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# N I M I P U U T R I B A L T R I B U N E



'Alatam'áal / February

Volume 1 / Issue 4

## Five Year Old is Grandma's Hero



Lapwai- Five year old Rushawn Seldon, son of Wayne Seldon Jr. and the late Ilene Lawrence, was faced with a situation no child should ever have to encounter. He was with his grandmother Karen Covey-Seldon, driving on Soldiers Canyon from Lapwai to Lewiston and as they reached the top of Soldiers Canyon, they turned the corner when Karen was momentarily caught by surprise; a dog was standing in the road. Karen reactively swerved to miss the dog, but didn't realize how close she was to the edge of the road, and on the other side, was a 400 foot drop off.

The gravel road gave way and Karen's SUV went down to the bottom, with her beloved grandson in the back seat. The vehicle took out four trees and brush, hitting bumps hard enough to shatter all of the windows, excluding one; RuShawn's window remained unbroken. When the vehicle came

to a stop at the bottom of the hill, in a creek bed, Karen quickly turned to check on her grandson, he was unharmed and still buckled in his seat.

The vehicle was covered in brush and Karen's driver's side door jammed shut. She climbed out of her vehicle to get to her grandson. Karen checked her cell phone and realized they had no service. They were all alone, and no one knew what had happened to them or where they were. "I said 'we gotta hike out of here RuShawn' and it was so steep, there were spots where we were on our hands and knees climbing, holding onto grass and weeds," Karen said. A couple of times RuShawn told his grandmother he couldn't do it, and Karen would tell him "yes you can, we have to, nobody is going to come and get us."

Karen went up  
**-Continue Reading  
Hero On Page 3**

Miranda Main



Her Own Story

Miranda Main serves as a project Leader for the Nez Perce Tribe DFRM Watershed. She has been with the Nez Perce Tribe since 2006. Currently serving as a project manager for the Lower South Fork Clearwater River/ Slate Creek project area, Main oversees approximately 380,000 acres. From increasing fish populations to restoring their habitat to research, Main and the Nez Perce Tribe Fisheries Department play important roles by taking a holistic approach to salmon and steel-head recovery. The Watershed Division incorporates many aspects of recovery within a watershed from the ridgetop trickle down to the mainstem rivers. To ensure a healthy ecosystem, Watershed must promote an equal balance between land management and the health of the land. The goal through efforts of the Nez Perce Tribe Fisheries Department is to ensure the quality of fish habitat will increase and sustain the fish population. Planning, development, and coordination of watershed/ aquatic restoration efforts are some of Main’s significant job duties. She coordinates with appropriate and necessary agencies, organizations, and stakeholders and says it is important to work cooperatively with partners to clarify expectations

and common goals. “I also collect, manage, analyze, and report on data collected in the field. Managing the project’s budget and seeking additional funding is also one of my basic job duties.” Main said. Main has overcome several challenges in her first year as a project manager in Watershed. To work around some of her challenges, she has fostered new partnerships with other agency landowners to increase the opportunities and resources available for restoration activities. “We are currently in the process of finalizing a new, formal partnership with the Bureau of Land Management, with whom we have had a positive relationship with but not a formal partnership.” Main said. She is always encouraging clear communication in multi-agency coordination to increase awareness and cooperation among those agencies. Main would like to thank Mark Johnson, a former employee of the Nez Perce Tribe Fisheries Watershed Division. Johnson was a tremendous help to Main in mentoring and supervision. He demonstrated to Main the process and procedures while trusting in her to take on more than her basic work expectation and including her in agency meetings and discussions. Johnson was always available to answer her questions and trusted Main to do her job. Encouraging Main’s work, Johnson was a relaxed and practical supervisor. “Without his support and encouragement, I would not have had the confidence to take on the additional work load.” Main said. Main enjoys gardening and spending her free time with her kids and watching their extra-curricular activities. She has been interested in plants and gardening since she was a child and went on to earn her Bachelor’s degree in Horticulture. Main applies one of her all-time favorite songs, Tim McGraw’s “Humble and Kind”, to her own life. She remains motivated for her children, encouraging them all to have kind, generous, and grateful hearts with a strong work ethic. “They inspire me to be a better person as I try to set a good example for them, striving to do better all the time.” Main said.



Nimiipuutímtki- The People’s Language  
(Nee-mee-poo-timt-key)

February                      ‘Alatam’áal (ala-tum-all)                      “season between winter & spring”

What is your name?	manáa wées we’níikt	ma-nuh wass wa-neekt
My name is	‘iinim we’níikt wées	eenim wa-niikt wass
How are you?	manáa wées/ manáa ‘ée wée	ma-nuh wass / ma-nuh ah wuh
Are you well?	wéet tá’c wées	watt tots wass
I am fine (good)	‘iin wées tá’c	een wass tots
I am tired	‘iláatwise	ee-lot-wissa
I am sick	k’oomayca	ko-my-tsa

-Hero Continued  
From Page 1

the steep slope as far as she could, to where she couldn't make it any further. She told her grandson, "RuShawn you've got to go to the top and get help, I can't make it" the mud and gravel was giving way and Karen physically could not go any further. RuShawn was worried about his grandma falling back down to the bottom, he didn't want to leave her. Karen assured him that she would still be there and she wouldn't fall back down.

RuShawn began climbing and he was able to make it to the road atop the hill, when a farmer was driving by in his truck. RuShawn began waving his arms and screaming at the truck approaching him. The farmer stopped and RuShawn was able to show him his grandmother down the embankment. The man had a rope which was able to reach Karen, and assisted her up the hill. "Had it not have been for RuShawn and that man, I have no idea what would have happened," Karen confirmed.

Ultimately, it took four lengths of cable to remove the SUV from the bottom of the canyon. Today, RuShawn has no traumatic memories of the accident and walked away without a scratch. He is back to being a kid; attending Lapwai Elementary School and enjoying his electronic devices, sports and beading. Karen had minor cuts and bruises on her body but is healing and doing well. "I call him my little hero, because he truly is," Karen continued with tears in her eyes "he's grandma's hero."

Lapwai Students with Perfect Attendance

The Lapwai School District Board of Trustees and Superintendent would like to recognize and celebrate students with perfect attendance in the first semester. A Wildcat thank you to the students and their families for their dedication to regular and punctual attendance. Regular school attendance is one of the greatest predictors of academic growth, high school graduation, and success in college and careers. Both schools ended first semester with a daily average attendance over 90%. We are incredibly proud of you!

**Lapwai Elementary**

Quentin	Basey	4th
Haven	Bisbee	KG
Natalia	Bisbee	2nd
Wyica	Broncheau	2nd
Chase	Brown	4th
Kylynn	Capetillo	3rd
Nathen	Ellenwood	2nd
Douglas	Gordon	4th
Kendyl	Greene	3rd
Kodi	Greene	4th
Tevante	Greene	5th
Leo	Jackson	3rd
Saphire	Jackson	4th
Tamina	Littlefish	3rd
Logan	Maggi	1st
Kambrin	McCulley	3rd
Areez	Montelongo	KG
Julia	Nunez	4th
Laila	Penney	4th
Leilani	Penney	2nd
Caige	Samuels	1st
Cavel	Samuels	3rd

Wenona	Scott	2nd
Carmen	Stuk	3rd
Valentina	Villa	5th
<b>Lapwai</b>	<b>Middle-High</b>	
Ashton	Allen	9th
Armani	Bisbee	9th
Arreis	Bisbee	9th
Krislyn	Bisbee	8th
Mason	Brown	7th
Kayden	Penney	9th
Charlize	Cootes	6th
JLee	Enick	8th
Tecoa	Enick	6th
Mosik	Nish	10th
Daniel	Nunez	7th
Nalonni	Simpson	6th
Kross	Taylor	9th
Jon	VanWoerkom	7th
Tim	VanWoerkom	9th
Vincent	Villa	7th
Abigail	Whitman	7th
Titus	Yearout	9th

Clothing  
Bin  
Update



Social Services appreciates everyone's donations and is pleased to announce they have reached their goal and maximum capacity of clothing! Therefore, Social Services is no longer accepting donations at this time for the clothing bin. In the future, donations may be accepted upon prearranged appointments. Social Services is accepting clothing and unopened/unused items only. Please do NOT donate beds/bedding, used items (other than clothing), paper products, empty pill bottles, any electronics, or food of any kind. How can you help? Call 208-621-4665 prior to donating, ask if Social Services is accepting donations, arrange an appointment to donate. Qe'ciyew'yew



## Lapwai School 2018-19 Impact Aid Questionnaire Results Summary



The purpose of Impact Aid is to provide formula grants to school districts burdened by the presence of non-taxable federal land and installations to make up for the lost revenues and additional costs associated with the federal presence. After reviewing the results of the 2018-2019 Impact Aid Questionnaire, three learning needs emerged as the highest priorities to the parents and patrons of the Lapwai School District.

The first learning need expressed through the survey was the Nez Perce language recovery school wide. Nez Perce language is scheduled weekly in grades kindergarten through 7th grade. Introductory and advanced classes are offered at the high school with students earning four college cred-

its. Nez Perce language is also offered daily for grades 1st through 5th in the afterschool program.

The second learning need expressed in the survey was enhanced whole child educational Pre-K-12 programs that develop positive human relations, self-discipline, good citizenship, self-esteem and success. The Lapwai School District is currently implementing Positive Behavioral Interventions and Supports (P.B.I.S.). P.B.I.S. is a best-practice framework for improving academic and behavioral outcomes for all students.

The purpose of this program is to increase academic time-on-task by reducing problem behaviors. The students are explicitly taught how to be respectful, responsible, and safe in

all locations on the school grounds. Our goal with PBIS and bully prevention is to create a safe learning environment to maximize learning for all students.

The elementary is also implementing the Promoting Alternative Thinking Strategies curriculum (P.A.T.H.S.), which encourages the development of strong social skills, problem solving, positive character traits, and bullying prevention, all which support academics. These research-based tools for teachers minimize learning interruptions and prevent bullying and other behaviors with strategic procedures and prevention techniques.

Positive character traits and citizenship are also recognized in both schools with rewards, celebrations, and assemblies. Lapwai Elementary also celebrates Unity Month each October with activities focused on kindness, inclusion, and friendship which are reinforced throughout the year.

The third learning need expressed through the survey was more ac-

ademic challenges and competitions or advanced coursework. More real world experiences in and out of school and advanced use of technology. The elementary afterschool program includes a science, technology, engineering, and mathematics focus with engaging activities and family engagement events.

The Higher Education Center allows all seniors access and support with college applications, FAFSA, and scholarship applications. Seniors benefit from math and English-language arts tutoring and college advising. Students have access to instructional support in the classroom and after school hours including ACT preparation. All seniors are eligible for a 5 year renewable scholarship to attend Idaho institutions. All seniors participated in FAFSA, Idaho College Application Week, and toured at least two college campuses.

BPA (Business Professionals of America) and FFA (Future Farm-

**-Continue Reading Summary on Page 5**

Letter  
to the  
Editor

2.21.19

NEZ PERCE TRIBE  
TREATY OF 1855

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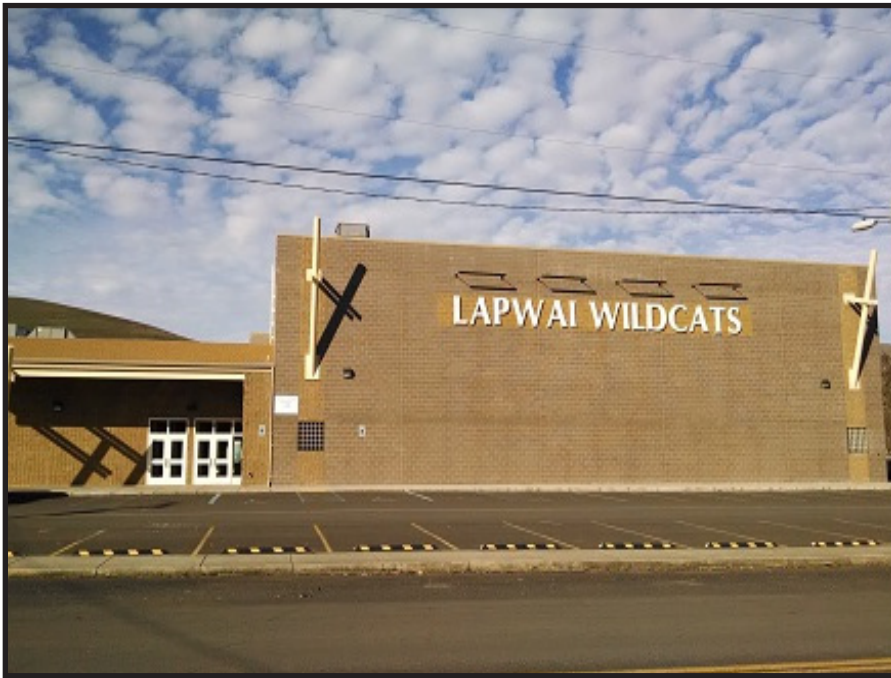
Voluntary Income Tax Assistance

Get the MOST out of your REFUND

Nez Perce Tribal Housing Authority  
111 Veterans Dr., Lapwai  
208-843-2229

File for FREE, Don't forget to bring:

W2's & 1099's, a picture ID, last years tax return,  
social security cards for each family member,  
childcare provider's tax ID #, amounts of additional income, new form 1095 series health insurance statement, voided check or savings account #



### -Summary Continued From Page 4

ers of America) provide career awareness, work experience, and professional-technical opportunities for our students. BPA, FFA, and Nez Perce Language students are also participating in academic competitions with great success.

University of Idaho Upward Bound has an office at the high school including a full time dedicated staff member. Their college preparation services include ACT assistance, dual enrollment opportunities, campus visits, and financial aid assistance.

The Middle-High has a College and Career Readiness Professional Learning Community working on a research-based approach to preparing students for graduation and the requirements and challenges after high school.

Dual credit opportunities through LCSC for high school students currently include: Medical Terminology, Public Speaking, Nez Perce Language, College Writing, Native American History, Math, College and Ca-

reer Readiness, and Art.

Drone use in Environmental Science is also offered to high school students through a partnership with the Nez Perce Tribe and University of Idaho. This includes four college credits during the summer drone program. In addition to two high school classes, 65 middle school students are currently taking Advanced Opportunity Droneology. Droneology is a component to the elementary afterschool program.

A high school newspaper, journalism, and broadcast course is new this year. These students will be also be competing in Business Professionals of America. Physics and Chemistry are also new high school course offerings. All eighth graders are enrolled in health and speech.

Lapwai Middle-High School was awarded a Native Youth Community Project grant which provides a full time College and Career Readiness Teacher, technology, assessment materials, college visits and other advanced opportunities for

students in grades 6-12.

Lapwai Middle-High School is involved in the Create Idaho and Imagine Academy programs. These projects bring updated technologies into school through a partnership with Adobe and Microsoft. Both of which provide access to the most updated versions of the software, a curriculum specifically made for these projects, and a national certification process.

240 Lapwai Middle-High School students are enrolled in advanced opportunity classes through Edmentum online learning programs.

Respondents who listed priorities in the survey not explained above are welcome to contact the superintendent at their convenience for additional information at (208) 843-2622. In addition to working on these priorities, the Lapwai school district has a continued partnership with the Nez Perce Tribe Education Department.

The Education Department's State Tribal Education Partnership Education Partnership (STEP) Project is providing professional development,

coaching, and resources related to culturally-relevant instructional strategies and increasing family engagement. The project focuses on improving the academic achievement of tribal students by meeting their unique educational and cultural needs.

Through use of the Nez Perce Tribe Education Standards, aligned to the Idaho Common Core State Standards, the Lapwai School District is working collaboratively to define what "culturally relevant" education means for Lapwai students. This partnership has become a critical component to Lapwai's success.

It is not too late to provide input. Complete and submit a survey at [www.lapwai.org](http://www.lapwai.org) or request a copy at (208) 843-2622. Lapwai School District's Superintendent, Dr. David Aiken, would like to thank the Lapwai School District Board of Trustees, Indian Parent Committee, Nez Perce Tribe Education Department, Lapwai School District Leadership Team, and district administrators for their input in creating the survey.

# Lapwai Takes Third Place at Idaho State Tournament



The Ladycats returned home on Saturday, February 16, from Boise with the 1AD1 Idaho State Tournament third place trophy. The Ladycats have had a tremendous 2018-19 basketball season, claiming the championship trophy in the Whitepine League District Tournament and earning the first seed trip to State.

Glory Sobotta, Lapwai sophomore guard, said during Districts they did all of the little things right, both offensively and defensively. "Lapwai has won Districts six years in a row now, I'm glad we were able to keep the streak going." Confirmed Sobotta about the Whitepine League.

The Ladycats have experienced a trip to the Capitol for the Idaho State

Tournament once again. Although they envisioned themselves signing the championship banner this year, they fell short in their semi-final game, 61-46 to the Genesee Bulldogs.

The Lapwai Ladycats defeated the Prairie Pirates, 64-67 in their final game of the 2018-19 basketball season, to bring home Idaho's third place trophy.

"Everywhere we go we are representing Lapwai. Elders always remind us to be respectful of everyone and everything. I really kept that in mind this season." Said Sobotta.

Sobotta would like to thank all of the faithful fans that were dedicated to making every single game. "Many doubted us in the beginning, your support

means everything." Sobotta said. She would also like to thank her coach, Eric Spencer, for caring for the team and always wanting them to succeed. A special shout out to all of the parents that helped with fundraisers and dinners, and all of the motivational speakers. Lastly, Sobotta would like to thank all of the people that had continued prayers for the Lapwai Ladycats.

Sobotta is confident in next year's team. With a good group returning and some incoming freshmen, capable of playing at the high school varsity level, Sobotta looks forward to playing again, "I still have faith in our team, we'll be back for that banner." Sobotta concluded.

The 2018-19 Lapwai Girl's Basketball Team is losing six seniors, Aurelia Ellenwood, Kalela Reuben, Kelani Smith, Raequel Domebo, Sawaya Greene, and Taneasa Shippentower. "I am thankful for the relationship I have gained with each of my teammates on our whole basketball journey." Said senior guard, Kalela Reuben.

Reuben has played for Lapwai's head coach,

Eric Spencer, all four years of her high school basketball career. She said there were times when things got tough and she just had to push through. Turning to her teammates and remembering her commitment to her team, Reuben's biggest lesson she learned this season is resiliency.

Reuben's experience at Districts and State were bittersweet. As a senior, she found it difficult as she would inch closer and closer to her final game. Realizing it was the last time she'll ever play in front of her community, wearing 'Lapwai' across her chest, was a bit hard for her to grasp. "Winning Districts with my team was amazing, but losing at State to Genesee was heartbreaking. I'm just glad to end the season with all my girls by my side, I wouldn't pick anyone else to go through this season with." Reuben said.

Reuben would like to thank her parents, her community, and especially her teammates for all of the support they have shown her. "All of them stood behind

**-Continue Reading  
State on Page 7**

## Lapwai Crushes Rimrock in First Game at State

The Ladycats defeated Rimrock 78-30 in their first State Tournament match up. KC Lussoro and Julia Gould scored 11 points apiece and the Lapwai girls' basketball team breezed past Rimrock to open the Ladycat's stay at the Idaho Class 1A Division I State Tournament on Thursday, February 14th, at Columbia High. Sawaya Green, with one of her characteristically decisive post moves, gave Lapwai their first lead within six minutes into the first quarter.



-State Continued  
From Page 6

me when things were tough. I know they have another chance at winning State and I'm excited to see how next year goes." Reuben said.

As for #42, Lapwai senior guard, this was an exceptionally special year for her. She is grateful to play for Lapwai, wearing #42. The same number that was so proudly represented by her father for Lapwai, the late Littlefoot Ellenwood, was now to be represented and honored by his only daughter, Aurelia Ellenwood. "I will never forget this new experience being able to play for my dad as well as my Ellenwood name." Ellenwood said.

Ellenwood decided to move from her hometown in Toppenish, Washington her senior year, to graduate from Lapwai High School, where her father had graduated from. Having a great season with accepting new teammates was all she could ask for in a team.

"The love I have for the game is unbreakable. I don't think I ever want to stop learning how this game works," concluded Ellenwood who intends to take her basketball talents to the next level, "there are still a lot of options for me and I haven't decided on one yet. Wherever I go, I know I'm going to work hard." Ellenwood continued.

Ellenwood would like

to thank the whole Lapwai community for the pregame meals, the motivational speeches, and for showing the Lapwai team what it is to be Nimiipuu. Ellenwood thanks her mother, her 'Momma Bear', for allowing her little baby to move to Lapwai her senior year. "I wouldn't be here if she didn't agree with my decision to finish at Lapwai." Ellenwood said. And the biggest thank you to her grandparents, Kub and Susie Ellenwood, for making this year special for her. "They're always going to be my number one fans cheering me on in anything I do. My family is a huge part of my success and I am truly blessed to have people in

my life who only want the best for me." Ellenwood said with tears in her eyes.

In the beginning of the 2018-19 Girl's Basketball season, no one had Lapwai in favor during the media polls to make it far. When Lapwai realized they had zero votes, that fueled them to take care of business.

As the girl's basketball season has come to an end, the Lapwai Ladycats wrap it up being the Whitepine League and District Champions and earning the third place Idaho State trophy. Stamping an exclamation mark to conclude all of their victories and accomplishments, it is safe to say the Ladycats have made the Lapwai community very proud.

Lapwai Ladycats 2018-19 District Champions

The Ladycats defeated the Prairie Pirates 69-52 in the Whitepine League Championship, February 8th, 2019. Lapwai cruised through the District Tournament earning a first seed trip to the Idaho State Tournament in Boise.



# The Nez Perce Youth Mentoring Program

Since 2016, the Nez Perce Youth Mentoring Program (program) has been dedicated to increasing the graduation rate of Native American male students, ages 12-18, and improving their college and career readiness.

For the 2018-19 school year 56 boys, grades 7-12, enrolled in the program. Students extend from Clearwater Valley, Kamiah, Lapwai, and Orofino schools. In addition, Native American males enrolled in the Nez Perce Tribe's Adult Education GED classes, 18 years old or younger, are also eligible for the Program.

The program benefits from tremendous support from school administrators, counsellors, and teachers. Weekly school-based sessions start in October, and finish in April. Trained adult mentors meet with groups of students , one hour per week, at their school to implement the culturally-responsive "TEAM-WORKS" curriculum.

The Program partners with the Mack Strong TEAM-WORKS Foundation and adheres to their



Strong Mind, Strong Body, and Strong Character values. Washington State University (WSU) is another key partner.

Dr. Zöe Higheagle Strong, new WSU Tribal Liaison, has worked extensively with tribal stakeholders including elders, native men, Cultural, and Education department staff to modify the curriculum to meet the specific needs of the tribal student population on the Nez Perce reservation. The Program has a special focus on traditional values related to teamwork, courage, respect, responsibility, self-discipline, resilience, and generosity. Nez Perce tribal stories and language are used extensively throughout each mentoring session. The Program's Career

Coach and mentors are encouraged to share their life experiences, as it pertains to the topic of the week. They also work with each individual student to complete a Career Pathways Plan.

In their Career Pathways Plan, students plan their current education, extracurricular, and career exploration activities along with future educational and career attainment goals. The students have a 30-day goal, a 90-day goal and a six month goal related to the foundational elements of "TEAM-WORKS".

Participants in the Program are provided opportunities to visit college campuses and workforce sites. Over the past two years, students were able to travel to the University

of Washington, Eastern Washington University, WSU, and the University of Oregon. They were also able to tour Lewiston-Nez Perce County Airport, Schweitzer Engineering Laboratories, and Royal Embroidery. During each of these visits, students were also able to visit other entities such as CenturyLink Field, Eighth Generation, Moda Center, and the Columbia River Inter-tribal Fish Commission.

The summer Program focuses on career exploration activities such as job shadowing, Career Pathways training, workforce site visits, and service learning. Through these opportunities, the students get to earn an hourly wage and build their resume.

In the summer of 2018, students attended a "TEAM-WORKS" overnight camp at WSU, that focused on building leadership through culture and sports.

For more information about the Nez Perce Youth Mentoring Program, please contact Joyce McFarland, Education Manager, at 208-621-4610 or [joycem@nezperce.org](mailto:joycem@nezperce.org)



  
Congratulations  
Koen Smiscon,  
Lapwai  
Boys & Girls Club  
"Boy of the Year"  
We are so  
proud of you!  
Love, your  
family!



  
Congratulations  
Madden Bisbee,  
Lapwai  
Boys & Girls Club  
"Girl of the Year"  
Way to go Din Din,  
keep up the  
good work!  
We love you!



## APPRENTICESHIP EVENT



## BUILDING TRADES

**March 4, 2019**  
**Clearwater River Casino** in conjunction  
 with the **Job/College Fair**

Session #1

Native Adults &  
Native Youth (out of school)

9:00 am to 10:30 am  
Continental Breakfast  
Seating limited to #50 persons

Session #2

Middle/High School Students

11:30 am to 1:00 pm  
Sandwich & Chip Lunch

Must be accompanied by school  
staff. Seating limited to #50  
persons (students/staff)



Must Register by 02/22/2019

Email or Call 208-843-7316 for Registration Form  
**First Come—First Serve with form completion**

Sponsors: Nez Perce Tribe TERO and Adult Education

## Winner of Local Hoop Shoot Prepares for Regionals



Sophie Penney of Kamiah, won the 8-9-year-old girl's division, making 15 of 25 baskets from the free-throw line. A three-way tiebreaking shootoff took place with Penney coming out on top, beating her components with 4 of 5 shots during the Idaho state Elks Club Hoop Shoot on Saturday, February 2, 2019 in Nampa, ID. Penney will advance to the Northwest Regional Shoot, scheduled for March 16, 2019 in Vancouver, WA. Penney is the daughter of Santee and Bobbie Penney, of Kamiah and the granddaughter of Dave and Marie Penney, of Lapwai, and Lester Decker of Northern Nevada and the late Josephine (Fred) Galloway, of South Eastern Idaho.

NIMIIPUU TRIBAL TRIBUNE

The Nimiipuu Tribal Tribune is published twice a month, on the first and third Wednesday. Our mission is to publish a timely and credible resource for our loyal readers and provide local information relevant to the Nimiipuu people and surrounding communities. Our vision is to disseminate content of interest to readers and to ensure this news publication is accessible by all.

In an effort to be more environmentally friendly, we are working to cut down on paper waste and printing cost. Hard copies will be available upon request only. Enrolled Nez Perce Tribal members are able to receive hard copies at no cost (limit one per household). For businesses and non-enrolled Nez Perce Tribal members, the hard copy subscription fee is \$36 annually. The online version is free for everyone. Subscribe today!

For more information regarding submissions, subscriptions, classified ads, display ad rates, dates and deadlines, visit:  
<http://nezperce.org/government/communications/>



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# Dancing in Steel Toed Boots

Writer: Pastor Stephen Kingsley

It has been famously said, "To err is human, to forgive, divine" Alexander Pope, 1711. Dogs bark, cows moo, cats meow, birds fly, fish swim, and people err. "To err is human..." It is in our nature.

Commonly, people are more aware of the wrong that has been done to them, and less aware of the wrong they have done themselves. This is seldom intentional, we don't mean to be this way. It is apart of our essence that is distinctly "human."

We are naturally more interested in the well being of ourselves than the well being of others. "... To forgive, divine." This is the better part of human nature. Forgiveness is the commodity that makes friendship possible.

If you dance lively and closely with another person it is inevitable that you will get your toes stepped on, which hurts. But dancing is great fun anyway. For the good times to continue, you must forgive your toes being stepped on, if you can't, the dance will end.

People part ways saying, "We can still be friends" but it won't be

the friendship it was when they were both hearing the same music. Good friends forgive, no matter the offense. It renews the spirit and restores hope that the world can be a better place. That's why forgiveness is divine.

I seem to err a lot, much more than I realize. I don't mean to, I don't want to, yet I do. Because I err often, I try to be very generous with my forgiveness toward others. I'm hopeful that because I forgive, the forgiveness will be returned when I need it. Life works this way.

Generally, what you give to others is what you get back and almost magically, you get back more than you give. Forgive easily and you will be forgiven by others easily. The same rule applies when we are scornful to others, in return we will be scorned. Nobody wants to dance with someone that won't forgive them stepping on their toes, which (metaphorically) will certainly happen.

To forgive is not saying that wrong behavior is right. You are forgiving the person, not the wrong behavior. If the person needs to be pun-

ished for what they did, life itself will administer it, don't wish it upon them.

Forgive them and release them from what you feel they owe you and while you're at it, ask the Lord to release them too, I believe he will.

It seems some people are trying to dance wearing steel-toed boots, which is neither stylish nor practical, but it is understandable. Wounded toes need to be protected from further stomping, we do that with our hearts too.

We tend to build up walls and stop caring about others as much as we used to. We want to care, but find it harder and harder each time we don't forgive. We withdraw, and at the same time, try to find ways to get our need for others met. Only if that need does not require us to risk much.

This is never healthy, forgiveness is the cure. Forgiveness is a decision you make within yourself in prayer before the Creator, it is not necessary to tell the other person. If you go to someone and say, "I forgive you," what you are really doing is making a judgment against them, which can be offensive.

They might not think they did anything wrong. Only if the other person brings it up, apologizing for what they did to you, then certainly, tell them you've forgiven them. Often, both friends are guilty.

I raised four sons and sometimes their hatefulness to one another would go on for days until I would ask, "Who started all of this?" Usually they could not remember or agree. The same thing happens between friends.

If you miss your friend, the best thing to do is go tell them so. Even if you are sure the first fault was theirs and not yours, turn it around and take their guilt as your own.

Some say unforgiveness only hurts the one who holds it and does not hurt the other person. That isn't always the whole truth, the other person is being harmed because they no longer have access to you.

Forgive quickly and freely, forgive everyone for everything. Life is short, live honorably, love fully, and dance madly in comfortable shoes. Pastor Stephen Kingsley Lapwai Methodist Church s307kingsley@yahoo.com

#BeThe1To

**Know the Signs. Find the Words. Reach Out.**

EachMind  
MATTERS  
California's Mental Health Movement



KNOW  
THE SIGNS

suicideispreventable.org

Contact NMPH Behavioral Health: 208-843-2271 Hours 8:00-6:00 Also open during lunch

# Remember Who You Are & Where You Come From

Writer: Anonymous

Someone recently wrote to me and said she wished our people knew and remembered who we are and where we come from. She said she understands the struggles, the mental battles, and the pain caused from the genocidal warfare meant to wipe us out. She understands it because she battles it herself. Her words made me realize that I am not alone. It made me wonder how many of my brothers and sisters are feeling the same way.

I grew up in a broken home where I was abused by my father and molested by my older cousins. I watched many family members die or get locked up as a direct

result of drugs and alcohol. I was severely bullied and found it hard to trust anyone. I usually felt alone and had no idea how to express myself.

Now as an adult, I find myself serving a ten year prison sentence. Within my prison sentence, my girlfriend has left me, my father turned his back on me, my mother passed away, my sister moved hundreds of miles away from home, and my son was taken by the state and carelessly adopted out.

I often wonder to myself why I was treated this way, why my life was like this? What did I do as a child to deserve the hard road ahead of me? At times I thought I would be bet-

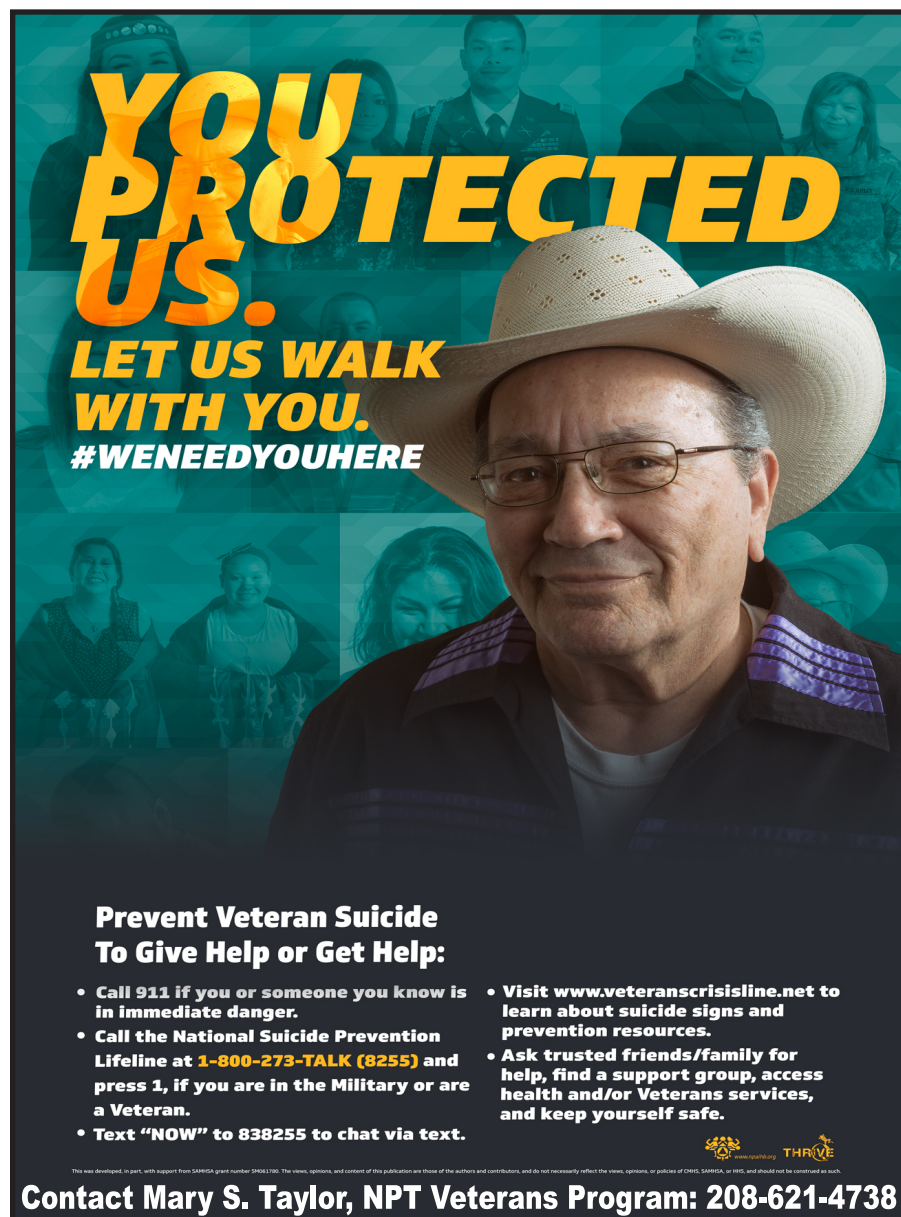
ter off dead, but I am still here, broken, but not beat!

I may not have the answers at this time, but I know I am not alone. I know you are not alone, and I know WE are not alone, because I am here with you. I promise that there is a light at the end of the tunnel, and if you will just take a moment to look for it, the Creator will guide you.

With faith and a lot of prayers, I have overcome the fear and anxiety that has held me back for so many years. Recently, I reconnected with my son, I now feel closer to my sister, I found peace in the memory of my mother, I have forgiven my father, I have made new friends,

and I found the strength in my story, not to mention I get out of prison in less than one year.

I hope to start over new and make a better life for myself and for those around me. Nonetheless, we are Native, and Natives are the strongest people in the world. I encourage you to look into your ancestry and try to understand where you come from, learn the history and who you are, learn who you are meant to be. Our ancestors endured and fought with their lives for us to be here today. How beautiful is that? What more could someone do to show how much they love you and how much your life matters.



**YOU PROTECTED US.**  
**LET US WALK WITH YOU.**  
**#WENEEDYOUHERE**

**Prevent Veteran Suicide To Give Help or Get Help:**

- Call 911 if you or someone you know is in immediate danger.
- Call the National Suicide Prevention Lifeline at **1-800-273-TALK (8255)** and press **1**, if you are in the Military or are a Veteran.
- Text **"NOW"** to 838255 to chat via text.
- Visit [www.veteranscrisisline.net](http://www.veteranscrisisline.net) to learn about suicide signs and prevention resources.
- Ask trusted friends/family for help, find a support group, access health and/or Veterans services, and keep yourself safe.

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**Contact Mary S. Taylor, NPT Veterans Program: 208-621-4738**



**TWO SPIRIT LOVED & ACCEPTED**  
**#WENEEDYOUHERE**

**PREVENT SUICIDE.**

**TO GIVE HELP OR GET HELP:**

- CALL THE TREVOR LIFELINE FOR LGBTQ YOUTH AT **1.866.488.7386**
- CALL THE SUICIDE PREVENTION LIFELINE AT **1.800.273.8255**
- TEXT **"START"** TO **741741** TO CHAT VIA TEXT MESSAGE
- VISIT [WWW.WERNATIVE.ORG](http://WWW.WERNATIVE.ORG) TO LEARN ABOUT SUICIDE SIGNS AND PREVENTION RESOURCES
- TALK TO TRUSTED ELDERS, HEALERS, FRIENDS, FAMILY MEMBERS OR HEALTH PROFESSIONALS

**Contact NMPH Behavioral Health: 208-843-2271, Hours 8:00-6:00, (also open during lunch)**

**Gloria Barros, 63, Lapwai, ID**

Georgia Barros, 63, a member of the Nez Perce Tribe and the Higheagle family, passed away Thursday, Jan. 31, 2019, at St. Joseph Regional Medical Center, surrounded by her family and covered in love and prayer.

She was the second-youngest child of Daniel and Louise Higheagle, born 15 minutes before her twin sister, Georgine, on Feb. 21, 1955, in Lewiston. She was part of a large family that included her older brothers and sisters, Larry, Ronald, and Elaine McFarland; Carol Raboin; and Patricia, James, Sandra, Anthony and Gordon Higheagle.

Her siblings were always there to help care for the "Twin," which they did faithfully (on Earth or in heaven) through her final days. Georgia talked about how strongly she felt the presence of her parents and twin sister during her illness.

She grew up in the family home on Lapwai's Main Street that was known to be a happy and loving place. Dan and Louise showed their children how to find purpose in life through their family, faith, culture and

community involvement. The families of their neighborhood looked out for each other's children, who would have many adventures together and form lifelong friendships.

She attended school in Lapwai, where she was active in basketball, softball, Indian Club and Upward Bound. She often was a traditional dancer at pow-wows and cultural programs at Spalding Park. Georgia was queen of the E-peh-tes pow-wow in 1972. One of the highlights of her school years was traveling to France with Reva Luvaas' Spanish class.

Georgia graduated from Lapwai High School in 1973. She was a bright and motivated student, so continued her education at the University of Idaho and Lewis-Clark State College. As an adult, she enjoyed bowling, a wide range of cultural activities and time spent with family and friends.

She spent many years helping to raise her beloved nieces and nephews. They appreciated her as a second mom who often showered them with love, gifts or trips to the drive-in movie. Georgia had an especially close relationship with her nephews, Mike and Larry Jr. (Yogi) McFarland. Since they were only one to two years younger than her, Georgia said they were more like her brothers.

The best day of her life was April 2, 1981. Her life became complete when her son, Daniel

Joseph, was born on this day. She was a devoted mother who worked hard to give Daniel a wonderful life. Her son is thankful for the way she raised him and for her unconditional love and support.

Georgia expanded her love for Daniel when she became the proud grandmother of his son, Michael Bear. Grandma Georgia would want Michael to always remember how special he is and how much she loves him.

On Jan. 11, 1994, she married Mike Barros. They made their home in Lapwai. The couple shared many good years and memories together. They would later separate. Some of her earlier jobs included the Tribal Work Experience Program (TWEP) and Toppenish School's JOM Program. She worked for 30 years for the Nez Perce Tribe, starting as a parent coordinator for the Head Start Program for a short time. Eventually, she settled into the career she loved with the USDA Food and Nutrition Program. Georgia started as an office/warehouse worker for 10 years before becoming the director for 20 years until 2014. She was active in regional and national USDA Food and Nutrition committees that advocated for Native Americans.

Georgia is survived by her son, Daniel Higheagle, of Lapwai; grandson Michael Bear, of Lapwai; granddaughter Mayalu Spencer, of Lapwai; her sisters, Carol Wheeler, Sandra Higheagle,

Rosa Yearout and Evelyn Higheagle, all of Lapwai; brothers Gordon Higheagle Sr. and Kevin Ellenwood Sr., all of Lapwai; numerous aunts, uncles and cousins; and dozens of nieces and nephews and their children and grandchildren.

She was preceded in death by her parents; her paternal grandparents, Antoine and Josephine (Luke) Higheagle; her maternal grandparents, Linus and Emma (Pinkham) Matthews; brothers Francis John McFarland, Larry McFarland Sr., Ronald McFarland, Anthony Higheagle Sr. and James Higheagle; sister Georgine (Higheagle) Fiander, Patricia Higheagle and Elaine (McFarland) Ashlock.

Public viewing will start at 11 a.m. Tuesday at Sacred Heart Catholic Church in Lapwai. The holy rosary will be recited at noon, followed by a funeral Mass at 1 p.m., celebrated by the Rev. Brad Neely of All Saints Catholic Church in Lewiston. Burial will be at Jonah Cemetery near Sweetwater. Vassar-Rawls Funeral Home of Lewiston is in charge of arrangements.



## CRITFC Job Title: Lamprey Collection Technician

Department: Fishery Management; Temporary, Full-Time, Non-exempt (4-6-month duration); Salary/Wage: equivalent to CRITFC GS 5; location: Portland, OR.; Recruitment period: February 8, 2019 – April 19, 2019.

Job Summary: primary on-the-ground contact for member tribes (Nez Perce, Umatilla, Warm Springs, and Yakama) that have initiated supplementation (translocation) projects within tributaries of their ceded areas; set, collect, log, transfer adult Pacific lamprey from previously determined dam locations to central holding site coordinating with CRITFC member tribe lamprey

collection staff; responsible for lamprey health during trapping, transferring, and holding making this an on-call position.

Requirements/Qualifications: minimum High School diploma or equivalent; two or more years relevant work experience in fisheries science, fishery technician or related field/position; must be well organized, attention to detail, accurate record keeping; ability to effectively communicate orally and in writing with variety of people about data collected; must have thorough, demonstrated knowledge of Pacific Northwest fish biology, ecology, and habitat requirements and experience in scientific methods

and/or resource management; ability to lift, carry, and check heavy (approximately 75 pounds) lamprey traps; willingness to work under variety of adverse field conditions; additional training to access USACE dams may be required including and not limited to CPR/First Aid, electric hoist operation, fall protection training, and high energy containment program (HECP) certified if required. Must have demonstrated ability to work well with other professionals, maintain flexibility in working environment and, at times, with weekly work schedules; driving to and from trapping and collection sites is required. Must possess

valid driver's license and be able to pass CRITFC DMV driving record check.

NOTE: Incomplete applications will not be considered; send complete application materials including: a cover letter, CV/resume, three references, completed job application (available on our website at <http://www.critfc.org/critfc-employment-opportunities/>). Email: [hr@critfc.org](mailto:hr@critfc.org) (please follow with mailed original), Fax: 503.235.4228 (please follow with mailed original). For complete job description/essential job functions and qualifications visit: <https://www.critfc.org/blog/jobs/lampreycollection-technician-5/>

## CRITFC Job Title: Fisheries Technician II

(2 positions available)

Department: Fisheries Science. Full time, temporary (no benefits), Non-Exempt, Salary/Wage: GS – 5-9 (DOQ), Location: La Grande, Oregon, Closing date: April 13, 2019, Duration: 3-4 months, Start Date: July 8, 2019.

Job Summary: Assist the four tribes in the co-management of their treaty fishing rights within the Columbia River Basin. In order to have a sustainable fishery is the ability to collect and assess information on the status of anadromous and resident

fish populations and their habitats within the basin. Assist with data collection, assess info and analysis of data pertaining to stream habitat conditions, habitat restoration, fish abundance, and growth in the upper Grande Ronde River and Catherine Creek basins in the Northeast Oregon.

Requirements: Responsible and dependable individuals with interests in environmental and fisheries sciences who meet the following qualifications: Collecting data, A Bachelor's degree or a related field will substitute

for some work experience. Familiar with bio research, ability to execute detailed technical procedures, collect and maintain high quality data records from field and lab work, organized, ability to work in a team environment. Ability to work in all weather conditions, a valid drivers license, ability to lift and carry objects up to 50 lbs. See detailed job description and requirements at the following: <https://www.critfc.org/blog/jobs/fishery-technician-ii-5/>

NOTE: Incomplete applications are consid-

ered. A complete application includes a cover letter, CV/resume, completed job application and a list of at least three professional references to: (available at <http://www.critfc.org/critfc-employment-opportunities/> Columbia River Inter-Tribal Fish Commission Attn: Human Resources 700 NE Multnomah Street, Suite 1200 Portland, Oregon 97232 Email: [hr@critfc.org](mailto:hr@critfc.org) (please follow with mailed original) Fax: 503.235.4228 (please follow with mailed original)

## COLUMBIA RIVER INTER-TRIBAL FISH COMMISSION



700 NE Multnomah Street, Suite 1200  
Portland, Oregon 97232  
(503) 238-0667  
F (503) 235-4228  
[www.critfc.org](http://www.critfc.org)



**MAKE SURE THEIR  
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IS FROM SOMETHING  
AWESOME**


**KIDS WHO ARE ENGAGED IN MEANINGFUL ACTIVITIES ARE LESS LIKELY TO DRINK UNDERAGE.** Active youth develop new skills and more confidence, and stay safer than their peers who drink.

**YOU CAN HELP KEEP YOUR CHILD ALCOHOL-FREE IN TWO EASY WAYS:**

- 1) Keep your child consistently engaged in their favorite activities.
- 2) Contact a local prevention coalition to learn more and get involved.

Find a list of local prevention coalitions at [BeTheParents.org/prevention](http://BeTheParents.org/prevention).





**Passive Smoking  
(Second-hand Smoke)**

There is no safe level of exposure for second-hand smoke.

Nonsmokers exposed to second-hand smoke at home or work increase their risk of developing lung cancer by 20-30%.

(source: NPAIHB)



**Tobacco Education and Prevention Office**

*Are you or a family member trying to stop using commercial tobacco?*

**Here are 4 ways to find help.**



**1.) KIM WILLIAMS,  
TOBACCO COORDINATOR**

**(208) 843-2271, ext. 2971**  
[kimw@nezperce.org](mailto:kimw@nezperce.org)

**2.) FIND US IN PERSON**

**Lapwai Nimiipuu Health  
HOURS of OPERATION  
MONDAY - THURSDAY  
8:00 a.m. - 4:30 p.m.**





**3.) AMERICAN INDIAN  
COMMERCIAL  
TOBACCO QUITLINE**

**1-855-372-0037**

**4.) PROJECT FILTER  
QUITLINE**

**1-844-574-5350**  
[projectfilter@dhw.idaho.gov](mailto:projectfilter@dhw.idaho.gov)



Contact our office to learn more about the dangers of nicotine products or for resources on how to quit commercial tobacco use.



NPT Students For Success

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## Institute for Tribal Environmental Professionals 2019 Student Summer Internship

### Apply now for an 8-week summer internship.

Spend your summer working with tribal organizations to address tribal environmental issues. The internships have a **technical, educational** or **policy** focus. We are offering **9 positions in air quality**. The internship program provides each student intern with a stipend, and limited housing and travel allowances. Host sites are selected from tribal environmental organizations, government offices, the US Environmental Protection Agency (USEPA) and others. Descriptions of the host sites can be found on the website at [nau.edu/itepinterns](http://nau.edu/itepinterns) after January 28, 2019.

### Eligible students must meet the following:

- US Citizen
- Full-time undergraduate or graduate college student during Spring 2019 (12 hours undergrad, 9 hours grad) at any tribal college, college or university
- Have at least a 2.5 cumulative GPA
- Majoring in an environmental or related field like science, engineering, planning, policy, law, management, political science, anthropology, or health
- Interested in pursuing an environmental career after graduating
- Proficient verbal and written communication skills
- Strong interest in working with Native American tribes or topics

Please visit [nau.edu/itepinterns](http://nau.edu/itepinterns) for more information.

To apply, submit an online application plus additional materials that are described on the website. You can also provide your preferences for the host sites you find interesting.

**Deadline: February 25, 2019**

Questions? Contact [EEOP-INTERN@nau.edu](mailto:EEOP-INTERN@nau.edu)

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### Nez Perce Tribe Recycling Program Newsletter Feb. 2019

íapaqaí nnoí íee kaa íepeqícxnuí wíetesne  
- Respect and take care of the earth.

Nez Perce Tribe Water Resources Division - Solid Waste and Recycling Program  
Contact: Jon Van Woerkom . (208) 791-3965 or Linda Nemeth . [landan@nezperce.org](mailto:landan@nezperce.org)

### Reduce Your Waste!

- Bring Reusable Bags
- Buy Used or Recycled Items Over New
- Buy Products with Less Packaging
- Compost Your Food Waste
- Use Reusable Drinkware and Tableware
- Repair, Give, Trade or Sell

With reduced plastic recycling, many people are wondering how to reduce their plastic waste stream. Luckily there are some simple solutions! It can be as simple as bringing reusable bags to the store with you or a reusable mug to the coffee shop. You can reduce other types of waste and lessen your overall impact on the environment by buying used or recycled items instead of new, and thinking twice about throwing away things that are still functional or can be repaired. With work and ingenuity we can be a zero waste community!

**Betcha can't guess...**  
Guess the weight of our first bale of plastic bottles shown here and win a prize!  
Submit your entry before March 1st by visiting this link: <https://bit.ly/2UBeCXa>

**"Talkin' Trash"**  
Trash and Recycling, 2015-2018

Year	Trash (tons)	Recycling (tons)
2015	108	20
2016	72	38
2017	140	44
2018	136	54

Recycling numbers are going up at the Nez Perce Tribe. From 2015 to 2018, we've had a 170% increase in collected recycled materials - from 20 tons to 54!

In 2017, recycling was about 24% of our waste stream. We diverted 44 tons of material from the landfill through recycling, and hauled 140 tons of waste to the landfill. In 2018, we diverted 54 tons of material through recycling and hauled 136 tons of waste to the landfill.

This growth is really exciting, because in 2018 we conducted three major clean up operations on the reservation, resulting in an additional 19 tons of trash. Not including this amount, collected trash for 2018 comes down to 117 tons, and means we achieved 32% recycling!

**Kamiah Recycling Update**  
Errol Robinson, who collects recycling from Tribal offices in Kamiah, will not be able to do the collection for the next six weeks as he recovers from surgery. The Recycling and Solid Waste Program will continue to collect the recycling while Errol is out but we ask for your patience and understanding as we work this out! We have limited staffing right now and appreciate your understanding.

Stay tuned next month for more information about upcoming community recycling opportunities!

**3 Bands, 1 Stage, Many Hits!**



**MARCH 9th**  
**8:00pm, Doors at 7:00pm**



**Clearwater River**  
**CASINO & LODGE**



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 Lewiston, ID, 83501

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