January 21, 2020 / 8:25 AM

Nez Perce Tribe Proceeding to Stage 3 in Pandemic Response

Lapwai, Idaho- Beginning January 21, 2020, the Nez Perce Tribe (Tribe) will change its COVID-19 response to correspond with Stage 3 of the Idaho Rebounds guidelines. As of January 14, 2021, Nimiipuu Health (NMPH) had a 14-day average of less than one positive COVID-19 case per day and a positivity rate of 10.8%. This is the lowest rate since mid-September 2020.

Given the steady decline in positive cases, the Tribe has determined it is appropriate to begin following the protocols of Stage 3 of the Idaho Rebounds guidelines. The Tribe has been following the protocols of a modified Stage 3 since December 9, 2020.

The unmodified Stage 3 protocols permit gatherings of up to 50 people and non-essential travel. Safety recommendations will still require appropriate physical distancing, wearing a face covering, washing hands regularly, staying home if you do not feel well and sanitizing hard surfaces.

"We are pleased to see the decline in numbers. However, we have not forgotten how troubling this pandemic has been. Several tribal families have experienced tragedies and individuals who once tested positive are still suffering, some weeks and months later and we still have active cases among our communities. While we are slowly moving forward, please help us in staying vigilant and reminding others to do the same. We can only continue to progress, if everyone participates in the safety recommendations," stated NPTEC Chairman, Shannon Wheeler.

"The community is doing an excellent job of following safety recommendations and with the Moderna Vaccine becoming more readily available, we feel progressing forward in stages is an appropriate move at this time," stated NMPH Medical Director, Dr. Kim Hartwig.

NMPH continues to be ahead of the game in distribution of the COVID-19 Moderna Vaccine. As of January 15, NMPH has administered 588 doses of the Moderna Vaccine. Recently NMPH was informed by the Indian Health Service that doses of the vaccine being held in reserve by the federal government have been released and NMPH would continue receiving doses, and in larger quantities.

"We are thankful to be receiving these supplies of the vaccine so we can get them out to the community. Staff are working diligently to get the vaccine distributed as quickly as possible. We continue to follow the priority list guidelines and I am pleased to say we are already serving those 18 and older with underlying conditions," stated Dr. Hartwig.

Active beneficiaries of NMPH have priority in all tiers as staff move through the vaccination lists.

Moderna Vaccine FAQ

NMPH COVID-19 Response Site

December 29, 2020 / 3:53 PM

WHAT YOU NEED TO KNOW BEFORE YOU GET THE MODERNA COVID-19 VACCINE

This Fact Sheet contains information to help you understand the risks and benefits of the Moderna COVID-19 Vaccine, which you may receive because there is currently a pandemic of COVID-19. The

Moderna COVID-19 Vaccine is a vaccine and may prevent you from getting COVID-19. There is no U.S. Food and Drug Administration (FDA) approved vaccine to prevent COVID-19.

Read this Fact Sheet for information about the Moderna COVID-19 Vaccine. Talk to the vaccination provider if you have questions. It is your choice to receive the Moderna COVID-19 Vaccine. The Moderna COVID-19 Vaccine is administered as a 2-dose series, 1 month apart, into the muscle.

The Moderna COVID-19 Vaccine may not protect everyone.

WHAT IS COVID-19?

COVID-19 is caused by a coronavirus called SARS-CoV-2. This type of coronavirus has not been seen before. You can get COVID-19 through contact with another person who has the virus. It is predominantly a respiratory illness that can affect other organs. People with COVID-19 have had a wide range of symptoms reported, ranging from mild symptoms to severe illness. Symptoms may appear 2 to 14 days after exposure to the virus. Symptoms may include: fever or chills; cough; shortness of breath; fatigue; muscle or body aches; headache; new loss of taste or smell; sore throat; congestion or runny nose; nausea or vomiting; diarrhea.

WHAT IS THE MODERNA COVID-19 VACCINE?

The Moderna COVID-19 Vaccine is an unapproved vaccine that may prevent COVID-19. There is no FDA-approved vaccine to prevent COVID-19.

The FDA has authorized the emergency use of the Moderna COVID-19 Vaccine to prevent COVID-19 in individuals 18 years of age and older under an Emergency Use Authorization (EUA).

For more information on EUA, see the "What is an Emergency Use Authorization (EUA)?" section at the end of this Fact Sheet.

WHAT SHOULD YOU MENTION TO YOUR VACCINATION PROVIDER BEFORE YOU GET THE MODERNA COVID-19 VACCINE?

Tell your vaccination provider about all of your medical conditions, including if you:

- have any allergies
- have a fever
- have a bleeding disorder or are on a blood thinner
- are immunocompromised or are on a medicine that affects your immune system
- are pregnant or plan to become pregnant
- are breastfeeding
- have received another COVID-19 vaccine

WHO SHOULD GET THE MODERNA COVID-19 VACCINE?

FDA has authorized the emergency use of the Moderna COVID-19 Vaccine in individuals 18 years of age and older.

WHO SHOULD NOT GET THE MODERNA COVID-19 VACCINE?

You should not get the Moderna COVID-19 Vaccine if you:

- had a severe allergic reaction after a previous dose of this vaccine
- had a severe allergic reaction to any ingredient of this vaccine

WHAT ARE THE INGREDIENTS IN THE MODERNA COVID-19 VACCINE?

The Moderna COVID-19 Vaccine contains the following ingredients: messenger ribonucleic acid (mRNA), lipids (SM-102, polyethylene glycol [PEG] 2000 dimyristoyl glycerol [DMG], cholesterol, and 1,2-distearoyl-sn-glycero-3-phosphocholine [DSPC]), tromethamine, tromethamine hydrochloride, acetic acid, sodium acetate, and sucrose.

HOW IS THE MODERNA COVID-19 VACCINE GIVEN?

The Moderna COVID-19 Vaccine will be given to you as an injection into the muscle.

The Moderna COVID-19 Vaccine vaccination series is 2 doses given 1 month apart.

If you receive one dose of the Moderna COVID-19 Vaccine, you should receive a second dose of the same vaccine 1 month later to complete the vaccination series.

HAS THE MODERNA COVID-19 VACCINE BEEN USED BEFORE?

The Moderna COVID-19 Vaccine is an unapproved vaccine. In clinical trials, approximately 15,400 individuals 18 years of age and older have received at least 1 dose of the Moderna COVID-19 Vaccine.

WHAT ARE THE BENEFITS OF THE MODERNA COVID-19 VACCINE?

In an ongoing clinical trial, the Moderna COVID-19 Vaccine has been shown to prevent COVID-19 following 2 doses given 1 month apart. The duration of protection against COVID-19 is currently unknown.

WHAT ARE THE RISKS OF THE MODERNA COVID-19 VACCINE?

Side effects that have been reported with the Moderna COVID-19 Vaccine include:

- Injection site reactions: pain, tenderness and swelling of the lymph nodes in the same arm of the injection, swelling (hardness), and redness
- General side effects: fatigue, headache, muscle pain, joint pain, chills, nausea and vomiting, and fever

There is a remote chance that the Moderna COVID-19 Vaccine could cause a severe allergic reaction. A severe allergic reaction would usually occur within a few minutes to one hour after getting a dose of the Moderna COVID-19 Vaccine. For this reason, your vaccination provider may ask you to stay at the place where you received your vaccine for monitoring after vaccination. Signs of a severe allergic reaction can include:

- Difficulty breathing
- Swelling of your face and throat

- A fast heartbeat
- A bad rash all over your body
- Dizziness and weakness

These may not be all the possible side effects of the Moderna COVID-19 Vaccine. Serious and unexpected side effects may occur. The Moderna COVID-19 Vaccine is still being studied in clinical trials.

WHAT SHOULD I DO ABOUT SIDE EFFECTS?

If you experience a severe allergic reaction, call 9-1-1, or go to the nearest hospital.

Call the vaccination provider or your healthcare provider if you have any side effects that bother you or do not go away.

Report vaccine side effects to FDA/CDC Vaccine Adverse Event Reporting System (VAERS). The VAERS toll-free number is 1-800-822-7967 or report online to https://vaers.hhs.gov/reportevent.html. Please include "Moderna COVID-19 Vaccine EUA" in the first line of box #18 of the report form.

In addition, you can report side effects to ModernaTX, Inc. at 1-866-MODERNA (1-866-663-3762).

You may also be given an option to enroll in v-safe. V-safe is a new voluntary smartphone-based tool that uses text messaging and web surveys to check in with people who have been vaccinated to identify potential side effects after COVID-19 vaccination. V-safe asks questions that help CDC monitor the safety of COVID-19 vaccines. V-safe also provides second-dose reminders if needed and live telephone follow-up by CDC if participants report a significant health impact following COVID-19 vaccination. For more information on how to sign up, visit: www.cdc.gov/vsafe.

WHAT IF I DECIDE NOT TO GET THE MODERNA COVID-19 VACCINE?

It is your choice to receive or not receive the Moderna COVID-19 Vaccine. Should you decide not to receive it, it will not change your standard medical care.

ARE OTHER CHOICES AVAILABLE FOR PREVENTING COVID-19 BESIDES MODERNA COVID-19 VACCINE?

Currently, there is no FDA-approved alternative vaccine available for prevention of COVID-19. Other vaccines to prevent COVID-19 may be available under Emergency Use Authorization.

CAN I RECEIVE THE MODERNA COVID-19 VACCINE WITH OTHER VACCINES?

There is no information on the use of the Moderna COVID-19 Vaccine with other vaccines.

WHAT IF I AM PREGNANT OR BREASTFEEDING?

If you are pregnant or breastfeeding, discuss your options with your healthcare provider.

WILL THE MODERNA COVID-19 VACCINE GIVE ME COVID-19?

No. The Moderna COVID-19 Vaccine does not contain SARS-CoV-2 and cannot give you COVID-19.

KEEP YOUR VACCINATION CARD

When you receive your first dose, you will get a vaccination card to show you when to return for your second dose of the Moderna COVID-19 Vaccine. Remember to bring your card when you return.

ADDITIONAL INFORMATION

If you have questions, visit the website or call the telephone number provided below.

To access the most recent Fact Sheets, please scan the QR code provided below.

www.modernatx.com/covid19vaccine-eua

1-866-MODERNA

(1-866-663-3762)

HOW CAN I LEARN MORE?

- Ask the vaccination provider
- •Visit CDC at https://www.cdc.gov/coronavirus/2019-ncov/index.html
- •Visit FDA at https://www.fda.gov/emergency-preparedness-and-response/mcm-legal-regulatory-and-policy-framework/emergency-use-authorization
- •Contact your state or local public health department

WHERE WILL MY VACCINATION INFORMATION BE RECORDED?

The vaccination provider may include your vaccination information in your state/local jurisdiction's Immunization Information System (IIS) or other designated system. This will ensure that you receive the same vaccine when you return for the second dose. For more information about IISs, visit: https://www.cdc.gov/vaccines/programs/iis/about.html.

WHAT IS THE COUNTERMEASURES INJURY COMPENSATION PROGRAM?

The Countermeasures Injury Compensation Program (CICP) is a federal program that may help pay for costs of medical care and other specific expenses of certain people who have been seriously injured by certain medicines or vaccines, including this vaccine. Generally, a claim must be submitted to the CICP within one (1) year from the date of receiving the vaccine. To learn more about this program, visit www.hrsa.gov/cicp/ or call 1-855-266-2427.

WHAT IS AN EMERGENCY USE AUTHORIZATION (EUA)?

The United States FDA has made the Moderna COVID-19 Vaccine available under an emergency access mechanism called an EUA. The EUA is supported by a Secretary of Health and Human Services (HHS) declaration that circumstances exist to justify the emergency use of drugs and biological products during the COVID-19 pandemic.

The Moderna COVID-19 Vaccine has not undergone the same type of review as an FDA- approved or cleared product. FDA may issue an EUA when certain criteria are met, which includes that there are no adequate, approved, and available alternatives. In addition, the FDA decision is based on the totality of the scientific evidence available showing that the product may be effective to prevent COVID-19 during

the COVID-19 pandemic and that the known and potential benefits of the product outweigh the known and potential risks of the product. All of these criteria must be met to allow for the product to be used during the COVID-19 pandemic.

The EUA for the Moderna COVID-19 Vaccine is in effect for the duration of the COVID-19 EUA declaration justifying emergency use of these products, unless terminated or revoked (after which the products may no longer be used).

ADDITIONAL RESOURCES

Nimiipuu Health is using v-safe for personalized health check-ins after receiving the COVID-19 vaccine click here for more information

8 Things to Know about the U.S. COVID-19 Vaccination Program

Additional Information about the Moderna COVID-19 Vaccine

Understanding mRNA COVID-19 Vaccines

December 29, 2020 / 2:12 PM

Nimiipuu Health Begins Administering COVID-19 Vaccine

Lapwai, Idaho- Nimiipuu Health (NMPH) received their first shipment of the Moderna COVID-19 Vaccine on December 22, 2020. In anticipation of the shipment, staff referred to the prioritization list and almost immediately began offering the vaccine to those interested. The primary distribution was for Nimiipuu Health staff, which is anticipated to be completed today, December 29.

"We are extremely grateful to have received our IHS allocation for the Moderna COVID-19 vaccine. We have created a schedule at Nimiipuu Health specifically for COVID-19 vaccines. Once a vaccine vial is opened, the vaccine is not stable for long," stated NMPH Medical Director, Dr. Kim Hartwig. "Because the vaccine is not stable for long periods of time, it is very important that patients arrive at their scheduled time to avoid any potential for vaccine going to waste. Please keep this in mind when you schedule your COVID-19 vaccine. We can do this together!"

The next phase of the priority list will include first line responders:

- o Police and fire
- o CPS/Social Services
- o EOC members
- o NPTEC members
- o Senior citizen staff

o Tribal members 75 years of age and older (those with 3 or more underlying medical conditions, then 2 underlying medical conditions, then 1 etc. that may contribute to a severe COVID-19 infection will be prioritized in reduced order).

*Those who have had COVID-19 in the prior 90 days will be omitted from any of the above groups

The priority schedule has been in the works for a few months. A committee was formed to plan and prepare for the vaccine arrival. While staff were able to create a priority list that catered to the unique needs of the Nez Perce Reservation, it was also based on recommendations from Indian Health Services (IHS), Centers for Disease Control & Prevention and the Advisory Committee on Immunization Practices.

Following the initial priority group, essential workers are next in line for the vaccine:

- o Education (teachers, support staff, daycare)
- o Food and agriculture
- o Manufacturing
- o Corrections workers
- o U.S. Postal Service workers
- o Public transit workers
- o Grocery store workers
- o Transportation and logistics
- o Food service
- o Shelter and housing (construction)
- o Finance
- o IT and communication
- o Energy
- o Media
- o Legal
- o Public Safety (engineers)
- o Waste and waste water

The vaccine distribution will be completed as NMPH is able. NMPH patients will receive prioritization (i.e. Those who receive care at NMPH will receive a vaccine before those who do not receive care at NMPH.) Though they may not be able to get through the entire list, they will provide as many vaccines as possible. NMPH staff have requested that if individuals opt to get the first dose of the vaccine at another facility, that they also receive the second dose at that same facility.

December 9, 2020 / 1:14 PM N O T I C E

The Nez Perce Tribe is currently following the protocols of a modified Stage 3 of the Idaho Rebounds guidelines.

This includes restrictions to non-essential travel and gatherings limited to 10 people, with proper protocols in place.

Face masks are required in all Tribal Offices and Entities for staff and visitors.

Please continue to practice social distancing, wearing a mask when around others, washing your hands, sanitizing high touch surfaces, and staying home if you do not feel well.

December 9, 2020 / 10:16 AM

Local public health authorities determine and establish the quarantine options for their jurisdictions. CDC currently recommends a quarantine period of 14 days. However, based on local circumstances and resources, the following options to shorten quarantine are acceptable alternatives.

Nimiipuu Health will be implementing these alternatives into their policy, if appropriate.

• Quarantine can end after Day 10 without testing <u>and if no symptoms</u> have been reported during daily monitoring.

O With this strategy, after the 10 day quarantine, one can still infect others at risk rates of 1-10%.

• When diagnostic testing resources are sufficient and available, then quarantine can end after Day 7 if a diagnostic specimen tests negative <u>and if no symptoms</u> were reported during daily monitoring. The specimen may be collected and tested within 48 hours before the time of planned quarantine discontinuation (e.g., in anticipation of testing delays), but quarantine cannot be discontinued earlier than after Day 7.

O With this strategy, the after the 7 day quarantine and an appropriately timed negative test, one can still infect others at risk rates of 5-12%.

In both cases, additional criteria (e.g., continued symptom monitoring, social distancing and masking through Day 14) must be met.

After stopping quarantine, you should:

- Watch for symptoms until 14 days after exposure.
- If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.
- Wear a mask, stay at least 6 feet from others, wash hands, avoid crowds, and take other steps to prevent the spread of COVID-19.

CDC continues to endorse quarantine for 14 days, which is optimal, and recognizes that any quarantine shorter than 14 days' balances reduced burden against a small possibility of spreading the virus.

Contact Nimiipuu Health: Lapwai (208)843-2271 Kamiah (208)935-0733

Due to COVID-19 precautions, all offices located within the Wa-A'Yas Community Center are accessible by contacting your service provider for an appointment.

Thank you.

October 2, 2020 / 3:17 PM

NOTICE

2020 Fall General Council

October 15-17, 2020

POSTPONED

Out of concern for tribal members' health and wellbeing during the pandemic, and as a precaution, the Fall GC will be postponed until further notice.

Reevaluation will occur to determine a new date. Notice will be posted with the amended meeting schedule.

We appreciate your patience and understanding.

October 2, 2020 / 9:55 AM

Nez Perce Hunters CARES ACT Ceremonial & Subsistence Tribal Hunt

Orientation

October 8, 2020

5:00 p.m.

Orientation 5PM October 8, Pi-Nee-Waus Conference Room. Conference Call Lines will be available by contacting Nancy McAllaster

During this PANDEMIC, time of uncertainty, we understand and know the needs of our PEOPLE are many. Our "FIRST FOODS" have always sustained us since time immemorial. Although, we are limited by the COVID-19 VIRUS, we are facilitating a "TRIBAL HUNT FOR THE GOOD OF THE PEOPLE". Gas Cards will be available to approved applicants.

REQUIREMENTS FOR PARTICIPATING HUNTERS INCLUDE (BUT NOT LIMITED TO) THE FOLLOWING:

- Must Be Enrolled Nez Perce age 18 years and older to hunt (Non-Enrolled Nez Perce volunteers can cut & pack meat, but CANNOT hunt)
- Have a Rifle and/or Bow
- No prior wildlife violations convictions in the past three (3) rears
- Have reliable vehicle registered and insured
- Hunters must attend the CARES Act Hunt Orientation in-person or via conference call
- Have a signed Cares Act Hunt Agreement & Guidelines (received at orientation)

Hunters will be tasked with properly and efficiently harvesting deer and/or elk for Tribal distribution AND/OR freezing, which will be used for ceremonial & traditional gatherings.

Hunt dates will be between October 9th & November 29th, 2020. Hunting will be conducted on OPEN & UNCLAIMED LANDS within our CEDED LANDS (on/off reservation). Hunters must abide by all sections of the Tribal Code pertaining to hunting and firearms.

For more information or to apply contact Nancy McAllaster at the FWC Office: 315 B Street, Lapwai , 208-843-9376 or nancymac@nezperce.org.

OR Contact FWC Chairman Erik Holt at 208-791-4853 or erikh@nezperce.org

September 29, 2020 / 11:17 AM REMINDER

Per the Nez Perce Tribal Executive Committee

Face masks are required

for all Nez Perce Tribal staff and visitors in tribal buildings when a 6-foot distance cannot be maintained.

This includes the <u>interior of all buildings</u> including offices if meeting with another staff member or visitor. This also includes exterior areas for staff while in the workplace.

(only if around others not in your household and a 6-foot distance cannot be maintained outside).

Your cooperation and understanding is appreciated.

September 11, 2020 / 11:38 AM

Nez Perce Tribe 2020 Fall General Council Rescheduled

Lapwai, Idaho- The Nez Perce Tribe (Tribe) 2020 Fall General Council (GC)has been rescheduled to take place on October 15, 16, and 17 at the Pi-Nee-Waus Community Center in Lapwai. This new date is potentially subject to change, based on the regional COVID-19 situation. Notice will be provided of any additional changes.

The event was originally scheduled to occur the last full weekend of September, but was postponed because of restrictions on large gatherings implemented by the Tribe in response to the threat of the COVID-19 Pandemic.

Knowing the pandemic is not over, the GC Committee wants to ensure everyone's health and safety during the GC meetings, especially the elderly and vulnerable. The GC leadership met with the Tribe's Emergency Operations Command and Nimiipuu Health for recommendations on how to best conduct the GC meetings in a safe manner. Those recommended protocols will be enacted during the gathering.

The following protocols will be in place during the 2020 Fall GC:

- Face masks are required to enter General Council
- Encouraged social/physical distancing, markers will be placed to help facilitate
- Households can sit together, but must be 6 feet away from other households

- Discouragement of hugging or shaking hands
- All food items will be prepackaged
- Bottled beverages will be available
- Coffee and fountain soda will be served by attendants, only
- Prepackaged creamer, sugar, and sweetener will be provided
- Hand sanitizer and Kleenex will be available
- Stands/tables will be sanitized before and after the meeting
- Microphone will be sanitized after each use
- All handouts will be placed in bags for pick up

September 9, 2020 / 8:16 AM

We must continue to function while balancing the protection of our communities. Please follow safety protocols and recommendations to help keep yourself and others safe.

As of September 9, 2020

Per the Nez Perce Tribal Executive Committee:

The Nez Perce Reservation is moving to the <u>Stage 3</u> Protocols of the Idaho Rebounds guidelines.

This decision is being made after reviewing the last two weeks of test results and seeing a steady decline in the number of positive COVID-19 tests.

Stage 3 of the Guidelines limits gathering sizes to 10-50 people and non-essential travel can resume to locations that allow and do not have ongoing transmission. Telework is still encouraged where feasible with business operations.

Link to Guidelines

September 8, 2020 / 11:55 AM REMINDER

Face masks are required for all Nez Perce Tribal staff and visitors

in tribal buildings when a 6-foot distance cannot be maintained.

This includes the interior of all buildings including offices

if meeting with another staff member or visitor.

This also includes exterior areas for staff while in the workplace.

(only if around others not in your household and a 6-foot distance cannot be maintained outside).

Your cooperation and understanding is appreciated.

August 14, 2020 / 7:32 PM

We must continue to function while balancing the protection of our communities. Please follow safety protocols and recommendations to help keep yourself and others safe.

As of August 14, 2020

Per the Nez Perce Tribal Executive Committee:

The Nez Perce Reservation is reverting back to the <u>Stage 2</u> Protocols of the Idaho Rebounds guidelines

This includes minimizing non-essential travel and limiting gatherings to 10 people or less with social distancing in place

Link to Guidelines

August 14, 2020 / 6:47 AM

Spike in Positive COVID-19 Cases Continues, with Cases Arising in Kamiah

Lapwai, Idaho- Nimiipuu Health (NMPH) is continuing to see a spike in positive COVID-19 cases. Since August 12, 2020 an additional nine tests returned positive. Two of those tests were from Kamiah residents. To date, a total of 838 COVID-19 tests have been conducted with 54 returning positive.

Testing will continue at NMPH. The testing policy criteria is still symptom based which means an individual requesting testing must have been exposed to a known positive individual and have symptoms of COVID-19. The CDC recommends this testing method because of the length of time it takes for COVID-19 proteins to become detectable. In addition, the clinic has a limited daily capacity on being able to run swabs through the testing machine.

If you have been exposed to a known COVID-19 positive individual, but are not showing any symptoms you should stay home and quarantine for 14 days. If at any time during quarantine you begin to develop symptoms, call your medical provider.

At this point nine departments at NMPH have been directly impacted, eight of those departments had to be shut down due to insufficient staffing. This has required 26 NMPH staff to be in isolation or quarantine. Given the limited staffing and to minimize unprecedented foot traffic, NMPH has reverted back to emergency, by appointment only, services until further notice.

It is critical that everyone remain vigilant in following safety protocols at this time.

- Stay home if you do not feel well
- Avoid large gatherings with others outside your immediate household
- Maintain a distance of at least six feet from anyone outside your household
- Avoid hugging or shaking hands
- Wear a face covering when out in public or in a communal setting
- Wash your hands and sanitize regularly
- Cover your coughs and sneezes

- Wipe down high-touch surfaces frequently
- Avoid touching your face
- Take extra precaution if traveling

Symptoms of COVID-19

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Contact Information

- Emergency- 911
- NMPH Lapwai- (208)843-2271
- NMPH Kamiah- (208)935-0733

August 11, 2020 / 4:25 PM

COVID-19 Testing Protocols for Nimiipuu Health

As of: August 11, 2020

(Subject to change)

NMPH will not be conducting any additional mass testing at this time

The findings from previous mass testing supported symptom based testing to be the most effective. This is due to:

- · Mass testing requiring swabs to be sent out to an external lab (Idaho turnaround time for results is 4-18 days)
- Testing only being a "point-in-time" result, meaning if you test negative it is only for that moment and the virus could still be contracted afterward
- · The rapid test allowing for same day results but having limited capacity to run tests, with a maximum ability of running 20 tests per day

Given this information, NMPH continues to follow protocols for symptom based COVID-19 testing. This means the individual must:

· Have Covid-19 like symptoms (fever, cough, shortness of breath, chest pain, nausea, vomiting, diarrhea, change of taste/smell, muscle aches/pains, fatigue, headache, sore throat, runny nose)

- · Have been directly exposed (within 6 feet for more than 10 minutes without a mask) to a known positive individual
- · Currently be patient of NMPH or an employee of a Nez Perce Tribe entity

Please help us prevent the spread of illness by:

- · Staying home if you do not feel well
- · Maintaining a distance of at least 6 feet from anyone outside your immediate household
- · Wearing a face covering that covers your mouth and nose
- · Washing/sanitizing your hands regularly
- · Covering your mouth if you cough or sneeze
- · Avoiding touching your face
- Avoiding shaking hands or hugging

August 11, 2020 / 9:41 AM

Nimiipuu Health Announcement

This week could present itself with a plethora of COVID-19 testing. As we prepare, please be aware that NMPH lab will be postponing routine lab evaluations in anticipation of the necessary COVID-19 testing. Additionally, microscopic evaluations with specimen, such as urine and infection swabs, will be sent out to our contracted lab sources secondary to the priority of COVID-19 testing. The COVID-19 testing may occur throughout the week as we learn of the extent of the spread in our community.

Please be reminded that an exposure to a positive COVID-19 case is one in which you have been in close proximity (less than 6 ft.) for greater than 10 minutes without a mask. Our SOPs (Standard Operating Procedures) for COVID-19 direct us to use our masks while on duty. <u>Please be diligent with mask use</u> during this time of COVID-19 prevalence in our community.

Reminder: if anyone has COVID-like symptoms, call NMPH – Lapwai (208) 843-2271 or Kamiah (208) 935-0733. If you have an emergency, please call 911. For updated COVID information for Nimiipuu Health, please visit the website at https://nimiipuu-coronavirus-response-nptgisonline.hub.arcgis.com/. ALL PATIENTS being seen for testing are required to call prior to coming into the clinic.

If you have any other issues that you would like to bring to our attention, or the Nez Perce Tribe Emergency Operations Center, please email NPTemergencyoperations@nezperce.org.

August 7, 2020 / 4:04 PM

Nimiipuu Health Records 13 Positive Cases of COVID-19 in One Day with Additional Tests Pending

Lapwai, Idaho- Nimiipuu Health (NMPH) has seen a surge in positive COVID-19 cases today, August 7, 2020. As of 3:00 p.m., 13 COVID-19 tests were positive, with additional tests pending. All positive tests were travel related.

Testing capacity continues to be limited at NMPH, allowing for a maximum of 20 tests to be completed daily. Testing will continue to be available for symptomatic patients, and priority will be given to those

with a known exposure to a positive COVID-19 individual. Please be aware that if it has been less than five days from your exposure to a known positive COVID-19 case, it may be too early to test you as your body needs time to mount an immune response to the virus. Please wait at least five days from your exposure to be tested, so the most accurate result can be obtained.

As a reminder, if you do not feel well you should stay home. If you are experiencing any symptoms of COVID-19 (fever, cough, shortness of breath, chest pain, nausea, vomiting, diarrhea, change of taste/smell, muscle aches/pains, fatigue, headache, sore throat, runny nose), please call your medical provider for further direction.

The Nez Perce Tribe Emergency Operations Center would like to remind community members to remain vigilant with safety precautions. Keep at least a six-foot distance from anyone outside your immediate household, wear a face covering when you are out in public, sanitize/wash hands frequently, avoid shaking hands or hugging, and wipe down any high touch surfaces as often as possible.

If you need to contact NMPH please call Lapwai- (208)843-2271 Kamiah- (208)935-0733. If you have an emergency, please call 911.

To date, NMPH has run 750 COVID-19 tests. There are currently 17 cases being monitored.

July 15, 2020 / 3:28 PM

Nimiipuu Health Begins Receiving COVID-19 Testing Results from Mass Testing Events

Lapwai, Idaho- Over the last several weeks, Nimiipuu Health has hosted two COVID-19 mass testing events. The first in Lapwai on June 29 and the second in Kamiah on July 4. Between these two events, close to 400 tests were conducted. The test samples, nasopharyngeal swabs, were sent to an external lab for analysis.

Original estimates for return of the results ranged from 3-5 days and later 8-10 days. Some results began returning on Thursday, July 9 in no particular order. NMPH staff immediately began calling patients whose result were received. At this time, not all patient results have returned. To date, all results that have returned are negative. This external lab is currently quoting a 13-day turn around for results.

"One thing we know is, issues remain in the follow up and paperwork that must be completed before results are released. However, please know if there is a positive test result, the individual would move up on the priority list and be contacted immediately. Everyone will be contacted with their results upon receipt," stated NMPH Medical Director, R. Kim Hartwig.

Testing in Idaho remains an issue. Although testing seems to be more readily available, there is still a deficiency in the capability to complete the testing process and get results returned quickly. Testing labs are also running swabs based on a set priority list; highest priority is going to hospitalized patients and medical providers, second is nursing homes and symptomatic patients, last is any other asymptomatic individual.

NMPH is still offering rapid testing, providing same day results, to qualifying NMPH patients and Nez Perce Tribe employees that are demonstrating symptoms of COVID-19. These individuals are asked to call NMPH in advance so staff can properly prepare. (208)843-2271, option 2.

"While we would like to test everyone, our testing equipment and staff only allows for an average of 18 tests to be run per day, as supplies allow. Additionally, we do not have the capacity to store specimen. We are privileged to be able to receive same day results with our current testing equipment. Based on this information, we are seeing that the most effective protocol for COVID-19 testing is still symptom-based testing," stated Hartwig, MD.

July 2, 2020 / 7:11 PM

Mass COVID-19 Testing to Occur at Kamiah Nimiipuu Health July 4, 2020

Kamiah, Idaho- The Nimiipuu Health (NMPH) Kamiah Clinic (313 3rd St.) will be conducting tests for COVID-19 on Saturday, July 4, beginning at 8:00 a.m. till 2:00 p.m. subject to change based on the availability of testing kits. Testing will be available for any enrolled NMPH patients or any employee of a Nez Perce Tribe entity. This is following the rise in positive COVID-19 cases and a probable exposure at the It'se Ye-Ye Casino on June 30th.

The testing will occur for asymptomatic¹ and symptomtic² individuals, through the NMPH drive-thru. Patients will remain in their vehicles and medical staff will perform the swabbing. Nimiipuu Health will be utilizing nasopharyngeal swabs; the swabs will be sent to an external lab to be tested. The turnaround time for results of the swab is 3-5 days.

If an individual is symptomatic², they will be tested with the Abbott ID NOW analyzer, which will allow for results in approximately 15 minutes. Symptomatic² patients need to be evaluated for their care needs and this is why symptomatic² patients will be given a result with the rapid testing method. The Abbott ID NOW analyzer has a limited testing capacity and everyone cannot be tested with this machine. Our goal is to test as many community members as possible, and using an outside lab helps us to meet this goal.

Patients on site for COVID-19 testing will not be permitted in the building, unless directed to do so by staff. Public restrooms will not be available for those being tested. Staff will be fully equipped with personal protective equipment to ensure your safety as well as theirs.

If you were directly exposed³ to a confirmed COVID-19 positive individual without a mask, but remain asymptomatic¹, it is advised to self-quarantine⁵ for 10 days. If during those 10 days you begin to have symptoms, you should call NMPH for further instruction.

If you test positive for COVID-19 you will be instructed to self-isolate⁴ for 10 days, with at least a 72-hour period of being symptom free, starting on the day you were tested. If you test positive for COVID-19 and were already in self-quarantine⁵, you should restart the 10 days for self-isolation⁴.

If needed, NMPH will consider an additional mass testing day, pending the results. We appreciate your patience and understanding during this trying times. For any questions, please call NMPH at (208)935-0733.

Definitions:

¹Asymptomatic- An individual not showing any signs or symptoms of COVID-19.

²Symptomatic- An individual showing signs or symptoms of COVID-19. Symptoms include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

³Direct Exposure- Being within 6 feet for longer than 10 minutes, without a mask, of a confirmed positive individual.

⁴Self-Isolation- Used to separate people infected with the virus – positive COVID-19 test - (those who are sick with symptoms and those who are symptom free) from people who are not infected. People who are in isolation should stay home until it's safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" or area.

⁵Self-Quarantine- Used to keep someone who has been exposed to COVID-19 positive individual away from others to reduce potential spread of the virus. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

July 2, 2020 / 8:45 AM

Due to the rising number of positive COVID-19 cases, the Nez Perce Tribe is advising additional safety precautions.

Offices that typically have high foot traffic, will be limiting access to the public at this time. <u>All services</u> will still be available.

Individuals needing assistance are asked to either use phone or email to receive services, call and make an appointment, or come by during the designated office hours.

Updates will be sent out as changes occur

Below are offices that will have limited access:

Air Quality: Online and phone accessibility. Contact: (208)843-9381 | airquality@nezperce.org

Water Resources: Open but doors are locked. Must knock for service. (Note: utility payments must be made at the finance office. Mask required.) **Contact**: (208)843-7368 | chrisp@nezperce.org

USDA Food & Nutrition (Commodity Foods): Lapwai- 8:00-4:30 Kamiah- 10:00 -3:00 **Contact**: (208)843-7306 ext.3854 | thunderg@nezperce.org

Phinney Building: By appointment only

Contact:

Land Services- (208)621-3721 | kcannon@nezperce.org

Bureau of Indian Affairs (BIA)- (208)621-4823

Prosecutor's Office- (208)843-7361 | delraek@nezperce.org

Short Term Loan- (208)621-3675 | kbomar@nezperce.org

Nimiipuu Community Development Fund- (208)621-3729 | jonelle@nimiipuufund.org | george@nimiipuufund.org

Enterprises Office: By appointment only **Contact**: (208)843-7407 | chantelles@nezperce.org | jessiek@nezperce.org

Human Resources: By appointment only, drop box is available **Contact**: (208)843-7332 | teamhr@nezperce.org

Education: Open but appointments are encouraged

Contact:

Adult Education- (208)621-4604 | kseven@nezperce.org

Education Manger- (208)621-4610 | joycem@nezperce.org

Higher Education Scholarships- (208)621-4755 | dianee@nezperce.org | education@nezperce.org

Mamáy'asnim Hitéemenwees (Kamiah, Lapwai)- (208)843-7330 | jennyo@nezperce.org | (208)843-7330 | patriciaw@nezperce.org

Students for Success- (208)621-4613 | abeb@nezperce.org

Vocational Rehabilitation- (208)621-4615 | joannam@nezperce.org

NPTEC Lobby and Mail Room: Office hours 10:00-10:30 & 2:30-2:50 Contact: (208)843-2253 | NPTEC@nezperce.org

All Community Centers: Closed to the public until further notice **Contact**: Lapwai- (208)621-3724 Kamiah- (208)621-3624

Funeral arrangements- (208)790-8554 | aquag@nezperce.org

Executive Direction Office (Including SRBA, Communications, Maintenance, Planning, and

Transportation): By appointment only

Contact: (208)621-3672 | natahnees@nezperce.org | catherineb@nezperce.org

Finance: Open but doors are locked. Drop box and/or email is preferred **Contact**: (208)621-3838 | requisitions@nezperce.org | payroll@nezperce.org

TERO: Open but doors are locked, use intercom for entry. Appointments are encouraged. **Contact**: (208)843-7363

Social Service Offices: Office hours 10:00-10:30 & 2:30-2:50

Contact:

Financial Assistance- (208)843-2463 | tariciam@nezperce.org

Administration- (208)843-2463 | jackiem@nezperce.org

TANF- (208)843-2464 | consuelog@nezperce.org

Child Protection- (208)843-7302 | joniw@nezperce.org

Veterans Program- (208)621-4738 | mtaylor@nezperce.org

I Vision- (208)621-4812 | ryano@nezperce.org

Úuyit Kímti- (855)803-4685 | kareep@nezperce.org

Adult Protection- (208)621-3873 | jackiem@nezperce.org

Senior Citizens Program: Office hours 8:00-1:00. Meal deliveries will continue **Contact**: Lapwai-(208)843-7311 | gmorrison@nezperce.org | Kamiah- (208)935-3411 | marytb@nezperce.org

Tribal Court Office (Including LOEO office, Public Defender, Probation): Open but doors are locked, cases will be heard by phone or in person with proper PPE. Only parties to the case will be allowed in the building.

Contact: Court- (208)843-7338 | courtclerk@nezperce.org

Law & Order Executive Office- (208)621-4754 | jessef@nezperce.org

Public Defender's Office- (028)621-3866 | leslieg@nezperce.org

Probation Office- Breanne Speas (208)621-4749 | breannes@nezperce.org

Child Support Enforcement: Open but doors are locked, must knock or ring doorbell for service. Appointments are encouraged. **Contact**: (208)843-7362 | lillyi@nezperce.org | hattieb@nezperce.org | <a href="m

*Fish & Wildlife Commission Office: By appointment only. Drop Box is available. Contact: (208)843-9376 | nancymac@nezperce.org

Moana's Island Kitchen: Call-in orders only, pickup at back door (beginning 6/25) **Contact**: (208)790-9343

June 26, 2020 / 7:17 PM

Mass COVID-19 Testing to Occur at Lapwai Nimiipuu Health June 29, 2020

Lapwai, Idaho- The Nimiipuu Health (NMPH) Lapwai Clinic (111 Bever Grade) will be conducting tests for COVID-19 on Monday, June 29, beginning at 9:00 a.m. till 3:30 p.m. subject to change based on the availability of testing kits. Testing will be available for any enrolled NMPH patients or any employee of a Nez Perce Tribe entity. This is following the rise in positive COVID-19 cases. Given the circumstances, Idaho is remaining in stage 4 and the Nez Perce Tribe remains in stage 3.

The testing will occur by drive-thru format for asymptomatic¹ individuals, at the back NMPH parking lot. Please note, the back NMPH parking lot will not be available for staff parking. Staff will need to park in the Pi-Nee-Waus parking lot.

Patients will remain in their vehicles and medical staff will perform the swabbing. Nimiipuu Health will be utilizing nasopharyngeal swabs; the swabs will be sent to an external lab to be tested. The turnaround time for results of the swab is 3-5 days.

If an individual is symptomatic², they will be rerouted into a parking spot and tested with the Abbott ID NOW analyzer, which will allow for results in approximately 15 minutes. Symptomatic² patients need to be evaluated for their care needs and this is why symptomatic² patients will be given a result with the rapid testing method. The Abbott ID NOW analyzer has a limited testing capacity and everyone cannot be tested with this machine. Our goal is to test as many community members as possible, and using an outside lab helps us to meet this goal.

Patients on site for COVID-19 testing will not be permitted in the building, unless directed to do so by staff. Patients coming to NMPH for a regular appointment will still be permitted in the building. Public restrooms will not be available for those being tested.

Markers and signs will be in place to route vehicles appropriately. There will be one entrance and one exit. <u>See attached map</u>. Please mind the markers and follow all necessary protocols. Staff will be fully equipped with personal protective equipment to ensure your safety as well as theirs.

If you were directly exposed³ to a confirmed COVID-19 positive individual without a mask, but remain asymptomatic¹, it is advised to self-quarantine⁵ for 10 days. If during those 10 days you begin to have symptoms, you should call NMPH for further instruction.

If you test positive for COVID-19 you will be instructed to self-isolate⁴ for 10 days, with at least a 72-hour period of being symptom free, starting on the day you were tested. If you test positive for COVID-19 and were already in self-quarantine⁵, you should restart the 10 days for self-isolation⁴.

Please be sure to inform your supervisor if you feel you need testing. Employers rely on the honesty and good faith of staff to provide necessary information.

If needed, NMPH will consider an additional mass testing day, pending the results of the June 29 testing. NMPH will also be planning for a testing day in Kamiah. We appreciate your patience and understanding during this trying times. For any questions, please call NMPH at (208)843-2271.

Definitions:

¹Asymptomatic- An individual not showing any signs or symptoms of COVID-19.

²Symptomatic- An individual showing signs or symptoms of COVID-19. Symptoms include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

³Direct Exposure- Being within 6 feet for longer than 10 minutes, without a mask, of a confirmed positive individual.

⁴Self-Isolation- Used to separate people infected with the virus – positive COVID-19 test - (those who are sick with symptoms and those who are symptom free) from people who are not infected. People who are in isolation should stay home until it's safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" or area.

⁵Self-Quarantine- Used to keep someone who has been exposed to COVID-19 positive individual away from others to reduce potential spread of the virus. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling

symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

June 25, 2020 / 7:37 PM

Masks Required at Clearwater River Casino and It'se Ye-Ye Casino

Lapwai, Idaho- Beginning June 26, 2020 the Clearwater River Casino in Lewiston, ID and the It'se Ye-Ye Casino in Kamiah, ID will mandate that all customers wear masks while in the establishment. This precaution is being taken due to the increase of positive COVID-19 cases in both Washington and Idaho.

Masks will be available for customers at both facilities, in addition to sanitizing products. All other protocols will remain in place until further notice. Those protocols include:

- Masks must be worn
- No smoking inside the building
- Temperature reading at the door
- Social distancing between machines
- Beverage machine will be managed by staff
- Limited hours: Sunday Thursday 8:00 a.m. -12:00 a.m., Friday & Saturday 8:00 a.m. 2:00 a.m.

June 25, 2020 / 11:31 AM

There have recently been two new newly confirmed, travel-related positive COVID-19 cases at Nimiipuu Health, Lapwai clinic. However, at this time there does not appear to be community spread. The individuals who tested positive have been instructed to self-isolate at this time.

Contact tracing has been initiated and is being conducted by the North Central District of Idaho Public Health (PHD). Individuals who need to be tested due to direct exposure will be contacted by the Health District. Nimiipuu Health continues to follow symptom based testing protocols, meaning they will only conduct a test if an individual is showing symptoms. As a reminder, symptoms include fever, cough, shortness of breath, chills, muscle pain, new loss of taste or smell, vomiting or diarrhea and/or sore throat.

If you were contacted by PHD informing you that you were in direct contact with a positive individual, please notify your supervisor. Individuals with direct contact are encouraged to stay home and self-quarantine for ten days and monitor for symptoms. Direct contact is having been within six feet of a positive individual for more than ten minutes. If you were not in direct contact, you do not need to self-quarantine, but you should continue to monitor for symptoms.

At a minimum, a 10-day quarantine period will be required if you have had direct contact with a positive COVID-19 case. If you develop symptoms during your 10-day quarantine period, you should contact Nimiipuu Health or your medical provider as you may need to be tested. At the conclusion of that test, and depending on the results you will be informed by the health care professional of next steps

As a reminder, all Individuals should continue following the recommended protocols for social distancing, efficient hygiene and wearing a mask when in close proximity to others. If you feel sick, stay home. Offices with high foot traffic will be minimizing in-person visits. For additional information on work protocols, please refer to the Standard Operating Procedures.

May 20, 2020 / 4:52 PM

Clearwater River Casino & Lodge to Reopen Friday

Lewiston, Idaho- The Clearwater River Casino & Lodge (Casino) ceased operations on March 18, 2020 as a safety precaution in response to the COVID-19 pandemic. Since then, staff have been working diligently to prepare to welcome back customers to the gaming floor by completely sanitizing the facility and initiating new safety measures. Collective mitigation efforts in this region appear to have minimized the threat of COVID-19 in the community as there has been a decline in COVID-19 cases. In addition, the Casino has met all of the recommended standards set forth by Nimiipuu Health and the Nez Perce Tribal Emergency Operations Command Center to safely reopen. As a result, the Casino will be reopening on Friday, May 22, 2020.

In deciding to reopen, the Casino has focused on two priorities in order to move forward; providing a safe work environment for all staff and providing a safe environment for customers. New protocols will include temperature screenings for staff and customers prior to entering the facility, enhanced cleaning and sanitation, social distancing requirements, mask usage, and no smoking. The Casino will also have specific hours of operation, to allow for ample cleaning and sanitation measures. The new hours will be Sunday-Thursday 8:00 a.m.-12:00 a.m. (midnight), Friday and Saturday 8:00 a.m.-2:00 a.m.

Some areas of the establishment have also been repurposed to allow for additional spacing of the gaming machines. In addition, hand sanitizer stations have been made available throughout the facility. Beverage stations will be available but managed by staff. The Qeqiit Restaurant will be offering limited food options, to-go only. The Stadium Sports Bar will continue to provide drinks. The Yawwinma Café will have limited food, snacks, and drinks available.

All new safety protocols adopted are based on the Nez Perce Tribe's COVID-19 Standard Operating Procedures, the Centers for Disease Control standards, and Nimiipuu Health recommendations.

"We have taken the last couple months to ensure we are taking every necessary precaution. We want all of our customers and staff to feel safe while in our establishment. We are excited to welcome back all of our customers and we look forward to providing everyone with our legendary hospitality," commented Nez Perce Tribe Enterprises Executive Officer, Kermit Mankiller.

May 16, 2020 / 8:08 AM

COVID-19 Update for Nez Perce Reservation

Lapwai, Idaho- As of May 15, 2020, Nimiipuu Health has tested 137 individuals for the COVID-19 virus. Of those tests, 17 have returned positive. All positive tests were from persons tested at the Lapwai clinic located in Nez Perce County. The ages of the individuals that tested positive range from ages 1 – 80. There have been no additional positive tests since May 11.

Since Nimiipuu Health confirmed its first positive COVID-19 test on May 1, the facility has ramped up testing. The medical staff started testing all patients, including asymptomatic patients, in an effort to gain perspective of the virus' reach on the Nez Perce Reservation. There have been multiple asymptomatic individuals who have tested positive.

Based on more recent tests, it appears the virus now has community spread on the Nez Perce Reservation. This is due to one individual testing positive without that individual having any known contact with a COVID-19 positive person.

"We want to test as many people as we can, provided testing kits and supplies remain available. These tests indicate the extent of the virus' presence on the Reservation. Amongst several unknowns, we are striving to manage the situation as best we can," stated Nimiipuu Health Medical Director, Kim Hartwig, M.D.

May 7, 2020 / 9:29 AM

COVID-19 Update for Nimiipuu Health and the Nez Perce Tribe

Lapwai, Idaho- On May 6, 2020, Nimiipuu Health recorded no new positive cases of the COVID-19 virus. On May 5 fourteen individuals were tested and out of those tests, four returned positive. These new results bring the total number of positive COVID-19 cases for the Nez Perce Reservation to 16 positive COVID-19 cases out of 53 tested. This daily testing is being done pursuant to Centers for Disease Control testing protocols. The North Idaho Public Health District (District) is conducting contact tracing for each of these cases. Nimiipuu Health is working closely with the District, providing all necessary data and ensuring proper protocols are being followed.

"We are continuing to test, and are fortunate to have the capability to receive same-day results. We are doing all we can at this time to ensure the safety of everyone. We are learning more each day about the impacts this virus is having on our community," stated Nimiipuu Health Medical Director, Kim Hartwig, MD.

Although the contract tracing is ongoing with each of these positive results, there is still no implication of community spread at this time. Nimilpuu Health has performed extensive testing for multiple individuals of a single household, which is not mandatory, but has been done as a precautionary measure. Due to the closeness of the community and the prevalence of asymptomatic cases, it was deemed a priority to test all individuals that were possibly exposed to a positive individual.

"It has been my oath from day one to help protect our people. It was never a matter of if it would come here, but a matter of when. It is important to remember that this virus does not discriminate. Anyone is susceptible to contracting the virus. There is no individual, family, organization, or business that is at fault for the virus being in our community. We need to continue supporting one another and caring for each other. Everyone can do this by maintaining social distancing with anyone outside your immediate household, washing your hands, wearing a mask if you must go out in public, and staying home as much as possible," concluded Dr. Hartwig.

With the uptick in positive cases, Nimiipuu Health has asked the public to be mindful of the subtle but devastating ways that COVID-19 can spread in a community. A recent article in the Lewiston Tribune explained that an increase in positive COVID-19 cases could be traced back to children playing together. Experts noted that COVID-19 asymptomatic children can be a significant transmission vector of the illness in a community. This emphasizes the continuing importance of abiding by the Nez Pere Tribe's 'Stay At Home' order and social distancing.

May 2, 2020 / 6:59 PM

Nimiipuu Health Confirms Additional Positive COVID-19 Tests

Lapwai, Idaho- On May 2, 2020 the Nimiipuu Health clinic in Lapwai conducted additional testing as a result of the two positive cases of the coronavirus (COVID-19) that were confirmed on Friday, May 1, 2020. While performing 28 tests, the clinic confirmed ten additional positive tests. There are now a total of 12 positive cases on the Nez Perce Reservation.

It is believed that all positive cases of COVID-19 are related, and at this time there is no implication of community spread of the COVID-19 virus. Nimiipuu Health staff have developed testing protocols and will be testing only those individuals that meet the recommended level of priority. As recommended by the Centers for Disease Control, only individuals with symptoms will be tested.

"There are circles of exposure. If you think of a pebble dropping into a pond, the pebble creates a series of waves and the wave ring closest to the pebble is the highest risk of people whom we are testing. If one of those people in the first ring tests positive, each of them create their own ring of contacts. You now have the appearance of a pond with sprinkling rain falling onto it," stated Nimiipuu Health Medical Director, Dr. R. Kim Hartwig.

Patients needing to be seen at Nimiipuu Health will be required to wear a mask. Nimiipuu Health will continue to ask individuals to call (208)843-2271 prior to coming in with COVID-19 like symptoms, so staff can adequately prepare.

Nimiipuu Health will be enacting additional practices and making adjustments for how patients in need of testing, or other medical care, will be processed. All routine appointments for the week of May 4 – May 8, have been postponed.

"This batch of testing illustrates the importance of social distancing during this time. Please be diligent with hand washing, covering your cough and sneeze, wearing a mask when you are out in public and remaining home when you are ill. We need to remain cohesive and strong. Nimiipuu Health is providing an excellent level of care," Dr. Hartwig concluded.

May 1, 2020 / 11:55 PM

Nimiipuu Health Reports Two Positive COVID-19 Cases

Lapwai, Idaho- On May 1, 2020, two patients at Nimiipuu Health, the tribal clinic on the Nez Perce Reservation, tested positive for the novel coronavirus (COVID-19). To date, Nimiipuu Health has tested 12 individuals. These are the first two confirmed positive cases.

The individuals are Nez Perce tribal members and of the same family. Both were sent home to self-isolate. One of the individuals is an employee of the Nez Perce Tribe, who has been working from home since March 17, 2020 pursuant to a tribal wide Stay-At-Home order.

A contact tracing process for the positive cases is being conducted by the North Idaho Health District. The health district will be notifying those persons who may have come in contact with the individuals. Nimiipuu Health is also assisting with preliminary contact tracing and has started testing other individuals of the same household for COVID-19. Nimiipuu Health will be working this Saturday to provide additional testing for those who may have come in contact with the positive individuals.

If you have been in contact, or believe you may have been in contact, with an individual that has tested positive for COVID-19 call Nimiipuu Health (208) 843-2271. It is important for individuals to provide self-disclosure to ensure the safety of themselves and others.

The Nez Perce Tribe will continue to take precautionary measures to help prevent the spread of COVID-19 on the Nez Perce Reservation and strongly encourages everybody to follow the recommended guidelines for social distancing and efficient hygiene recommended by the Centers for Disease Control. Individuals are encouraged to refrain from socializing with anyone outside their immediate household. Use of masks, when required to be out in public, are also encouraged.

The Nez Perce Tribe Stay-At-Home order is still in effect on the Nez Perce Reservation and we would like to encourage the community to stay vigilant and continue to stay home during this time.

April 3, 2020 / 5:17 PM

An Update to the Nez Perce Tribe's COVID-19 Response

Lapwai, Idaho- Following the Nez Perce Tribe's (Tribe) declaration of a Public Health Emergency on March 18, 2020, it continues to run its Emergency Operations Command (EOC) center under the direction of Incident Commander Marty Antone, Nez Perce Tribal Police Department (NPTPD) Captain. The EOC is currently operating at a response level higher than currently needed to ensure the Tribe is prepared for any potential increase in the spread of COVID-19 in our area.

"In law enforcement we are always preparing for a 'worst-case scenario', we are doing the same with our emergency operations. We want to ensure that no matter what happens, we have the resources in place to manage any crisis to the best of our ability," said Incident Commander Antone.

The EOC team meets daily to debrief, discuss and address requests. The EOC is also working collaboratively with Nimiipuu Health, ensuring that emergency operations are assisting the clinic in meeting the demands imposed on it by the COVID-19 pandemic.

At the request of the EOC, the Tribe issued a Stay At Home Order (Order) on March 27, 2020 in response to cases of COVID-19 being confirmed in this region. Idaho issued a similar Stay At Home Order. The Tribe's Order does contain some additional precautionary measures that were not imposed by Idaho. The Tribe's Order implements a curfew between the hours of 12:00 a.m. and 6:00 a.m., requires adult supervision of children while out in public spaces, and imposes restrictions on cultural gatherings. These measures are being imposed throughout the Nez Perce Reservation.

The Order will be implemented through education and encouragement. While the Order is in effect, NPTPD Officers will work collaboratively with other law enforcement agencies to ensure the safety of everyone. Community policing, which has always been a priority of the NPTPD, will be the foundation of this enforcement effort as well.

Despite the public health emergency, the Tribe is still open and operating to provide essential services to the public. All programs are operating under health and safety guidelines, such as social distancing, to protect staff; some with amendments to hours and service availability. Some essential staff are still working out of offices, those that can work from home are being encouraged to do so and staff that are not able to work at the office or at home are being placed on leave for the time being. The Tribe is also

working diligently on ways to directly provide for the needs of those who are the most vulnerable to COVID-19, such as elders and individuals with underlying health conditions.

"We will continue to march forward and do our best to protect the people in our communities," concluded Incident Commander Antone.

The Tribe will be opening their COVID Response Distribution Call Center for Nez Perce families on and near the Nez Perce Reservation. The Response Distribution will be providing food and other supplies. The Call Center will be open Monday through Friday 8:00 a.m. to 5:00 p.m. until further notice. (Call Center Phone Numbers: (208) 746- 4130, (208) 790- 1436, (208) 790- 1437, (208) 790- 1438, (208) 790- 1439)

For all the latest updates, news and health guidance related to COVID-19 from the Nez Perce Tribe, please visit nezperce.org, follow the Nez Perce Tribe on Facebook, or tune in to KIYE on 88.7 Kamiah or 105.5 Lapwai.

March 27, 2020 / 9:50 AM

Nez Perce Tribe Issues 'Stay At Home' Order for Nez Perce Reservation

Lapwai, Idaho- Based on several confirmed cases of COVID-19 (Coronavirus) in our region, the Nez Perce Tribe has elected to enact a Stay-At-Home Order for the Nez Perce Reservation effective immediately until further notice.

"At this time, we find it in the best interest of our people to further emphasize social distancing. There is so much we don't know about this virus, yet we do know that social distancing is effective," stated Nez Perce Tribe Executive Committee Chairman, Shannon Wheeler.

Under the Stay-At-Home Order residents are required to stay home to the maximum extent possible. Trips outside of the home should be limited to only those of necessity, such as getting essential supplies. This does not mean individuals cannot go outdoors, but social distancing must be maintained and publicly used equipment must be avoided.

Children should not be out in the public vicinity unless accompanied by a person 18 years of age or older at any time. A curfew will be implemented for everyone, on the Nez Perce Reservation, between the hours of 12:00 a.m. and 6:00 a.m. This curfew will be waived for those working at their work sites or those traveling by automobile through the area.

Social distancing is deliberately increasing the physical space between people to avoid spreading illness. This includes distancing from any individual outside of the immediate household. All non-essential cultural, social and recreational gatherings of individuals will be prohibited, regardless of size. Gatherings will include, but are not limited to, parties, sporting games, weddings, sweat lodge gatherings, etc. Gatherings of members of the same household will be permitted.

Nez Perce Tribal Police Officers will be continuing their regular community policing patrols. Officers will be providing education to community members about the order and encouraging the practice of social distancing. If children under the age of 18 are found in the public vicinity without adult supervision, they will be escorted home.

"We as a community need to come together right now. This order is not to protect one person, but rather to protect everyone; protecting you from contracting the virus, but also ensuring you won't unknowingly infect someone else. We have just over 3,500 enrolled Tribal members, even just one loss is detrimental," said Chairman Wheeler. "To overcome this pandemic, we need everyone. Help us help everyone; stay home."

If you are experiencing an emergency, call 911. NPTPD can be reached through Whitcom dispatch by calling (208)843-5214 for Lapwai and (208)935-7777 for Kamiah. If you are in need of medical assistance, call Nimiipuu Health at (208) 843-2271. If you are in need of any other assistance call (208)621-4600.

March 24, 2020 / 4:00 PM

Nimiipuu Health Update

<u>Please be aware that we do NOT have a confirmed COVID-19 case on the Nez Perce Reservation</u>. We have tested two (2) patients to date. The first specimen returned as negative and the second specimen is still pending. We are currently taking the necessary precautions to avoid spread of COVID-19 in our region. Nimiipuu Health staff will be certain to communicate any results that require a greater response.

It is our privilege to care for you and our community. Please be assured that our greatest concern is maintaining your safety. Let us all continue to work together to encourage social distancing, diligent hand washing and remaining home if ill. These protocols are all effective in reducing the hazard of spreading this unprecedented health risk for our community.

R. Kim Hartwig, MD Medical Director Nimiipuu Health

March 24, 2020 / 11:00 AM

The Non-Partisan NPTEC Primary Elections Scheduled April 4, 2020 POSTPONED

In an effort to follow social distancing protocols and avoid any possible spread of COVID-19 we will be postponing the NPTEC Primary Elections. We anticipate rescheduling the Primary Election for Saturday, May 2, 2020 with the General Election to follow on Saturday, May 9, 2020. Please note that this is subject to change. Notice will be sent out in the event of any changes.

Will be providing additional information later, regarding the health and safety protocols that will be implemented during the voting process.

Thank you for your understanding.

For questions, please contact Melissa Guzman, Election Judge (208)621-3828 melissag@nezperce.org

March 23, 2020 / 9:00 AM

Nimiipuu Fund Coronavirus COVID-19 Notice:

Due to the current Public Health Emergency declared by the Chairman of the Nez Perce Tribe to align with health professionals and CDC-mandated social distancing and quarantine, the NCDF Board of Directors approved closing our physical office, beginning March 20, 2020 and continuing until further notice. We are still providing assistance by email or through our online system for current loans, applications for new loans, and making appointments for clients.

Nimiipuu Fund will continue to monitor this fluid situation and provide updates through email, our website and social media posts.

Nimiipuu Fund loans and concerns with payment. We recommend that you notify our office if you need assistance with payment options for your loan with employer payroll deduction or bank transfer form. If you need relief on your loan at this time, we can find ways to restructure your loan or delay/suspend payments, please contact us. Note that no contact and missed payments may impact your credit with our regular credit reporting process. Options for restructure or forbearance are reviewed on a case-by-case basis. We are still processing new loan applications for our consumer and small business loans, information on our loan options to help you and your small business at this time can be found at www.nimiipuufund.org and complete the "contact us" access to our online system.

Nimiipuu Fund staff will continue to work remotely to provide services and loans with regular coordination calls and tasks to continue operations.

Staff are available and can be reached at <u>jonelle@nimiipuufund.org</u> or <u>george@nimiipuufund.org</u>. You can also call our office at 208-621-3729.

Business Resources:

Idaho SBDC at North Central Idaho – LCSC

SBDC is working remotely and offering free online business consultation and planning courses. You may contact Barbara Leachman, Executive Director at 208-792-2465 or you can email baleachman@lcsc.edu.

Nimiipuu Fund will provide scholarships to individuals or business owners who want to participate in their upcoming virtual workshops. You must contact our office if you are interested as class size is limited.

AVAILABLE NOW

Webinar - Business Base Camp – Where Ideas Get Started

FREE and available online, Instructor: Kim Sherman-Labrum

-Business Base Camp is a two-hour interactive workshop aimed at discovering the feasibility of your business idea. The first section covers the topics every new business must know. The second half covers using the Business Model Canvas to test the feasibility of your idea. <u>VIEW HERE</u>
Speaker(s): Kim Sherman-Labrum

Mar 27

Webinar - Anywhere - Write Your Business Plan Now

9:00 am - 11:30 am, \$25, Instructor: Barbara Leachman

-Want a business plan but can't seem to get it done? Take out your pen or use a laptop NOW. This workshop is the time to make it happen! Your plan could help you with starting, buying, selling, growing, or raising capital. A written business plan makes you more likely to be successful with your endeavors. We have a Ten-Step process that will get you from your goals to your next action steps. Each of the ten steps will be explained and time will be provided for you to write, ask questions, and get feedback. Register online.

April 3

Webinar - Anywhere - Create a Business Website Online NOW

9:00 am – 11:30 am, \$25, Instructor: Barbara Leachman

-From your first header to Calls For Action, bring your content or follow along as we create a free Google website. Then, get your business on the map, including photos and key phrases NOW. *Bring your Gmail password*. Register online.

May 1

Webinar - Anywhere – 30 Steps to Evaluate and Improve Your Website Action

9:00 am – 11:30 am, \$25, Instructor: Barbara Leachman

- Take a few minutes every morning, to optimize your website for search engines and customers. For example: Step #21 – Customize menu titles, #3 – Claim directory sites. Register online

IDRS ACORN Project

One of our partners in business development. IDRS ACORN and Nimiipuu Fund are working on providing virtual training in Native Artist development and Business Planning. You can find more information on IDRS at https://www.nativebiz.org/

Economic Injury Federal Disaster Assistance

U.S. Small Business Administration (SBA) Disaster Assistance Loan at https://www.sba.gov/disaster-assistance/coronavirus-covid-19

Disaster Loan Assistance Available: Economic Injury Disaster Loans (EIDLs) – Working capital loans to help small businesses, small agricultural cooperatives, small businesses engaged in aquaculture, and most private, non-profit organizations of all sizes meet their ordinary and necessary financial obligations that cannot be met as a direct result of the disaster. These loans are intended to assist through the disaster recovery period.

Credit Requirements: • <u>Credit History</u> – Applicants must have a credit history acceptable to SBA.
• <u>Repayment</u> – Applicants must show the ability to repay the loan. • <u>Collateral</u> – Collateral is required for all EIDL loans over \$25,000. SBA takes real estate as collateral when it is available. SBA will not decline a loan for lack of collateral, but SBA will require the borrower to pledge collateral that is available.

Coronavirus Relief Bill

The US Government passed a relief bill aimed at, among other things, helping small businesses across the US pay for employee sick leave. Here's a summary <u>Legislation Passed by the US Gov't</u> and how it might affect your business.

Department of Labor:

Employees can file for Unemployment Insurance Benefits if their hours are reduced or their work place has closed due to Covid-19. Filing for benefits can be done online at https://www.labor.idaho.gov/dnn/.

We highly recommend applicants use a desktop computer and not a phone or tablet. The software is not mobile optimized. Applicants can file in office on lobby computers.

For questions about unemployment,

- Claimants can call 208-332-8942
- Employers can call 208-947-1055

Please expect longer than usual hold times to reach a Claims Specialist.

Nez Perce Tribe and Nimiipuu Health Response Team

Information on the Nez Perce Tribe and Nimiipuu Health response to COVID-19 can be found through the link below. Here you can find the latest information, resources and data.

https://nimiipuu-coronavirus-response-nptgisonline.hub.arcgis.com/

UPDATE March 18, 2020 / 4:00 PM

The Nez Perce Tribe Executive Committee Chairman, Shannon Wheeler to address COVID-19 concerns. Please tune into the Nez Perce Tribe's Facebook Page @4 PM. (Note: Video will also be posted on http://www.nezperce.org shortly after.)

UPDATE March 18, 2020 / 4:00 PM

Temporary Closure – Nez Perce Tribal Enterprises

With The Nez Perce Tribe (Tribe) recently having issued a resolution declaring a state of public health emergency on the Nez Perce Reservation, consistent with efforts around the globe to take preventative measures to avert the spread of COVID-19 (Coronavirus), The Nez Perce Tribal Enterprises remains committed to making efforts to protect the health and safety of our valuable patrons and team members.

Effective today, March 18, 2020 at 11:59 p.m. the Nez Perce Tribal Enterprises will be temporarily closed until April 4, 2020 or until further notice.

During these unprecedented times in our Country, it is important that we continue to support each other with the critical safety precautions necessary. During this time of uncertainties and contagious viruses, we greatly appreciate your understanding and loyalty.

Closures/temporary time changes are as follows:

 Clearwater River Casino & Lodge closed- effective March 18, 2020 at 11:59 p.m. until April 4, 2020 or until further notice. This includes the hotel, casino floor, bingo, cash cage, Players Club, Gift Shop, Qeqiit Restaurant and Yawwinma Café.

- It'se-Ye-Ye Casino closed- effective March 18, 2020 11:59 p.m. until April 4, 2020 or until further notice. This includes the casino floor, café and Player's Club.
- Nez Perce Express gas station and convenience store will remain open Sun-Sat from 6am 9pm
- Camas Express gas station and convenience store will remain open Sun-Sat 8am 6pm
- Clarkston Golf and Country Club will remain open Sun-Sat 6:30am-8:30pm with the clubhouse closed until further notice.

The Nez Perce Tribal Enterprises cares deeply about its guests, team members and our community. As conditions are rapidly changing in these uncertain times, we believe that it is incumbent upon all of us to take responsibility for social distancing to protect the health and safety of our community.

Thank you,
Nez Perce Tribal Enterprises Management Team

UPDATE March 18, 2020 / 2:00 PM

The **ERWM Air Quality Program** is committed to the safety of our staff and community. To help lessen the spread of the COVID-19 virus, our office will be minimally staffed and closed to in-person visits until further notice. However, we will continue to post daily burn decisions and respond to messages in a timely manner. All burn permit and burn approval requirements will continue to be in effect.

If you need immediate assistance with a burn permit, you may call 208-791-9642 or email airquality@nezperce.org during regular work hours.

UPDATE March 18, 2020 / 1:45 PM

In response to the coronavirus pandemic that has left many people facing financial uncertainty, the **Nez Perce Tribe's Utility Program will temporarily suspend all collection activity and water shut-offs for unpaid utilities bills.** If you do have a past due balance, please make the effort to pay by credit card at the Tribal Finance Department (208-621-3838) or call 208-621-3899 to make payment arrangements. We remain committed to our obligation to provide safe and reliable service to our customers and will ensure that this critical function is our focus at this time.

Any question or concerns please call 208-621-3899

Thank you,

Nez Perce Tribal Utility Board

UPDATE March 18, 2020 / 12:30 PM

Nez Perce Tribe Declares State of Public Health Emergency on Reservation

Lapwai, Idaho- The Nez Perce Tribe (Tribe) has issued a resolution declaring a state of public health emergency on the Nez Perce Reservation due to the occurrence and imminent threat of COVID-19 (Coronavirus). An incident command team has been mobilized to keep abreast of the latest information and data related to COVID-19. Incident Command along with the Tribal Emergency Response Planning Team (TERPT) will coordinate to establish resources, supplies, and response protocols. "Although there have not been any confirmed cases on the Nez Perce Reservation, the Tribe feels this is a necessary precaution to aid in preventing the spread of COVID-19," stated Shannon Wheeler, Chairman of the Nez Perce Tribal Executive Committee.

NEZ PERCE TRIBE COVID-19 UPDATES

Additional measures have been put in place that correlate with this decision. The Tribe has cut down on the amount of staff in the work place by placing non-essential employees on administrative leave and is using social distancing as a response tool. Additionally, vulnerable high risk populations have been placed on administrative leave. This includes employees that are 60 years of age and above, people with heart disease, lung disease, diabetes, hypertension, and other respiratory conditions. As an additional precaution, pregnant women and/or nursing mothers are also being placed on administrative leave. Essential employees that can telecommute are being encouraged to work from home. However, the Tribe will continue to remain open with limited staff and public access. "Social distancing is the only proven way to slow the spread of the Virus, knowing that we will continue to err on the side of caution in an effort to protect the wellbeing of our staff, tribal members, and community," said Chairman Wheeler.

These actions follow a travel suspension placed on March 12 for all non-essential travel. Also a Resolution implementing safety protocols for sanitizing and proper hygiene in the work place. These will also continue in conjunction with the minimization of staff.

"We are all feeling the same emotions right now but we need to remain calm at this time. Risks remain low, but once again we want to err on the side of caution. Together we will get through this," concluded Chairman Wheeler.

UPDATE March 18, 2020 / 12:00 PM

ATTENTION NEZ PERCE TRIBAL MEMBERS

The Nez Perce Tribe will be issuing an emergency economic support payment no later than March 31, 2020 to aid in this time of need. Payments will be made to enrolled Nez Perce Tribal members, 18+ (as of March 17, 2020)

If you have not updated your bank information or address recently, you must contact the Tribe to make any changes no later than March 23, 2020 by 4:00 p.m. (PST). We encourage you to update your contact information regularly.

Email: accountspayable@nezperce.org

Phone: Trish Wicks(208)621-3840 or Starr Wallace(208)621-3839 or Rosanna Greene (208)621-3678 or Rachel Edwards (208)621-3685

We are encouraging social distancing at this time and would request people to contact us by email or

phone rather than coming in person.

wic'éey wáaq'is (stay well)

UPDATE March 17, 2020 / 3:30 PM

Cancellation of upcoming events at the Clearwater River Casino

NEZ PERCE TRIBE COVID-19 UPDATES

From the early beginnings of the Clearwater River Casino and the Nez Perce Tribal Enterprises, we have continuously held the health and safety of our valued customers and team members in the highest priority. With the COVID-19 (Coronavirus) being a major concern throughout the world we are taking extra preventative measures to ensure we are doing all that we can to limit the risks and vulnerability of our guests and team members.

We regret to announce that the following upcoming events, set to be held here at the Clearwater River Casino, have been cancelled until further notice:

- Spring Fever Machine Tournament March 21st,
- Ludacris April 4th,
- Clearwater Combat MMA April 18th and
- Hell's Belles May 9th.

We apologize for any inconvenience this may cause. We appreciate your continued support and loyalty to the Clearwater River Casino, Nez Perce Tribal Enterprises and the health and wellbeing of our community.

Information regarding the refund process starting this Thursday, March 19 is as follows:

- If you purchased online via Ticketswest.com your money will automatically be added back onto
- the card you paid with
- If you purchased through our box office with a debit or credit card, bring your tickets and/or
- receipt into our facility for a cash only refund
- If you purchased through a third party, you will have to work with them directly

Visit https://crcasino.com/ for more information

UPDATE March 15, 2020 / 10:00 PM

Lapwai and Kamiah Mamáy'asnim Hitéemenwees- Early Childhood Development Program & The Boys & Girls Club of the Nez Perce Tribe will be CLOSED starting Monday, March 16, 2020 until further notice

Although there aren't any confirmed cases of the COVID-19 virus in our immediate area, this is a precautionary measure to ensure the health and welfare of our staff, children, and community.

All staff are requested to report to work unless otherwise prearranged. Thank you for your patience and understanding during this time.

UPDATE March 15, 2020 / 9:40 PM

Nimiipuu Health- Public Health Incident Command

Risks for worsening or progression of COVID-19 illness include:

Older age patients appear to have the greatest risk of complications and mortality (death)

• 50-59-year-old have a 1.3% mortality rate

NEZ PERCE TRIBE COVID-19 UPDATES

- 60-69-year-old have a 3.6% mortality rate
- 70-79-year-old have an 8% mortality rate
- 80-year-olds and above have 14.8% mortality rate

Underlying chronic medical conditions such as:

- lung disease
- heart failure
- cancer
- cerebrovascular disease (stroke)
- renal (kidney) disease
- liver disease
- diabetes
- immunocompromising conditions such as rheumatoid arthritis, lupus, mixed connective tissue disorder and scleroderma
- pregnancy

Studies are showing that approximately 20% of infected patients require hospitalization, but we are mainly collecting data on the "sickest of the sick" which means that 20% may be higher than we can expect.

Best prevention measures:

- Stay away from sick people
- Avoid touching your eyes, nose and mouth
- Cover your cough and sneezes with tissue, throw tissues into the trash
- Clean frequently touch surfaces (doorknobs, countertops, banisters) with a common household cleaning spray or wipe
- Hand washing with soap and water for 20-40 seconds or alcohol (60%) based hand sanitizers (must air-dry completely to be effective)
- The viruses is spread via respiratory droplets from nose and mouth of infected people
- Droplets can land on surfaces
- Other people can touch the surfaces and infect themselves by touching their face, eyes, nose or mouth
- Healthy people in the general public have no benefit from wearing masks
- Infection control for healthcare workers to allow them to be able to continue to provide needed Care

Nimiipuu Health- Public Health Incident Command

Common symptoms of COVID-19 include:

- · Fever (83-98%) a fever is a temperature greater than 100.4 Fahrenheit
- · Cough (46-82%)
- · Shortness of breath (31%)

AVERAGE onset of illness which occurs approximately 6-9 DAYS AFTER exposure

Treatment is primarily symptomatic:

NEZ PERCE TRIBE COVID-19 UPDATES

- \cdot A fever should be treated with antipyretics (fever lowering agents) such as acetaminophen and ibuprofen
- · Hydration is extremely important
- · Antiviral medications are currently under investigation, but not currently recommended or available
- ***Close monitoring of signs and symptoms over the second week of illness may be necessary to monitor for worsening or progression of illness.

Local Data for COVID-19:

Idaho:

Confirmed cases: 5Fatal cases: 0Recovered cases: 0

Washington:

· Confirmed cases: 769

· Fatal: 42

· Recovered: 1 (this result should make us question the accuracy of the data with only 1 recovered; it may not be being collected at this time)

Oregon:

Confirmed cases: 39Fatal cases: 1Recovered cases: 0

Montana:

Confirmed cases: 6Fatal cases: 0Recovered cases: 0

UPDATE March 15, 2020 / 4:45 PM

Lapwai School District Closure Update

Due to the recent closure of the Lewiston and Clarkston School Districts and concerns regarding students returning from recent travel, the Lapwai School District has determined it necessary to close as a health and safety precaution tomorrow, Monday, March 16th until otherwise notified. This decision was incredibly difficult, yet determined in the best interest our students, staff and families.

School-based sports and all other extracurricular activities will also be suspended Monday until otherwise notified.

The closure will allow for continued deep cleaning and instructional planning should the closure be extended. This time will also be utilized to develop a plan with food service to resume meals during closures. Details on school meals will follow after planning occurs Monday.

Again, school is canceled for students tomorrow, Monday, March 16th until otherwise notified. All district staff are requested to report to work tomorrow unless they request sick leave. Please see your supervisor with questions.

On behalf of the Lapwai School District, thank you for your patience, support and understanding.

UPDATE March 13, 2020 / 4:45 PM

Nez Perce Tribe and Nimiipuu Health Continue Proactive Measures Against Coronavirus

As the COVID-19 (Coronavirus) continues to be a concern throughout the world, Nimiipuu Health (NMPH) in correlation with the Nez Perce Tribe (Tribe), and all entities of the Tribe, are taking proactive and preventative measures. Although there have not been any confirmed cases of COVID-19 on the Nez Perce reservation, every necessary precaution is being taken at this time to limit the chance of exposure and spread.

On March 10, 2020, the Nez Perce Tribal Executive Committee passed a resolution (see NPT Resolution NP20-215) directing measures and actions that are to be taken at this time. These actions included designating Dr. R. Kim Hartwig as the Incident Commander who will utilize the Nimiipuu Health Incident Command Team and the TERPT. The resolution provided direction for department executives to manage staff concerns. It also laid out restrictions for non-essential travel, possible cancellation or postponement of events, sanitation protocols, resource assistance for Tribal members, continued preparation, and regular communication for updates. The Tribe will continue to monitor the situation and update precautions as necessary.

"No one is immune to COVID-19, there is potential risk for anyone. Some individuals are at higher risk based on pre-existing conditions," explained Dr. Hartwig, NMPH Medical Director. "Everyone should be taking precautions, healthy or not, as they could potentially be exposing someone whose immune system may be unable to recover."

At this time Dr. Hartwig recommends that individuals practice proper hand-washing hygiene, stay home if they are not feeling well, and to cover coughs and sneezes appropriately. Although the immediate risk of being exposed to the virus that causes COVID-19 is thought to be low in our community, it is very important that preventative measure continue.

"It is a privilege to care for our community. Knowing that, our highest priority is to be proactive in our efforts to manage health concerns, such as COVID-19," said Dr. Hartwig.

For more information on COVID-19, we encourage you to visit The Center for Disease Control's website at https://www.cdc.gov/coronavirus/

UPDATE March 13, 2020 / 12:40 PM

Lapwai school district health and safety updates

The health and safety of our students, staff and families is of the highest priority for the Lapwai School District. Our proactive and preventive approach for the remainder of the school year and until further notice includes:

- 1. Closing our facilities for non-district use including tournaments
- ${\bf 2.} \ {\bf Canceling} \ {\bf field} \ {\bf trips} \ {\bf to} \ {\bf limit} \ {\bf exposure}$

NEZ PERCE TRIBE COVID-19 UPDATES

- 3. Limiting school athletic participation to outdoor events with safety precautions Special events in district facilities create additional duties for our limited maintenance and custodial staff. Their time and attention need to be prioritized toward sanitizing our schools. The Center for Disease Control also recommends postponing large meetings and gatherings. The Idaho Department Health and Welfare is discouraging indoor events of 250 or more. They also advise against events drawing participants from areas with confirmed community spread of the COVID-19 disease. Schools Will Continue to Reinforce the Following:
- 1. Review appropriate handwashing techniques with students followed by provided hand sanitizer
- 2. Reinforce covering coughs or sneezes with a bent arm or tissue, washing hands afterward
- 3. Discourage touching eyes, nose and mouth
- 4. Discourage the sharing of food and drinks
- 5. All instructional spaces will be provided anti-bacterial wipes
- 6. Maintenance will clean high-touch surfaces daily with highly-effective, anti-bacterial products

Additional hand sanitizing dispensers have also been installed in each school. Please do not hesitate to contact me with questions.

UPDATE March 13, 2020 / 11:30 AM

Nez Perce Tribal Senior Citizens - Congregate Meal Participants

At this time social distancing is important to stay healthy.

- The Dining Hall will NOT be open for sit down meals.
- Dine-in will only be available for pick up / to go.
- Homebound meals will continue as regular until further notice.

For questions regarding this notice, please contact: Jackie McArthur at 208-843-2463 or Mary Tallbull at 208-935-3411

UPDATE March 12, 2020 / 4:30 PM

In our continued efforts to remain proactive against COVID-19 (Coronavirus) spread, the Nez Perce Tribe will continue to enforce precautionary measures.

The Nez Perce Tribal Executive Committee has formally decided to suspend ALL travel for ALL Nez Perce Tribe entities, boards, and commissions as of today, March 12, 2020 through April 10th, 2020

Extension of the travel suspension may be considered at a later date.

We appreciate your understanding and cooperation.

UPDATE March 5, 2020 / 8:30 AM

NEZ PERCE TRIBE COVID-19 UPDATES

Nimiipuu Health and the Nez Perce Tribe recognize the privilege it is to care for our community. We would like to be proactive, as opposed to reactive, with respect to the prevention and spread of infectious diseases. We have become aware of members of our community with possible exposures to the COVID19 (Coronavirus) at the Wildhorse Resort and Casino this past weekend. There has been a presumptive positive case of COVID-19 (novel coronavirus) in the state of Oregon and is pending confirmation by the CDC. The Yellowhawk Tribal Health Center Public Health Incident Command, with local, state and federal health agencies has determined that the risk of exposure to the COVID-19 at Wildhorse Resort and Casino is minimal.

We have not had a confirmed case in Idaho, however, we would like to communicate the potentially exposed community members have been recommended to undergo self-isolation by the Nez Perce Tribe Incident Command and Tribal leadership. This decision was made after careful consideration of the health status of our community members and our commitment to protect those we serve. This recommendation is PRECAUTIONARY. We have several members of our community with impaired immune systems for various reasons, such autoimmune conditions, chronic diseases such as COPD, diabetes and chronic kidney disease, or cancer with current systemic immune suppressant treatments. It is with these patients in mind that we have chosen to be aggressive in protecting our community and are attempting to limit any potential transmission of this illness.

The goal of our facility is several fold:

- Reduce morbidity (disease) and mortality (death)
- Minimize disease transmission
- Protect healthcare personnel
- Preserve healthcare functioning

We would ask that ANY RESPIRATORY ILLNESS call Nimiipuu Health before leaving home so staff can be prepared for your arrival. We will have special handling of patients with respiratory illnesses as a precaution.

Prevention is our greatest tool at this time. To help prevent spread of the COVID-19, flu and other viruses please:

- Wash your hands often with soap & water according to the WHO recommendations for at least 40-60 seconds
- Use hand sanitizer if you don't have soap and water available
- Avoid touching your eyes, nose or mouth with unwashed hands
- Avoid contact with people who are sick
- Stay home while you are sick
- Avoid close contact with others by not attending large events
- Cover your mouth and nose with a tissue when coughing or sneezing
- Dispose this tissue into a waste receptacle and wash your hands immediately

NEZ PERCE TRIBE COVID-19 UPDATES

Let us all work together within this wonderful community to protect each as we prepare for the arrival of this novel coronavirus, COVID-19.

Please contact Nimiipuu Health at 208.843.2271 with questions or concerns.