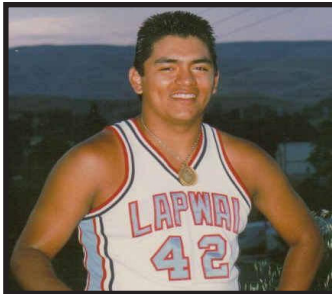




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Memorial  
Basketball  
Tournament  
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N I M I I P U U  
T R I B A L T R I B U N E

Wilúupup / JanuaryVolume 1 / Issue 2

# 2019 Nimiipuu Wellbriety Movement



## Introducing the Nez Perce Tribe Communications Team

The Nez Perce Tribe has recently developed a Communications Program. This program has taken on many responsibilities including, but not limited to: website maintenance/development, social media management, weekly newsletter production, mass email dissemination, and most recently the production of the Nimiipuu Tribal Tribune. We are a team of three, each with our own responsibilities. Being that we provide a substantial amount of information to the public, we would like to introduce ourselves.



Chantal Ellenwood, Nez Perce Tribal member, is the Publisher/ Marketing Specialist and primarily handles all matters in relation to the Nimiipuu Tribal Tribune. Her responsibilities include formatting, design and layout

-Continue Reading Intros  
on Page 5

Lapwai- On January 6th, 2019 families, individuals, and Nez Perce tribal departments came together in a fight to take back the community from addiction. The event was held at the Pi-Nee-Waus Community Center, with over 100 people in attendance, celebrating the introduction of the Nimiipuu Wellbriety Movement. This event is just the start of the healing journey for the Nimiipuu People.

The Wellbriety Movement is an interconnected web organization, spreading across Native Nations carrying the message of cultural knowledge regarding recovery. Jasmine Higheagle, Cecelia Alvarez, Quanah Wheeler, and their team of wellbriety warriors, facilitated a Gathering of Friends ceremony to encourage conversation about the struggles of drugs and alcoholism.

Alvarez’s overall goal for running the Wellbriety meetings is to heal the community. Holding the meetings every Tuesday and Thursday has helped her to overcome the obstacles and challenges she is faced with. She has dedicated time and effort encouraging her community members to heal themselves, and help each other to do the same.

-Continue Reading Wellbriety  
on Page 3



Jacquelyn (Jackie) Koehler



Her Own Story

Jackie Koehler has a love for the outdoors. She has a large garden area that she enjoys working in. "I love working outside no matter what I'm doing, whether it's hauling wood or moving rocks," Jackie says.

Jackie drives 45 minutes every day to get to work. She works in the Finance Department for the Nez Perce Tribe as a Staff Accountant. She has been in her position for two years, and counting.

As a Staff Accountant, Jackie's job requires her to handle all of the accounts funded by hard dollars. She processes a large volume of financial transactions on a daily basis. "Accuracy and efficiency are important traits for this line of work," Jackie says to anyone interested in financial positions.

The Nez Perce Tribe's Finance Department manages all of the financial activity for the tribe; initiating all financial transactions for the accounts. Jackie is responsible for verifying account codes and the availability of funds, reconciling accounts and maintaining spreadsheets.

Jackie has worked in accounting and bookkeeping all of her life, beginning with the Broward County School Board in Ft. Lauderdale, Florida. She worked there for almost 20 years before her family moved to Idaho in 1996.

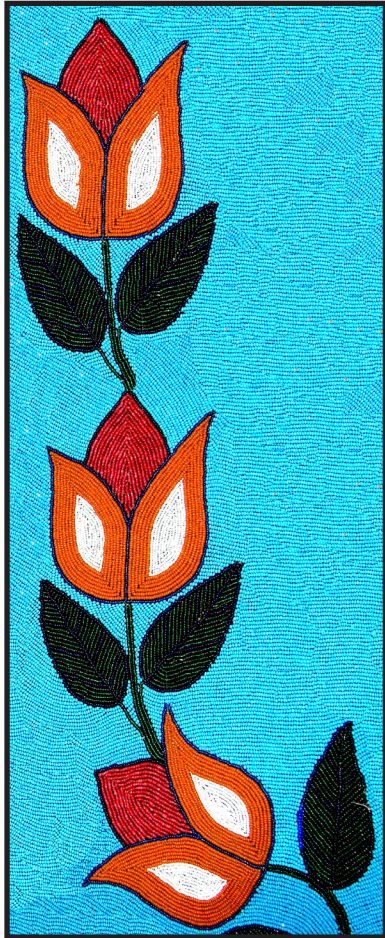
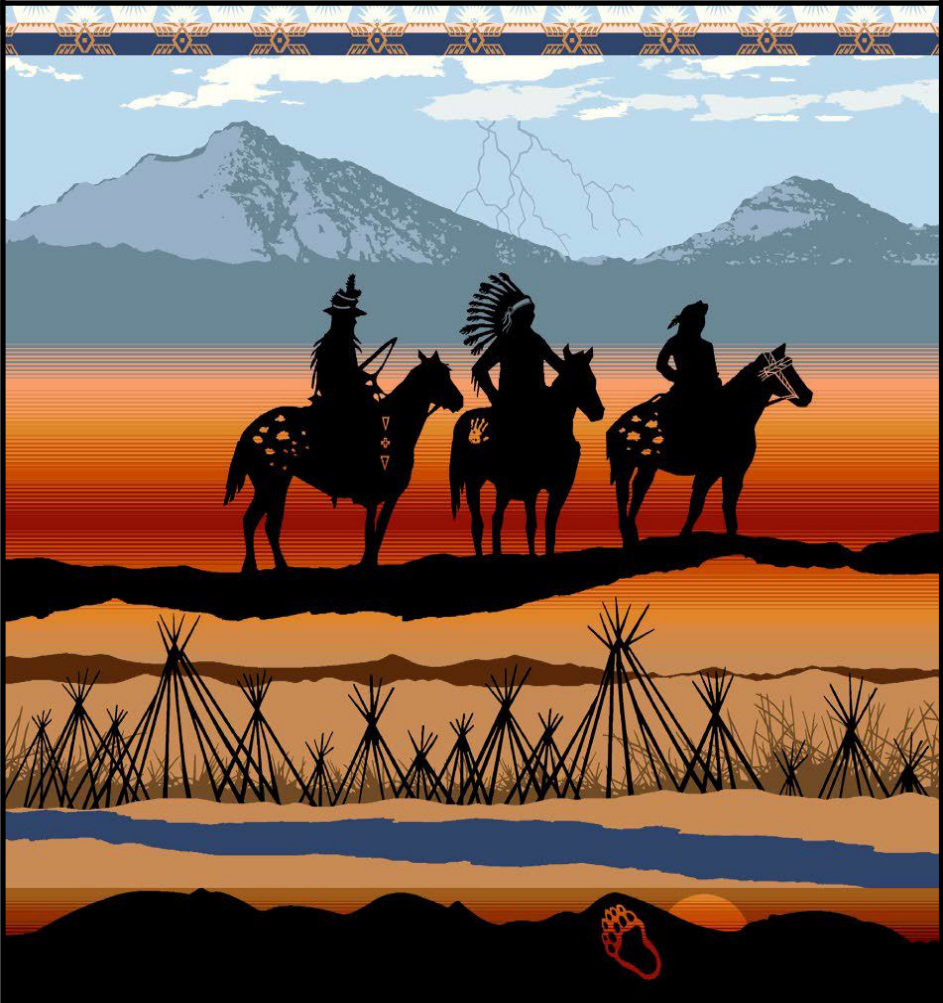
Jackie's husband, Scott is her number one, biggest fan who encouraged her to apply for the position she holds today. "I can't imagine anyone feeling more loved," Jackie says about her husband.

Jackie would also like to thank her department, "Everyone has helped me in one way or another," she says. "However, I will always remember a warm welcome from Alice Spaulding and Catherine Bigman, in Executive Direction."

Thank you Pat  
for 28 years of  
dedication to  
the Nez  
Perce  
Tribe



For information Regarding the Nimiipuu  
Pendleton Blanket Contact Terry Ball at  
fishinwithtball@gmail.com



Nimiipuutímtki- The People's Language  
(Nee-mee-poo-timt-key)

January  
Wilúupup  
(will-lew-poop)

"The sound cold air  
makes going through  
the flaps of a teepee"

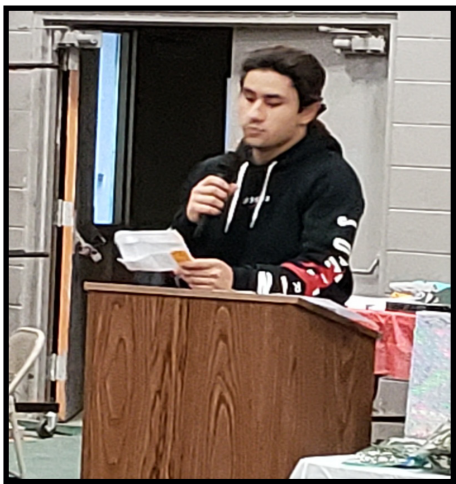


Good Morning  
Good Afternoon  
Good Evening  
Good Night  
Thank You

Ta'c Méeywi  
Ta'c Haláx  
Ta'c Qu'léewit  
Ta'c C'iqéetin  
Qe'ciyéw'yew

tots-may-wee  
tots-ha-luhh  
tots-koo-L-ow-wit  
tots-see-cat-tin  
cut-see-Y-ow-Y-ow





**-Wellbriety Continued From Page 1**

In attendance at the Nimiipuu Wellbriety event, was Waahp-qaqun Drum and passionate keynote speakers: Hattie Kauffman of Seattle, Washington; James Pakootas of Nespelem, Washington; David Powell of The Dalles, Oregon; and Jason Umtuch of Portland, Oregon. They shared their stories of breaking the cycle and overcoming the hardships pertaining to the past.

The Wellbriety Event was introduced in the community Wellbriety meetings as a way to connect the principles, values, and natural laws while walking the red road.

The Wellbriety Meetings, held in Lapwai by community members, provides a safe and supportive unity group committed to focusing on sober lifestyles and they cover the mental, spiritual, physical, and emotional wellness balance. It is said that to heal ourselves and help others heal, we must create a healing forest. Our bodies are the strong rooted trees and our limbs are the branches reaching out to the creator, and holding each other up.

Attending the wellbriety meetings provides support, growth, and hope. During each meeting, opportunities arise regarding solutions for the youth to overcome obstacles they may face in the future. If we are able to beat the battles today, we can put an end to the war our youth potentially face tomorrow. It is time to heal the community for all Nimiipuu generations to come.

It took a community to bring the Nimiipuu Wellbriety Movement together. Himéeq'is Qeci'yew'yew to the Nez Perce Tribe Enterprises, Nez Perce Express, Nez Perce Tribe Executive Director's Office, Nez Perce Tribe General Council

Committee, Nez Perce Tribal Police Department, Nimiipuu Health, Nez Perce Tribe Child Protective Services, Nimiipuu Community Development Fund, Nez Perce Students For Success, Nez Perce i-Vision Program, Nez Perce Financial Assistance, Nez Perce Vocational Rehabilitation Services, Nez Perce Veteran's Program, Nez Perce Child Support Enforcement Program, Marsh's Trading Post, Ferris Paisano and Family, Bill Picard and Family, Charlotte Watters, Jay and Teresa Leighton and Family, Gordon Higheagle and Family, Mary Taylor and Family, Odom Corporation, Ryan Oatman, Kyle Corpuz, Sandra Higheagle, Evie Higheagle, Glory Sobotta, Darci Reagan, Traci Holt, Claudine Rago, Julie Hardisty, Northwest Designs and Screen Printing, Rosauers, First Step 4 Life Recovery, URM, Nimiipuu Wellbriety Program, high schooler Tui Moliga (who lead the meal time prayer), the youth who helped set up and serve food, and all volunteers. Even the smallest support helps accomplish big dreams.

"My brothers were singing and I just stood there praying and releasing the angels throughout the building. The power of prayer is strong, God really pulled through on this event," Higheagle stated, "This event was a room full of answered prayers. We've all been affected by this in one way or another, or we were the cause of it, but now we're turning our pain into a purpose."

If you would like to join the Nimiipuu Wellbriety Movement, meetings are held Tuesdays and Thursdays at 6:00 pm at Lapwai City Hall (315 S. Main Street). For more information, please contact Jasmine Higheagle at 208-790-1066 or [jasmineh@nezperce.org](mailto:jasmineh@nezperce.org).





# Government Shutdown May Eventually Impact he Nez Perce Tribe

Since December 21st, 2018, The U.S. Federal Government has been shut down due to battling over funding for a border wall. The issues experienced in the last weeks are concerning and exasperating for all Native Nations, but are not directly affecting the Nez Perce Tribe at this time. However, the longer the shutdown lasts, it could eventually have an impact on some tribal programs.

The shutdown of the forest service has impacted the ability for staff to work on issues with forest service projects and forest management. The United States Department of Commerce; the Cabinet department of the United States government

concerned with promoting economic growth, including NOAA, has stalled employees from working on fish issues.

The Government shutdown does not currently impact Nimiipuu Health (NMPH), and likely will not for many months. NMPH is financially set to continue present programs and activities for at least six months. "If the shutdown extends beyond seven months we'd need to significantly reduce the scope of healthcare services provided in the Lapwai and Kamiah Clinics, including decreased staffing," Joe Cladouhos, NMPH Director, concluded.


The Nez Perce Tribe Food Distribution Services is unaffected right now as well.

"We are continuing normal day to day operations until we are told different, and continuing with regular business operations, serving our clients," said Thunder Garcia, USDA Food and

Nutrition Services Director.

The Nez Perce National Historical Park Visitor Center is closed and will remain closed until the government shutdown is over. The park remains open to the public.





Happy 1st Birthday Zane Yakah Moody  
January 15th



*Memory Decker-Abe*  
Barber/Stylist

*Bliss Salon*  
(located in Mall 21)

Walk-ins welcome, call for an appointment  
208-816-3570

1702 21st Street  
Lewiston, ID  
Suite 107

## Nez Perce Tribe Social Services Clothing Bin Provides Clothes to Those in Need



The Nez Perce Tribe Social Services has created a bin utilized for distributing clothes to those in need. Clothing sizes range from children to adults and change according to the seasons. The clothing bin is unlocked and located on the front steps, outside of the Social Services building. It can be accessed by anyone at any time. Please remember to remain courteous of others by keeping the clothing bin in neat order, and by taking only what you need. If you would like to donate please bring your items to the Social Services Building located at 217 B Street in Lapwai, Idaho. For more information regarding the clothing bin, contact Sophia Allen at 208-621-4665 or email [sophiaa@nezperce.org](mailto:sophiaa@nezperce.org).





## Check Out Lapwai's Little Free Library

A free book sharing site has arrived in Lapwai, located at the Pi-Nee-Waus Community Center at 100 Agency Road. The Little Free Library was gifted to the Lapwai community through the Impact Library Program, part of a world wide network of Little Free Libraries. The goals are to promote reading, improve literacy, and build community. The books inside the Little Free Library are always gifts, never for sale. If you would like more information on the Little Free Library in Lapwai, visit <https://littlefreelibrary.org> or contact Library Steward, Angela Sondenaa at [lf170093@gmail.com](mailto:lf170093@gmail.com)

### Intros Continued From Page 1

Her grandparents are Raymond and Bernadine (George) Ellenwood, Marie (Maxwell) Barden, the late LaVern Barden, and the late Kenneth Howell.



Farren Penney-Wilkerson, Nez Perce Tribal member, is the Digital Media Specialist, working part-time. Her responsibilities include producing the NPT Weekly newsletter, uploading content to social media, sending out mass emails, and assisting with website maintenance.

Farren is the wife of Travis Wilkerson and they have three children, all boys. She also provides homeschooling for her children and manages marketing for a few local businesses.

In her spare time, Farren enjoys traveling with her family and serving with her fellow Nimiipuu sisters at NightLife Women's Bible Study at the CrossPoint Alliance Church.

She is the daughter of Dave and Marie Penney. Her grandparents are the late JoAnn and Fred Jose, Ira Penney, and the late George and Marie Allen.



Kayeloni Scott, Spokane Tribal member and Nez Perce descendant, is the Communications Manager and oversees the program. Aside from assisting with the production of our mentioned external communications, she is also responsible for public and community relations, handling media requests, and formatting press releases on behalf of the Tribe.

Kayeloni enjoys spending time with her háama, Trent Martinez, and their two dogs; traveling and visiting family. She also likes to volunteer with Lapwai Community Coalition and spend time working out at the gym.

Kayeloni is the daughter of Harold 'Hulie' and Danielle Scott. Her grandparents are the late Andrew Bohn, the late Evelyn 'Suki' (Abrahamson) Pascal, Josh and Nancy Leighton, and Alfred and Darlene (Greene) Pinkham.

We are excited to provide readers information and knowledge pertaining to what is going on in our communities. We would like to encourage everyone to reach out to us if we can answer any questions or be of any assistance.

## Tác 'ee páayn R. Kim (Cunningham) Hartwig, MD



Dr. Hartwig, Nez Perce Tribal member, is set to begin her position as the Medial Director of Nimiipuu Health in January. She will start her visits then, and initially will be in the office on certain days. By July, Dr. Hartwig is anticipated to begin fulltime. Dr. Hartwig received her Doctorate of Medicine in 2003 as a Medical Director, Diplomat of American Board of Family Practice; from the University of Washington School of Medicine. Her experience includes 12 years of clinical practice, 2.5 years of medical directorship for a native facility, and owning a private practice for 4.5 years. She is the daughter of the late Cheryl (Johnnie) Cunningham, David Cunningham, Sr., and Hank Lefthand. She is the granddaughter of Gloria Jane (Spaulding) Harrison, David (Chickie) Harrison, Raphael Johnnie, Sr., the late Fred and Marian Cunningham, and the late Alberta Hollie.

The Nimiipuu Tribal tribune is published twice a month on the first and third Wednesday. Our mission is to publish a timely and credible resource for our loyal readers and provide local information relevant to the Nimiipuu people and surrounding communities. Our vision is to disseminate content of interest to readers and to ensure this news publication is accessible by all. For more information on submissions, classified ads, display ad rates, and subscriptions visit <http://nezperce.org/government/communications/>

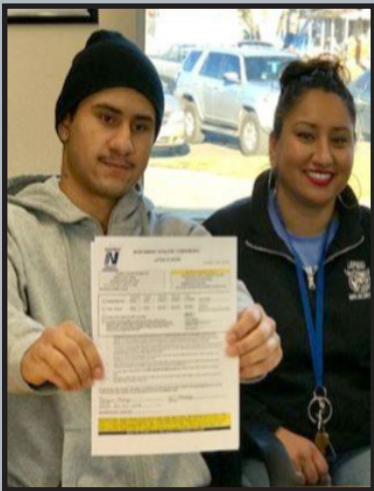


Contact: Chantal Ellenwood  
208-621-4807  
[chantale@nezperce.org](mailto:chantale@nezperce.org)  
Mailing: P.O. Box 365  
Physical: 120 Beaver Grade  
Lapwai, ID 83540





## Six Wildcats Honored on Senior Night



**T**ui Moliga Signs with Walla Walla Community College on a Baseball Scholarship



**E**very Miles-Williams Scored 13 Points on Evergreen State to Contribute to the #1 Ranked Yotes Record.



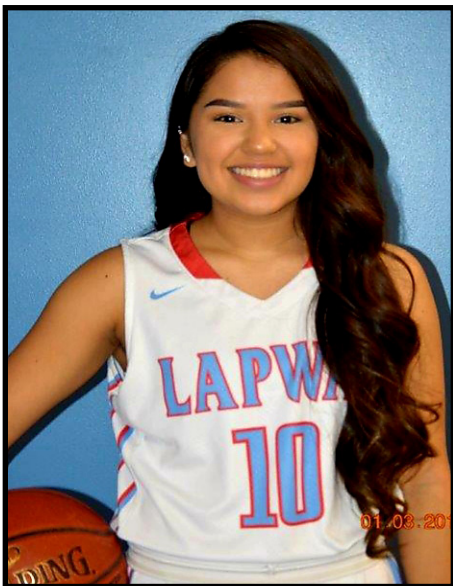
#23 Kelani Smith



#12 Kalela Reuben



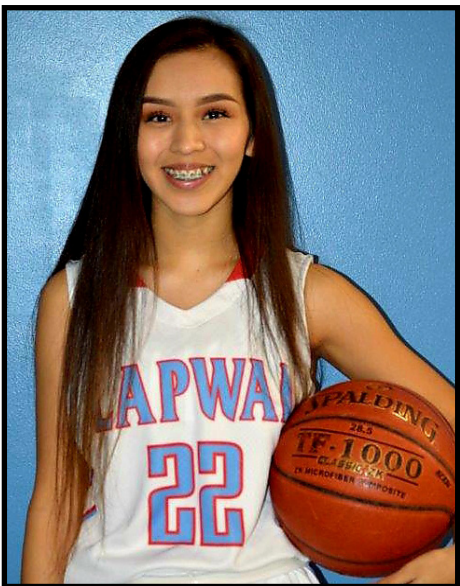
#42 Aurelia Ellenwood



#10 Raequel Domebo



#55 Sawaya Greene



#22 Taneasa Shippentower

The Wildcats defeated Troy 44-31 for a Whitepine League Division 1 victory. Coach Eric Spencer allowed all six seniors to start the game against Troy on Saturday, January 12, 2019. Aurelia Ellenwood led the seniors and the team with 14 points, five assists and four steals, Sawaya Greene (four points), Raequel Domebo (two points), Kalela Reuben (four points), Kelani Smith (two points).

## Nimiipuu Tribal Flag Welcomes ESPN College Game Day to Pullman



Pullman, WA- The Nimiipuu tribal flag was present to welcome ESPN’s arrival to Washington State University’s first ever College Game Day appearance in October. The flag was proudly represented by the McFarland/Yearout family to not only welcome ESPN Game Day announcers to WSU, but also to the Nimiipuu tribal homeland. “A lot of our family members all took turns holding the flag for over three hours,” Joyce McFarland said.







**THE LITTLEFOOT ELLENWOOD MEMORIAL BASKETBALL TOURNAMENT**

**JANUARY 25TH - 27TH 2019**

<b>\$350 PER TEAM</b>	<b>PRIZES</b>	<b>HOTEL</b>
<b>8 TEAMS</b> 8 PERSON ROSTER DOUBLE ELIMINATION	<b>TEAM APPAREL 1ST - 3RD</b> <b>MOST VALUABLE PLAYER</b> <b>MOST ASSISTS</b> <b>MR. HUSTLE</b> <b>ALL-STARS</b> <b>3 POINT CONTEST</b>	<b>CLEARWATER RIVER CASINO</b> <b>50 ROOMS TOTAL</b> <b>1 BLOCK FOR FAMILY</b> <b>1 BLOCK FOR PLAYERS</b>  <b>TO RESERVE A ROOM</b> <b>CALL: 208-298-1400</b> <small>No need to identify if you are a PLAYER or FAMILY to get the discounted rate!</small>

Lapwai- The Ellenwood Family invites you to attend The Littlefoot Ellenwood Men's All-Indian Memorial Basketball Tournament. January 25th, 26th and 27th, 2019. Memorial and give away will start Friday, January 25th at 9:00 o'clock a.m. at the Pi-Nee-Waus Gym. 12:00 o'clock p.m. dinner will be served. First game will start Friday, January 25th at 6:00 o'clock p.m., second game will start at 8:00 o'clock p.m., games will continue for the rest of the weekend. NPTEC has approved four hours of admin leave for tribal employees wanting to attend the memorial and giveaway on Friday. Must show ID (Tribal or CIB) to play. All teams are now full. Contact Chedda Ellenwood for more information at [cheddae@gmail.com](mailto:cheddae@gmail.com) or call/text 208-791-3434.



# Lapwai Wildcats Score in Stock Market Challenge

By Shawn Spruce

What goes up must come down. That's the angst facing many investors in recent months as the longest bull market in U.S. stock market history appears on edge. This fall students at Lapwai High School got a taste of this angst by experiencing what investing pros call volatility - aka a wild roller coast ride!

The senior class competed in a eight week online investing simulation known as The Stock Market Game (SMG), a national program designed to teach young people how to invest in stocks, bonds, and mutual funds. Students were separated into thirteen teams that faced 65 other teams from high schools throughout the state. Each team started with \$100,000 in fantasy cash and managed their portfolios as part of an economics class.

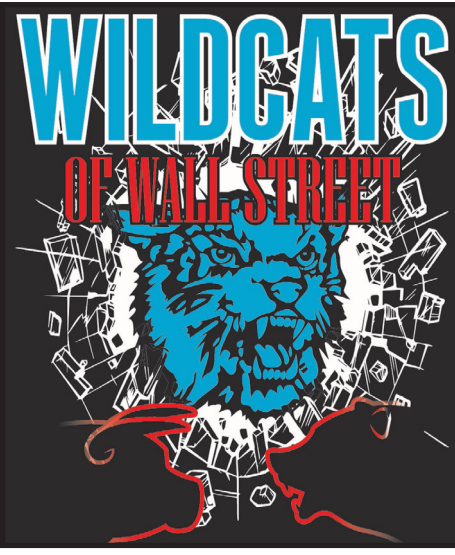
"The kids really enjoyed designing portfolios and checking stock prices every morning" commented Lapwai economics teacher, Georgie Kerby. "Many of them invested in companies that they're familiar with like Nike, Apple, and Walmart. It certainly was an eye opener for them to think about publically traded companies as investors rather than just consumers."

The Lapwai SMG project was made possible by support

from Nimiipuu Community Development Fund, a Native led community development financial institution that serves the Nez Perce Tribe and traditional areas of Idaho, Oregon, and Washington. A First Nations Development Institute investor education consultant added technical assistance and training with support from the FINRA Investor Education Foundation and the Northwest Area Foundation.

"This is Lapwai's second year participating in the Stock Market Game" explained Nimiipuu Executive Director and SMG Advisor, Jonelle Yearout. "We held a pilot last spring that revealed which investing concepts are most applicable to our students along with strategies for maximizing returns. It paid off because this fall we had four teams finish in the top ten in the state."

In addition to the numerous Idaho 1A-D1 girls and boys state basketball championships, the Lapwai Wild-



cats are embracing a new kind of success – investing savvy.

Victoria Johnnie was a member of Lapwai's top SMG team that ranked second in the state with a final portfolio value of \$103,548. Her team's 3.55% total return beat the Standard & Poor's 500 Index by 9.3% for the same period. Moreover, collectively all thirteen Wildcat teams finished as the state's top ranked school with average total equity that beat the S&P by over 6%.

"I really liked learning how to pick stocks" said the seventeen-year-old referring to winning trades on Amazon, Delta Airlines, Microsoft, and Toyota.

"Researching what makes a company worth investing in, fundamentals and trends. I only wish we'd had a chance to play the game sooner, freshman and sophomore years, so we could play all through high school."

Another student, seventeen-year-old Anthony Spencer, felt that learning how to read stock charts along with an understanding of capital mar-

kets were valuable lessons. "I really enjoyed this game" shared the seventeen-year old multi-sport athlete who plays football, baseball, and rides horses. "It taught me a lot about money and what to look for and what not to look for. I plan to invest on my own in the next year so this was good preparation."

It's no secret that 2018 was a tough year on Wall Street so maybe a few underperforming hedge fund managers could learn something from some super cool students in Lapwai, Idaho. Go Wildcats!

The Idaho Stock Market Game competition is a program created by the Securities Industry and Financial Markets Association (SIFMA) Foundation in local partnership with Boise State University. It is offered twice annually in the fall and spring. As part of First Nations ongoing commitment to investor education SMG aligns seamlessly with its efforts to financially empower Native communities. Many states offer state and regional SMG competitions similar to Idaho. For more information on how First Nations can assist your school or youth group with innovative investor education solutions please contact First Nations Investor Education Consultant Shawn Spruce ([agoyopi@gmail.com](mailto:agoyopi@gmail.com)).



### Melvin "Hopsing" Rickman, 63, Lapwai, ID



Melvin Earl Rickman – "Hopsing" as known by his friends was born December 11, 1955 to Florene Rickman, NP and Elmer Rickman, CDA. Melvin was an enrolled member of the Nez Perce Tribe and was raised most of his life at the Grant/McCormack Ranch on 633 N. 3rd Street West in Lapwai. Melvin was raised by his grandma and grandpa, Rena McCormack and Sam Slickpoo. He spoke Nez Perce and enjoyed building sweat with his uncles and grandpa Fox McCormack. Melvin attended elementary at Lapwai until his 6th

grade where he moved with his brother, Douglas Marconi to live for a time with their Aunt Vera Sonneck at Bell Gardens, California and then moved to Portland, Oregon.

Eventually Melvin returned to Lapwai to become part of the Graduating Class of 1975. Melvin was an avid outdoorsman who loved to fish, hunt, gather roots, firewood, pick mountain tea, gather kaus kaus and pick huckleberries. He also loved working for the Nez Perce Tribe.

Melvin worked many years for the Forest Products Enterprise Department of the Nez Perce Tribe. He also worked as a wildland firefighter and camp crew boss for the tribe. When the opportunity arose he worked for the Clearwater River Casino as swing shift lead security officer. With his infectious smile and hosting service, he enjoyed making sure his co-workers and casino clients were safe. With sadness but still wanting to serve his community.

Melvin began working

for the Nez Perce Tribe Water Resource Program under the supervision of Dave Sornnerman. The two worked projects that enhanced the healthy management of waste and community clean-up activities. Melvin assisted and helped manage the Recycling Program and worked digging grave plots. His mastery of the mini-x backhoes and skill of loading and unloading trailers/bins made him an asset to those needing the skills. Melvin was working on the Elder Wood Delivery Project at the time of his death. Melvin was always proud that he served others before himself.

Melvin married Lana Guzman in 1977. Together they have three children; Jarrod, Laatis-Tema and Lelanda. He resided and raised his children at 22500 Domebo Flats. He then returned to his family home taking care of his mother, Florene Rickman until her passing. The family Ranch Home burned in 2014. He then lived with his son, Jarrod until he moved into the

Chief Joseph Senior Citizen's Complex #13 residing there with Lana until his passing on Tuesday, October 23rd, 2018.

His heart's desire has always been to rebuild and return home to his family home site. Melvin leaves behind his wife, Lana and children, Jarrod (Leslie), Laatis-Tema (James) and Lelanda (Clarence, Sr.); and his grandchildren LaShawnda, Althea, LeBron, Carmelo, Clarence, Jr., Kyrie, Samuel, Sequoiah and Alea. His brother, Douglas Marconi (Tina) and niece, Rena (Derek), nephews, Urisha (Randi) and Douglas Jr. (Andrea); and their children Derek Jr., Daxton, Carter Douglas, Haddie Joy, Noah and Skylar from Nespelem, Washington. His aunt and uncle, Vera and Kenny Sonneck as well as all those family and friends that knew and loved him.

Please if I did not mention you forgive me. I know this, if you were christened with a nickname by Melvin, you held a special place in his heart that at times we had to ask him "Who are you talking about?"

### Leo Laurence Jones, 75, Grangeville, ID



Leo Laurence Jones passed away in Grangeville on Tuesday, Dec. 25, 2018.

Leo was born to John A. Jones and Amelia Tellier Jones in St. Ignatius, Mont., on Dec. 6, 1943, joined in birth by his twin brother, Loubert. He spent much of his upbringing with his maternal grandparents, Laurette and Annie Broncheau Tellier. The 11 children in birth order included: Alfred, Kenneth, Marie, Adeline, Earl Dennis, Pauline, Leo, Loubert, Ira, Dalon and Vickie.

Leo was very proud

to be an enrolled member of the Nez Perce Tribe of Idaho, a veteran of the U.S. Army and a graduate of the University of Montana. Leo was raised and attended school in St. Ignatius. He grew up playing with his brothers and sisters, and they created many fond memories, raising heck and having great adventures on Mission Creek.

He enjoyed the family traditions of hunting and fishing throughout his lifetime and passed that love and appreciation for nature to his children. He was an accomplished athlete who played baseball from Little League through Babe Ruth teams in his youth and played with local teams in his young adulthood. He was an avid collector of baseball cards.

In his later years, with his brothers and friends, he expanded his fishing and hunting experiences by fishing for salmon on the Southfork and main stem of the Clearwater River in Idaho and hunting for elk and moose in the Lochsa River area, exercising the Nez Perce treat-

ty rights. He enjoyed being outdoors and loved the sun.

Leo served in the U.S. Army and was stationed in Panama during the 1964 Panamanian riots, and he had many stories to tell from that experience. Upon his honorable discharge from the Army, he returned home to Montana and started a new phase in his life.

He met and married Dorothy Teigen and they were blessed with two children, Sheldon and Shelley. They later divorced.

During this time, he began his work career, like many other young men, at the Dupuis Lumber Mill in Polson, Mont. He had various other jobs but decided to follow his love of art and moved his family to Missoula, Mont., to attend the University of Montana. He graduated with a bachelor's degree in art in 1979. He was very talented and created amazing paintings, drawings and portraits.

Another phase in Leo's life happened in about 2010, when he moved to Kamiah to work for the Nez Perce Tribe at the tribal casinos.

He returned to his mother's homeland and enjoyed what the area offered. He retired from work life in 2015.

Leo had the family good looks, a unique sense of humor and a great wit that will be remembered and missed by all who knew him. He is survived by his children, Sheldon Jones and Shelley Jones; grandchildren Taylor Ohl and Dylan Ohl; siblings Ken, Marie Ashley, Pauline Nicholson (Del), Loubert (Norma), Ira (Alice) and Vickie Belgard (Davy); and many nieces and nephews.

He was preceded in death by his parents and grandparents, and siblings Alfred, Adeline, Dennis and Dalon. There will be a viewing from 3 to 7 p.m. MST Tuesday at the longhouse in St. Ignatius. Graveside services will be held at 11 a.m. MST Wednesday at the Catholic cemetery in St. Ignatius, with a luncheon to follow at the longhouse. Arrangements are under the direction of the Blackmer Funeral Home of Grangeville. You may submit your condolences online at [Blackmerfuneralhome.com](http://Blackmerfuneralhome.com).



Joseph Charles Clapp, 53, West Jordan, UT



Joseph Charles Clapp, 53, passed away unexpectedly on Sunday December 30, 2018 in West Jordan, Utah. He was born, Joseph J. Shippentower on June 20, 1965 in Lewiston, Idaho to Katherine McConville Jackson and Jasper Shippentower Jr. He was a resident of Kearns, Utah. Joseph comes from maternal grandparents: John J. McConville and Estella Frank of Spalding, Idaho, paternal grandparents: Jasper J. Shippentower Sr. (Eum-IlpIlp/Red Mouth) of the Walla Walla and Umatilla and Lizzie Ann Scott of Agatha and Spalding, Idaho on the Clearwater River. He was a member of the Nez Perce Tribe. Joseph was raised by his parents Lynn and Billie Clapp. He enjoyed being outdoors, es-

pecially if he was going fishing. He had a love for music and sports, especially Basketball. Joseph was proceeded in death by, his father, Jasper Shippentower Jr. in 2000, maternal and paternal grandparents, his sister Darla Shippentower Steed in 2014, and brother Charlie Frank in 2008. Joseph is survived by his children, Derek, Krystal, and Madison. His parents: Lynn and Billie Clapp. His mother, Katherine McConville Jackson (Randall Jackson) sister Angela Martinez, brothers, Jared Clapp, Rawdy Burnside, Jeremy Allen and Jerel Allen and maternal uncle Butch McConville of Lapwai. He was a beloved Father, Son, Brother, Uncle, and friend to all. Joe was always the life of the party, always making everyone laugh. He will be missed dearly by all his loved ones. Funeral Services were conducted on January 5, 2019 in Salt Lake City, Utah. His brother, Jared Clapp has requested this information be shared for the relatives. A ceremony and return of the ashes to his homeland will be held during the spring chinook salmon return on or near Memorial Day 2019. Rest in Peace Joe!

The Wilson family

would like to thank the many people who helped us through the loss of our father, brother, uncle, grandfather, friend and comrade. It is times like this that you find out how giving and caring our people are. Ni Mii Puu are wonderful human beings and we are thankful for your presence and support.

The Wilson family would like to thank the following people who assisted us in our time of loss with food, song, comfort, and love: Josh H., Lew, Savion, Hacwal, Nige, Casey, John, Simon, Easton, Larry G., Kris Lee, Dave Holt, Eric Holt, Levi Taylor, Steve Rueben, Al Wheeler, Jim Spencer, Tom Alfrey, Scarey Larry, Ben, Scotty, Bub, Deanie, Jena Rudee, Ronda, Riki, Vina Jackie, Vivian, Arleen, Woofy, Beck, Aillia, Tai, Liz, Gloria, Fred, Pizza, Uncle Fish, Diana, Yogi, Mike, Sandy, Marque, Cinni, Amaris, Domy, Jackienna, Toosh, Jeff, Leroy, Geneva, Bessie, Aqua & Crew, Melissa, Myra, Tiapo, SJRMS crew, Buck girls, and the many others who shared their prayers, thoughts and memories.

We thank you from the bottom of our hearts for your assistance and loving support. We pray for a healthy, prosperous new year and good wishes to you all.  
-The Wilson Family

DONATIONS WELCOMED & APPRECIATED

Nez Perce Tribe Children's Home

How Can You Help?

- Organize a Donation Drive at your work, school, home, or organization.
- Collect and Donate Supplies
- Make a Monetary Contribution

Items Needed:

- Clothes- Newborn to 18 years
- New/ Gently Used Shoes
- New/Gently Used Toys
- School Supplies
- Unused Hygiene Products

Please bring items to  
**Sophia Allen**  
Social Services Building  
217 B Street, Lapwai ID  
8:00 AM—4:30 PM



For More Information  
Contact Sophia Allen  
sophiaa@nezperce.org  
208-621-4665

Emotional Health Checklist

Sometimes our emotional health can be a side effect of how we are treating our body.

- **Are you getting enough sleep?** The Center for Disease Control and Prevention states that teenagers need between 9 and 10 hours of sleep per night. Getting less than this amount can cause feelings of mental instability, as the body does not function well when it is sleep-deprived.
- **How are your eating habits?** Food gives our mind energy, and if we are not eating "healthy" energy, how can we expect our minds to function in a healthy way? A lot of caffeine and sugar can cause major changes in our bodies, as we get a "high" and then "crash" several hours later.
- **How much do you exercise?** Multiple research studies have been published with results indicating that vigorous exercise can greatly reduce symptoms of depression. A little extra physical activity every day or every other day can help keep emotions in check.
- **How is your thinking?** Sometimes we can get into patterns where certain thoughts trigger anxiety or depression. If you can identify a trigger thought, you can then work at replacing it with a comforting statement ("I can handle this," "I am going to get through this," "I am ok").
- **Are your mood changes mainly during the winter months?** For some people, the decreasing hours of sunshine during the winter greatly affects their mental health. Many people have the "winter blues," and some have Seasonal Affective Disorder (SAD), both of which can be minimized with some basic self-care.

Our emotional health is often a reflection of how well we take care of ourselves. Take care of your body and you take care of your mind. If you do take care of yourself and you still feel emotionally unhealthy, then it might be time to be seen by your doctor or a therapist.



NPT Students For Success



Dear Family and Friends of Melvin Rickman,

I humbly thank you for the love and support shown to myself, my children and grandchildren through this difficult time.

I especially wish to thank our tribal program families- the Water Resource Department, the Child Support Enforcement Program, Maintenance Program, Tribal Police, and Social Services, Taricia Moliga. And to the pallbearers, who are now my sons.

We are now in a year's mourning so if you have an untold story, please keep it until then. With sincere love and thanks Lana; Jerrod & Leslie; Laatis & James and Lelanda & Clarence, Sr.









# Women's Wellness Day

April 11, 2019  
Clearwater River Casino  
Event Center  
Registration starts at 7:30 am  
Event Ends at 3:30 pm

Sponsored by:  
Nez Perce Tribal Cancer Prevention, NWCCP  
Contact: Nimiipuu Health—CHD  
208-843-9375  
Extension 2908, Extension 2923

## Nez Perce Tribe Recycling Program Newsletter—Jan. 2019

'apaqa'ánnō' 'ee kaa 'epeqíicxnu' wéetesne  
- Respect and take care of the earth.

Nez Perce Tribe Water Resources Division - Solid Waste and Recycling Program  
Lapwai Contacts: Jon Van Woerkom . (208) 791-3965 or Linda Nemeth . lindan@nezperce.org

### What Can You Recycle With Us?

- #1 & #2 Plastic bottles - **empty & rinsed\***
- Aluminum cans - **empty & rinsed\***
- Office paper, envelopes, catalogs & magazines
- Shredded paper - in clear plastic bags
- Newspaper
- Used printer/ink cartridges
- Used candles
- Cardboard - flattened
- Tin cans - **empty & rinsed\***
- Car batteries

\*If it is not rinsed, it is considered contaminated and goes straight to the landfill—the exact opposite of what we are all trying to do!

### "Talkin' Trash"

Do you remember the 3 Rs?  
**REDUCE, REUSE, RECYCLE**

Recycling is an awesome practice, but it is just part of it . Next month, read our newsletter to find a list of ways you can **REDUCE** your waste and help us toward our goal :

### New Schedule

Starting Jan 17<sup>th</sup>!

**Thursdays**

Lapwai Tribal Offices Recycling Collection  
(no longer on Fridays)

Kamiah Contact: Errol Robinson (208) 791-0687

Commodity Foods for recycling their stretch wrap with us! Thank you!!

## Seed Starting Class

University of Idaho  
Extension  
Nez Perce Reservation

Everyone is welcome to sign up  
-No cost  
-Seeds, soil, container, and label will be provided.

**January 24, 2019**  
**12:00pm - 1:00pm**

Nimiipuu Health Clinic (Community Health Conference Room)

To sign up contact Danielle Scott, UI Extension Educator 208-791-4087



# MLK DAY CELEBRATION

January 21<sup>st</sup>



(13) X \$250  
Cash Drawings

10am . 11am . 12pm . 1pm . 2pm . 3pm  
4pm . 5pm . 6pm . 7pm . 8pm . 9pm . 10pm

THE ULTIMATE FLEETWOOD MAC

# RUMOURS

TRIBUTE SHOW

**FEBRUARY 9<sup>th</sup>**  
8:00pm, Doors at 7:00pm



[www.crcasino.com](http://www.crcasino.com)



Clearwater River  
CASINO & LODGE

17500 Nez Perce Rd  
Lewiston, ID, 83501

PURCHASE TICKETS NOW

**TicketsWest**