

Orofino Homecoming Game

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CJF Arena Grand Opening

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# Kamiah Hosts 2019 Fall General Council

September 26th through the 28th, Kamiah's Wa-A' Yas Community Center held the Nez Perce Tribe Fall General Council. Roughly 125 people were in attendance.

The Nez Perce Tribe Executive Committee (NPTEC) Chairman, Shannon Wheeler spoke to the Nez Perce People. Among the top of his concerns was advocating for increased healthy diets for tribal members and maintaining food sovereignty. He also emphasized the need to be conscientious of the environment and develop a plan that has little harmful effect on the planet as possible. Chairman Wheeler said implementing a strategic plan when it comes to resources like water and land, will require the Tribe to take a larger role on the federal stage. "We must secure our brothers in salmon; they are the ones who have given themselves to us from the beginning," Chairman Wheeler said, "How the salmon go, we go." He told the assembly



Quincy Ellenwood speaks after being elected to Fish & Wildlife Commission

that the Tribe is preparing and will be addressing climate change at the top of a strategic plan. "We want to continue to develop our land, but that might mean stopping irrigation of non-producing crops," Chairman Wheeler said. "This will be an implementation with a Nez Perce preference and extreme focus on climate change." Chairman Wheeler also mentioned that the Tribe is in the planning stage of building an assisted living fa-

cility near Nimiipuu Health in Lapwai, providing housing for those 55 and older.

Attendees were shown a breakdown of the assisted living facility that is set to begin construction in 2020. There are several design options ranging from 10,600 square feet to nearly 11,000 square feet. The facility will have a net-zero energy option with solar panels installed, as well as feature new structures and projects taken on by the Nez Perce Tribe. After the facility is built next year, the tribe is looking at building an additional site in Kamiah.

Questions regarding Nez Perce tribal member's eligibility and care at the facility will be answered on November 7th, from noon to 1:00 p.m. at the Nimiipuu Health conference room and in Kamiah on November 20th, from 5:00 to 7:00 p.m. at Nimiipuu Health.

A tribal member approached the Tribe's Enterprise Board and asked if solar panels, or other alternative energies, could be retrofitted to some buildings and infra-Representatives structures. from the board and Executive Direction assured tribal members that the Tribe's business interests are focusing on remaining eco-friendly. However, it is not feasible for adding panels on older infrastructures, but newer facilities will indeed be viable for solar panels. "Any future development will include an alternative energy piece in mind," said Chantel Greene, NPTEC Secretary. Recycling procedures and other sustainability measures are being utilized at the Clearwater River Casino and Lodge, mentioned Enterprise Executive Officer, Kermit Mankiller.

Mankiller also said the Tribe is trying to raise its minimum wage to \$15 to help employees afford the cost of living, but it'll take a little while to get there. He said a dramatic raise in minimum wage isn't likely, it will be staggered and increases will rely on bigger revenue across the Tribe's signature businesses.

Continued Reading General Council on Page 6

# Nimiipuutímtki- The People's Language (Nee-mee-poo-timt-key)



October

píips

Hóopl'al

(hope-lawl)

"season when kimíle (Larch/Tamarack) shed needles"

Pumpkin Black Cat Broom Stick Monster Spider Spider Web

**Bones** 

sepxuleke'í
pícpic cimúux cimux
cáapcxilayka's
'ilcwéewcix
xelxelúuye
xelxelúuye tegé's

sep-hew-le-ka-ee pits-pits tsee-mooh tsee-mooh tsops-he-lie-kus ilts-wow-tsih hal-hal-lewy-yuh hal-hal-lewy-yuh te-kass peeps

# NIMIPUU TRIBAL TRIBUNE

The Nimiipuu Tribal Tribune is published twice a month, on the first and third Wednesday. Our mission is to publish a timely and credible resource for our loyal readers and provide local information relevant to the Nimiipuu people and surrounding communities. Our vision is to disseminate content of interest to readers and to ensure this news publication is accessible by all.

In an effort to be more environmentally friendly, we are working to cut down on paper waste and printing cost. Hard copies will be available upon request only. Enrolled Nez Perce Tribal members are able to receive hard copies at no cost (limit one per household). For businesses and non-enrolled Nez Perce Tribal members, the hard copy subscription fee is \$36 annually. The online version is free for everyone. Subscribe today!

For more information regarding submissions, subscriptions, classified ads, display ad rates, dates and deadlines, visit: <a href="http://nezperce.org/government/communications/">http://nezperce.org/government/communications/</a>



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# Diane Ellenwood Her Own Story



Diane Ellenwood works for the Nez Perce Tribe Education Department as the Administrative Specialist II. She has been with the Education Department for six and a half years. "The Education Department is important to the future of the People," Diane said. Nimiipuu have always been intellectual and one day Diane would like to see Nimiipuu have their own tribal college specific to their lands, water, air, etc. and to share that with the youth. "We have silent leaders that don't want to shine but to see our people succeed, and with a school of our own, we can make use of those leaders and

elders' knowledge before it's all gone," Diane stated.

Diane assists and answers questions for students entering college and applying for scholarship assistance from the Nez Perce Tribe. She also ensures all the documents are sufficient for audit purposes and for what the Plan of Operation requires. Diane enjoys getting phone calls, emails, and even social media messages, because of her desire for all students to succeed. She processes graduate incentives for Vo-Tech and academic students, and also for the STEP Project participants and teachers. "My job is that I work for our people," Diane said, and that is why she does what she has to do, "I can't clock out when I know I need to complete what I started that day," she added.

Diane understands what it's like to be a broke college student, as she has been there herself. The long hours start during the school year where Diane finds herself staying late at the office, to get student files completed and processed. "Coming to work and staying busy has helped me overcome personal losses this year, and so my co-workers are like family to me when I need them," Diane said.

If Diane could make a change in her program, Diane would like to see the Education Department be able to have a Direct Deposit option or set up an account for Google Pay or Pay Pal for students. Especially for students that are attending school away from home. Many students are often not near their bank or do not have a credit union nearby.

Diane would like to thank her boss, Joyce McFarland, for being patient with her learning and making mistakes when she first started. Most importantly, Diane appreciates the students that take the time to thank her, "that means a lot to me that my long hours helped someone achieve a goal," she said.

She would also like to give a shout out to her exes, "They have made me a

stronger woman than I could ever imagine. As a single mother, one can overcome obstacles that were meant to break you; but having children, you want them to be the best person so they can bypass you even further," Diane said, "and now, I learn from my girls Mikailah and Chloe."

Diane enjoys finding cool things for her daughters to do, or travel to, and she really enjoys seeing people being kind to others. "There is too much anger when there doesn't have to be," Diane continued, "I like seeing children help elderly people, open doors, telling others 'Good Morning' and 'How are you', it means a lot to those who don't have company or may have anxiety being around others. Children learn from what they hear or see, I would hope they get inspired by adults to be a good person."

Diane is the daughter of Delbert Ellenwood of Lapwai, and the late Chloe Halfmoon. Her grandparents are the late Gene Ellenwood and the late Bertha Webb, and the late Richard and Nancy Halfmoon. Her siblings are the late Richard Calfrobe from Browning, Montana; the late Joe Calfrobe; the late Cedric Ellenwood Sr.; Deleen Ellenwood from White Plains, New York; and Charlotte Ellenwood. She also has two daughters, Mikailah and Chloe Thompson both from Lapwai as well.



# Sasheena Williams Graduates From Healing to Wellness Program



We go through each day crossing paths with a number of different people. Some of those interactions are quick and forgettable, while others may be joyful or frustrating. In any case, it is easy to overlook the instances in a person's life that have helped mold who they are today. We are all fighting our own battles and looking for ways to cope with each situation we face.

Throughout the world there are people struggling with addictions. They are challenging to overcome, and are often the result of different traumas and tragedies a person has experienced. For some of those folks, they reach a point where they are ready to get out and seek help but it is a long and strenuous journey; one where no paths will ever be identical. For Sasheena Williams, she reached that point just over a year ago.

Williams' experiences are probably not unfamiliar to some. She experienced trauma from a young age, she watched her family members partake in the party life, and she began drinking at a young age. She quickly fell away from the things she once enjoyed, such as sports and school. When she graduated from Kamiah High School in 2011, she was already on a path where alcohol played a major role in her life. "Alcohol affected me before I was even drinking, it ripped my life apart," Williams admitted.

Williams lost two brothers before she was even a teenager, with both deaths

being alcohol related. She witnessed a friend drown, with resuscitation being impossible. Watching family members feed their own addictions, was the norm. At the age of 15, she started down a similar path. By the time she graduated high school, she was drinking every day for the next seven years.

That time period, was a dark phase of life for Williams. "For years, after each hazy night filled with poor decisions, I'd wake and think to myself, I have to quit drinking, but I never actually imagined doing it," Williams stated. On multiple occasions she woke up in a hospital, she also began self-harm, and at a certain point attempted suicide. "I had a very fixed idea of what a problem drinker looked like, and I wasn't it. I was convinced that things weren't 'bad enough' for me to have to guit completely," Williams admitted.

It wasn't until 2018, after burying her aunt, that she took her last drink. Every day since then, she has been on her road to recovery by working through the program of the Healing to Wellness Court. "I realized I wanted more, I wanted better," Williams said.

On September 17, 2019 Williams graduated from the Healing to Wellness Court program. She was celebrated and presented with a Pendleton blanket, with her name embroidered on the corner. Williams would say that this Program was the greatest thing that happened to her, since she graduated high school.

Prior to being in the program, drinking was all she knew and all she did. "I couldn't even think about next week, or anything in the future. It was like I was under a spell, and all I could think about was having my next drink," Williams said.

The Healing to Wellness Program (Program), is a court ordered alternative to receiving legal repercussions for a crime committed. It becomes a binding agreement to complete the steps, without any hiccups, in order to avoid the charges. The overarching goal being to help a person heal, rather than just handout punishments. It certainly is not the easy route; it requires complete commitment for the entire duration. "I knew I still had things I wanted to do, and I couldn't do them if I had something on my record," Williams confessed.

The program required daily journal entries, drug testing four times a week, checkins with a probation officer three times a week, counseling sessions three times a week, completing weekly cultural projects, and attending Alcoholics Anonymous (AA) or Narcotics Anonymous meetings regularly. There are four phases of the Program that must be completed, and the duration varies for each person.

For Williams, the biggest challenge was journaling; writing everyday what she was feeling. The Program would hold her accountable to ensure she was making her entries. The other requirements, were primarily challenging be-

cause of the amount of time they consumed. Williams was also working full-time during her participation in the Program, fortunately her employer and co-workers were understanding and supportive. If she did not complete the tasks, in a timely manner, she would face jail time. So the incentive was certainly there, even if it did mean attending seven AA meetings, in seven days for the first five months.

Today, Williams continues on her path of living a sober life; celebrating a year on Friday, September 20, 2019. She continues working at Nimiipuu Health (NMPH) in the dental clinic, nearing six years of employment. Williams is also excited for her and her partner to have adopted a son, and celebrates having just been awarded official guardianship. Together, they have a new home, new plans, and are looking forward to the future.

"Now I can have hopes and dreams of being what I always wanted to be," Williams shared. She would like to attend school and become a Dental Health Aid Therapist, and continue with NMPH. She is loving her new life, and fully intends to continue on that path, "It's hard, but it gets easier each day; but it never gets easy." Even though she has completed the program she is still attending AA meetings, and plans to continue. For her, the meetings became the best part of being in the program, "I could go to a meeting and even just sitting there crying, made me feel better."

Every day is another hurdle for Williams to get through, but it is the little wins that make all the difference. Think of it this way; if your car gets a flat tire you don't go puncture the other three. You get the tire fixed and get back on the road. Williams openly shared her story and hopes that more people will seek help, "There is always help, there is always a way. You just need to reach out and ask."



# PENDLETON : ROUND-UP

#### Cousins Chosen as Top American Indian Beauty Contestants at Pendleton Roundup

Cousins, Adoniah Guillory, 12, and Gabriella Lewis, 21, were selected as the 2019 Junior and Senior American Indian Beauty contest winners, respectively, at the 109th Pendleton Round-up. Their cousin Faith Sobotta, 12, also placed third in the junior pageant. They are all Nez Perce tribal members. Their mothers are sisters, sharing maternal grandparents, Jon and Rosa Yearout and the late Larry Mc-Farland Sr. The girls all wore the buckskin dresses owned by their Grandma Rosa who passed on the tradition of Pendleton Round-up participation that was started by her great Beauty contest was held Sepgrandparents, Paul and Ida Showaway (Cayuse), in 1910.

Adoniah and Faith were

winners out of 75 girls on September 12. The girls are introduced at the outdoor stage at Roy Raley Park. The announcer reads information about their outfits, family and tribal lineage, school interests, and hobbies. Adoniah is in 7th grade at Sacajawea Middle School in Spokane. Her parents are Raphael and Gloria Guillory and her paternal grandparents are Jeff and Connie Guillory. Faith is in 7th grade at Lapwai Middle School. Her parents are Bob and Angel Sobotta and paternal grandparents are Bob and Loretta Sobotta.

The Senior American tember 12-14. Contestants ride horses in the arena during 3 afternoon rodeo shows. selected as the junior contest. They are judged on Main

Street prior to participating in the Westward Ho! Parade. Judges interviewed 12 contestants this year to learn more about their outfits and horse trappings, cultural knowledge, and education/extracurricular activities. They are evaluated on their traditional dress and regalia (50%); poise (25%), and natural beauty (25%).

Gabriella rode one of Yearout grandparent's Appaloosa horses named Miyooxat. She completed a rare feat, connected to the Pendleton Round-up, by winning both the Junior and Senior American Indian Beauty contests (2010, 2019) and serving as a 2017 Happy Canyon Princess. Currently, Gabriella attends Boise State University studying Graphic Design. Her brother Kellen Lewis made her horse trappings and most of her outfit's beaded accessories. Gabriella's parents are Joe and Kathy Lewis and her paternal grandparents are the late Etta Conner and the late Harry Lewis.

The cousins are extremely grateful for the tradition and history they get to experience each year at the Pendleton Round-up. It's always a special time living in the tipi village, entering the contests, dancing in the arena, attending or having roles in Happy Canyon, and overall creating lasting memories with their family and friends. Their family is just one of many Nez Perce families who have traveled faithfully to Pendleton each vear in September for over 100 years!



Gabriella Lewis receives a Pendleton Blanket Senior American Indian Beauty Contest Winner



Junior American Indian Beauty Contest Winners (L to R): Faith Sobotta (3rd), Adoniah Guillory (1st) & Ava Zamudio (2nd)

# NORTHWEST

# **General Council Continued From Page 1**

Nez Perce Tribal Police Department (NPTPD) Chief, Harold Scott, spoke to the assembly and said he is working on funding for a federal dispatch, and for a jail to be built on the reservation. Scott said the NPTPD has to take those in custody to county jails in the region, which has made it a challenging job for the NPTPD. "But I love to do it because I want to see progress for each and every one of our tribal members," Scott said.

Officials also highlighted the Tribe's efforts on purchasing land as progress toward being the majority owners of land on the reservation. The Tribe has bought property off of the reservation as well, such as the Clarkston Golf and Country Club. The Tribe is also looking at purchasing property to create easements on land near Lava Lake. While it still may be years down the road, the Tribe is raising funds trying to buy land to create conservation projects to protect land from development.

Secretary Greene was

asked if the tribe has plans to introduce hemp agriculture, with the passage of the Farm Bill at the federal level legalizing hemp cultivation. Secretary Greene said the Tribe has a work group looking at hemp cultivation on the reservation, but the Idaho Legislature's hard-line resistance to hemp legalization has made planning difficult.

The Tribe dedicates five percent of its revenues from businesses, like gaming and gas stations, to give as funding to schools from elementary to college students. For the 2019-20 school year, the Tribe allocated approximately \$367,000 towards education. Rebecca Miles, Nez Perce Tribe Executive Director, said since 2004 the tribe has dedicated \$5.3 million to education pursuits across eight counties in Idaho and Washington.

Miles gave a brief summary of what the Tribe has accomplished since the spring General Council, and it included ownership of the Valley Boys and Girls Club in Lapwai. After 20 years the Tribe has taken over the operation. The Nez Perce Tribe's grand open-

ing for the Valley Boys and Girls Club is October 18th at 2:00 p.m. The Tribe intends to expand the program to Orofino and Kamiah as well.

Miles also gave an update on the interchange project on U.S. Highway 95/12 in front of the Clearwater River Casino and Lodge. The site has seen numerous fatal crashes over the years, often from cars exiting the casino and failing to yield to oncoming traffic. "(The tribe has) unfairly received bad criticism about accidents in that area," Miles said, "Each year since I officially worked as a part of the Tribe, we have actively worked on improving that area."

The interchange project comes with an \$18 million price tag, and Miles said designs are mostly done and construction-ready documents should be ready to go out for bid by February 2020. The Tribe is responsible for paying for construction, but the state of Idaho will maintain the interchange.

Elections to the General Council's one-year term positions, boards, and commissions are as follows:

General Council Chair: Julia Davis Wheeler General Council Secretary: Shirley Allman

Resolutions Committee: Seat one: Alice Spaulding Seat two: Ciarra Greene Seat three: Margarita Bulltail Seat four: Jennifer Oatman

Election Judges: Seat one: Melissa Guzman Seat two: Nicole Two-Moons Seat three: Melissa King

Nez Perce Tribal Housing Authority Board of Commissioners Seat one: Shirley Allman

Enterprise Board: Seat one: Keith Kipp Seat two: Gwen Carter

Fish & Wildlife Commission: Seat one: Andre Picard Seat two: Erik Holt Seat three: Quincy Ellenwood

## Orofino Maniacs Play Clarkston Bantams in Homecoming Game, September 27, 2019







Orofino High School Royalty



#### Tai Simpson Set to Speak at Idaho **Democratic Women's Caucus Event**



The Idaho Democratic Women's Caucus wholeheartedly invites the general public to our IDP Clint Stennent Conference breakfast with Tai Simpson. The event is on Sunday, October 6, 2019, from 7:30 am to 9 am at the Best Western Plus Coeur d'Alene Inn, which is located at 506 W Appleway in Coeur d'Alene. Tickets to the breakfast are \$30.00 per person and can be bought at the door.

We are proud to announce that our featured guest will be Tai Simpson, a 2019 TEDxBoise speaker. Tai is a Nez Perce tribal member and a social change advocate with the Idaho Coalition Against Sexual and Domestic Violence. She will be discussing the Protecting the Sacred: A Primer on Missing and Murdered Indigenous Women (MMIW), which is a movement to raise awareness about the number of missing and murdered Native American women in Canada and the United States. The US Department of Justice reports that Native American women face murder rates that are more than ten times the national average. Tai Simpson is a wonderful storyteller who has participated in the 2019 Indigenous People's March in the nation's capital.

Come enjoy the Full Sunrise Traditional breakfast, which includes country red-skinned potatoes, honey glazed ham, brown sugar bacon, maple sausage links, fluffy scrambled eggs, chilled orange juice, coffee, teas, seasonal fruit, muffins, and pastries, as you start your morning off on the right foot. We look forward to seeing everyone at the breakfast.

For more information about this event, please contact our organization by via email at idahodwc@gmail.com or find us on Facebook.

#### **National Park Helps Preserve History**

Historic rock structure restored by Nez Perce National Historical Park

LAPWAI, Idaho - Nez Perce National Historical Park recently restored the Old Chief Joseph's Gravesite and Cemetery rock wall, located outside Joseph, Oregon. The month long masonry project, led by members of the National Park Service Historic Preservation Training Center (HPTC), was finished Sept 20, 2019.

National Park Service employees and Idaho Conservation Corps interns replaced and repointed stones in the wall. "The project was unique because we had to match three different colors of historic mortar in the wall," said Trent Martinez Acting Chief of Facilities for the park. The work on the wall will stabilize the historic structure and preserve it for future generations.

Funding for the project was provided by the Federal Highway Administration and Oregon Department of Transportation in partnership with the National Park Service, Confederated Tribes of the Umatilla Indian Reservation, Confederated Tribes of the Colville Reservation, and the Nez Perce Tribe.

The wall was originally constructed by a Civilian Conservation Corps crew comprised of Umatilla Tribal members in 1939. The Old Chief Joseph's Gravesite and Cemetery was declared a National Historic Landmark in 1985.





## Idaho Identifies First Confirmed Cases of Vaping-Associated Respiratory Disease

September 10, 2019 Idaho public health officials have confirmed two cases of serious respiratory disease among people who electronic cigarettes use or other vaping devices.

State and local public health agencies, the Cent-

ers for Disease Control and Prevention, and U.S. Food and Drug Administration are investigating severe pulmonary disease among people who use e-cigarettes or vape, with 450 possible cases reported to date in 33 states and 1 U.S. territory.



Five deaths have reported from other states. The two Idaho patients are recovering.

Consumers who use vaping products and e-cigarettes are urged to avoid buying products from the street and to refrain from modifying or adding any substancrecently used vaping products such as e-cigarettes and are having difficulty breathing should seek medical attention immediately.

Clinicians have been asked to be on alert for signs

been of serious respiratory illness among patients who recently used vaping products, including e-cigarettes, and report any cases to public health officials as the nationwide investigation continues.

It is very important for teens and parents to understand more about vaping. If es to products purchased in you or someone you know is stores. Individuals who have ready to quit using nicotinecontaining products, including tobacco and vaping products such as e-cigarettes, free help is available from following the resources: 800-QUIT-NOW (800-784-8669), www.projectfilter.org

# **Grand Opening Reveals the New Ewing Arena**

A Grand Opening was held for the Chief Joseph Foundation's (CJF) new indoor arena. The master of ceremony was CJF Board Member, Nakia Williamson. Wahp'kakuhn "Young Eagle", was the Host Drum while lunch was provided by Phil Allen who supplied stew and biscuits to those in attendance.

The event began at 11:00 o'clock a.m. with a horse parade by the Nez Perce Appaloosa Horse Club and fol-

lowing the parade was an opening prayer said by Allan Pinkham Sr. Before the unveiling of the new sign, the CJF and everyone in attendance sang happy birthday to Bonnie Ewing. It was followed by the unveiling of the sign, revealing the name of the new CJF building, which read "Chief Joseph Foundation, Ewing Arena, Dedicated to Bill and Bonnie Ewing". With tears of joy and gratitude, Ewing spoke to the crowd and gave thanks.









# FEMA Wraps Up Assessments on the Nez Perce Reservation



L to R: John Wheaton, Aaron Miles Sr., John Stefancik, Rob Feeley, Frank Evola, Curtis Dahlgren

On April 9, 2019 the Nez Perce Tribal Executive Committee declared a state of emergency for the Nez Perce Reservation, due to anticipated heavy flooding. Over the following three days the Reservation, and many other areas, would experience heavy rain, flooding, landslides, rock slides, mud slides, and road closures. That was only the beginning, in the months to follow, the long process would begin, assessing any damage.

The damage varied for each property impacted by the floods; some would be more simple such as washed out yards and debris, to more complex issues such as whole structures being wiped out. Through the initial assessments, there were 38 properties affected. Seven of those properties suffered damages, and would require repair.

On June 12, 2019, President Donald J. Trump granted a Major Disaster Declaration for the State of Idaho. This allowed for the release of Federal funds to assist communities with recovery from the floods. Since July, representatives from the Federal Emergency Management Agency (FEMA) have been in our area to conduct final assessments on all affected areas.

FEMA moves forward with their assessments, approaching their deadline and stint in Idaho. On Wednesday, September 25 representatives went out to the seven properties on the Reservation, that experienced severe damage. Upon their return to headquarters, they will submit their reports. From there, we hope to hear back in a timely manner the extent of emergency assistance that will be provided.

# Courageous Kids Climbing Visits Nez Perce National Historical Park



September 21st, 2019 the University of Idaho Centers for Disabilities and Human Development visited the Nez Perce National Historical Park, where the Park and Nez Perce Tourism presented. Six legally blind, school aged children were able to hear stories, songs and Nez Perce language. They learned to circle dance and used their other senses to aid in visualizing items such as an eagle feather, sweet grass, and beadwork. They were also able to examine a Nez Perce tipi. Nez Perce Tourism, Nez Perce National Historical Park and the Clearwater River Casino worked together on an agenda of culturally appropriate activities for the Courageous Kids Climbing group.













# Nez Perce Tribe Communications Team has S.W.A.G



As the Communications Team has grown and developed, many changes have occurred within the Tribe. We continue to look for ways of improvement, and increasing internal as well as external communications.

The Nimiipuu Tribal Tribune is nearing its one-year anniversary. Throughout the year we have noticed progression on the design and content. We continue to encourage folks to submit information and content. Chantal Ellenwood has taken on this task and has run with it. She has implemented Nez Perce language, and continues to look for inspiring pieces to share with readers.

The weekly newsletter provides a large array of information. So much, that at times it is overwhelming for readers. We are currently undergoing a redesign, to mitigate this issue. In the near future, readers will receive the weekly newsletter in a new format. Farren Penny has been the mastermind behind this, exploring new ways to communicate the many things

going on in our communities.

On another note, we continue to post and share information through our social media and website. We gain new followers every week on our social media, and the website is a constant work in progress. In future projects, website viewers can anticipate more information on programs, and separate login pages for both Tribal employees and Tribal members.

The overarching goal of the entire team is getting more information out about

the Tribe. We have a number of wonderful folks, doing amazing things. We have made progress with sharing this information, but we hope to do more. Transparency is key in a successful organization, which is why we will continue to make this a priority.

Each month, in the first issue of the Nimiipuu Tribal Tribune, you will see different departments featured. Our hope is to share and celebrate the work and the folks that make our communities, people, and the Nez Perce Tribe thrive.

# Weekly Newsletter, Social Media, Website & Email

#### Strengths

The NPT Weekly Newsletter is to provide valuable content on a weekly basis that reflects the values of the Nez Perce Tribe as well as informs both the tribal and local communities about upcoming meetings, events and opportunities. Social Media: Serves as an additional vehicle to send out tribal and community information to a broader audience. Website/Email: Primary source for all tribal updates, closures, and emergency notifications.



#### Weaknesses

NPT Weekly Newsletter: Need a better process of streamlining submissions to appropriate sections in newsletter, many submissions are not upload ready and need to be designed and formatted. Media: Social Instagram growth only 3%, need to improve by showing up consistently with more aesthetic and engaging content. NPT Communications needs to engage more across all platforms. Website / Email: Website functionality and inefficiencies, ongoing maintenance issues have caused a lag in the ability to update NPT program webpages in a timely manner.

#### Accomplishments

NPT Weekly Newsletter: Consistent. Informative. Streamlined. Social Media: Growth over all platforms.



#### Goals

NPT Weekly Newsletter: To transition from a weekly email newsletter to newsletter site, tracking newsletter begin pages to see which information is most valuable to readers & which information is either not interesting or getting overlooked so it can be either omitted or reorganized for better placement and reach. Social Media: Reorganize the social media strategy from just posting crucial notices and community events to including more engaging content on a consistent basis across appropriate platforms. Website / Email: Inclusion of NPT Employee login to access pertinent forms / files. NPT Member login to access pertinent info, forms, files.

## Nimiipuu Tribal Tribune

#### Strengths

The Nimiipuu Tribal Tribune provides a quick and strong communication avenue between companies, community members, and the Nez Perce Tribe. Its strongest attributes include information within in the Nez Perce Tribal departments, the Nimiipuu Community and highlights the inspirational successes of Nez Perce Tribal members.

The Nimiipuu Tribal Tribune's mission is to publish a timely and credible resource for the loyal readers and to provide local information relevant to the Nimiipuu people and surrounding communities. The vision is to disseminate content of interest to readers and to ensure the news publication is accessible by all.

#### Weaknesses

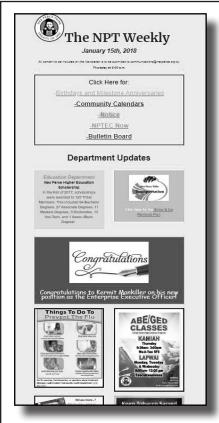
The Nimiipuu Tribal Tribune does have grammatical errors, spelling errors, and typos on occasion. When brought to attention, the publisher addresses any significant errors in the following issue. The Nimiipuu Tribal Tribune encourages people to submit content, tips or information so the content can remain diverse and are inclusive of all tribal members everywhere.

#### Accomplishments

The Nimiipuu Tribal Tribune is continuing to grow in numbers with both online and hard copy subscribers. The number of online views the Nimiipuu Tribal Tribune receives per issue is also increasing drastically, with over 21,000 views of a recent issue. With 375 hard copies being printed and mailed out, the Communications team is pleased with the outcome of the introductory, first year of the Nimiipuu Tribal Tribune and is appreciative of the readers helping us keep the paper waste down and switching to the online version.

#### Goals

The Nimiipuu Tribal Tribune is working on expanding and reaching more rural areas, surrounding the Nez Perce Reservation to create partnerships and even rekindle any lost relationships. One goal the Communications team has for future Nimiipuu Tribal Tribune issues, is to purchase a distribution kiosk where readers can pick-up a hard copy in their communities every first and third Wednesday of the month. The Communications Team would also like to see the Nimiipuu Tribal Tribune being the primary news source of the Nez Perce people.





The image on the left is a screenshot of the old Nez Perce Tribe Weekly Newsletter. The image on the right is a screenshot pf the new and imporved Nez Perce Tribe Weekly Newsletter.



This chart represents the number of times the Nimiipuu Tribal Tribune newspapers are opened and viewed online. At the beginning of the 2019 calendar year, Volume 1 Issue 3 was opened 121 times total. Currently the Nimiipuu Tribal Tribune is now being viewed over 21,500 times each publication.









#### Norbert Campbell, 35, Kooskia, Idaho



"Schoo Chwee A Ten Tum," 35, of Kooskia. Norbert Campbell began his journey Monday, Sept. 23, 2019.

He was 35 years old and an enrolled member of the Nez Perce Tribe. Norbert was born in Lewiston to Janet BlackEagle (Nez Perce) and Larry Campbell (Spokane) on Nov. 14, 1983.

Norbert was named after both of his great-grand-fathers, Norbert Abrahamson and Andrew Jackson. In 1991, during the firestorms, his great grandparents gave him the name "Schoo Chwee A Ten Tum" (pronounced: hoo-he-at ah ten tum), which means busy like the ants in the Spokane language.

As a toddler, Norbert grew up on the Spokane Indian Reservation in Wellpinit, Wash., and Ford, Wash. In 1992, the family moved back to the Nez Perce Reservation, where he attended Clearwater Valley schools. He enjoyed basketball, baseball, drama, choir and graduated a very proud CV Ram with his Class of 2001. After high school, he played for the Orofino Merchant and American League baseball team. He enjoyed baseball so much he began coaching several Little League teams.

Norbert enjoyed telling Nez Perce legends, researching Nez Perce historical landmarks, and traveling with friends and family. He went to St. Louis to attend the memorial for the four St. Louis

warriors, who were BlackEagle (a forebear of Norbert's), Speaking Eagle (another forebearer), Rabbit Skin Leggings and "No Horns on his Head."

He premiered in a historical documentary series, "The Boonies." Norbert was employed with the Nez Perce Tribe and worked for the Nimiipuu Health Clinic, Housing Authority and the It'se Ye-Ye Bingo & Casino.

Norbert was an avid adrenaline junkie. He was very active and adventurous. He was proud to share that he climbed and conquered one of the highest mountains in the state of Idaho, Mount Borah Peak. He was informed by a Nimiipuu elder that this mountain peak was a place where Nimiipuu used to go for their Weyekiin. He loved to rock climb, jump off of bridges and trees, especially taking "the plunge" from the thinker rock in the middle of the Selway Falls. He loved being in the mountains, in the snow and in the water. Many of his favorite spots were along the Selway and Lochsa rivers.

Norbert is survived by his soul mate, Caitlyn Guthrie, of Kooskia; mother Janet BlackEagle, of Kooskia; his father, Larry (Myra) Campbell, of Gifford-Reubens; his sister, Veda (Craig) Pfefferkorn, of Kooskia; his brothers, Dewey Campbell and Arrow Campbell, both of Kooskia, and Tiyapo Campbell, of Moscow. He has several nieces and nephews, Trey, Tyce, Tate, Taya, Mahciah, Riley, Makayla and Sage; and one grandniece, Khaniah, just to name a few; and several aunts, uncles and many, many cousins.

He was preceded in death by his brother, Wilbur Campbell; his uncle, Frank Campbell; his aunt, Cynthia BlackEagle; Uncle Frank BlackEagle; and his paternal grandparents, Frank Campbell Sr., Gertrude Campbell and Ann Flett McCrea; and his maternal grandparents, Veda Jackson-BlackEagle and Reuben BlackEagle.

#### Geneva Towner, 75, Lapwai, Idaho



Geneva Towner was born at home April 4, 1944, in Spalding, and began her eternal walk Sunday, Sept. 15, 2019.

Geneva was very dedicated to her career as a cook, working 35 years for the Nez Perce Tribe Senior Citizens and, prior to that, at the PiNeeWaus Café. She was a community health representative for Indian Health at Lapwai. She went to school at Spalding and later at Haskell. She was an active member of the Spalding Presbyterian Church and the Assembly of God Church at Lapwai.

Geneva was raised in the Wahluset, Long House. She practiced and taught Nez Perce culture to her children, grand-children, great-grandchildren and any person interested in learning. Geneva went root digging and gathered traditional medicines annually. She was an everyday sweater; at Wiskey's, Bobbies, Community,

Pete's and Spaulding; she was a smoke chaser and would go anyplace she could find sweat.

Geneva loved pow-wow and was a dancer in her younger years. She also worked the horses at the Redheart Ranch and was a known Squaw Racer, jumper and helped her brothers train. Geneva loved teaching her family history. She was the daughter of the late James Greene and Lucy McFarland Redheart; Geneva is the paternal granddaughter of Jim Greene and maternal granddaughter of David McFarland and Lizzie Cayuse. Geneva is survived by two sisters, Bessie Greene Scott and Darlene Greene Pinkham, Geneva has six surviving children, Katherine ScabbyRobe, Trish HeavyRunner, Kenneth Paul Sherwood, Danae Wilson, Gia Wilson and Thomas Towner. Geneva has 11 grandchildren, Michael Bisbee Jr., Anton Bisbee, KC Sherwood, Ira Wilson, Elliott Wayne ScabbyRobe, Jonae Scabby-Sim-Sin Robe, HeavyRunner, ZiZi ScabbyRobe, Garen GrowingThunder, Symyan HeavyRunner and Laren Paul.

Geneva was preceded in death by her husband, Gilbert Towner; her brothers, Ispusnutt V Jess Greene, Tom Redheart, Jessie Ty Redheart, Larry Idaho Greene and Matt Greene; her sisters, Katherine Redheart Powaukee and Lucile Redheart Wilson; two children, Baby Girl Paul and David Koosa Wilson; and one great-grandson, Michael BB Bisbee III.

## Mentor Artist Fellowship Open Call

The Native Arts and Cultures Foundation's (NACF) Mentor Artist Fellowship is a regional individual artist project award that focuses on artistic mentoring in the Upper Midwest, Pacific Northwest, and Southwest regions. The Fellowship is open to eligible, established American Indian and Alaska Native artists of 10 years or more who want to mentor an emerging American Indian or Alaska Native artist apprentice in either the Traditional or Contemporary Visual Arts categories for a period of fifteen months, beginning April 1, 2020 and ending June 30, 2021.

Mentor Artist Fellowship is a \$30,000 award distributed to the mentor artist. The award will be divided as follows: \$20,000 for the mentor, \$5,000 for the joint art project, and \$5,000 for the apprentice's participation (travel expenses, supplies, stipend, etc.).

#### Richard Calfrobe, 60, Browning, Montana



Richard F. CalfRobe, Browning - 60, passed away at his home Sept. 23rd. A wake will be held at Glacier Homes Community Center with Rosary being at 7 pm Thursday. Mass will be celebrated at 2 pm Friday at Little Flower Parish in Browning. Military honors will be presented at graveside.

# IDAHO RIVERS UNITED PRESENTS 25<sup>TH</sup> ANNUAL GALA WHAT DO SALMON MEAN TO YOU? OCT 17, 2019 § JUMP, 5th Floor § 6-9pm

Join us for an incredible evening celebrating Idaho Rivers United's work protecting Idaho rivers and native fish! This year marks our 25<sup>th</sup> year of this annual fundraising event. To praise this magnificent anniversary, we will celebrate our iconic fish species and what they mean to all of us. We will debut art and story-boards from our community partners depicting 'What do Salmon Mean to you'.

The evening will include dinner, drinks, silent auction, art stroll (6pm) and a special Happy Hour Host & Toast (5:00-6:00pm) to Kevin Lewis, IRU's Conservation Director of 15 years (he is retiring!)

Please mark your choices and fill out info on back:

#### **AUCTION DONATION**

□ I would like to donate an auction item. If interested, please provide a detailed description on Donation Form. AUCTION DONATIONS MUST BE RECEIVED BY SEPTEMBER 20, 2019.

#### ATTEND

□ I would like to reserve a VIP table at the 25<sup>th</sup> annual gala: \$525 includes a reserved VIP table for 8, parking passes (4), and 2 drink tickets per guests, plus recognition as a sponsor in all marketing materials and at the event. Please fill out Ticket Information section marking the VIP box.

□ I would like to purchase tickets to the event (\$45/each includes dinner, \$30 for current members). Please fill out the Ticket Information box. □ I will be attending the Happy Hour Toast at 5:30 (ticket prices same)

#### **PRESENTATION**

☐ I would like to participate as an artist/story - If interested please email <u>anna@idahorivers.org</u> to get more information.

THANK YOU FOR SUPPORTING OUR MISSION TO PROTECT IDAHO RIVERS

#### Thank You From the Miles Family



On behalf of the Aaron (AJ) David Miles, Jr. Family, my wife and I would like to thank everyone for the heartfelt love and support during the most challenging time in our lives, when we lost our son on August 11th, 2019. There are so many people to acknowledge and it is impossible to list everyone. Please know that we appreciate the love, support, and financial contributions made on behalf of our son's memorial. We wish to extend our love and support back to each of you, because it made our physical walk a little easier during the memorial and funeral services.

Our family would like to thank Pullman School District for allowing us to use the Pullman High School (PHS) Gymnasium for the Memorial Service. PHS Boys Basketball Coach, Craig Brantner and Assistant Coach, Rick Smith, assisted us at the time of our loss and coordinated with the school district. The PHS Gym was such a beautiful place to hold the Memorial Service for our son, because the basketball court had provided a sanctuary for him throughout his life. Basketball allowed him to feel at peace, and also to express himself as an individual while on the court. The PHS Gym also gave us a large enough venue to share and celebrate our son's life with friends and family on the Palouse.

Secondly, we would like to thank the Nez Perce Tribe

for allowing us to conduct the funeral service at the Pi-Nee-Waus Gym in Lapwai. Aqua Greene, who is the Pi-Nee-Waus Coordinator, was wonderful to work with and we are grateful for her tireless efforts to assist all tribal families in their time of need. Thank you to the Tribe's Social Services Department Manager, Jackie McArthur, and her staff member Taricia Moliga who coordinated with Kimball Funeral Home to assist with funeral expenses. Thank you to the Tribe's Land Services Division staff, Rory Wallace, who produced poster sized photos of our son for the services, which turned out great. Thank you to our head cook Edith "Wook" Powaukee and her daughters, who cooked an excellent dinner for us after the funeral service.

We would also like to thank the Whitman County Sheriff's Office and the City of Pullman Ambulance Services on the day of our loss. We appreciate the coordination between the Pullman Police Department and the Nez Perce Tribal Police Department to provide our family an escort to and from Lapwai, for the Memorial and Funeral Services.

We would like to thank Kimball Funeral Home staff member, Bob Warnock, who was wonderful to work with. His experience working with the Colville Tribe meant so much to us, and it made it easy for us to work with Kimball Funeral Home to meet our needs.

We appreciate all the love and support from all the friends our son made during his life. Our extended family from both the Bailey and Miles families, spent multiple days and nights with us. We couldn't have made it this far without our family. The outpouring of love and support was unreal.

Sincerely, Aaron & Julie Miles

#### **Behavioral Health**

Many people are struggling with anxiety from the horrific shootings that have been occurring across the nation. Some have commented that they refuse to take their children out in public because they live in fear that they will encounter violence. Just sending their children to school may cause bothersome emotions and without the tools to help, may spend their days in a constant state of worry.

Nimiipuu Health's Behavioral Health staff and counselors are here to help. Our department has qualified trained mental health clinicians that can help ease fears by teaching skills in order to reduce stress and anxiety. We are open from 8am to 5pm Monday through Friday for appointments and walk-ins. We also have telehealth providers who can serve the community in their own home via computer, phone, or tablet. Behavioral Health Contacts: Lapwai: 208-843-7244 Kamiah: 208-935-0733

#### **Attention Hunters, Fishers & Gatherers**

<u>REMINDERTOHUNTERS, FISHERS and GATHERERS</u> While exercising your treaty rights by hunting, fishing, camping and gathering, please respect others, the earth and water as is the Nimiipuu way, and above all keepsafety in mind. Make sure campfires are totally extinguished out before leaving the area.

PROPER DISPOSAL OF UNUSED FISH & ANIMAL PARTS Nez Perce Tribal Code Nez Perce Tribal Code Section 13-6-6 Animal and Game Waste Animal and game waste from tribal sources on the reservation is not classified as MSW waste by the Tribe. Unused animal parts should be returned to nature in a location that does not bother (sight or smell) others. Section 3-1-19 Wasting Fish and Game A person commits the infraction of wasting fish and game if he permits any fish or gam needlessly to go to waste after killing or wounding the same.

Be mindful of the surroundings where people live or use for recreational purposes when disposing of fish or animal parts. Disposing of fish or animal parts within neighborhoods and too close to communities may cause public health issues and gives off a terrible stench. Waste may also attract pesky insects, unwanted predators (cougars) in the area and may encourage dog packs. A lot of folks walk the Bever Grade road and often voice concerns about unpleasant odors and unsightly mess caused by the dumping of unused animal parts in that area.

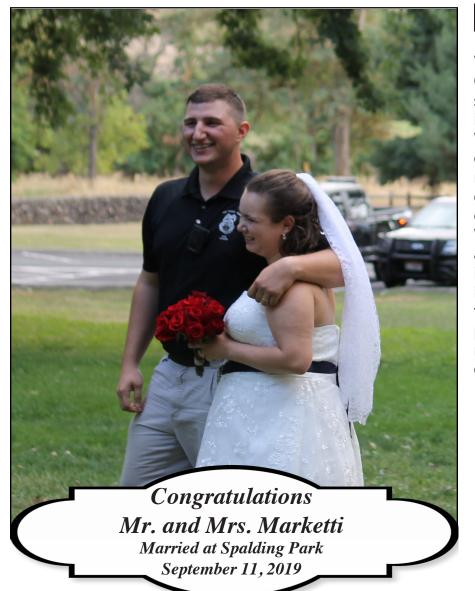
Animal Parts: Bury or dump unused animal parts in a remote location away from communities or away from where people might take walks, picnic, camp or use for other recreational purposes.

Fish parts: Return unused fish parts to natural water sources that have sufficient stream flow and are away from public access sites, swimming holes, boat ramps, etc.

Check with city, town, and county officials in your area on regulations for disposal of animal parts. If you live in Lewiston, you can double bag your animal parts and put them with your regular trash. If you see anybody disposing of animal parts in questionable areas, please get as much pertinent information as possible including location, vehicle information, license plate number, vehicle make, model & color, the specific area, time and date, and then contact the Tribal Police with the information at (208)843-7141 or the Tribal Conservation Enforcement (number directly below).

If you are not sure where to bury unused animal parts check with the Nez Perce Tribe Conservation Enforcement at (208) 843-7143 or toll-free at 1 (877) 790-3474, for specific locations or maps.

RESPECT THE EARTH AND DO NOT LITTER 4-3-54 A person commits the infraction of littering if he deposits upon any public or private property within the Nez Perce Reservation any debris, paper, litter, glass bottles, glass, nails, tacks, hooks, cans, barbed wire, boards, trash, garbage, lighted material or waste substances on any place without authorization from the tribe or the owner of the property affected.



#### **NPTPD** Announcement

#### **Citizen Tips and Reminders**

Whitcom 911 Dispatch Whitcom Regional 911 Communication Center is located in Pullman, Washington. Whitcom is the chosen dispatch provider for the NPTPD. This service enhances and improves officers' capabilities and response times to incidents. Why is a dispatch service needed? Officers cover a large area and respond to a number of calls daily, they need a reliable source to inform them when an incident occurs. With Whitcom's cutting edge technology, dispatchers are able to ensure each call is handled efficiently. What services does Whitcom provide? Whitcom dispatchers answer phone calls, document details of the call, and relay the information to the nearest officer. This process also allows the incident to be officially recorded with a case number, and enables the officers to focus on responding. Whitcom is able to provide precise locations and details for each case. With their high end radio system, dispatchers are able to contact officers at any time or location, even in rural areas without access to cellular service.

#### Do's and Don'ts of Reporting an incident:

Call Dispatch First, Provide as many details as possible Provide your contact information if requested.
 Don't: Call/text officers directly, Withhold requested information, Report an incident through social media

Please help our officers assist you efficiently by calling dispatch first!

Lapwai (208)843-5214 Kamiah (208)935-7777 Emergency 911

#### **PUBLIC NOTICE FEMA 4443-DR-ID**

The Federal Emergency Management Agency (FEMA) hereby gives notice to the public of its intent to reimburse eligible applicants for eligible costs to repair and/or replace facilities damaged by Severe Storms, Flooding, Landslides, and Mudslides occurring from April 7 to 13, 2019. This notice applies to the Public Assistance (PA) and Hazard Mitigation Grant (HMGP) programs implemented under the authority of the Robert T. Stafford Disaster Relief and Emergency Assistance Act, 42 U.S.C. §§ 5121-5206.

Under a major disaster declaration (FEMA–4443-DR-ID) signed by the President on June 12, 2019 the following counties have been designated adversely affected by the disaster and eligible for PA: Adams, Idaho, Latah, Lewis, and Valley counties; and the Nez Perce Tribe. Additional damages and/or counties and tribes may be designated at a later date. All counties and Tribes in the State of Idaho are eligible for HMGP.

This public notice concerns activities that may affect historic properties, activities that are located in or affect wetland areas or the 100-year floodplain, and critical actions within the 500-year floodplain. Such activities may adversely affect the historic property, floodplain or wetland, or may result in vulnerability to flood damage.

Presidential Executive Orders 11988 and 11990 require that all federal actions in or affecting the floodplain or wetlands be reviewed for opportunities to relocate, and evaluated for social, economic, historical, environmental, legal and safety considerations. Where there is no opportunity to relocate, FEMA is required to undertake a detailed review to determine what measures can be taken to minimize future damages. The public is invited to participate in the process of identifying alternatives and analyzing their impacts.

FEMA has determined that for certain types of facilities there are normally no alternatives to restoration in the floodplain/wetland. These are facilities that meet all of the following criteria: 1) FEMA's estimate of the cost of repairs is less than 50% of the cost to replace the entire facility, and is less than \$100,000; 2) the facility is not located in a floodway; 3) the facility has not sustained major structural damage in a previous Presidentially declared flooding disaster or emergency; and 4) the facility is not critical (e.g., the facility is not a hospital, generating plant, emergency operations center, or a facility that contains dangerous materials). FEMA intends to provide assistance for the restoration of these facilities to their pre-disaster condition, except that certain measures to mitigate the effects of future flooding or other hazards may be included in the work. For example, a bridge or culvert restoration may include a larger waterway opening to decrease the risk of future washouts.

For routine activities, this will be the only public notice provided. Other activities and those involving facilities that do not meet the four criteria are required to undergo more detailed review, including study of alternate locations. Subsequent public notices regarding such projects will be published if necessary, as more specific information becomes available.

In many cases, an applicant may have started facility restoration before federal involvement. Even if the facility must undergo detailed review and analysis of alternate locations, FEMA will fund eligible restoration at the original location if the facility is functionally dependent on its floodplain location (e.g., bridges and flood control facilities), or the project facilitates an open space use, or the facility is an integral part of a larger network that is impractical or uneconomical to relocate, such as a road or utility. In such cases, FEMA must also examine the possible effects of not restoring the facility, minimize floodplain/wetland impacts, and determine both that an overriding public need for the facility clearly outweighs the Executive Order requirements to avoid the floodplain/wetland, and that the site is the only practicable alternative. State of Idaho and local officials will confirm to FEMA that proposed actions comply with all applicable State and local floodplain management and wetland protection requirements.

FEMA also intends to provide HMGP funding to the State of Idaho to mitigate future disaster damages. These projects may include construction of new facilities, modification of existing, undamaged facilities, relocation of facilities out of floodplains, demolition of structures, or other types of projects to mitigate future disaster damages. In the course of developing project proposals, subsequent public notices will be published if necessary, as more specific information becomes available.

As noted, this may be the only public notice regarding the above-described actions under the PA and HMGP programs. Interested persons may obtain information about these actions or a specific project by writing to: Dolph Diemont, Federal Coordinating Officer at FEMA Region 10 at 130 228th Street SW, Bothell, WA 98021-9796 or emailing Science.kilner@fema.dhs.gov. Comments should be sent in writing to either of the above within 15 days of the date of this notice.



# Nez Perce Tribe <u>SENIOR CITIZEN</u> <u>SUPPLEMENTAL</u> FIREWOOD PROGRAM



The Nez Perce Tribe is pleased to assist:

Nez Perce Tribal Member Elders 62 years and over

AND

Nez Perce Senior Citizens <u>61</u> and below who are income eligible

Nez Perce <u>Single Head of Household who are income eligible</u>

& Nez Perce <u>Disabled who are Income Eligible</u>

#### **FIRE WOOD PROGRAM REQUIREMENTS**

With Firewood on or near the reservation

Nez Perce Tribe Senior Firewood will <u>supplement</u> your home heating for the winter and will not meet the entire seasons heating needs

Firewood is for your <u>primary</u> residence only – one application per household

Completed Application – (Incomplete will not be processed)

61 years old & Under submit all household income verification

Verification of Nez Perce Tribe Enrollment

Wood is not to be sold or traded

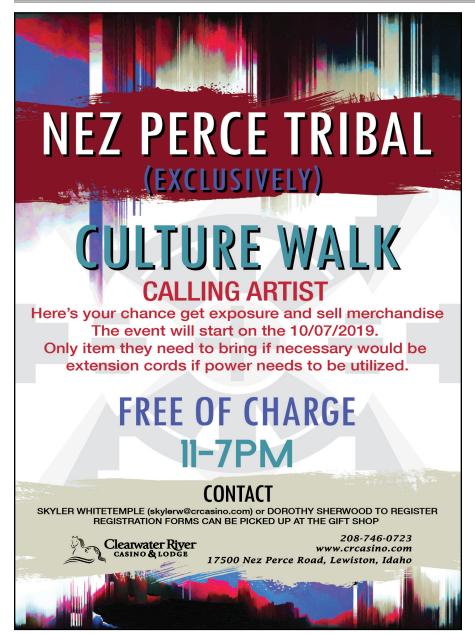
You must have a wood stove

#### THE WOOD WILL NOT BE STACKED

Return your completed applications to Social Services at <u>tariciam@nezperce.org</u> or at 271 B Street Lapwai.

June 2018









Care About What You're Driving!



#### Public Health Advisory...

Health Advisory Issued for Winchester Lake Due to Harmful Algal Bloom September 27, 2019

Public Health - Idaho North Central District in cooperation with the Nez Perce Tribe are issuing a public health advisory today for Winchester Lake. Residents are urged to use caution when recreating in or near the water.

Recent samples taken by the Nez Perce Tribe Water Resources Division show elevated levels of toxins, produced by cyanobacteria or blue-green algae, which can be harmful to people, pets, and livestock. Those with existing liver or kidney damage are most at risk

Cyanobacteria or blue-green algae are a natural part of Idaho's water bodies. When temperatures rise, their populations can bloom and toxic chemical compounds, or cyanotoxins, can be released into the water. Harmful Algal Blooms (HABs) can vary in appearance, and may look like mats, foam, spilled paint, or surface scum, and have a foul odor. While blooms can be discovered in one area of recreational water, they can move around to different areas, water depths and can change in severity.

When recreating near or in any surface water with a health advisory in effect, take the following precautions:

- Avoid swimming, wading, or other activities. Take extra precautions to ensure children, pets, and livestock are not exposed to the water
- Do not drink or cook with water containing a bloom. Boiling and filtering the water can increase the risk.
- Wash your hands thoroughly after handling fish caught in water experiencing a bloom. Cyanotoxins can accumulate in fish and the risk to people is being researched. Any fish caught should be cleaned and washed  $thoroughly\ in\ uncontaminated\ water\ and\ any\ internal\ organs\ disposed\ of\ before\ consumption.\ If\ people\ choose$ to eat fish from this area, filet the fish and remove all of the fat, skin, and organs before cooking.
- Clean with potable water as soon as possible if water contacts skin or pet fur.

Symptoms of cyanotoxin exposure include rashes, hives, diarrhea, vomiting, coughing, and/or wheezing. More severe symptoms affecting the liver and nervous system may result from ingesting water. If symptoms persist, consult your

For information on cyanobacteria blooms and a map of recreational water quality health advisories in Idaho, visit www.deg.idaho.gov/recreation-health-advisories. Many harmful algal blooms are identified through public reporting. If you suspect a bloom on a recreational water body in Idaho, report it to DEQ at https://cyanos.o

If you have questions please contact Ken Clark, Nez Perce Tribe Water Resources Division at 208-843-7368.

🧑 www.idahopublichealth.com 📳 facebook.com/idahopublichealth 📘 twitter.com/PHINCD

208.743.2700

SUBARU rogerssubaru.com













#### NATIVE YOUTH, AGES 12-24 YOUTH ADVISORY BOARD

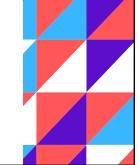
Students For Success is recruiting youth to serve on a monthly advisory board. To discuss & develop awareness of:

- Suicide Prevention
- Youth Resiliency
- Substance Abuse Prevention
- INCENTIVES and Conference Opportunities available!

For more information, please contact Abraham at (208) 621-4613, abeb@nezperce.org **OR**Loraine at (208) 621-4612,
loraineh@nezperce.org.







# ANNOUNCEMENTS



Serve Idaho Accepting Idaho's Brightest Star Nominations
Serve Idaho, the Governor's Commission on Service and Volunteerism, is accepting nominations for the annual Idaho's
Brightest Star Awards. The awards recognize outstanding
Idaho volunteers in a variety of categories. Nominations will be
accepted until Oct. 11, 2019.

Nomination forms can be found at ServeIdaho.gov. The submission categories are:

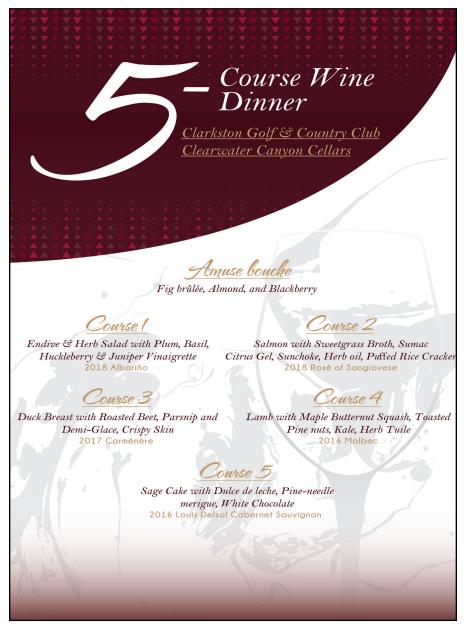
- Individual
- Student 19 years-old and younger
- Veteran
- Individual 55 years-old and older
- Business
- Nonprofit/Civic Organization
- Teacher/Professor

To be eligible, nominees must be Idaho residents who have performed volunteer service in 2019. Companies must conduct business in Idaho to be eligible. If the company's head-quarters are out of state, local affiliates must be engaged in local volunteer activities. Individuals may submit more than one nomination per category or in multiple categories.

A panel to include Serve Idaho commissioners, Serve Idaho staff and unaffiliated community members will review and select the winners in each category. An awards ceremony to recognize the winners will take place Jan. 15, 2020, at Boise State University's Student Union Building in the Simplot Ballroom.

For more information on the Idaho's Brightest Stars Awards and volunteering, visit ServeIdaho.gov









by selecting option 1.

Trust. Speak. Heal. Together. | strongheartshelpline.org

Portland Area Indian Health Board's Response Circles project.

Distribution of this document is funded by an Indian Health Service grant for the Domestic Violence Prevention Initiative awarded to the Northwest





