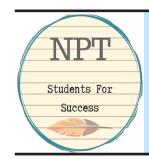


Mental **Health Awareness**

Pages 4 & 5



Students For Success

Page 14



Nimiipuu Ha'áyat **Parade**

Page 16



Leaders Lead by Example; NPTEC Welcomes Three New Members



Nez Perce Tribal Executive Committee members from left to right: Liz Arthur-Attao, Shirley J. Allman, Samuel N. Penney, Ryan Oatman, Shannon F. Wheeler, Arthur Broncheau, Casey Mitchell, and Quintin Ellenwood. Not pictured: Rachel Edwards. (Photo by Ryan Oatman)

The spring 2021 general council was held in Kamiah on May 6th, 7th and 8th.

spring The 2021 General Council was the Tribe's first in person appearance since the global pandemic first occurred.

Wheeler Shannon honored the memory of each tribal member lost in the past year with a moment of silence to provide condolences to the families.

provided by Wheeler covered the stabilizing govern- Tribal Police Department Cap-

ment, federal government and state government. The report covered topics such as Nimiipuu land, industrial hemp, national archives litigation, United States vs. Cooley Supreme Court Case, protecting the Nimiipuu treaty buffalo hunt and opposing the Stibnite Mine.

The Emergency Operations Center Report started off with Dr. R. Kim Hartwig, Medical Director at Nimiipuu The chairman report Health, and was followed by Marty Antone, Nez Perce

tain and Emergency Operations Incident Commander.

Dr. Hartwig answered questions pertaining to the virus and the after effects in patients who test positive for COVID-19. She stated that as of that day, the Nez Perce reservation had less than 3% positive cases. Dr. Hartwig also explained the stages of the pandemic and encouraged anyone questions to ask her at General Council, stating she'd be happy to cover concerns.

prises have successfully managed through the pandemic. Businesses are continuing the process of returning to full, normal operations. Events at the Clearwater River Casino will resume June 5th with tributes to Prince and

Michael Jackson. The Purple Xperience and I Am King will be the first concert since March 2020 for the Casino.

There are opportunities to expand on gaming on the Nez Perce reservation as well as in washington and Oregon in the future. "The Enterprises will continue pursuing these initiatives with the expectation that at some point in the near future we will have a business presence throughout our original homeland," said Kermit Mankiller, Nez Perce Tribal Enter- Enterprise Executive Officer.

> Mankiller also touched base on the construction to take place this year to build an overpass at the Clearwater River Casino. He gave a shout out to the Nez Perce

> > **Continue Reading Platform** on Page 3



NIMIPUU TRIBAL TRIBUNE

The Nimiipuu Tribal Tribune is published twice a month, on the first and third Wednesday. Our mission is to publish a timely and credible resource for our loyal readers and provide local information relevant to the Nimiipuu people and surrounding communities. Our vision is to disseminate content of interest to readers and to ensure this news publication is accessible by all.

In an effort to be more environmentally friendly, we are working to cut down on paper waste and printing cost. Hard copies will be available upon request only. Enrolled Nez Perce Tribal members are able to receive hard copies at no cost (limit one per household). For businesses and non-enrolled Nez Perce Tribal members, the hard copy subscription fee is \$36 annually. The online version is free for everyone. Subscribe today!

For more information regarding submissions, subscriptions, classified ads, display ad rates, dates and deadlines, visit: http://nezperce.org/government/communications/

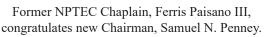


Contact: Chantal C. Ellenwood 208-621-4807

chantale@nezperce.org
Mailing: P.O. Box 365

Physical: 120 Bever Grade Lapwai, ID 83540







James Spencer stands with NPTEC Secretary, Shirley Allman after congratulating her on her successful win.



Former NPTEC member, Mary Jane Miles, congratulates new NPTEC member, Ryan Oatman.

Platform Continued from Front Page

Tribe Transportation Program for their perseverance in securing over \$19 million for this improvement that will provide a safe entrance and exit from the property. "Master planning is already underway to design the future layout of the Clearwater River Casino property," said Mankiller. "The planning includes expansion of the hotel, relocation of the Nez Perce Express store to the south end of the property,

the addition of retail and office spaces, and other amenities to serve the needs of customers and entrepreneurs."

The Nez Perce Trib-Executive Committee (NPTEC) welcomed three new members. Ryan Oatman had 319 votes while Mary Jane Miles had 205 votes. Samuel Penney had 273 votes to Ferris Paisano's 254 votes. Shirley Allman, who was selected to fill the vacant seat in December 2020, was voted in with 403 votes to

James Spencer's 117 votes.

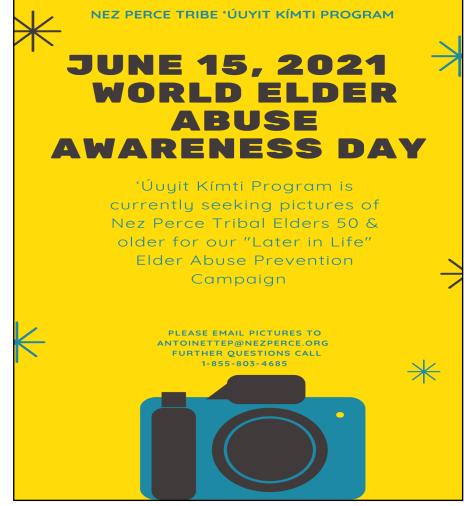
Though Miles, Paisain the final elections, they congratulated Oatman, Penney and Allman as the Tribe is moving forward; there love it, no hurt feelings, but heart felt hugs. Leaders lead by example," said Liz Arthur-Attao, NPTEC member.

Penney was voted Wheeler committee. was voted Vice-Chairman, All-

man was voted Secretary, Casey Mitchell was voted no, and Spencer were beat Treasurer, Liz Arthur-Attao was voted Assistant Secretary/Treasurer, Arthur Broncheau was voted Chaplain.

We are all in a new were no unhappy faces. "I day and a new age, especially after the COVID-19 pandemic, we will never be the same. As the Nez Perce Tribe faces forward and progresses into the future, we to NPTEC Chairman by the continue to excel. Remembering the past and what was done for us to be here today.





How Overthinking is Sabotaging your Mental Health & What You Can Do

By Shraddha Kamdar, Femina

Your thoughts create emotions and it is easy to be plagued with negative emotions like fear, worry, and stress by overthinking on a certain matter. Before talking about what overthinking is doing to your mind, you need to know what overthinking is.

You reflect on a past action that resulted in negative consequences. Then, you start to worry about all the things that could possibly go wrong in the future. This behaviour is said to be self-sabotaging when it creates problems and interferes with long-standing goals. With each passing thought, you feel yourself sinking into a low mood. If this sounds like you, you may be suffering from overthinking.

Overthinking is often an unconscious thought or behav-

iour that is in direct conflict with our desire to succeed and goes directly against what we need or want to do. Now that you know what overthinking is, you need to understand how it is impacting your mental health.

This is the first impact. When you overthink, it tires your mind resulting in mental fatigue which leads to fatigue in body or the feeling of "I don't feel like doing anything today."

When you overthink, you actively prohibit your mind from thinking about productive, useful solutions to the problem and this is the second step towards ruination your mental health.

Anxiety comes from worrying about the future, and depression comes from worrying about the past. Overthinking about the future prevents you from being in the present moment. Too much anxiety can make you miserable and

mentally exhausted; therefore, you will feel exhausted and sometimes depressed because your life is being caged in your emotions that were created by excessive thinking.

If you find any of these relatable, here are some helpful tools I would recommend you to practice:

- Take actions by dealing with your ruminating thoughts. Putting something off can be a trigger for even more rumination and the best way to reduce is to take action wherever possible. If it's a stressful situation to deal with, take small steps to solve it. Deal and get done with it.
- Another way to reduce overthinking is to identify your triggers. For one week, specifically identify when and where you ruminate. Keep a note of the time, what you are doing and where you are. See if you can

change your habits at that particular time and location in order to reduce excessive thinking.

- Practicing mindfulness meditation helps you focus on simple tasks like taking note of sight, sound, smell and touch. It sounds simple but it can be a great tool.
- Lastly, you need to understand that it is OKAY to seek help from an expert. When you think that nothing is working out for you, visit an expert without worrying about what people might think. Going to an expert does not mean you're crazy in fact, it is the smartest thing you could do in such situations.

Take enough time to understand your trigger points. This will guide you through with simple activities that you can do in your day-to-day life and be mindful of your thoughts.

Nimiipuu Health is pleased to welcome Mr. M. Mitch Roubidoux II, to the team! Mitch is a Nurse Practitioner. He worked at St. Joseph's Regional Hospital for 3 years, and was also a traveling critical care nurse for a time. He trained to be a Nurse Practitioner in Baltimore. Mitch grew up in Lewiston, Idaho. He is an enrolled member of the Ioway Tribe of Kansas & Nebraska. He is happy to be working here, and pleased to be able to learn from fellow team members such as our Medical Director, Dr. R. Kim Hartwig, and Nurse Practitioner, Miles Robinson. In his off-time, Mitch enjoys being outdoors. He particularly loves to go boating, fishing and hunting. Welcome Mitch, we are happy to have you on the team!





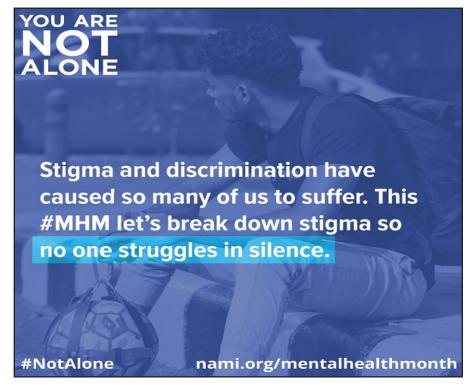


Don't Struggle in Silence; You Are Not Alone

By Karen Hendren, NMPH Behavioral Health Director

Even though we have seen less stigma in reaching out for mental health treatment, there is still a lot of work to do. Everywhere you look there are articles about the importance of taking care of your physical health, including eating balanced meals, getting exercise, and making sure we get our yearly screeners. There has not been the same focus on tending to our mental health and spiritual needs.

COVID has taken a huge toll on most of us. The isolation, fear and saturation of news about this virus on television and other social media outlets has been overwhelming. An area of great concern is the rise in suicide completion and attempts. The CDC reports that Idaho had the biggest drop in completed suicides in 2019. Unfortunately, the rates increased significantly in 2020 to "record levels". There is no way to know if COVID is to



blame, however this past year has created significant challenges in all areas of our lives, and it would make sense that the increase is partially related to the pandemic and negative effects on mental health.

Over the past several months, Nimiipuu Behavioral Health has experienced an increase in substance use disorders, mental health crises, homelessness, domestic violence incidents and inpatient treatment placements. Our clinicians, medical team and entire clinic have worked tirelessly to do their best to take care of our community members and at the same time, tend to their own families and self-care. I would like

to thank them for dedication.

Our community can make a difference by encouraging family and friends who are struggling with depression, anxiety, other mental health issues, or a substance use disorder to reach out for help. Our department can refer them out if they are not comfortable with seeking treatment in their own community or would rather go to an outside agency. We have grant money that may help pay including those who only have "Direct Care". We cannot "force" anyone to get help but with encouragement from family and friends we can work together to get them the help they need. Stay well!

If you are in crisis, get immediate help:

- Call 911
- National Suicide Prevention Lifeline:
- 1-800-273-TALK (8255)
- Veteran's Crisis Line:
- 1-800-273-TALK (8255)
- Nimiipuu Behavioral Health 208-843-7244



Nimiipuu Health Contact Tracers



If you were potentially exposed to or were tested for COVID-19, you may have spoken with one of these lovely ladies. We have had three contact tracers on site, working diligently, since December 2020. Nimiipuu Health has been providing services and following the Center for Disease Control (CDC) guidelines, to ensure the safety of our families and community members, contact tracing has been a huge part of this. They have been reaching out to members of the community assisting with information as needed and follow-up calls to ensure proper quarantine and isolation procedures are followed. It has been a year for everyone, since a global pandemic of this scale has not been seen for a very long time. We give thanks to several people that dedicate their time and energy towards helping others, and these ladies are a shining example of this. Introducing Carmen Payne, Yvette Whitman and Tina Holt.

Carmen has worked for the Nez Perce Tribe (NPT) for 35 years. Twenty of those years she spent working in the Safety Program. She has been with Nimiipuu Health now for six years, Contact Tracer being her current title. During her off-time, Carmen

enjoys doing yard work, landscaping, and spending time with her family. She has one cat named Lovey. One thing people may not know about Carmen is she is a firm believer in angels. Carmen truly enjoys working with the Community Health team. As for the other departments in Nimiipuu Health she says, "Everyone has been so kind to me! I love all of you. You all work so hard. I hope I can hang in here a little longer." One quote that Carmen would like to share is by Kahlil Gibran, "Work is love made visible. It is when you give of yourself that you truly give."

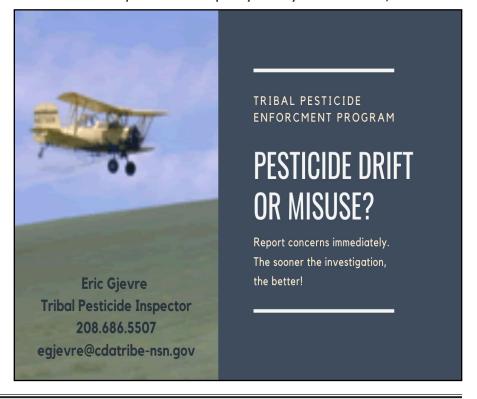
Yvette was working in Medical Records and in Transportation last year, before receiving the Contact Tracer position. She is very proud of our people for following proper safety precautions during this global pandemic. Currently Yvette is looking forward, after healing from her past. She says, "I am in a better place in my life, working on spiritual growth, forgiveness and understanding. My inspiration is the Arts, I am designing, working with paints, beadwork, and writing. I am taking classes on and off the reservation finding my tribe or others who have the same interests as I do." Her daughter Thyais, and Grandchildren, Sicily and Tyreese are a huge part of that tribe. They are taking classes on their own time and learning more skillsets.

Yvette is a Lewis Clark State College Alumni, receiving her bachelor's degree in Communications, the Arts, and Business. She was the Editor for the Tac' Tito'ogan Newspaper for Nez Perce Tribal Enterprises for nearly ten years and a reporter for three years. Having learned a lot throughout her years of experience in marketing, sales, construction, medical record keeping, data processing, editing, the arts: acting, writing, voice, makeup/hair, fashion design, dance, storytelling, and photography, Yvette applies herself, to learn all that she can.

A few words Yvette loves to live by are, "Learn to receive, knowledge is the key to unlock all possibilities." Prior to coming on board with us here at Nimiipuu Health, Tina worked at California Indian Manpower Consortium (CIMC) in Bishop, CA for two years. While working there, she helped the local native population with attaining sustainable occupations, vocational training, General Education Diploma's (GED) and admissions to College for a better future. It was a humbling experience for Tina and taught her a lot of compassion. Helping the native communities is a passion for Tina. She says, "The smiles always say it all."

Tina grew up in Long Beach, CA and has two beautiful daughters and three grandbabies. Later in life she decided to go back to school for Administration of Justice at Long Beach Community College (LBCC). Tina enjoyed attending school and worked hard to be on the Dean's List. Tina moved to Bishop, CA in 2014, and last year in March 2020 relocated to her Nimiiupuu Homelands here in Lapwai. "I am excited to learn our Cultural ways, hands on. I enjoy my family history and stories I hear from people I meet are always speaking highly of my grandparents and family. Most of all I look forward to walking the grounds my Ancestors fought hard for as I grow old, appreciating their hard work that we need to pass on to our next generation."

A few words that Tina would like to leave us with are, "Always smile, say hello, and always have kindness for all. Whether it is an individual, animal, or bird. The Trees, flowers and water treat everything respectfully. Sometimes you never know what moment made a person smile or the animal spirit happy to feel your love. Those are the moments I strive for. Q'ecii yew' yew' Creator, for all."



Stickler & Hart Retire from Nimiipuu Health Pharmacy & Dental





Nimiipuu Health has recently had two major players on the team retire. Janet Stickler, worked in the NMPH pharmacy for 11 years, and Gloria Hart, in Dental for 30 years. It is truly an honor for us to have such loyal employees like these two dedicated ladies.

Born and raised in Columbus, Ohio, Janet Stickler earned her Doctor of Pharmacy (PharmD) degree at Ohio Northern University in 1978. She has a husband, Jim who has been retired for some time now, and a stepson Ian, who lives in the Boise area. After working in pharmacy altogether for 45 years, Jan is ready to retire.

Jan started working part-time with NMPH in January of 2010. Previously she worked in retail pharmacy at Albertsons for 15 years, 12 of which, she was the manager. The part-time position at the NMPH Pharmacy was the perfect fit for her.

A few things Jan loved about working with NMPH was that they research everything to ensure our patients are receiving what they need. Also, they take time to meet with patients (pre-COVID) if they would like to talk about how to take their medications, or if they have questions. Another reason she loved working here was, the pharmacy team members all step in for each other and help where needed.

Jan is sad that she will miss the future changes, planned for the NMPH Pharmacy, but she said, "It is time." She planned to retire a year ago but chose to stay on and help the community amid a global pandemic. We sincerely thank her for that consideration. Heather Weddle, Chief Pharmacist of NMPH says of Jan, "She will be deeply missed. She brings a lot to the department and she is not replaceable."

Jan's plans for retirement include traveling and taking pictures. She dabbles in photography, taking beautiful photographs of places she has seen. The first trip is planned already with Southern Utah and Colorado visits.

Gloria Hart has been working in NMPH Dental for 30 years. She started as a

high school Intern as a part of a summer youth program back in 1969. She remembers when the clinic was in a small trailer. They operated out of two small rooms and were responsible for their own lab work. Gloria remembers the fun times they had in that small workspace and misses working with her exceptionally good friend, Cynthia Blackeagle. She reminisces saying, "We had some VERY good times back in the day."

After working at NMPH for several years, Gloria relocated to the Tri-Cities, worked in dental at La Clinica, a clinic that services low-income patients as well as migrant workers. She later returned to the Lewis-Clark Valley and worked in Clarkston, Washington as a social worker. Because of her quality care for our community and a NMPH need, she was contacted by once more and offered a position in our dental department.

After all the years Gloria has dedicated to Nimiipuu Health, she is moving onto the next chapter in her life. A few things that she will miss include being involved (and

winning) in several parades and Halloween costume contests. She will also miss her lunch group, to which she says, "They know who they are." She had her own special spot at the head of the lunch table. Throughout her time at NMPH, she has met a lot of good people and has seen many faces come and go. She made a joke about some doctors inquiring to take her with them when they left which reflects the value of her to our team.

Gloria, being the youngest in her family, is the last to retire. She has a family get-together at her house every Friday night, and now she will officially be a part of the retiree crew along with her siblings. She is looking forward to traveling and will be leaving for her first trip within a week of retirement. She also has a trip planned to France in October.

Nimiipuu Health wishes Jan and Gloria the best of luck and we are filled with gratitude for everything they have done for the people of this community. Happy retirement, you will be missed.

Top Chef Gets a Taste of the First Foods

By Antonio Sierra, East Oregonian

CASCADE LOCKS — For its 18th season, "Top Chef" tried to make the most of its Oregon location.

Throughout the reality cooking show competition, chefs from around the country were asked to cook with craft beer from Portland, fruit from Hood River and wine from the Willamette Valley.

But for the season's sixth episode, which premiered on Thursday, May 6, the production ventured from Portland to Cascade Locks, where contestants were challenged to work with ingredients that predate Oregon's status as an American territory, much less a state — the Confederated Tribes of the Umatilla Indian Reservation's First Foods.

The First Foods — water, fish, wild game, roots and berries — are not only cuisine, but a fundamental aspect of life for the Umatilla, Walla Walla and Cayuse peoples since "time im-



CTUIR Board of Trustees member Armand Minthorn, center, holds a plate during filming of an episode of "Top Chef' in Cascade Locks last year. Also, pictured are Board of Trustees Chair Kat Brigham, left, and Vice Chair Jeremy Wolf.

(Photo by David Moir/Bravo)

memorial," a collection of foods that inform the Tribes' yearly activities and rituals and a motivating factor in the CTUIR's environmental protection efforts.

Behind the scenes with the CTUIR: During the first half of the episode, the chefs blindly selected a knife labeled with a fish or meat, and then were ordered to pair with another contestant to make a surf and turf dish revolving around the theme of First Foods.

Several chefs remarked about the pressure they felt,

not only to please the judges and advance to the next round of the competition, but also to honor the Brighams and the CTUIR's culture and heritage.

"At the end of the day, we have to cook for the judges, but I need to pay homage to these people," Maria Mazon, a chef from Tucson, Arizona, said during the show. "I feel blessed."

The contest opened and closed with Armand Minthorn, a member of the CTUIR Board of Trustees and a tribal elder, who delivered a Washat prayer to begin proceedings, and then made some remarks as it drew to a close.

"When those Indian foods began to grow, they prepared themselves for today," he said. "And because you cooked our food, our food knows who you are now. You've honored us today."

Two days worth of events at Cascade Locks were edited down to 45 minutes, but the slickly edited package belied

> Continue Reading Top Chef on Page 9







1ST ANNUAL BREAKFAST FUNDRAISER

"Nurture the Kids"

Date: May 27th, 2021

Starts at 8:30am

Where: Boys & Girls Clubs of the Nez Perce Tribe | 104 Agency Rd, Lapwai, ID. 83540

Attendees will need to RSVP by Monday, May 24th 2021 with Unit Director Josilin Peters at Josilinp@nezperce.org or (208) 621-3877

Featured Guest Speakers



2021 BGCNPT <u>Youth of the Year</u> Sierra Leighton



Boys & Girls Club Alumni Micah Bisbee

Top Chef Continued from Page 8

the months of preparation and coordination between Magical Elves, the production studio behind "Top Chef," and the CTUIR.

Doneen Arquines, a producer with Magical Elves, said the process started when "Top Chef" began scouting locations after committing to basing their 18th season in Portland.

"Top Chef" soon connected with Brigham Fish Market, a Cascade Locks business run by sisters Terrie Brigham and Kim Brigham Campbell, who are both enrolled members of the CTUIR.

As the producers learned more about the sisters and the Tribes, they decided to expand their focus to encompass the Tribes and the First Foods.

Magical Elves reached out to the CTUIR in early 2020 and eventually connected with Wenix Red Elk, a public outreach and education specialist for the CTUIR Department of Natural Resources.

Red Elk said she and a group of tribal members went out and gathered roots and berries for the production, eventually providing "Top Chef" with First Foods like duck potato, elderberries, huckleberries and chokecherries.

Red Elk said she requested Pacific lamprey be included as one of the ingredients, but with fresh lamprey unavailable in September when the episode was shooting, the show decided to substitute catfish for lamprey.

The production crew also wanted fish from Brigham Fish Market and to film a fishing session with the sisters. But with filming coming relatively late in the season, Terrie Brigham said they couldn't provide whole fish that time of year and opted to do a fishing demonstration instead.

The CTUIR sent a contingent of tribal leaders to Cascade Locks for the filming of the episode, providing the contestants and the television audience with an introduction to First Foods, and then tasting the completed meals along with the judges the following day.

Filming in the midst of the COVID-19 pandemic, "Top Chef" had strict protocols for its Portland season. All contestants stayed in a bubble at their hotel when not on location, and all guests, including the CTUIR members, had to test negative multiple times and self-quarantine before arriving.

The production also had to deal with the temperamental weather of

the Columbia River Gorge.
Cascade Locks experienced heavy rain on the first day of filming. Arquines said they had to scrap plans to film on nearby Thunder Island and instead relocated most proceedings to a riverside tent.

"Top Chef" got some karmic balance when the second day of filming included sunny skies and a rainbow, but Terrie Brigham was caught off guard in a different way.

Brigham said she arrived on set unaware that she would be on camera with the rest of the CTUIR group. She hadn't dressed in tribal regalia like the rest of the members present, but she decided to go with the flow.

"There I sat, in my sweatshirt and my hair pulled back," she said, laughing.

Kat Brigham, the chair of the CTUIR Board of Trustees and Terrie's mother, said the food was delicious but prepared very differently than what the tribal members are used to.

The winning dish was a smelt-crusted rabbit loin, while other cooking teams paired their dishes with molé, a Mexican marinade and sauce.

Lessons learned: The episode ended with two chefs eliminated from the competition,

but Arquines hoped the viewers took away something deeper.

"I think that the Pacific Northwest tribes definitely have an abundance of beautiful ingredients around," she said. "We wanted to show that off, and I think that the reverence that you'll see from the tribe, and from the chef's cooking for the tribe, or the ingredients is really special."

For the Tribes, they got the chance to share with a potential audience of millions the importance of First Foods and the tribes that they feed.

"We learned a little bit more about how 'Top Chef' operates and all the processes that they go through," she said. "But they also learned from us about ourtradition, our first foods. I think it was a good day for all of us."

Red Elk remembered when Mariah Watchman, an enrolled member, competed on American's Next Top Model in 2012, and the Tribes organized watch parties. The pandemic meant there will be no watch parties, but Red Elk was still excited to see the result.

"It's really exciting to watch it," she said in an interview before the episode aired. "We're going to tell a little bit about where our foods are coming from and highlight the Tribes."

2021 College Graduates



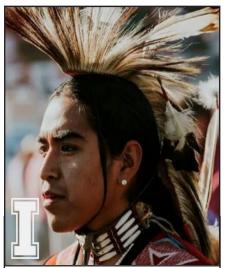
Kiara GarciaLewis Clark State College
Bachelors
Social Work



Lautiss Shebala University of Idaho Masters Natural Resources



Winter Hayes
University of Idaho
Juris Doctorate
Emphasis in Native American Law



Easton Powaukee
University of Idaho
Bachelors
Fishery Resources



Lincoln CarterWashington State University
Bachelors
Kinesiology & Athletic Training



MyKel JohnsonWashington State University
Masters
Strategic Communication



Rachel Evelyn Ellenwood

Washington State University

Masters

WSU College of Communications



Sienna Reuben University of Idaho Masters

SUBMITYOUR GRAD PHOTOS Please include a photo along with school and degree. Email: communications@nezperce.org

WSU Nursing Researcher Leaves Legacy of Proper Research Development for Native American Communities

Randall received her doctorate from WSU College of Nursing in 2018, contributed to proper research development



Leslie Randall became an expert in maternal-child health among Indigenous communities. (Photo from Liam Randall)

Eliza Callis, The Daily Evergreen

After fighting a yearlong battle with myeloid leukemia, WSU alumna Leslie Randall passed away on March 1, leaving behind a legacy in Native medical research and advocacy for education.

Leslie graduated with a doctorate in nursing in 2018. Her research was focused on Native maternal and child health.

As a mother and member of the Nez Perce tribe, Leslie focused on maternal-child health among Indigenous communities, said Roberta Paul, WSU Director of Native Health Studies.

Leslie dropped out of high school then received her GED and a scholarship to St. Edward's University in Austin, Texas, said her husband Liam Randall. Leslie did not finish her degree and moved back to the Nez Perce reservation in Idaho.

Leslie was a single mother when she completed her bachelor's degree in nursing in 1988 from Eastern Oregon University, Liam said. Later that year, Leslie and Liam got married. They had a son together in 1992.

While studying for her doctorate, Leslie focused her

research on Native women because she saw that researchers and health professionals often overlooked women in Indigenous communities, Liam said. Leslie's dissertation was titled, "My story, your story, our story: Grief and Loss of a Child in a Tribal Community."

"Her dissertation was very heartfelt," Paul said. "She lost a child and her research was on other women and men on our reservation who had dealt with losing a child."

Leslie's oldest son died in 2009, which increased her interest in maternal health care, Paul said.

Leslie worked in Arizona on the Navajo Indian Reservation as a labor and delivery nurse, Liam said. Leslie also worked in health care in Hawaii, South Dakota, Nebraska and Iowa.

Leslie co-founded the Native Research Network in 1997. The organization created a community of researchers for Native Americans across the continental U.S., Alaska, Hawaii and Canadian First Nations. Liam said Leslie worked as a co-chair for seven years.

"She would advocate for students who wanted to go

into nursing or health care," he said. "She had a broad network of associates and colleagues across the country."

Leslie also worked in the education department with the Nez Perce tribe program called Students for Success, Liam said.

"At the time that Les-

lie graduated, there were only about twenty Native American [doctorate students in nursing] in the entire U.S.," Paul said.

Paul said Leslie was an excellent researcher and contributed to the development of proper research protocols in Native American communities.





Project by NAHOVA, which stands for "Native America Hear Our Voices Arise"

Please Contact:

Students for Success located at

271 B St. Lapwai, ID

Abraham Broncheau, Director

(208) 621-4613 or Email

abeb@nezperce.org

Scherri Greene, Community Assessment Coordinator

(208) 621-4611 or Email scherrig@nezperce.org

"Photo Voice is a participatory action research that can identify, represent, and enhance our community through a specific photographic technique."





Who:

- Young adults (18-24)
- Parents of (youth or young adults)
- Youth (13-17)

*Photographers must live on or near Nez Perce reservation and Nez Perce tribal members or descendants.

When: Sign-up by May 14, 2021.

Participants will be notified for photo voice training by SFS staff.

\$25 Gift cards (choice of Dutch Bros, Amazon, Conoco) for <u>ALL</u> participants, once completed.



Small Schools Hold Their Own

Class 1A athletes win 13 events in District II Meet of Champions



Clearwater Valley's Preston Amerman celebrates after coming from behind in the final lap to win the boys 1600 at the District II Meet of Champions at Vollmer Bowl in Lewiston. Amerman, a senior, had a personal record in the race along with a win and a personal record in the 800. (Photo by Pete Caster, Lewiston Tribune)

By Dale Grummert, Lewiston Tribune

Although sophomore sprinter Dylan Rehder runs for Moscow High School, his family is rooted deeply in Cottonwood, population 900 or so.

So he has a sense of how small-school track athletes savor the chance to compete against Class 4A and 5A opponents in the District II Meet of Champions.

They didn't catch him by surprise. But not every large-school representative could say the same.

Rehder erased a 15-meter deficit against the small private school Logos on Thursday to anchor the Bears to victory in the boys' 1,600-meter relay and cap the annual gathering of the district's best athletes in all enrollment classes.

Small schools, revved by

the tougher competition, got in plenty of licks in a meet at Vollmer Bowl in Lewiston that sometimes looked like a duel of 1A athletes against Moscow.

In conditions that began toasty and ended up blustery, the final count was 13 victories for 1A schools, five for 2A Orofino, 13 for 4A Moscow and five for 5A Lewiston. As always in this meet, no actual team scores were tabulated.

In the relay, Logos entered with a seed time more than 10 seconds slower than Moscow's, but the Knights jumped to an immediate lead and maintained it until Rehder made his move on the final backstretch. The Bears won in 3 minutes, 34.36 seconds, with Logos second at 3:35.91.

"Logos has some good runners, and they're smaller than us, so we kind of got ahead of ourselves and didn't expect it," said Rehder, who also won the 100-meter dash. "But we just fought through it and made a comeback."

The 1A vs. Moscow theme featured a clash of friendly wrestling rivals Skyla Zimmerman of the Bears and Kadence Beck of Highland-Craigmont. Zimmerman edged the Husky by .04 of a second to win the girls' 100. That was their only head-to-head meeting, but Zimmerman took the long jump with a personal-record mark of 17 feet, 5 inches, and Beck ruled the 200 and 400.

Preston Amerman of 1A Clearwater Valley took advantage of a faster pace than he usually gets and chopped seven-plus seconds off his PR to win the boys' 1,600 in 4:34.48. He also won the 800 with a personal best. "I love the competition," he said. "Last night, I was getting super-pumped because I knew I was going to get a lot of competition today. It was exciting."

For Troy runners, closing the enrollment gap has taken on a new aspect. The Trojans bid farewell to what coach Ed Coulter called a "chunky gravel track" and now are training on an asphalt surface that will be rubberized in July.

Junior sprinter Elijah Phillis gave props to the new oval after winning the 200 and 400 and anchoring an 800 relay triumph.

"Just having something circular to run on makes all the difference," he said. Matt Coppernoll of 1A Prairie won the boys' discus

Continue Reading Field & Track on Page 13

Kubs Top Rams in District Baseball Play-In

By Andrew Ottoson, Idaho County Free Press

KOOSKIA — A 5-4 Kamiah win over Clearwater Valley Tuesday evening propelled the baseball Kubs into the district tournament later this week. They'll play Prairie at 3:30 p.m. Thursday in Orofino.

CV had taken a 3-0 lead after a two-run single by Connor Jackson during the first inning. Jackson advanced to third with a stolen base and a passed ball, then scored on a sacrifice fly by Laton Schlieper.

That score stood into the top of the third, when Kamiah's James Aragon slapped an RBI single, driving in Willis Williamson.

CV answered, making it 4-1 during the bottom of the third on an RBI single by Schlieper, who drove in Aiden Martinez.

Kamiah closed that

lead down to 4-3 with an RBI base hit by Herschel Williamson, followed by an error that scored another run.

So it stood into the top of the fifth, when Kamiah leveled it at 4-4 by way of a bean-ball, a passed ball, and two balks.

KHS pulled ahead during the top of the seventh, when a runner scored off a bleeder that found its way between the first and second basemen.

Bodie Norman, who relieved starter Brady McLay during the third, worked a 1-2-3 bottom half, and the Kubs celebrated vigorously, having lost a close one to CV on the same field late last month.

mak-been corrected to accurately bot-state the district tournament RBI pairing. Prairie is the No. 1 who seed and will play Kamiah at inez. 3:30 p.m. Thursday in Orothat fino. We regret the error. -ao]



Field & Track Continued from Page 12

to stay undefeated in eight meets, while Orofino's Sydnie Zywina and Lindi Kessinger took the girls' triple jump and discus, respectively.

Madigan Kelly of Lewiston continued her recent surge by posting two PRs, winning the girls' 100 hurdles in 15.63 and the 300 hurdles in 46.75.

GIRLS

100 — 1. Skyla Zimmerman, Mos, 13.23; 2. Kadence Beck, High, 13.27; 3. Ruby Kessinger, Oro, 13.46.

200 — 1. Kadence Beck, High, 27.31; 2. Laney Landmark, Kam, 27.44; 3. Kristin Wemhoff, Pra, 28.18.

400 — 1. Kadence Beck, High, 59.84; 2. Emily Collins, Lew, 1:01.30; 3. Jessika Lassen, Mos, 1:01.42.

800—1. Bec Kirkland, Mos, 2:27.40; 2. Megan Poler, Mos, 2:34;12. 3. Grace Tiegs, Nez, 2:35.34.

1,600 — 1. Sara Casebolt, Log, 5:32.28; 2. Megan Poler, Mos, 5:34.02; 3. Maya Conklin, Lew, 5:43.46.

3,200 — 1. Maya Conklin, Lew, 10:54.98; 2. Bec Kirkland, Mos, 13:06.94; 3. Geneva McClory, Mos,

13:33.66.

100 hurdles — 1. Madigan Kelly, Lew, 15.63; 2. Laney Landmark, Kam, 16.96; 3. Lindi Kessinger, Oro, 16.98.

300 hurdles — 1. Madigan Kelly, Lew, 46.75; 2. Kadance Schilling, CV, 48.15; 3. Ellea Uhlenkott, Pra, 48.17.

400 relay — 1. Moscow (Branen, A. Lassen, Jakich-Kunze, Paulsen) 51.41; 2. Troy 53.10; 3. Orofino 53.30.

800 relay — 1. Moscow (Paulsen, J. Lassen, Watson, A. Lassen) 1:48.96; 2. Lewiston 1:49.27; 3. Prairie 1:52.41.

Medley relay — 1. Moscow (Paulsen, Zimmerman, A. Lassen, J. Lassen) 1:55.44; 2. Logos 1:58.84; 3. Orofino 1:59.97.

1,600 relay — 1. Moscow (J. Lassen, Poler, Kirkland, Watson) 4:12.75; 2. Logos 4:14.41; 3. Nezperce 4:39.52.

High jump — 1. Jennah Carpenter, Lew, 5-4; 2. Isabelle Raasch, Troy, 4-8; 3. Grace Nauman, Mos, 4-6.

Pole vault — 1. Lucia Wilson, Log, 8-6; 2. Ema Thompson, Lew, 8-6; 3. Logan Landmark, Kam, 8-0.

Long jump — 1. Skyla Zimmerman, Mos, 17-5; 2. Jennah Carpenter, Lew, 16-6½; 3. Ruby Kessinger, Oro, 16-2.

Triple jump — 1. Sydnie Zywina, Oro, 35-4¼; 2. Jennah Carpenter,

Lew, 33-7½; 3. Ruby Kessinger, Oro, 33-7.

Shot put — 1. Kaylynn Johnson, Oro, 35-1½; 2. Morgan Blazzard, Troy, 33-7; 3. Hannah Duuck, Nez, 31-5½.

Discus — 1. Lindi Kessinger, Oro, 114-6; 2. Zoie Kessinger, Lew, 106-8; 3. Annika Huff, Lew, 105-9.

<u>BOYS</u>

100 — 1. Dylan Rehder, Mos, 11.64; 2. Lane Hanson, Mos, 11.73; 3. Adrian Sanford, Log, 11.94.

200 — 1. Elijah Phillis, Troy, 23.65; 2. Devin Zagelow, Lew, 23.69; 3. TJ Hibbard, Pra, 24.04.

400 — 1. Elijah Phillis, Troy, 53.29; 2. Dalton Laney, Lew, 53.69; 3. Matthew O'Brien, Lew, 54.20.

800 — 1. Preston Amerman, CV, 2:02.52; 2. Theo Sentz, Log, 2:05.33; 3. Payton Bigler, Lew, 2:07.95.

1,600 — 1. Preston Amerman, CV, 4:34.48; 2. Kobe Wessels, Lew, 5:36.45; 3. Emmett Brooks, Mos, 4:36.69.

3,200 — 1. Emmett Brooks, Mos, 10:31.10; 2. Carson Sellers, Tim, 10:33.93; 3. Preston Amerman, CV, 10:34.99.

110 hurdles — 1. Brady Cox, Kam, 16.54; 2. Luke Mastroberardino, Lew, 17.25; 3. Caleb Skinner, Mos, 17.34.

300 hurdles — 1. Theo Dicus, Mos, 42.69; 2. Preston Johnston,

Dea, 43.36; 3. Zachary Skinner, Mos, 43.92.

400 relay — 1. Prairie (Cronan, Martin, Rambo, Hibbard) 46.68; 2. Logos 47.00; 3. Moscow 47.06.

800 relay — 1. Troy (Christensen, Spencer, Leman, Phillis) 1:38.75; 2. Moscow 1:39.48; 3. Kamiah 1:45.28.

Medley relay — 1. Moscow (Rehder, Hanson, Hillman, Blaker) 3:49.78; 2. Logos 3:49.85; 3. Orofino 4:10.07.

1,600 relay — 1. Moscow (Blaker, Hillman, Hanson, Rehder) 3:34.36; 2. Logos 3:35.91; 3. Lewiston 3:38.25.

High jump — 1. Jared Cronce, Nez, 5-11; 2. Caleb Skinner, Mos, 5-10; 3. Nakiyah Anderson, CV, 5-8. **Pole vault** — 1. Dan Fowler, Oro, 12-0; 2. Jake Skinner, Lew, 11-6; 3. Jack Wilkins, Kam, 11-0.

Long jump — 1. Haden Keener, Lew, 18-11½; 2. Adrian Sanford, Log, 18-10; 3. Leon Hutton, Mos, 18-9.

Triple jump — 1. Caleb Skinner, Mos, 42-0; 2. Luke Mastroberardino, Lew, 39-7; 3. Carter Gossage, Lew, 39-3½.

Shot put — 1. Reid Thomas, Oro, 47-3; 2. Thor Kessinger, Lew, 46-7½; 3. Alc Eckert, Lew, 42-6½.

Discus — 1. Matt Coppernoll, Pra, 146-9; 2. Thor Kessinger, Lew, 143-3; 3. Reid Thomas, Oro, 137-5.

Students For Success Program Gearing Up for Summer Activities

The Nez Perce Tribe's Students For Success Program (SFS) has been serving youth on the Nez Perce reservation since 1995. SFS works to improve the cultural, physical and emotional health by providing educational outcomes for youth. SFS strives to increase its promotion of cultural identity awareness/wellness and provides the youth with cultural-related consistent, opportunities for self-growth to help them become contributing members to the Tribe and to their communities.

Abraham Broncheau is the program Director. He and his staff Sonya Oberly, project coordinator; Loraine Harris, outreach worker; Scherri Greene, Community Assessment Coordinator and Samuel Penney; previous outreach worker (now serving on the Nez Perce Tribal Executive Committee) have two grants that fund the program. Primarily they focus on suicide prevention awareness, youth leadership development and substance use prevention. SFS receives smaller grants to help them get kids to smaller conferences around the area. Youth are heavily bom-

es through mainstream music and media, their peers and other aspects. Now is the time to keep offering them something positive to do. Particularly, if it pertains to strengthening their cultural identity and self-esteem. "Usually when we have the kids on our trips we are out in the middle of nowhere, and there is no cell service or WiFi, which makes them socialize and enjoy the now, and their own lives, not watching YouTube or Snap Chat, and living other people's lives," said Broncheau.

However, students for success does have its own social media channel. They have an Instagram, Facebook, Twitter and Tik-Tok account to ensure they are reaching out to the youth in a modern manner.

SFS is gearing up for summer activities. Summer is an extremely busy time of year for the program. Youth get a chance to participate in activities that they wouldn't otherwise do such as whitewater rafting, rock climbing and repelling, mountain biking and backpacking. They also go fishing, huckleberry picking, and on day hikes. All

barded with negative influenc- of this is part of a SFS proes through mainstream music gram called Project Venture.

If you have a child grades 5th through 8th who would like to participate in Project Venture, please reach out to the Students for Success staff as soon as possible.

"As the program director I really strive to provide opportunities for our youth that are struggling," said Broncheau. "Not everyone plays basketball. There are about 500 kids on the reservation and we wanted to make sure that we reach out to as many of those youth as possible for positive outlets and to show them how to

take healthy risks and to give them more protective factors so that they can eliminate the negative paths with all the risks that are out there."

Broncheau would also like to give a shout out to the SFS staff. "They work long hours in the summer and deal with challenging situations. They spend a lot of weekends working, dealing with the hot weather, late nights, long commutes. They manage, sometimes, hazardous situations but they always put the youth's safety first. I truly appreciate all that they do." Contact SFS at abeb@nezperce. org or (208)621-4613.



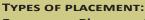
Students For Success staff from left to right: Sonya Oberly, Loraine Harris, Abe Broncheau, and Sam Penney.

A PERCE A

MAY IS FOSTER CARE AWARENESS MONTH

T TAKES A VILLAGE TO RAISE A CHILD 17% of American Indian children in out-of-home care live with American Indian caregivers. Native

17% of American Indian children in out-of-home care live with American Indian caregivers. Native foster homes are important to preserve cultural connections.



Emergency Placement = 24-48 hours **Temporary Placement** = Not to exceed 18 mos. **Permanent Placement** = up to age 18 yrs old

PREFERRED PLACEMENT OPTIONS:

- A member of the Indian child's extended family
- 2) A foster home licensed, approved, or specified by the Indian child's tribe
- A native foster home licensed or approved by an authorized non-Indian licensing authority;
 or
- 4) An institution for children approved by an Indian tribe or operated by an Indian organization which has a program suitable to meet the child's needs.

RESOURCES AVAILABLE FOR FOSTER FAMILIES:

- ♦ Monthly foster care stipend
- ◆ Assistance with household needs & clothing for children in care
- ♦ Transportation assistance
- ♦ Respite Care services
- ◆ Free classes and trainings for foster parents

HOW DO I BECOME A FOSTER PARENT?

- 1) Fill out Foster Care Application
- 2) Complete criminal background check with the state of
- 3) Medical Clearance Form signed by your physician
- 4) Home safety check completed by Foster Home Licensor
- 5) Home Study completed by Foster Home Licensor

FOSTER HOMES NEEDED FOR:

- Sibling sets up to 4 children
- ♦ Children ages 2-9
- ♦ Adolescents & Teens up to 17

Foster families provide children with predictability and safety during a difficult time in their life.

CONTACT THE NPT FOSTER HOME LICENSOR TODAY! Loretta Higheagle

208-621-4669 lorettai@nezperce.org

You can make a difference. Become a foster parent today!

Indian Child Welfare Program ● 326 Agency Road ● Lapwai, ID ● 83540 ● Toll Free: 1-877-304-7187 ● Fax: 208-843-9401

National Average Gas Prices Expected to Soon Reach \$3 Per Gallon for the First Time Since 2014

BOISE - Drivers across the Eastern seaboard are bracing for higher gas prices in the aftermath of a cyberattack on the Colonial Pipeline, but the effects aren't likely to be felt here in Idaho. While demand is pushing pump prices higher across the country, AAA says that the Gem State doesn't rely on the pipeline that was targeted.

The national average is expected to reach \$3 per gallon in the coming days, its most expensive price since November 2014. Many Western states, including Idaho, crossed that threshold months ago.

"Despite an uptick in COVID-19 infection rates in some parts of the world, the overall optimism associated with the rollout of the vaccine has had a profound effect on the market," says AAA Idaho spokesman Matthew Conde. "Crude oil and gasoline demand are growing, and prices were already rising before this incident, so it's a terrible time to have is-



sues with a major pipeline." Today, the U.S. aver-

age is \$2.97, which is seven cents more per gallon than a week ago and ten cents more than a month ago. Meanwhile, Idaho's average price is \$3.18 per gallon, which is four cents more than a week ago and 12 cents more than a month ago. Idaho drivers

frequently pay 20 to 30 cents more per gallon to fill up than in other parts of the country.

The Colonial Pipeline suffered a breach in cyberse-curity over the weekend, and as a precautionary measure, was taken offline. The 5,500-mile pipeline, which runs from Texas to New York Harbor, transmits about 100 mil-

lion gallons of fuel each day, or 45 percent of all fuel consumed on the East Coast. The longer the pipeline is down, the larger the impact to supply and, in turn, the price of gasoline. Some areas are likely to see reduced fuel availability as early as this week.

"It takes 15 to 18 days for fuel to flow from Texas to New York, so even after the pipeline is back online, there will probably be a lag in gasoline shipments," Conde said. "The Department of Transportation has temporarily granted an exemption from hours of service so that truck drivers can make more deliveries, but that won't be enough offset the loss of the pipeline." Here's a selection of Idaho gas prices as of May 10, 2021: Boise – \$3.31 Coeur d'Alene - \$2.97 Franklin – \$3.27 Idaho Falls – \$3.00 Lewiston - \$3.04 Nez Perce Express - \$2.99 Pocatello - \$3.11 Twin Falls - \$3.17

Nez Perce Tribe April Employee of the Month Keith Pat Baird- Cultural Resources



"Pat works very diligently for the Nez Perce Tribe's Cultural Resource Program as a THPO Officer/Archaeologist. I have seen him on many occasions go above and beyond to perform his work duties. For instance, recently, he lost his grandmother and had to travel to Arizona to be with family. We had a contract with the Cherrylane Bridge project that was imminent and he took the time to make sure it was on our program's radar before he left and upon his return had to attend an evening meeting to explain to our TERO commission the logistics, and we know this sometimes can be a no easy task when it comes to jobs being affected on our reservation, no less working with local counties, etc. I believe that Pat does have the best interest of our tribe at heart. This is why I would like to nominate him as Nez Perce Tribe employee for the month for April 2021. Qeci'yew'yew. "--Mary E. Johnson

Legacy Moment for Northwest Leaders – For Salmon and a Better, Stronger Northwest

Rare Congressional Opportunity, if Missed Now, Will Be Dishonor to Northwest

Lapwai, Idaho — Following statements from Washington's Governor and U.S Senators expressing opposition to Rep. Mike Simpson's (R-ID) proposal to honor treaty rights and save several species of salmon and steelhead on the verge of extinction, the Nez Perce Tribe immediately expressed disappointment in the notable absence of tangible solutions, recognition of the unique congressional opportunity before the Northwest, or acknowledgment of the dire situation that Columbia and Snake River salmon and steelhead face.

"After a day in which Rep. Simpson, together with Rep. Blumenauer (D-OR), discussed a viable framework and legislative opportunity at a regional conference devoted to the topic of preventing the extinction of Snake River salmon and investing in infrastructure, technology, and economic vibrancy in the Northwest, Gov. Inslee and Senators Murray and Cantwell have stated what

they're against, providing no substance with respect to what they're for," said Nez Perce Tribe Chairman, Samuel N. Penney.

"We agree that to solve this crisis we need a regional solution; we must strive to keep all communities that rely on the Columbia and Snake rivers whole; and we should follow the science. These are the very things that Rep. Simpson's proposal set forth three months ago, and why the Nez Perce Tribe supports his proposal."

"Our own biological analysis, released last week, reveals that salmon populations are headed toward extinction. We will not stand by and allow extinction on our watch. Our climate is changing and the best, coolest remaining habitat for the Columbia's summer steelhead and spring chinook lies in the Snake River basin. We need to provide the safest journey to and from that habitat that we can. At the same time, we have a singular legislative moment - one not likely to come along again

in our lifetimes – to address that biological crisis and solve the decades-long salmon wars in the Basin. We have the right Administration; the right leadership in the Senate; and support from Rep. Mike Simpson. This is a moment for action, not for more process."

"This is not a time for generic statements of support for treaty rights and Northwest Tribes," said Penney. "Northwest Tribes are united and asking for genuine support. We have a historic and unprecedented opportunity to take advantage of momentum behind a national infrastructure plan and secure funds to implement a plan stemming from Rep. Simpson's framework and further regional engagement. We cannot let this moment pass us by. We cannot accept a failing status quo. We must act and our elected officials must lead the way with us, as Congressmen Simpson and Blumenauer have shown, with vision and courage while time remains in supporting this

broad proposal and dialogue."

Mr. Shannon F. Wheeler, Vice-Chairman of the Nez Perce Tribe, stated: "I've heard there will be a new statue of Billy Frank Jr. in the U.S. Capitol. Billy was a natural leader for salmon and for Treaty rights - and it's great he's being recognized. I don't think he would have cared about a statue of himself - he would have cared about the fate of the salmon, and the tribal people whose lives and cultures depend on the salmon in every sense. This is a moment for decisive leadership that would have made Billy Frank Jr. proud."

"The Nez Perce Tribe welcomes the opportunity to meet with Senators Murray and Cantwell to discuss this issue in more detail. Time is short, but together we can take this unique opportunity to ensure a better, stronger Northwest for all. We stand ready to work with the congressional leaders of the Northwest on that effort," concluded Chairman Penney.

Tisa Matheson to Present at Honoring Nimiipuu Ha'áyat Parade

Tisa is a member of the Nimiipuu (Nez Perce Tribe) and has ancestral roots in central Idaho. She is the daughter of Allen and Shirley Pinkham and the youngest of six siblings.

Tisa is following in the footsteps of her grandfather and father as a cultural preservation specialists. She has a Masters in Library & Information Services with a focus on digital preservation and cultural records from San José State university, and a Circle of Learning Scholarship recipient.

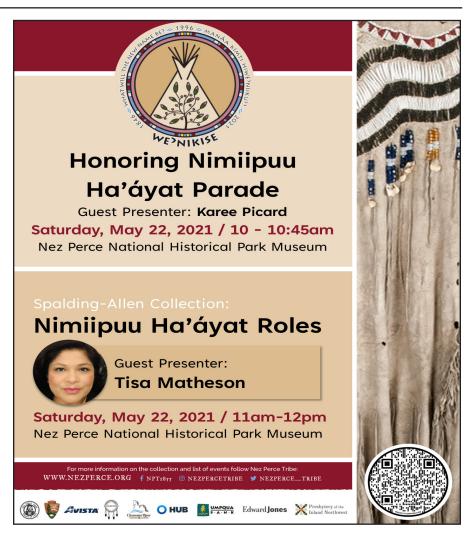
She has lived in Spokane, Washington for over 20 years, married to Chiarpah Matheson with two sons and four daughters. Tisa has worked with

Arts & Culture/Eastern Washington State Historical Society since 2001 as a museum assistant, collection specialist, and curator. Tisa's role at the Northwest Museum of Arts & Culture/Eastern Washington State Historical Society includes American Indian collection care, exhibit development, policy development & implementation, she also serves as a tribal liaison between the museum and tribes. Tisa's passions clude a Nimiipuu artist,

the American Indian collection

at the Northwest Museum of

Tisa's passions include a Nimiipuu artist, studying North American Indigenous cultural & archive material, and decolonizing preservation institutions practices.



Nez Perce County Commissioners Approve Agreement with Tribe Over Cherrylane Bridge

The Nez Perce County Commission unanimously approved a professional services agreement Monday with the Nez Perce Tribe that authorizes the county to contribute up to \$27,436 for an archaeologist to monitor construction at the new Cherrylane Bridge for the disturbance of tribal cultural resources.

The agreement is part of a deal between the parties to remediate the recent discovery of buried artifacts at the construction site on the Clearwater River. The discovery briefly led the county commissioners to issue a stop-work order just as construction on the bridge was set to begin. But the county and tribe quickly came



to a verbal agreement that requires the county to contribute \$50,000 to an ethnographic study of the lower Clearwater River and fund additional archaeological work at 10 sites

on the lower Snake River. Under the terms of the agreement, work on the bridge will temporarily stop upon the discovery of archaeological remains of items like pit houses,

tool caches, hearths, building foundations or human remains. If human remains are discovered, all work within 150 feet will stop while the tribe and other partners work out a plan for removal. Work within 50 feet will stop for all other types of discoveries, according to the agreement.

The federally funded, \$21 million project to replace the century-old Cherrylane Bridge has been in the works for almost two decades. The new bridge will be built approximately 70 feet upstream and will consist of an 800-foot, four-span steel plate girder bridge with a 12foot travel lane and 8-foot shoulder in each direction.



Nez Perce Tribe Recycling Program Newsletter—May 2021

'apaqa'ánno' 'ee kaa 'epeqíicxnu' wéetesne

- Respect and take care of the earth.

Nez Perce Tribe Water Resources Division - Solid Waste and Recycling Program Jon Van Woerkom . (208) 791-3965 or Linda Nemeth . lindan@nezperce.org Lapwai Contacts:

Come visit our table and all the other great displays!

NPTHA 2021 Home Fair

Pi-Nee-Waus Community Center June 3 10 am—3 pm





Easy Springtime Repurposing or Upcycling Using Everyday Discard

Repurposing is handy, economical, and reduces waste. With repurposing hacks like these, you can extend the life of your everyday

Laundry Detergent Watering Jugs

With handles and pour spouts, they're perfect to assist in watering plants. Be sure to rinse them well. Ideally, rinse out soap residue directly into a wash load. Rinse and repeat. Remove the label

Jelly Jars, Mustard Jars, etc

Use jars of all sizes to store leftovers, shake your homemade salad dressing, or organize paper clips, pencils, and other office supplies. To make them more appealing for reuse, remove the labels and odors from your jars.

Repurpose seeds, pits, and other produce pieces into fresh food. Check out this book, No-Waste Kitchen Gardening, for all the tips you need to grow free produce from food waste.

Before you pop them in the recycling, consider these repurposing hacks for cardboard tubes from paper towels, TP, and wrapping paper, start your seeds in repurposed toilet paper rolls folded into a pot shape.

Unwanted Pans and Dishes

Repurpose unwanted dented, chipped, scratched, or mismatched pans and dishes as DIY birdbaths. The birds will thank you and you get to enjoy the nature show



– American Wetlands Month!

Why are wetlands so important?

Wetlands help improve water quality and supply, reduce flooding and provide critical habitat for plants, fish and wildlife. For more information on wetlands, visit http:// www.epa.gov/owow/

wetlands or better yet, go for a walk at the Lapwai Nature Trail!



Lapwai Recycling Schedule

Community Recycling May 6 & 20 Pineewaus Parking Lot 11 am -1 pm

> Office Collections May 12 & 27

Kamiah Contact: Gary Draper. garyd@nezperce.org

Letitia H. Whitman "Tish", 41, Lapwai, ID



"In our Father's camp are many campsites. If it were not so I would have told you. I go now to prepare your camping place. And if I go and prepare a place for you, I will come again and receive you to myself with open arms! So that where I am you will also be." — John 14 Letitia H. Whitman, "Tish," enrolled Nez an

Perce tribal member, passed berries with their extended away Tuesday, May 4, 2021. family. This experience led

Her Indian name was hemene atwai, which means old lady wolf. The power of her name came to life when she encountered an alpha female wolf at the tribal recovery compound many years ago. The wolf went directly to her and licked her face. She lived her life in close connection with nature and had a beautiful spirit that conveyed profound love and strength to everyone.

Tish was born March 11, 1980, to Silas C. Whitman and Carla J. Kauffman in Lewiston. Before settling in Lapwai, she also lived in Auburn, Wash., Whidby Island, Wash., and Fall Church, Va.

She was one of 13 children, so she had many older siblings to help raise her and younger siblings to play with (and occasionally fight with). They spent a lot of time on the river either fishing or swimming, and in the mountains camping or picking huckle-

berries with their extended family. This experience led to her have a lifelong appreciation of the land and fish.

As a child, she was a tomboy. Tish spent many hours playing basketball at the elementary courts. She also loved to ride horses, especially with her friends who formed the "Three Amigos." Jingle dress dancing was also one of her talents.

She graduated from Lapwai High School in 1998. She was active in Indian Club. In 2019, she received her Bachelor of Science degree in native environmental science at Northwest Indian College — a feat she accomplished as an honors student while still working full time.

She was one of the youngest high school interns at Nez Perce Fisheries, which led to her career for the next 20-plus years with this department. Tish started in Conservation Enforcement before moving to Production. Her

co-workers recognize her as a gracious and hard worker who was always willing to help where needed. She was invaluable to the Production team because she was very adept at office, fish culture and field duties. She was always soughtafter on spawn day for coho at the hatchery because she did the best, most careful job in collecting eggs from the female salmon. With a cheerful attitude, she would work hard in her office one day and then put on rain gear and waders the next day to work long hours in cold water without complaint. She also helped hand out salmon to tribal families for subsistence distribution. The Nez Perce Tribe recognized her as "Employee of the Month" in February 2016 and May 2020.

Tish's greatest legacy are her four sons, Cobi Bisbee, Darek Whitman, Arlen Whitman and Seth Whitman, and her grandson, Gabriel Bisbee.

Continue Reading Whitman on Page 19



Bessie Scott Memorial



Date: Saturday, May 22, 2021 Time: 10 a.m. - until dark Place: Lapwai City Park

Purpose: The family of the late Bessie "Greene" Scott will conduct a giveaway of the many items she aquired over a lifetime of collecting. Please join us and honor her. Something for everyone. Bring your trucks and children. (*Rain Cancels*)

Whitman Continued from Page 18

Her house was always a welcome place to all children, including her son's friends and her nieces and nephews, who considered her to be their second mom. Her sons say their mom was a fun and happy person who had a hard time saying no and was strong for "putting up with four boys." They learned from her the importance of being welcoming, kind, loving and hard working. Her love for her dogs, Bruno and Bernard, was also well known.

Her boys will cherish the memories of their time cruising the backroads and camping, especially at Talmaks, Joseph Days, Lochsa River and Selway River. Tish often watched scary movies with them while also enjoying binge watching the Lifetime Movie Network. She loved to spend as much time with her grandson as possible, so she would often drive

to Kamiah to pick him up. Tish was a great cook who was famous for her spaghetti, fry bread and chip sandwiches.

Tish was part of the Rock Creek Longhouse and also was baptized Catholic. She stayed active in root digging as an adult and attended the root feast in Kooskia every year. Recently, Tish experienced the power of prayer, songs and went back to the sweathouse. She requested a Bible from her aunt and was participating in recovery activities. Her family was inspired by her strength as she dealt with a lot but kept going. She enjoyed spending Thanksgiving in Nespelem with her mom and stepdad.

She is survived by sons Cobi Bisbee, Darek Whitman, Arlen Whitman and Seth Whitman, of Lapwai; grandson Gabriel Bisbee, of Kamiah; father Silas Whitman, of Lapwai; mother Carla (Bill) Timentwa, of Nespelem, Wash.; stepfather Gordon Higheagle Sr., of Lapwai; siblings Marc Whitman, Ermie Whitman, Yvette Whitman, Whitman, Trish Jonelle Yearout, Roberta Whitman, Jasmine Higheagle and Teresa Leighton, of Lapwai; Tyler Higheagle, of Genesee; Ezra Whitman, of Portland, Ore.; Zoe Higheagle Strong and Gordon Higheagle Jr., of Seattle; Koni Kincaid, of Tri-Cities; Montia Raboin, of Pendleton; and aunts Lilly Kauffman, of Kamiah, JoAnn Kauffman, of Spokane, Hattie Kauffman-Grant, of Cle Elum, Wash., Carlotta Panek, of Plains, Mont., and Claudia Kauffman, of Renton, Wash.

She was preceded in death by her maternal grandparents, John and Josephine Kauffman, paternal grandmothers Nellie Ezekiel Gray and Louise Higheagle, uncle John Kauffman, and aunt Jan Van Pelt.

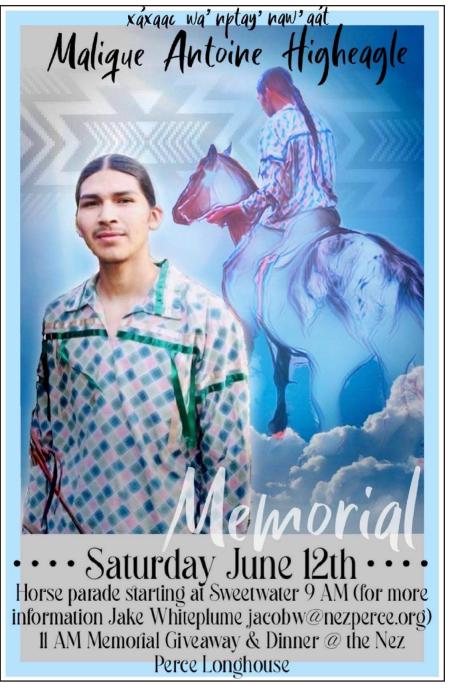
There will be a private

dressing and viewing today at Malcom's Brower-Wann Funeral Home. Public viewing will be 5-7 p.m. at the Nez Perce Longhouse near Spalding. This will be followed by a nondenominational memorial service and then Wahlusut service.

On Saturday, the final Wahlusut songs will be completed prior to burial at the Meadow Creek Cemetery in Ferdinand. Dinner will follow at the Longhouse.







Dates to Remember

Environmental Education & Cultural Knowledge Day

May 20, 2021 - 8:30 a.m. to 2:30 p.m. Old B.I.A. Grounds

Lapwai HS Graduation

May 28, 2021 Lapwai Football Field

Memorial Day

May 31, 2021 Tribal offices closed, no school

NR Subcommittee

June 1, 2021 8:30 a.m. NPTEC Chambers

Land Enterprise Commission

June 1, 2021 2:00 p.m. NPTEC Chambers

B&F Subcommittee

June 2, 2021 8:30 a.m. NPTEC Chambers

Energy / Climate Change Subcommittee

June 2, 2021 2:00 p.m. NPTEC Chambers

NPT Tribal Employment Rights Commission Meeting

June 2, 2021 6:00 p.m. - 8:00 p.m. Boards & Commissions Building, 210 A St, Lapwai, ID

Nez Perce Tribal Housing Authority Home Fair

June 3, 2021 10:00 a.m. - 3:00 p.m. Pi-Nee-Waus, Lapwai

COVID Support Group

June 3, 2021. 12:00 p.m. - 1:00 p.m. 2nd and 4th Thursdays of the month Contact toniaa@nimiipuu.org 208-843-7244, ext: 2904

HR Subcommittee

June 7, 2021 8:30 a.m. NPTEC Chambers

Law & Order Subcommittee

June 7, 2021 2:00 p.m. NPTEC Chambers

NPTEC Meeting

June 8, 2021 - 8:00 a.m. NPTEC Chambers

Ask, Listen, Learn Parent/Guardian Resource Conference

June 14 – 16, 2021 9:00 a.m. – 3:00 p.m. Miyooxat Meeting Room @ Clearwater River Casino & Lodge

3rd Annual Littlefoot Ellenwood Memorial Basketball Tournament

Lapwai and Lewiston Idaho June 18-20

NPTVRS Update

Good news! The Nez Perce Tribe is returning back to Stage 4 of Idaho Rebounds. With that being said, our Nez Perce Tribe Vocational Rehabilitation Services (NPTVRS), is offering you the current update.

NPTVRS current reminders:

- NPTVRS will continue to provide services by scheduling an appointment via phone calls.
- We also accept walk-ins and please use the Voc. Rehab main entrance.
- We are still providing gloves and masks for you and ask that you bring no one else with you for your appointment.
- We also offer an orientation of our NPTVRS program for anyone who thinks they are interested and qualifies for our program, including transition students who are Juniors and Seniors in high school.

NPTVRS news stories:

- During the month of May our NPTVRS program brought in five brand new CPUS for our training center. The CPUs are installed with the newest tools of Microsoft office and we encourage those who are participants in the program, to stop by and use them.
- Our NPTVRS program has a participant who is a veteran that is a part-time student attending Lewis-Clark State College and is doing excellent.
- Our NPTVRS program also has a participant who is doing excellent that is completing their 16-week apprenticeship carpentry training at the TERO Vocational Training Center that's located in Tulalip, WA. If anyone who meets our NPTVRS qualifications is interested in the 16-week apprenticeship, please feel free to contact us.
- Our NPTVRS program is still offering efficient assistance for those who qualify for our program and want to sign up for labor work such as flagging, welding, truck driving, solar panels, the 9 pieces of equipment training, and much more within construction work.
- We also keep close tabs on the recent job openings located within the Lewis-Clark Valley. The NPTVRS program encourages any participant who is currently enrolled in the program to stop by and we can help assist with employment opportunities.

NPTVRS contact info:

- Our new office location is at 271 B Street Lapwai, ID in the Nez Perce Tribe Education building next to the softball field and please use the Voc. Rehab main entrance.
- Our direct contact line is 208-843-9395 for any further assistance.
- You may also contact us via our NPTVRS Facebook page at https://www.facebook.com/Nez-Perce-Tribe-Vocational-Rehabilitation-Services-112076830710100.

We constantly update our page with important and helpful information for the community, therefore swing on by and give our page a follow, we greatly appreciate the continued support.

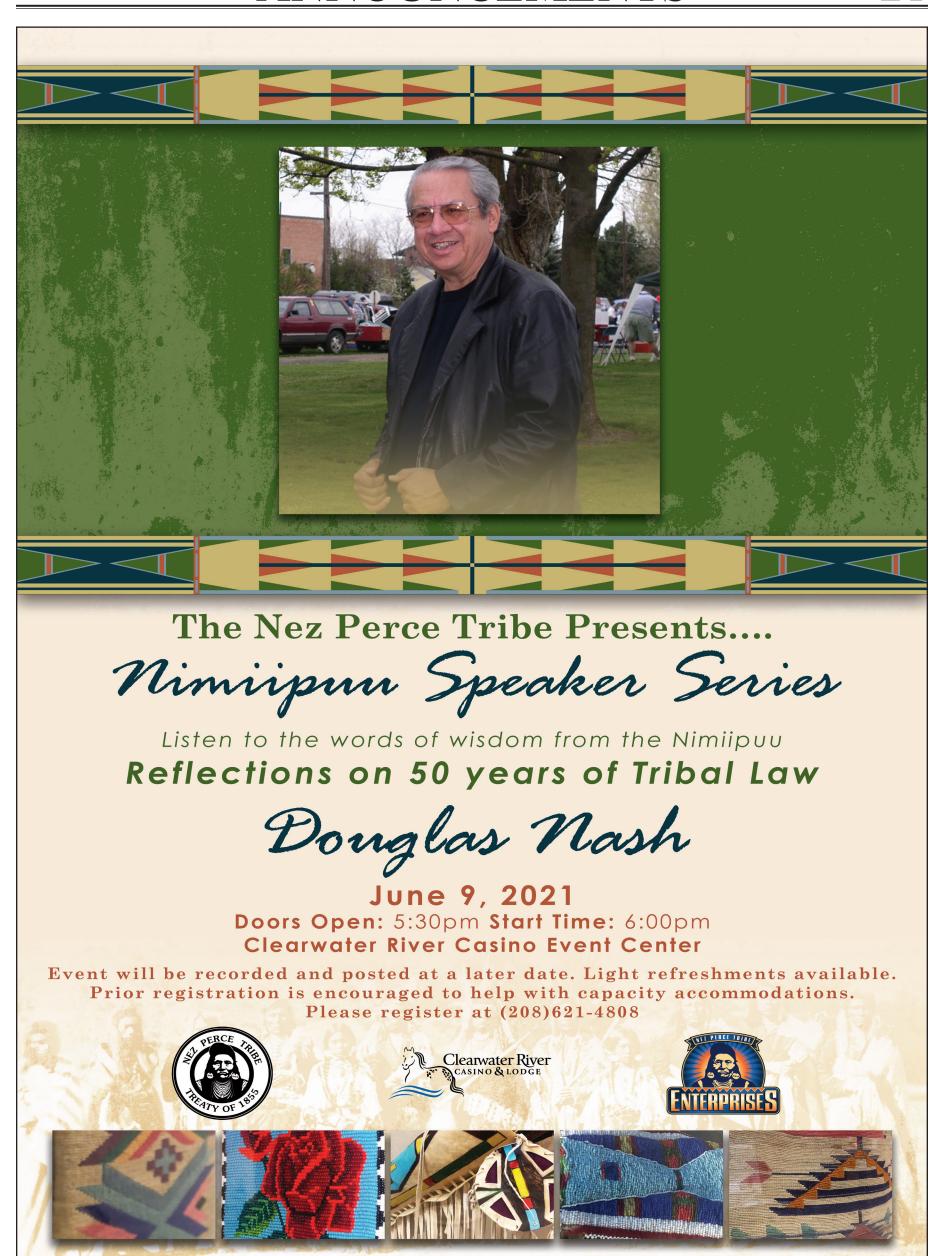
 Our NPTVRS program also has our brand-new online Survey Monkey available for the community as well.

Please follow the link at:

https://www.surveymonkey.com/r/3X6XVTX.

We would really appreciate your feedback.

NPTVRS office hours are Monday-Friday 8:00 a.m. to 4:30 p.m. and our staff will be happy to assist you.



Boys & Girls Club Announcements

SUMMER REGISTRATION:

Summer Registration forms are now available at the Lapwai Clubhouse. Summer program will begin June 7th.

All Club members must be registered to join and must be at least 5 years old and in kindergarten.

Please contact Josilin Peters at (208) 621-3877 for questions.

COMMUNITY OUTREACH:

The Boys and Girls Clubs of the Nez Perce Tribe will be providing a Community Outreach Program to youth ages 5-18 in Orofino and Kamiah during the summer. The Boys & Girls Clubs of the Nez Perce Tribe will be providing Boys and Girls Clubs activities at the Orofino Teweepuu Community Center from 9:30am-12pm every Tuesday and Thursday and at the Wa-A'Yas Community Center every Tuesday and Thursday from 1:30pm-4pm.

If you are interested in signing up please contact Josilin Peters for registration forms and more information at (208) 621-3877.

UPCOMING EVENTS:

May 21st

Teen Lock-In (9pm-5am)

May 25th

Day 4 Kids (4pm-6pm)

May 27th

"Nurture the Kids" Breakfast Fundraiser

May 31st

Club Closed for Memorial Day

June 7th

First Day of Summer Program

June 7th

Youth of the Month Awards Assembly (4pm)

June 8th

Youth of the Month go to Valley Foods (4pm)

June 11th

Power Hour Party (4pm-5pm)

June 17th

Club Closed for Whitebird Memorial

June 18th

Wild N' Wacky Track Meet (1pm-2:30pm)

June 28th

Recycle Event

Boys & Girls Club Youth of the Month

The following Boys & Girls Clubs members were selected "Youth of the Month" in the individual program areas. These youth consistently show positive role model qualities and great club leadership abilities. They always do a little extra to help make the Boys & Girls Clubs "The Positive Place for Kids"! Thanks to Lapwai Valley Foods for sponsoring our Lapwai Youth of the Month program.

Youth of the Month for the Different Program Areas are:

Service

Ethan Jones

Leadership

Jay'D Enick

Gamesroom

Autumn LeCornu

Athlete

Karissa McFarland

Education/Computers

Shyanne Cox

Arts & Crafts

Quanah Wheeler

Phase II

Sicily Treetop

Staff

Kaitlynn Connerley

Nimiipuu Tribal Tribune Advertisements

Place an ad in the Nimiipuu Tribal Tribune. Flyers: Full Page \$504, Half Page \$252, Quarter Page \$126, Classified Ads and Job Announcements: .25 cents a word, Birthday Shout-Outs \$10 an issue. Submit letter to the editor for free, obituaries and death notices for free. To submit an article, inquire about previous publications, or to subscribe,

contact NPT Communications. 208-621-4808, communications@nezperce.org

Keep watch for Communications surveys, trivias & events for a chance to win prizes!





SUMMER PASS SALE

May 24th - 31st

Save 10% on all memberships, all week long.

Waterpark Opening Weekend

Memorial Day Weekend May 29th - 31st

The waterpark will be open weekends only through June 12^{th} .

Memorial/Giveaway

Memorial/ Giveaway for Julie Picard and Brad Picard Sr. JUNE 19, 2021 10:00 AM Spalding Park Lunch to follow For Questions Contact: Antoinette Picard (208) 503-0952

Yard Sale

Annual Tiny Tots
Yard Sale & Fundraiser
357 Agency Road, Lapwai
May 20 & May 21
9:00 a.m. - 5:00 p.m.
Grandma Jeanie's
Indian Tacos
11:00 a.m. until sold out
\$7.00 taco
\$2.00 frybread

Home Buyer & Financial Education Classes

Homebuyer Education, Money Basics, Financial Skills for Teens and Young Adults, Youth Money Basics and more. Classes are offered by the Nez Perce Tribal Housing Authority in both Lapwai and Kamiah.

View the full schedule of classes, descriptions, and specifics at https://nezperce.org/wp-content/uploads/2020/12/
Financial-Class-Schedule-2021-Calendar-HBE.pdf

or follow Nez Perce Tribal Housing Authority on Facebook

NPTEC Announcement

Due to the confidentiality of vaccination records and not being privy to the state of vaccinations among employees and visitors, it is extremely challenging to globally make any changes with mask requirements as we have so many in our community who are immunocompromised or have a weakened immune system. Therefore:

Per the Nez Perce Tribal Executive Committee Face Masks Are Still Required

This includes all Nez Perce Tribal staff and visitors in tribal buildings when a 6-foot distance cannot be maintained.

This includes the interior of all buildings including offices if meeting with another staff member or visitor.

This also includes exterior areas for staff while in the workplace.

(only if around others not in your household and a 6-foot distance cannot be maintained outside)

Immunocompromised individuals includes those with, but is not limited to, the following: Cancer, chronic kidney disease, chronic lung diseases, asthma, cystic fibrosis, pulmonary hypertension, dementia, diabetes, heart condition, etc.

Welcome Finance's Four New Hires



Please welcome the recent hires and new faces in the Nez Perce Tribe Finance Department. From left to right, Chanel Higheagle, Payroll Specialist; Preslee Moses, Temporary Administrative Specialist; and Natalia Cuevas-Jimenez, Grants and Finance Specialist. Higheagle will be working under Alice Spaulding in Payroll. Moses is the friendly face you'll see at the front desk. Cuevas-Jimenez now works with Grants and Contracts under Anthony Broncheau.

Not pictured: Kylie St. Paul, New Accounts Payable Specialist.

