu.org

7. J. Marek Construction
Owner: Jared Marek  Enrollment: Nez Perce
150 Red Tail Lane Lapwai, ID 83540
Phone: 208-791-9056

8. Kamiakin Systems Integration
Owner: Caleb Carter  Enrollment: Yakama
1126 14th Av. Lewiston, ID 83501
Phone: 509-494-4474

9. L & R General Contracting
Owner: Levi Holt/Randall Fuhs  Enrollment: Nez Perce/Turtle Mtn. Chippewa
P.O. Box 414 Lapwai, ID 83540
Phone: 208-848-6828/208-790-8948
Email: levijholt@gmail.com

10. MB Plumbing
Owner: Marvin Boyd
928 8th St.  Enrollment: Chugach
Clarkston, WA 99403  Phone: 509-751-6018

11. McFarland Enterprises
Owner: Michael D. McFarland  Enrollment: Nez Perce
25028 Cottonwood Creek Rd. Culdesac, ID 83524
Phone: 208-843-2353/208-816-2657
Email: michaelmcfarland566@gmail.com

12. Nez Perce Tourism, LLC
Owner: Stacia L. Morfin  Enrollment: Nez Perce
P.O. Box 57 Lapwai, ID 83540
Phone: 208-790-8873
Web Site: nezperce tourism.com

13. Tiny Tots Learning Center
Owner: Santee Penney & Bobbi Penney  Enrollment: Nez Perce, Shoshone Bannock
P.O. Box 158, 357 Agency Rd. Lapwai, ID 83540
Phone: 208-935-8587
Email: tinytotslapwai@gmail.com

14. Tribal Headway Construction LLC
Owner: Paul L. Oatman  Enrollment: Nez Perce
126 Skyline Dr. Kamiah, ID 83536
Phone: 208-935-8959

15. Tribal Risk and Insurance Solutions, LLC
Owner: Heather S. Ott  Enrollment: Hopi
1835 S Extension Road, Mesa, AZ 85210
Phone: 800-274-1379  Fax: 480-730-4929
Web Site: www.trisllc.com

16. Verge
Owner: Lewanne Teasley  Enrollment: Nez Perce
P.O. Box 1, Lapwai, ID 83540
Phone: 208-790-0022  Fax: N/A
Email: onthevergesince1855.com

17. White Shield, Inc.
Owner: Stuart Frick  Enrollment: Three Affiliated Tribes
320 N. 20th Av. Pasco, WA 99301  Phone: 509-547-0100
Email: sfricke@whiteshield.com  Fax: 509-547-8292

18. WW Transport LLC.
Owner: Walter Williams  Enrollment: Nez Perce
1276 West Lake Rd. Ferdinand, ID 83526
Phone: 208-962-5926

Job Opportunities

NPT, NMPH, Enterprises Job Announcements
https://nezperce.org/contact/employment/

Temporary Job Announcement
The Nez Perce Tribe General Council is currently seeking dependable, hardworking TELLERS and SERGEANT-AT-ARMS to assist with Fall General Council, Boards & Commissions Elections in all three Communities: LAPWAI, KAMIAH and OROFINO. Applicants must be an enrolled member of the Nez Perce Tribe and age eighteen (18) years or older. College students and/or unemployed individuals are preferred. You must commit for the full three days.


Subject to change due to impacted by the COVID-19 Pandemic.
Nez Perce Tribal Directory, Updated Aug. 2021

Applications

**Nez Perce Tribe Employment Application**

**Nez Perce Tribal Enterprises Donation Request**

**Nez Perce Tribal Enterprises Application of Employment**

**Nez Perce Tribal Police Employment Application**

**Request Ceremonial Fish Application**

**Fall 2021 Scholarship/Higher Education Enrollment**
https://nezperce.org/wp-content/uploads/2021/05/Flyer-Scholarship-Fall-2021.pdf (**Deadline is Sep. 15**)
SUNDAY - THURSDAY 8am-12am
FRIDAY - SATURDAY 8am-2am
crcasino.com

SUNDAYS IN SEPTEMBER
Earn 100 points per entry to be eligible to win $300 each week!
10AM - 7PM

SUNDAY - THURSDAY 9am-10pm
FRIDAY - SATURDAY 9am-12am
crcasino.com

September 26th 4pm

Life’s Good (LG) GIVEAWAY

Win a LG Home Theatre Package!
Earn 200 points per entry.
Cash consolation prizes to follow:
5PM $500, 6PM $400, 7PM $300!

75” LG Class – UN85T0 Series 4K Smart TV & LG SN7R 35” 5.1.2 Channel High Resolution Home Theater Sound System with Dolby Atmos!